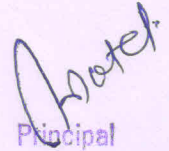


Maniben M. P. Shah Mahila Arts College, Kadi

Circular

Date: 18/01/2021

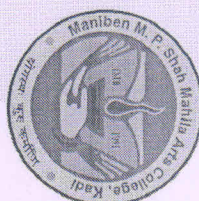
This is to inform all the students that the IQAC of the college is going to organize “Skill Enhancement Course” on “Soft Skill - Empathy” during 01/02/2021 to 08/02/2021. Please do registration on or before the last date for registration 30/01/2021.



Principal

Maniben M. P. Shah Mahila Arts College
Kadi - (N.G.) - 382 715.

KNOWLEDGE IS SELF REPAIRING



Skill Enhancement Course

in
Soft Skill – Empathy

Organized by,

Internal Quality Assurance Cell (IQAC)

Maniben M. P. Shah Mahila Arts College, Kadi

(NAAC Accredited “B” Grade (2.48 CGPA))

Managed By

M. P. Shah Education Society, Kadi

Date: 01st Feb. to 08th Feb., 2021

Last Date of Registration: 30th Jan., 2021

Fees: No any Registration Fee

All Participants will get Certificate

*Those students who are interested to do this Workshop Kindly
Contact College Admin Office

IQAC Coordinator

J. C. A.



Prin. Dr.Hina M. Patel
(M) 9925032421
Tel. (O) (02764) 242072
Fax. 02764-242072

Maniben M.P. Shah Mahila Arts College, Kadi

Kalol Road, Nr. Petrol Pump, Highway, KADI-384 440 (North Gujarat) India

(Managed by M.P.Shah Education Society,Kadi)

Email : mmsmac@yahoo.com

Website : www.mahilaartskadi.org

Email : prinhmpatel@gmail.com

NAAC ACCREDITED "B" GRADE (2.48 CGPA)

Ref. No. P/2020-21

Date : 9/02/2021.

Skill Enhancement Course Report: Soft Skill - Empathy

Duration: 1st February to 8th February, 2021

Introduction:

The skill enhancement course focusing on Empathy Program was organized by IQAC, Maniben M. P. Shah Mahila Arts College during February 1st to February 8th, 2021, with the aim of cultivating empathy among the participants. Empathy is a critical soft skill, essential for fostering understanding, cooperation, and effective communication in personal and professional settings. Total 50 students have participated in this program. The Resource person of this program was Prof. D.K. Chaudhari.

Objectives:

- To educate participants about the concept and importance of empathy.
- To enhance participants' ability to understand and resonate with others' emotions.
- To provide practical exercises and scenarios to develop empathetic responses.
- To encourage participants to apply empathetic approaches in their daily interactions.

Activities and Sessions:

Introduction to Empathy: The Expert commenced the course with an overview of empathy, its significance, and its role in interpersonal relationships.

Empathy Building Exercises: Various interactive activities, such as role-plays, group discussions, and real-life scenarios, were conducted to help participants recognize and understand different perspectives.

Effective Communication: The Expert emphasized the connection between empathy and effective communication, highlighting active listening and non-verbal cues.

Cognitive Empathy vs. Emotional Empathy: Participants were introduced to the distinctions between cognitive empathy (understanding others' perspectives) and emotional empathy (feeling others' emotions) and were guided on how to balance both.

Empathy in Conflict Resolution: Practical strategies for employing empathy in conflict resolution were discussed, emphasizing the importance of validating others' feelings.

Self-Reflection and Journaling: Participants were encouraged to engage in self-reflection exercises and maintain empathy journals to track their progress and experiences throughout the course.

Outcomes:

Increased Awareness: Participants gained a deeper understanding of empathy and its relevance in interpersonal dynamics.

Improved Communication Skills: Many reported enhanced listening skills and the ability to communicate more effectively by considering others' perspectives.

Empathetic Response Development: Participants demonstrated progress in recognizing and responding empathetically to various situations, both personally and professionally.

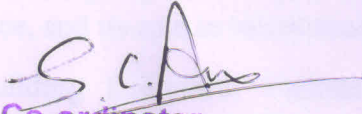
Enhanced Interpersonal Relationships: Several participants reported improved relationships with peers, colleagues, and family members due to their newfound empathetic approach.

Continued Practice: The Expert encouraged participants to continue practicing empathy in their daily lives and provided resources for further learning and development.

Conclusion:

The Empathy Skill Enhancement Course, led by Prof. D.K. Chaudhari, proved to be a valuable experience for all participants. Through engaging activities and insightful discussions, participants not only gained a deeper understanding of empathy but also developed practical skills to apply in their personal and professional lives. The course fostered a supportive learning environment, promoting empathy as a cornerstone for building strong relationships and effective communication.

This report encapsulates the key highlights and outcomes of the Skill Enhancement Course on Empathy conducted from February 1st to February 8th, 2021


Co-ordinator
IQAC
Maniben M.P. Shah Mahila
Arts College, Kadi


Principal
Maniben M. P. Shah Mahila Arts College
Kadi - (N.G.) - 382 715.

MANIBEN M.P SHAH MAHILA ARTS COLLEGE, KADI

Soft Skill (Empathy)

Training Date: 1/ 2/2021 to 8/ 2/2021



Training Time

9: AM

12:00 AM

Details of Student

Sr. No.	M/F	Name	ROLL NO.	Subject	YEAR	
1	F	RABARI ISMITABEN JAYRAMBHAI	11	Guj	FY	
2	F	SODHA MANISHABEN ISHAVARJI	12	Guj	FY	
3	F	THAKOR BHUMIKABEN MAHESHBHAI	13	Guj	FY	
4	F	THAKOR SARIKABEN DALPATJI	14	Guj	FY	
5	F	THOKOR ASHABEN DADAJI	15	Guj	FY	
6	F	BHEDA JAGRUTIBEN MANSUKHBHAI	16	Guj	FY	
7	F	PAREKH RINKALBEN KANAIYALAL	17	Guj	FY	
8	F	DABHI DHARTIBEN HITENDRAHINH	35	Psy	FY	
9	F	DABHI PAYALBEN BHAVUJI	36	Psy	FY	
10	F	KURESHI MUSKANBANU MAEHMUDMIYA	37	Psy	FY	
11	F	NAYI PRIYANKABEN VISHNUBHAI	38	Psy	FY	
12	F	PATEL DRASHTI BHARATBHAI	39	Psy	FY	
13	F	PATEL HEMANGI BHARATBHAI	40	Psy	FY	
14	F	PRAJAPATI CHHAYABEN MAHESHBHAI	41	Psy	FY	
15	F	SOLANKI KAJALBEN ASHISHSINH	166	Eng	FY	
16	F	DABHI NAMRATABEN DASHRATHBHAI	167	Eng	FY	
17	F	JADAV TANVIBEN GIRISHBHAI	168	Eng	FY	
18	F	NADIYA SWETABEN PARSOTTAMBHAI	169	Eng	FY	
19	F	PRAJAPATI NIDHI KIRITKUMAR	170	Eng	FY	
20	F	PRAJAPATI RAJVI HASHMUKHBHAI	171	Eng	FY	
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31	F	BAROT NISHA MUKESHBHAI	53	Psychology	FY	
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33	F	CHAUHAN POONAMBEN HIMMATSINH	55	Psychology	FY	
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45	F	RAVAL RIDDHIBEN RAJUBHAI	67	Psychology	FY	
46	F	SAIYED SAJIYABANU SAFIMAHMMAD	68	Psychology	FY	
47	F	SHI KH ARSIBANU ASLAMBHAI	69	Psychology	FY	
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Principal
Maniben M.P.Shah Mahila Arts College
Kadi - (N.G.)-384440

MANIBEN M.P SHAH MAHILA ARTS COLLEGE, KADI

Soft Skill (Empathy)

01/02/2021

Training Date: 1/ 2/2021 to 8/ 2/2021

Training Time

9: AM

To: 12:00 AM

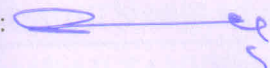
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49	F	THAKOR PALLAVI BECHARJI	94	Psychology	FY	P
50	F	THAKOR PUNAMBEN JYANTIJI	95	Psychology	FY	P

Present	40
Absent	1
TOTAL	50

Trainer's Name: D. K. CHAUDHARI

Signature: 


Principal
Maniben M. P. Shah Mahila Arts College
Kadi - (N.G.) - 382 715.

MANIBEN M.P SHAH MAHILA ARTS COLLEGE, KADI

Soft Skill (Empathy)

02/02/2021

Training Date: 1/ 2/2021 to 8/ 2/2021

Training Time

9: AM

To: 12:00 AM

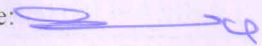
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Present	45
Absent	5
Total	50

Trainer's Name: D.K. CHAUDHARI

Signature: 



Principal

Maniben M. P. Shah Mahila Arts College
Kadi - (N.G.) - 382 715.

MANIBEN M.P SHAH MAHILA ARTS COLLEGE, KADI

Soft Skill (Empathy)

03/02/2021

Training Date: 1/ 2/2021 to 8/ 2/2021

Training Time

9: AM

To: 12:00 AM

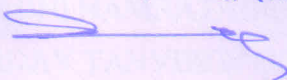
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Present	47
Absent	3
Total	50

Trainer's Name: D.K. CHAUDHARI

Signature: 


Principal

Maniben M. P. Shah Mahila Arts College
Kadi - (N.G.) - 382 715.

MANIBEN M.P SHAH MAHILA ARTS COLLEGE, KADI

Soft Skill (Empathy)

- 04/02/2021

Training Date: 01/02/2021 to 08/02/2021

Training Time

9: AM

To: 12:00 AM

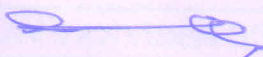
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2	F	SODHA MANISHABEN ISHAVARJI	12	Guj	FY	P
3	F	THAKOR BHUMIKABEN MAHESHBHAI	13	Guj	FY	P
4	F	THAKOR SARIKABEN DALPATJI	14	Guj	FY	P
5	F	THOKOR ASHABEN DADAJI	15	Guj	FY	P
6	F	BHEDA JAGRUTIBEN MANSUKHBHAI	16	Guj	FY	P
7	F	PAREKH RINKALBEN KANAIYALAL	17	Guj	FY	P
8	F	DABHI DHARTIBEN HITENDRAHINH	35	Psy	FY	P
9	F	DABHI PAYALBEN BHAVUJI	36	Psy	FY	P
10	F	KURESHI MUSKANBANU MAEHMUDMIYA	37	Psy	FY	A
11	F	NAYI PRIYANKABEN VISHNUBHAI	38	Psy	FY	P
12	F	PATEL DRASHTI BHARATBHAI	39	Psy	FY	P
13	F	PATEL HEMANGI BHARATBHAI	40	Psy	FY	P
14	F	PRAJAPATI CHHAYABEN MAHESHBHAI	41	Psy	FY	P
15	F	SOLANKI KAJALBEN ASHISHSINH	166	Eng	FY	P
16	F	DABHI NAMRATABEN DASHRATHBHAI	167	Eng	FY	P
17	F	JADAV TANVIBEN GIRISHBHAI	168	Eng	FY	P
18	F	NADIYA SWETABEN PARSOTTAMBHAI	169	Eng	FY	A
19	F	PRAJAPATI NIDHI KIRITKUMAR	170	Eng	FY	P
20	F	PRAJAPATI RAJVI HASHMUKHBHAI	171	Eng	FY	P
21	F	PTAJAPATI JINAL VISHNUBHAI	42	Psy	FY	P
22	F	RATHOD PARVATIBEN SAJJANSINH	43	Psy	FY	P
23	F	RAVAL PAYALBEN RAJUBHAI	44	Psy	FY	P
24	F	RAVAL PRIYANKIBEN RAMABHAI	45	Psy	FY	P
25	F	RAVAL URVASHI RAMESHBHAI	46	Psy	FY	P
26	F	SIPAE NAJMINABEN ALIAEHMAD	47	Psy	FY	A
27	F	THAKOR NISHABEN GANDAJI	48	Psy	FY	P
28	F	THAKOR NISHBEN JAGAJI	49	Psy	FY	P
29	F	THAKOR PRIYANKABEN BHPATJI	50	Psy	FY	P
30	F	BAROT HETAL KAMLESHBHAI	52	Psychology	FY	P
31	F	BAROT NISHA MUKESHBHAI	53	Psychology	FY	P
32	F	CHAUHAN DIYABEN ARUNSINH	54	Psychology	FY	P

33	F	CHAUHAN POONAMBEN HIMMATSINH	55	Psychology	FY	P
34	F	CHAUHAN RAJALBEN ROHITSINH	56	Psychology	FY	P
35	F	CHAUHAN RAJESVRIBEN KARANSINH	57	Psychology	FY	P
36	F	CHUAHAN POOJAKANWAR K	58	Psychology	FY	P
37	F	DABHI URVASHIBEN ABHESINH	59	Psychology	FY	P
38	F	DHOBI MUSKAN SABIRBHAI	60	Psychology	FY	A
39	F	KURESHI RIZVANABANU HIMANTKHA	61	Psychology	FY	P
40	F	PARMAR RINABEN BHARATKUMAR	62	Psychology	FY	P
41	F	PARMAR SOBHNA KHENGARBHAI	63	Psychology	FY	P
42	F	PRAJAPATI ASMITABEN VISHNUBHAI	64	Psychology	FY	P
43	F	PRAJAPATI URMILA KIRITKUMAR	65	Psychology	FY	P
44	F	RAVAD ANADDBEN MANILAL	66	Psychology	FY	A
45	F	RAVAL RIDDHIBEN RAJUBHAI	67	Psychology	FY	P
46	F	SAIYED SAJIYABANU SAFIMAHMMAD	68	Psychology	FY	P
47	F	SHEKH ARSIBANU ASLAMBHAI	69	Psychology	FY	P
48	F	SOLANKI PRIYANKABEN MANUBHAI	70	Psychology	FY	P
49	F	THAKOR PALLAVI BECHARJI	94	Psychology	FY	P
50	F	THAKOR PUNAMBEN JYANTIJI	95	Psychology	FY	P

Present	45
Absent	5
Total	50

Trainer's Name: D.L. CHAUDHARY

Signature: 


Principal

Maniben M. P. Shah Mahila Arts College
Kadi - (N.G.) - 382 715.

MANIBEN M.P SHAH MAHILA ARTS COLLEGE, KADI

Soft Skill (Empathy)

06/02/2021

Training Date: 1/ 2/2021 to 8/ 2/2021

Training Time

9: AM

To: 12:00 AM

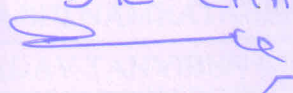
Details of Student

Sr. No.	M/F	Name	ROLL NO.	Subject	YEAR	P/A
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2	F	SODHA MANISHABEN ISHAVARJI	12	Guj	FY	P
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5	F	THOKOR ASHABEN DADAJI	15	Guj	FY	P
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23	F	RAVAL PAYALBEN RAJUBHAI	44	Psy	FY	P
24	F	RAVAL PRIYANKIBEN RAMABHAI	45	Psy	FY	P
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28	F	THAKOR NISHBEN JAGAJI	49	Psy	FY	P
29	F	THAKOR PRIYANKABEN BHPATJI	50	Psy	FY	P
30	F	BAROT HETAL KAMLESHBHAI	52	Psychology	FY	P
31	F	BAROT NISHA MUKESHBHAI	53	Psychology	FY	P
32	F	CHAUHAN DIYABEN ARUNSINH	54	Psychology	FY	P

33	F	CHAUHAN POONAMBEN HIMMATSINH	55	Psychology	FY	P
34	F	CHAUHAN RAJALBEN ROHITSINH	56	Psychology	FY	P
35	F	CHAUHAN RAJESVRIBEN KARANSINH	57	Psychology	FY	P
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48	F	SOLANKI PRIYANKABEN MANUBHAI	70	Psychology	FY	P
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50	F	THAKOR PUNAMBEN JYANTIJI	95	Psychology	FY	P

Present	45
Absent	5
Total	50

Trainer's Name: D.K. CHAUDHARY

Signature: 


Principal

Maniben M. P. Shah Mahila Arts College
Kadi - (N.G.) - 382 715.

MANIBEN M.P SHAH MAHILA ARTS COLLEGE, KADI

Soft Skill (Empathy)

07/02/2021

Training Date: 1/ 2/2021 to 8/ 2/2021

Training Time

9: AM

To: 12:00 AM

Details of Student

Sr. No.	M/F	Name	ROLL NO.	Subject	YEAR	P/A
1	F	RABARI ISMITABEN JAYRAMBHAI	11	Guj	FY	P
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5	F	THOKOR ASHABEN DADAJI	15	Guj	FY	P
6	F	BHEDA JAGRUTIBEN MANSUKHBHAI	16	Guj	FY	P
7	F	PAREKH RINKALBEN KANAIIYALAL	17	Guj	FY	P
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11	F	NAYI PRIYANKABEN VISHNUBHAI	38	Psy	FY	P
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13	F	PATEL HEMANGI BHARATBHAI	40	Psy	FY	P
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17	F	JADAV TANVIBEN GIRISHBHAI	168	Eng	FY	P
18	F	NADIYA SWETABEN PARSOTTAMBHAI	169	Eng	FY	P
19	F	PRAJAPATI NIDHI KIRITKUMAR	170	Eng	FY	P
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23	F	RAVAL PAYALBEN RAJUBHAI	44	Psy	FY	P
24	F	RAVAL PRIYANKIBEN RAMABHAI	45	Psy	FY	P
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27	F	THAKOR NISHABEN GANDAJI	48	Psy	FY	P
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31	F	BAROT NISHA MUKESHBHAI	53	Psychology	FY	P
32	F	CHAUHAN DIYABEN ARUNSINH	54	Psychology	FY	P

33	F	CHAUHAN POONAMBEN HIMMATSINH	55	Psychology	FY	P
34	F	CHAUHAN RAJALBEN ROHITSINH	56	Psychology	FY	p
35	F	CHAUHAN RAJESVRIBEN KARANSINH	57	Psychology	FY	p
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37	F	DABHI URVASHIBEN ABHESINH	59	Psychology	FY	A
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46	F	SAIYED SAJIYABANU SAFIMAHMMAD	68	Psychology	FY	A
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48	F	SOLANKI PRIYANKABEN MANUBHAI	70	Psychology	FY	p
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50	F	THAKOR PUNAMBEN JYANTIJI	95	Psychology	FY	p

Present	45
Absent	5
Total	50

Trainer's Name: D.K. CHAUDHARI

Signature: 


Principal

Maniben M. P. Shah Mahila Arts College
Kadi - (N.G.) - 382 715.

MANIBEN M.P SHAH MAHILA ARTS COLLEGE, KADI

Soft Skill (Empathy)

08/02/2021

Training Date: 1/ 2/2021 to 8/ 2/2021

Training Time

9: AM

To: 12:00 AM

Details of Student

Sr. No.	M/F	Name	ROLL NO.	Subject	YEAR	P/A
1	F	RABARI ISMITABEN JAYRAMBHAI	11	Guj	FY	P
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7	F	PAREKH RINKALBEN KANAIIYALAL	17	Guj	FY	P
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23	F	RAVAL PAYALBEN RAJUBHAI	44	Psy	FY	P
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28	F	THAKOR NISHBEN JAGAJI	49	Psy	FY	A
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30	F	BAROT HETAL KAMLESHBHAI	52	Psychology	FY	P
31	F	BAROT NISHA MUKESHBHAI	53	Psychology	FY	P
32	F	CHAUHAN DIYABEN ARUNSINH	54	Psychology	FY	P

33	F	CHAUHAN POONAMBEN HIMMATSINH	55	Psychology	FY	P
34	F	CHAUHAN RAJALBEN ROHITSINH	56	Psychology	FY	P
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Present	46
Absent	4
Total	50

Trainer's Name: D. K. CHAUDHARI

Signature: 


Principal

Maniben M. P. Shah Mahila Arts College
Kadi - (N.G.) - 382 715.



Smt. M. M. Shah Mahila Arts College, Kadi
MANIBEN M. P. SHAH MAHILA ARTS COLLEGE - KADI
Managed by
Meghji Pethraj Education Society, Kadi



Certificate

This is to certify that Mum./Smt./Shri Dabhi Purnaben Bhavaji
has successfully completed Soft Skills Course Em Pathy
from 01.02.21 to 08.02.21 with A grade.

Date : 08.02.21
Place : Kadi

Programme Co-Ordinator
Smt. M.M. Shah Mahila Arts College, Kadi

Principal
Smt. M.M. Shah Mahila Arts College, Kadi



Smt. M. M. Shah Mahila Arts College, Kadi
MANIBEN M. P. SHAH MAHILA ARTS COLLEGE - KADI
Managed by
Meghji Pethraj Education Society, Kadi



Certificate

This is to certify that Mum./Smt./Shri Patel Darshti Bhavabhai
has successfully completed Soft Skill Course Empathy
from 07/02/2021 to 08/02/2021 with A grade.

Date : 08/02/2021
Place : Kadi

Programme Co-Ordinator
Smt. M.M. Shah Mahila Arts College, Kadi

Principal
Smt. M.M. Shah Mahila Arts College, Kadi



Smt. M. M. Shah Mahila Arts College, Kadi
MANIBEN M. P. SHAH MAHILA ARTS COLLEGE - KADI
Managed by
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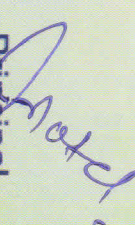


Certificate

This is to certify that Mum./Smt./Shri Basat Nisha Mukeshbhai
has successfully completed Soft Skill Course EmPecting
from 01/02/2021 to 08/02/2021 with A grade.

Date : 08/02/2021
Place : Kadi


Programme Co-Ordinator
Smt. M.M. Shah Mahila Arts College, Kadi


Principal
Smt. M.M. Shah Mahila Arts College, Kadi

Soft Skill (Empathy)

Professor : D. K. Chaudhari

DATE-	1/02/2021 to 8/02/2021		TOTAL DAYS-7	
S.R.NO	DATE	TIME	TOPIC NAME	TOTAL HOURS
1	1/02/2021	9.00 to 12.00	Meaning of Empathy	03 Hours
2	2/02/2021	9.00 to 12.00	Factores of Empathizing with others	03 Hours
3	3/02/2021	9.00 to 12.00	Effective Empathy	03 Hours
4	4/02/2021	9.00 to 12.00	Cognitive Empathy	03 Hours
5	6/02/2021	9.00 to 12.00	Importance of Empathy	03 Hours
6	7/02/2021	9.00 to 12.00	Where Empathy comes from ?	03 Hours
7	8/02/2021	9.00 to 12.00	How to improve Empathy	03 Hours

Principal
Maniben M. P. Shah Mahila Arts College
Kadi - (N.G.) - 382 715.