

## Maniben M. P. Shah Mahila Arts College, Kadi Opp. N. C. Desai Petrol Pump, Highway Road, Taluka: Kadi, District: Mehasna-382715

### Regular Activities of N.S.S.- 2021-22

Sr. No.	Name of the Activities	Date	Place	No. of Participants	Collaboration With
1	Celebration of the Rakshabandhan at College campus and Slum area	19-08-2021	Kadi City	50	N.S.S.
2	Teachers Day Celebration	05-09-2021	College Campus	44	N.S.S.
3	Nutrition Malnutrition Poster Making Competition	13-9-21	College Campus	10	N.S.S.
4	Nutrition Malnutrition Essay Competition	14-9-21	College Campus	16	N.S.S.
5	Collection of Welfare fund for the Physically Challenged	16-9-2021	College Campus	All College Students and Staff	N.S.S.
6	Plantation on Campus	18-9-2021	College Campus	50	Kadi Municipality
7	N.S.S. Day Celebration	26-9-2021	College Campus	50	N.S.S.
8	Discussion of Nutrition Food	29-9-2021	College Campus	21	N.S.S.
9	Distribution of Nutrition Snacks to Poor Children	30-9-2021	Kadi City	13	
10	Distribution of Kit of Cooking Materials to Poor Families	01-10-2021	Kadi City	14	
11	Distribution of Kit of Cooking Materials to Poor Families	28-10-2021	Kadi City	08	

12	Celebration of National Unity Day	30-10-2021	College Campus	50	N.S.S.
13	Electoral Roll Reform Program	25-11-2021	Kadi	30	Mamlatdar Office in Election Division
14	Constitution Day Celebration	26-11-2021	College Campus	30	N.S.S.
15	Sabka Saath Sabka Vikas-Oratorical Competition on the Topic	01-12-2021	College Campus	5	Nehru Yuva Center –Mehsana
16	Lecture on HIV AIDS & T.B.(Tuberculosis)	03-12-2021	College Campus	30	Primary Health Center-Kadi
17	Thalassemia Testing of First year Students	18-12-2021	College Campus	130	Indian Red Cross Society- Ahmadabad
18	Meeting with Freedom Fighter Shri. Harjivnbhai Solanki	23-02-2022	Chandkheda Ahmedabad	5	
19	Lecture on Child Abuse Prevention & Child Welfare	22-3-2022	Vekra Village	51	Vekra Village & UNICEF Ahmedabad
20	Child Abuse Prevention & Child Welfare Rally	23-03-2022	Vekra Village	51	Vekra Village & UNICEF Ahmedabad
21	Cultivation by Manure Demonstration	24-03-2022	Agol Village	08	Suryam Repose Weekend Home- Farm House
2 <b>2</b>	Free All Disease Diagnosis Camp at Annual Camp	25-03-2022	Vekra	150	Rotary Club of Kadi
2 <b>3</b>	Tree Plantation	26-3-22	Vekra	51	Vekra Village
24	Annual Camp	21-03-2022 To 27-03-2022	Vekra Village	51	Vekra Village



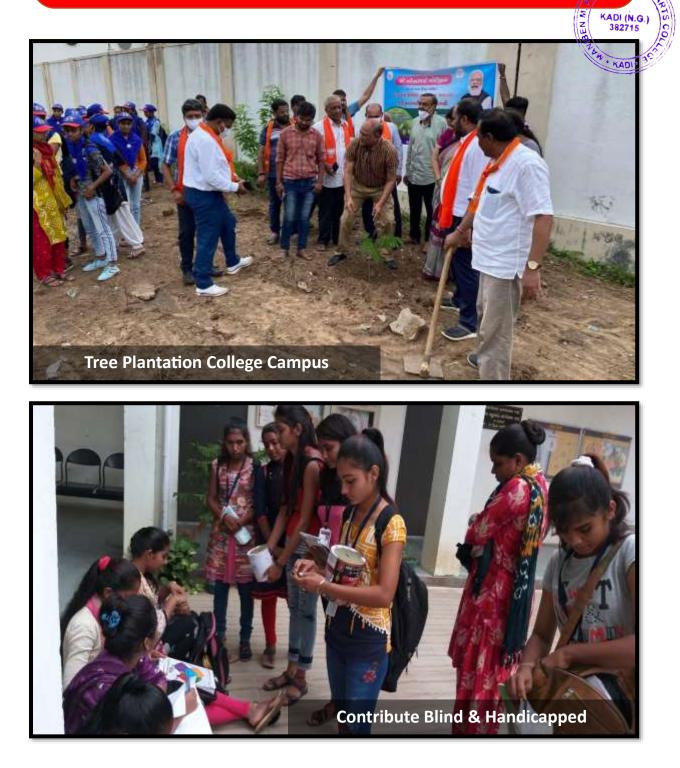
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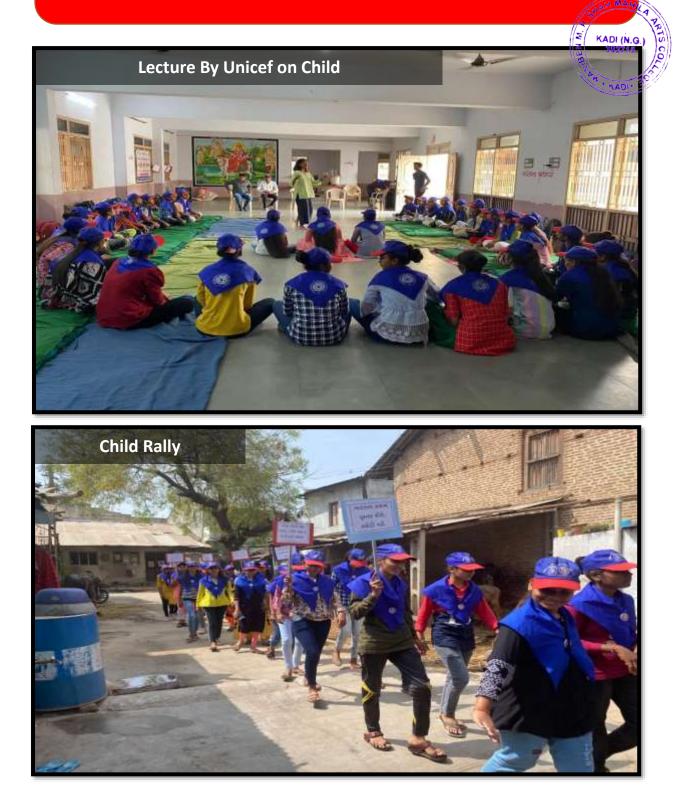




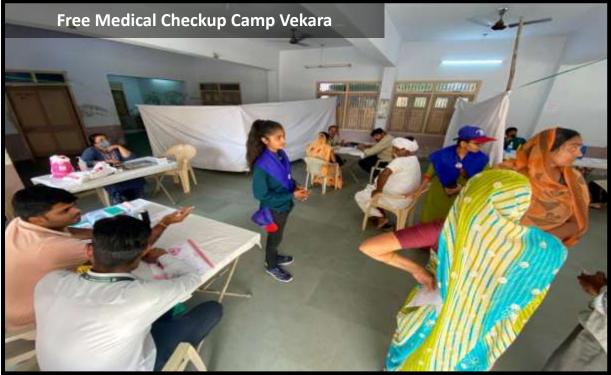














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# Maniben M.P.Shah Mahila ArtsCollege, Kadi

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## (Regular Activities of N.S.S.

### 2021-22

Sr. No.	Name of the Activities	Date and Place of Activities	No. of Participant	Organizing Unit/ Dept.	
1	Celebration of the Rakshabandhan Programme at College campus	19-08-2021	50	N.S.S.	
2	Teachers Day Celebration	05-09-2021	44	N.S.S.	
3	Nutrition Malnutrition Poster Making Competition	13-9-21	10	N.S.S.	
4	Nutrition Malnutrition Essay Competition	14-9-21	16	N.S.S.	
5	Contribute to the Welfare of the Blind & Handicapped	16-9-2021	Total College Student	N.S.S.	

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6	Plantation on Campus	18-9-2021	50	Kadi Municipality
7	N.S.S.Day Celebration	26-9-2021	50	N.S.S.
8	Discussion of Nutrition Food	29-9-2021	21	N.S.S.
9	Distribution of Nutrition Snacks to Poor Children	30-9-2021	13	Kadi to an Urban Area
10	Distribution of Kit of Cooking Materials to Poor Families	01-10-2021	14	Kadi to an Urban Area
11	Distribution of Kit of Cooking Materials to Poor Families	28-10-2021	08	Kadi to an Urban Area
12	National Unity Day	30-10-2021	50	N.S.S.
13	Electoral Roll Reform Program	25-11-2021	30	Mamlatdar Office in Election Division
14	Constitution Day of Celebration	26-11-2021	30	N.S.S.
15	Sabka Saath Sabka Vikas-	01-12-2021	5	Nehru Youth

	Oratorical Competition on the Topic			Center – Mehsana
16	On HIV AIDS & T.B.(Tuberculosis) the Topic Lecture	03-12-2021	30	Primary Health Center-Kadi
17	Thalassemia Testing in B.A.Sem-2 Students	18-12-2021	130	Indian Red Cross Society- Ahmadabad
18	A Child Freedom Fighter With Meeting(Solnki Harjivnbhai)	23-02-2022	5	Chandkheda - Ahmedabad
19	Lecture by Unicef on Child Abuse Prevention & Child Welfare	22-3-2022	51	at Vekra Village & Unisef by Ahmedabad
20	Child Abuse Prevention & Child Welfare Rally at Vekra Village	23-03-2022	51	Unisef by Ahmedabad

21	Cultivation by Manure Demonstration at Visit	24-03-2022	08	Suryam Repose Weekend Home-Farm House at Agol Village
22	Free All Disease Diagnosis Camp at Annual Camp in Vekra Gram	25-03-2022	150	Rotry Club of Kadi
-	Tree Plantation	26-3-22	51	Vekra
23		21-03-2022 To 27-03-2022	51	Vekra Gram Panchayar- Vekra

Programme Officer, N. S. S. Maniben M. P. Shah Mahila Arts College KADI - (N.G.)



#### Report on Raksha Bandhan 19-8-2021

#### Introduction

On August 19, 2021, the National Service Scheme (N.S.S) unit of Maniben M.P. Shah Mahila Arts College organized a grand celebration of Raksha Bandhan on the college campus. The event, which saw the participation of 100 students, was a vibrant celebration of the timeless tradition that underscores the bond of protection and affection between siblings. The program was a mix of cultural activities, traditional ceremonies, and creative competitions, making it a memorable occasion for all involved.

#### Objectives

The key objectives of this celebration were to:

- 1. Foster cultural and traditional values among students.
- 2. Strengthen the bonds of friendship and unity within the college community.
- 3. Provide a platform for students to engage in and organize cultural activities.
- 4. Encourage creativity and team spirit among the participants.

#### **Event Execution**

The celebration was meticulously planned and executed on the college campus, adhering to safety protocols due to the pandemic. The event included a variety of activities designed to honor the spirit of Raksha Bandhan:

- Inaugural Ceremony: The event commenced with an inaugural ceremony featuring speeches by the principal and N.S.S. coordinators, highlighting the significance of Raksha Bandhan and the importance of cultural celebrations.
- Rakhi Making Competition: Students showcased their creativity by designing and crafting unique rakhis. This activity not only allowed them to express their artistic talents but also to embrace the cultural essence of the festival.
- Tying of Rakhis: A symbolic ceremony where students tied rakhis on each other's wrists, fostering a sense of mutual respect and protection. This act symbolized the core values of the festival love, care, and protection.
- Cultural Performances: The event featured a series of traditional dances, songs, and skits performed by the students. These performances added to the festive atmosphere and highlighted the rich cultural heritage of India.
- Community Outreach: As part of the celebration, a group of students visited a nearby orphanage and old age home, tying rakhis to the residents and sharing sweets, thus extending the spirit of the festival beyond the campus.

#### **Student Participation**

The enthusiastic participation of 100 students was a testament to their dedication and interest in cultural activities. Each student contributed uniquely, whether by crafting rakhis, performing cultural acts, or assisting in organizing the event. Their collective efforts ensured the celebration was both grand and heartfelt.



### Highlights of the Celebration

Several moments during the event stood out:

- The Rakhi Making Competition witnessed innovative designs, reflecting the students' creativity and understanding of the festival's significance.
- The tying of rakhis was a touching ceremony, emphasizing the bonds of friendship and protection within the student community.
- The cultural performances were vibrant and well-executed, showcasing the students' talents and cultural knowledge.
- The community outreach initiative was particularly heartwarming, spreading joy and extending the festive spirit to those in need.
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#### Outcomes

The Raksha Bandhan celebration successfully achieved its objectives, fostering a deeper understanding and appreciation of cultural traditions among students. Key outcomes included:

- · Enhanced cultural awareness and appreciation among students.
- Strengthened bonds of unity and respect within the college community.
- Provided a platform for students to showcase their creativity and organizational skills.
- · Fostered a sense of social responsibility through community outreac

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### Report on Teachers' Day. Celebration September 5, 2021



#### Introduction

On September 5, 2021, the National Service Scheme (N.S.S) unit of Maniben M.P. Shah Mahila Arts College organized a special celebration to honor Teachers' Day. This day is dedicated to appreciating and acknowledging the hard work and dedication of teachers who play a pivotal role in shaping the future of their students. The event saw the enthusiastic participation of 44 students and was marked by various activities that highlighted the respect and gratitude of students towards their teachers.

#### Objectives

The primary objectives of this celebration were to:

- 1. Honor and appreciate the contributions of teachers.
- 2. Strengthen the student-teacher relationship.
- Provide a platform for students to express their gratitude through creative and cultural activities.
- 4. Foster a sense of community and appreciation within the college.

#### **Student Participation**

The event saw the enthusiastic participation of 44 students, each contributing uniquely to the celebration. Their collective efforts in organizing and participating in various activities ensured that the event was heartfelt and memorable. The students' dedication to making their teachers feel valued and appreciated was evident in every aspect of the celebration.

#### Highlights of the Celebration

Several moments during the event stood out:

- The heartfelt welcome address with handmade greeting cards and flowers was a touching gesture, symbolizing the students' gratitude.
- The cultural performances were vibrant and entertaining, showcasing the students' talents and their appreciation for their teachers.
- The teacher awards were a highlight, with teachers expressing their gratitude and appreciation for the recognition given by their students.
- The interactive sessions were fun and engaging, strengthening the bond between students and teachers.

#### Outcomes

The Teachers' Day celebration successfully achieved its objectives, fostering a deeper sense of appreciation and respect among students for their teachers. Key outcomes included:

- Enhanced student-teacher relationships through mutual respect and appreciation.
- Provided a platform for students to express their creativity and gratitude.
- Strengthened the sense of community within the college.
- Created a memorable and positive experience for both students and teachers.

#### Conclusion

KADI (N.G. 382715 The celebration of Teachers' Day at Maniben M.P. Shah Mahila Arts College was a vibrant and heartfelt event organized by the N.S.S unit. With the participation of 44 students, the event succeeded in honoring the invaluable contributions of teachers and fostering a deeper sense of respect and appreciation within the college community. The various activities conducted not only celebrated the teachers but also provided a platform for students to express their gratitude and creativity. The success of this event highlights the importance of celebrating Teachers' Day in educational institutions, contributing to the holistic development of students and the nurturing of strong student-teacher relationships.

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#### Report on Poster Making Competition September 13, 2021



#### Introduction

On September 13, 2021, the National Service Scheme (N.S.S) unit of Maniben M.P. Shah Mahila Arts College organized a poster-making competition focused on the theme of "Nutrition and Malnutrition." This event aimed to raise awareness about the importance of proper nutrition and the challenges of malnutrition. Fourteen students participated in this creative endeavor, using their artistic skills to convey critical messages about health and nutrition.

#### Objectives

#### **Event Execution**

The event took place on the college campus, ensuring a safe and conducive environment for creativity. The competition included several key activities designed to enhance students' understanding of nutrition and malnutrition:

- Inaugural Ceremony: The event began with an introductory session where N.S.S. coordinators discussed the importance of nutrition and the impact of malnutrition on health and development.
- Poster Making: Participants were provided with materials and given a specific timeframe to create their posters. They were encouraged to use vibrant colors and compelling imagery to illustrate their messages.
- Presentation of Posters: After the poster-making session, each student presented their work to the judges and audience, explaining the ideas and concepts behind their creations.
- Judging and Awards: A panel of judges, including faculty members and N.S.S. coordinators, evaluated the posters based on creativity, clarity of message, and visual impact. Awards were given to the top three posters.

#### **Student Participation**

The participation of 14 students demonstrated their enthusiasm and commitment to the cause. Each student brought a unique perspective to the competition, resulting in a diverse range of posters that highlighted various aspects of nutrition and malnutrition. Their efforts were commendable, and the quality of the posters reflected their understanding and creativity.

#### **Highlights of the Competition**

Several aspects of the competition were particularly noteworthy:

- Creativity and Originality: The posters showcased a high level of creativity and originality, with students using various artistic techniques to convey their messages.
- Educational Impact: The presentations provided valuable information about nutrition and malnutrition, helping to educate the audience and raise awareness.
- Engagement and Interaction: The interactive format of the event, where students explained their posters, fostered engagement and allowed for a deeper understanding of the topics discussed.

#### Outcomes



The Nutrition and Malnutrition Poster Making Competition successfully met to successfu

- Increased awareness about the importance of proper nutrition and the risks of malnutrition among participants and the audience.
- Enhanced understanding of nutritional health and its impact on overall well-being.
- Provided a platform for students to express their creativity and communicate important health messages.
- Fostered a sense of community and shared responsibility for health education within the college.

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### **Report on** Essay Competition September 14, 2021



#### Introduction

On September 14, 2021, the National Service Scheme (N.S.S) unit of Maniben M.P. Shah Mahila Arts College organized an essay competition focused on the theme of "Nutrition and Malnutrition." This event aimed to enhance awareness about the critical issues of nutrition and malnutrition, encouraging students to delve into these topics and express their insights through writing. Sixteen students participated in the competition, each bringing their unique perspectives and understanding to the table.

#### Objectives

The primary objectives of this essay competition were to:

- 1. Educate students on the importance of proper nutrition and the consequences of malnutrition.
- 2. Encourage critical thinking and research on health-related topics.
- 3. Provide a platform for students to express their knowledge and opinions through writing.
- 4. Raise awareness about nutritional health within the college community.

#### **Event Execution**

The event was conducted on the college campus, ensuring a structured and supportive environment for participants. The competition included several key activities designed to engage students and highlight the significance of the topic:

- Inaugural Session: The event began with an opening session where N.S.S. coordinators emphasized the importance of understanding nutrition and malnutrition. They provided an overview of the competition rules and judging criteria.
- Essay Writing: Participants were given a set amount of time to write their essays. They were encouraged to explore various aspects of nutrition and malnutrition, including causes, effects, and solutions.
- Submission and Evaluation: Upon completion, essays were submitted for evaluation. A panel of judges, consisting of faculty members and N.S.S. coordinators, assessed the essays based on content, clarity, originality, and relevance.
- Announcement of Winners: The top three essays were selected for recognition. Winners were announced in a closing ceremony, and certificates were awarded to the top writers.

#### **Student Participation**

The enthusiastic participation of 16 students reflected their interest and dedication to the topic. Each student approached the essay with a unique perspective, resulting in a diverse array of discussions on nutrition and malnutrition. Their efforts were commendable, showcasing their research skills and depth of understanding.



### Highlights of the Competition

Several aspects of the competition were particularly noteworthy:

- Depth of Research: Many essays demonstrated thorough research and a comprehensive understanding of the subject matter, including statistical data and case
- Variety of Perspectives: The essays covered a wide range of topics, from the global impact of malnutrition to personal anecdotes about the importance of balanced diets. . Quality of Writing: The quality of writing was impressive, with students effectively
- communicating complex ideas in a clear and engaging manner.

#### Outcomes

The Nutrition and Malnutrition Essay Competition successfully met its objectives, achieving several positive outcomes:

- Increased Awareness: The competition helped raise awareness about the critical issues of nutrition and malnutrition among participants and the college community.
  - Enhanced Knowledge: Participants gained a deeper understanding of the subject through research and writing, enhancing their knowledge of health-related topics.
  - Encouragement of Critical Thinking: The competition encouraged students to think critically about nutrition and health, fostering analytical and research skills.
  - Promotion of Health Education: The event contributed to the college's broader goal of . promoting health education and awareness.

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#### Report on

Contributing to the Welfare of the Blind and Handicappe September 16, 2021



#### Introduction

On September 16, 2021, the National Service Scheme (N.S.S) unit of Maniben M.P. Shah Mahila Arts College organized a significant event dedicated to contributing to the welfare of the blind and handicapped. This initiative aimed to support and empower individuals with disabilities, fostering inclusivity and social responsibility among students. With the participation of 150 students, the event was a comprehensive effort combining oncampus activities and community outreach programs.

#### Objectives

The primary objectives of this event were to:

- 1. Raise awareness about the challenges faced by the blind and handicapped.
- 2. Provide practical support and resources to individuals with disabilities.
- 3. Foster a spirit of empathy, inclusivity, and social responsibility among students.
- 4. Promote community engagement and volunteerism.

#### **Event Execution**

The event was meticulously planned and executed, incorporating various activities that aimed to support and empower the blind and handicapped:

- Inaugural Ceremony: The event began with an inaugural ceremony where the
  principal and N.S.S. coordinators highlighted the importance of supporting
  individuals with disabilities. Inspirational speeches were delivered, setting a
  motivational tone for the day's activities.
- Awareness Campaigns: Students organized awareness campaigns within the college and local community, distributing informational pamphlets and engaging in conversations to educate people about the challenges faced by the blind and handicapped.
- Resource Collection Drive: A drive was conducted to collect resources such as Braille books, mobility aids, and other essential items. The collected resources were donated to local organizations supporting individuals with disabilities.
- Interactive Sessions: Various interactive sessions were held where students engaged with blind and handicapped individuals. These sessions included storytelling, music, and games designed to foster connection and understanding.
- Workshops and Training: Workshops were conducted to teach students and community members basic sign language and skills to assist blind individuals, enhancing their ability to support people with disabilities effectively.
- Community Outreach: Groups of students visited local schools and organizations for the blind and handicapped, participating in activities and providing direct support. This included helping with daily tasks, reading to visually impaired individuals, and organizing recreational activities.

#### **Student Participation**

The enthusiastic participation of 150 students demonstrated their commitment to social responsibility and inclusivity. Each student contributed uniquely, whether by organizing activities, engaging in outreach programs, or providing direct support to individuals with disabilities. Their collective efforts ensured the event was impactful and meaningful.

#### Outcomes

- The event successfully achieved its objectives, resulting in several positive outcomes:
- Increased Awareness: The awareness campaigns and interactive sessions helped raise awareness about the challenges faced by the blind and handicapped, promoting a more inclusive society.
- Practical Support: The resource collection drive and community outreach provided practical support to individuals with disabilities, enhancing their quality of life.
- Skill Enhancement: The workshops equipped students and community members with valuable skills to support individuals with disabilities, fostering a more inclusive environment.
- Community Engagement: The event promoted community engagement and volunteerism, encouraging students to continue supporting social causes.

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### Report on Tree Plantation in College Campus September 18, 2021



#### Introduction

On September 18, 2021, Maniben M.P. Shah Mahila Arts College, in collaboration with Kadi Municipality, organized a plantation drive on the college campus. The event aimed to enhance the greenery of the campus, promote environmental awareness, and engage students in activities that contribute to ecological sustainability. With the active participation of 50 students, the event was a successful initiative towards creating a greener and healthier environment.

#### Objectives

The primary objectives of this plantation drive were to:

- 1. Increase the green cover on the college campus.
- 2. Promote environmental awareness among students.
- 3. Encourage students to participate in activities that contribute to ecological sustainability.
- 4. Foster a sense of responsibility towards nature and the environment.

#### **Event Execution**

The plantation drive was meticulously planned and executed, incorporating various activities that aimed to engage students and achieve the event's objectives:

- Inaugural Ceremony: The event began with an inaugural ceremony where the principal, along with officials from Kadi Municipality, highlighted the importance of tree plantation and environmental conservation. The ceremony included motivational speeches that inspired students to contribute to environmental sustainability.
- Tree Planting Activity: Students were provided with saplings and guided on how to plant them properly. The saplings included a variety of native species known for their environmental benefits, such as neem, banyan, and gulmohar.
- Educational Sessions: Short educational sessions were conducted to inform students about the importance of trees, the benefits of planting native species, and the role of trees in combating climate change.
- Maintenance and Care: Students were also educated on the maintenance and care of the newly planted saplings. This included watering schedules, protecting the saplings from pests, and ensuring their healthy growth.
- Community Participation: The event encouraged community participation, with local residents and municipal officials joining hands with the students in the plantation activity. This fostered a sense of community spirit and collective responsibility towards environmental conservation.

#### **Student Participation**

The participation of 50 students demonstrated their enthusiasm and commitment to environmental conservation. Each student actively engaged in planting saplings, learning about their care, and understanding the broader impact of their actions on the environment. Their collective efforts ensured that the plantation drive was both productive and educational.

### Outcomes

The plantation drive successfully met its objectives, resulting in several positive FJIHAM Increased Green Cover: The planting of numerous saplings significantly increased the

- outcomes:
  - green cover on the college campus. Enhanced Environmental Awareness: Students gained a deeper understanding of the
  - importance of trees and environmental conservation through educational sessions and • Sense of Responsibility: The event fostered a sense of responsibility among students
  - towards nature and the environment, encouraging them to engage in similar activities •
  - Community Spirit: The participation of local residents and municipal officials promoted community spirit and demonstrated the power of collective action in • achieving environmental goals.

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### Report on College celebrated N.S.S Day September 26, 2021



#### Introduction

On September 26, 2021, Maniben M.P. Shah Mahila Arts College celebrated N.S.S. Day with great enthusiasm and dedication. Organized by the National Service Scheme (N.S.S) unit of the college, the event aimed to recognize and celebrate the spirit of volunteerism and community service among students. The celebration saw the active participation of 50 students who engaged in various activities designed to promote social responsibility, community engagement, and personal development.

#### Objectives

The primary objectives of the N.S.S Day celebration were to:

- 1. Celebrate the contributions and achievements of the N.S.S unit.
- 2. Promote the values of volunteerism, community service, and social responsibility among students.
- 3. Engage students in activities that contribute to their personal and social development.
- 4. Foster a sense of unity and teamwork among N.S.S volunteers.

#### **Event Execution**

The N.S.S Day celebration was well-planned and executed, incorporating a range of activities that aligned with the objectives of the event:

- Inaugural Ceremony: The event began with an inaugural ceremony where the principal, N.S.S coordinators, and guest speakers highlighted the importance of N.S.S and its role in fostering social responsibility and community service among students. Inspirational speeches motivated the participants and set a positive tone for the day's activities.
- Awareness Campaigns: Students organized awareness campaigns on various social issues such as health, hygiene, environmental conservation, and education. These campaigns included distributing informational pamphlets, engaging in discussions, and conducting interactive sessions to educate their peers and community members.
- Community Service Activities: Participants engaged in community service activities such as cleaning public spaces, planting trees, and visiting local shelters and old age homes. These activities aimed to contribute to the well-being of the community and demonstrate the impact of collective efforts.
- Workshops and Seminars: Various workshops and seminars were conducted on topics such as leadership, teamwork, and effective communication. These sessions provided valuable skills and knowledge to the students, enhancing their personal and professional development.
- Cultural Program: A cultural program was organized where students showcased their talents through performances such as dance, music, and skits. The program highlighted the diversity and creativity of the students and added a festive spirit to the celebration.
- Recognition and Awards: The event concluded with a recognition ceremony where
  outstanding N.S.S volunteers were awarded for their contributions and achievements.

Certificates of appreciation were distributed to all participants, acknowledging their dedication and efforts.

#### **Student Participation**

The participation of 50 students demonstrated their enthusiasm and commitment to the values of N.S.S. Each student actively engaged in the various activities, contributing their time, skills, and energy to make the event a success. Their collective efforts reflected the spirit of volunteerism and community service that N.S.S promotes.

#### **Highlights of the Event**

Several aspects of the N.S.S Day celebration were particularly noteworthy:

- Inspirational Speeches: The inaugural ceremony featured motivational speeches that inspired and encouraged students to continue their efforts in community service.
- Engaging Activities: The range of activities, from awareness campaigns to community service, provided students with diverse opportunities to contribute and learn.
- Skill Development: Workshops and seminars equipped students with valuable skills that will benefit them in their future endeavors.
- Cultural Diversity: The cultural program showcased the talents and creativity of the students, fostering a sense of unity and celebration.

#### Outcomes

The N.S.S Day celebration successfully met its objectives, resulting in several positive outcomes:

- Enhanced Awareness: The awareness campaigns helped educate students and community members on important social issues, promoting a more informed and responsible community.
- Community Impact: The community service activities made a tangible difference in the local community, demonstrating the power of collective action.
- Skill Enhancement: Participants gained valuable skills and knowledge through workshops and seminars, contributing to their personal and professional growth.
- Recognition of Efforts: The recognition and awards ceremony acknowledged the dedication and contributions of N.S.S volunteers, motivating them to continue their efforts.

#### Conclusion

The N.S.S Day celebration at Maniben M.P. Shah Mahila Arts College was a successful and impactful event. With the active participation of 50 students, the event effectively promoted the values of volunteerism, community service, and social responsibility. The various activities conducted not only contributed to the well-being of the community but also enriched the students' understanding and commitment to social causes. The success of this event underscores the importance of N.S.S in fostering a spirit of service and unity among students, making a positive difference in the community and beyond.

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### Report on Discussion On The Topic Of Nutritional Food September 29, 2021



#### Introduction

On September 29, 2021, the National Service Scheme (N.S.S) unit of Maniben M.P. Shah Mahila Arts College organized a discussion on the topic of nutritional food. The event aimed to educate students about the importance of balanced nutrition, the role of different nutrients in maintaining health, and how to make healthier food choices. Twenty-one students participated in this informative and interactive session, contributing to a rich discussion on nutritional awareness and practices.

#### Objectives

The primary objectives of the discussion on nutritional food were to:

- 1. Increase awareness about the importance of balanced nutrition.
- 2. Educate students on the role of various nutrients in maintaining health.
- 3. Provide practical advice on making healthier food choices.
- 4. Encourage students to adopt healthier eating habits.

#### **Event Execution**

The discussion on nutritional food was carefully planned and executed, incorporating various activities designed to engage students and enhance their understanding of nutrition:

- Introduction Session: The event began with an introductory session where N.S.S coordinators and nutrition experts introduced the topic of nutritional food, explaining its significance for overall health and well-being.
- Expert Talks: A nutritionist was invited to speak about the basics of nutrition, including macronutrients (carbohydrates, proteins, and fats) and micronutrients (vitamins and minerals). The expert also discussed the importance of a balanced diet and the health risks associated with poor nutrition.
- Interactive Discussion: Students participated in an interactive discussion where they shared their thoughts and experiences related to nutrition. They discussed common dietary habits, challenges in maintaining a balanced diet, and the impact of cultural practices on food choices.
- Practical Demonstrations: The session included practical demonstrations on how to prepare simple, healthy meals. The nutritionist provided tips on meal planning, portion control, and reading food labels to make informed choices.
- Question and Answer Session: A Q&A session allowed students to ask specific questions about their dietary concerns and receive personalized advice from the nutritionist.
- Distribution of Informational Materials: Pamphlets and brochures containing nutritional information, healthy recipes, and tips for maintaining a balanced diet were distributed to all participants.

### Student Participation

The participation of 21 students demonstrated their keen interest in learning about nutrition and improving their dietary habits. Each student actively engaged in the discussion, asking insightful questions, sharing personal experiences, and contributing to a fively and informative session. Their enthusiasm and curiosity reflected a genuine commitment to enhancing their understanding of nutrition.

#### **Highlights of the Event**

Several aspects of the discussion on nutritional food were particularly noteworthy:

- Expert Insights: The presence of a nutritionist provided students with credible and practical information on nutrition and healthy eating.
- Interactive Engagement: The interactive nature of the discussion encouraged students to actively participate, making the session more engaging and informative.
- Practical Advice: The practical demonstrations and meal planning tips offered students valuable guidance on how to implement healthy eating habits in their daily lives.
- Resource Distribution: The distribution of informational materials ensured that students had access to useful resources to support their learning and application of nutritional knowledge.

#### Outcomes

The discussion on nutritional food successfully met its objectives, resulting in several positive outcomes:

- Increased Awareness: Students gained a deeper understanding of the importance of balanced nutrition and the role of various nutrients in maintaining health.
- Improved Knowledge: The expert talks and interactive discussions enhanced students' knowledge of healthy eating practices and the impact of nutrition on overall wellbeing.
- Practical Skills: The practical demonstrations provided students with practical skills and tips for preparing healthy meals and making informed food choices.
- Positive Attitudes: The event fostered a positive attitude towards healthy eating and encouraged students to adopt healthier dietary habits.

#### Conclusion

The discussion on nutritional food organized by the N.S.S unit of Maniben M.P. Shah Mahila Arts College was a successful and impactful event. With the participation of 21 students, the event effectively increased awareness about the importance of balanced nutrition and provided practical advice on making healthier food choices. The interactive and informative nature of the session ensured that students not only gained valuable knowledge but also developed practical skills to support their journey towards healthier eating habits. The success of this event underscores the importance of nutritional education in promoting health and well-being among students.

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Maniben M. P. Shah Mahila Arts Coller-Kadi - (N.G.) - 382 715

#### **Report on**

**Distribute Nutrition Snacks To Underprivileged Children** 

#### September 30, 2021

#### Introduction

On September 30, 2021, the National Service Scheme (N.S.S) unit of Maniben M.P. Shah Mahila Arts College undertook an initiative to distribute nutrition snacks to underprivileged children in the local community. This event aimed to address the nutritional needs of disadvantaged children while promoting the importance of good nutrition for their health and well-being. Sixteen students actively participated in this compassionate outreach effort, demonstrating their commitment to making a positive impact on the lives of others.

#### Objectives

The primary objectives of the distribution of nutrition snacks were to:

- 1. Provide nutritious snacks to underprivileged children who may lack access to adequate nutrition.
- 2. Raise awareness about the importance of good nutrition for children's growth and development.
- 3. Promote empathy and social responsibility among students towards the less fortunate members of the community.

#### **Event Execution**

The distribution of nutrition snacks was meticulously planned and executed, ensuring that the objectives were effectively met and the event ran smoothly:

- Planning and Preparation: Prior to the event, the N.S.S coordinators coordinated with local organizations and communities to identify areas with high need. They also sourced nutritious snacks that were appropriate for children's dietary requirements.
- Selection of Beneficiaries: Children from economically disadvantaged backgrounds were identified as beneficiaries of the nutrition snack distribution. Efforts were made to reach out to families who could benefit the most from this support.
- Distribution Day: On the designated day, students gathered at the designated location where the distribution took place. They were divided into teams to ensure efficient distribution and interaction with the children and their families.
- Interaction and Engagement: During the distribution, students interacted warmly with the children and their families, creating a friendly and supportive atmosphere. They also engaged in conversations about the importance of healthy eating habits and answered any questions related to nutrition.
- Feedback Collection: Feedback was collected from the recipients to understand their needs better and assess the impact of the initiative. This feedback would help in planning future activities and improving the effectiveness of similar outreach programs.

#### **Student Participation**

The participation of 16 students showcased their dedication and empathy towards the community's well-being. Each student actively participated in the planning, preparation, and execution of the event, demonstrating leadership and compassion in serving others. Their efforts contributed significantly to the success and meaningful impact of the nutrition snack distribution.

#### Highlights of the Event

Several aspects of the nutrition snack distribution were particularly noteworthy:

- Impactful Outreach: The event directly addressed the nutritional needs of underprivileged children, providing them with essential nutrition snacks.
- Educational Component: Students had the opportunity to educate children and families about the importance of balanced nutrition, fostering awareness and knowledge.
- Community Engagement: The event promoted positive interaction between students and the community, strengthening bonds and promoting empathy.
- Feedback and Reflection: Gathering feedback allowed for continuous improvement and informed future outreach activities, ensuring sustainability and relevance.

#### Outcomes

The distribution of nutrition snacks achieved its objectives, resulting in several positive outcomes:

- Nutritional Support: Underprivileged children received nutritious snacks that contributed to their overall health and well-being.
- Awareness and Education: Families gained awareness about the importance of good nutrition for children's growth and development.
- Empathy and Social Responsibility: Students developed a deeper sense of empathy and social responsibility towards disadvantaged members of the community.
- Community Impact: The event strengthened the college's relationship with the local community and highlighted the positive impact of student-led initiatives.

#### Conclusion

The distribution of nutrition snacks to poor children by the N.S.S unit of Maniben M.P. Shah Mahila Arts College was a commendable effort to address nutritional needs and promote awareness about healthy eating habits. Through the participation of 16 dedicated students, the event not only provided immediate support to underprivileged children but also fostered empathy and social responsibility among participants. The success of this initiative underscores the importance of community engagement and compassionate outreach in creating a positive impact on society's most vulnerable members.

Maniben M. P. Shah Mahila Arts College Kadi - (N.G.) - 382 715.

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### Report on Distribute Kits Of Cooking Materials October 1, 2021



#### Introduction

On October 1, 2021, Kadi Municipality, in collaboration with Maniben M.P. Shah Mahila Arts College, organized an initiative to distribute kits of cooking materials to economically disadvantaged families in an urban area. This event aimed to support these families by providing essential kitchen tools, enabling them to prepare nutritious meals at home. The participation of 17 students from the college was pivotal in facilitating the smooth execution and impactful delivery of this community outreach initiative.

#### Objectives

The primary objectives of the distribution of cooking material kits were:

- 1. To Provide Essential Resources: Equip underprivileged families with basic cooking utensils and materials essential for daily meal preparation.
- 2. To Promote Nutrition: Encourage healthier eating habits by enabling families to cook nutritious meals at home.
- 3. To Empower Families: Foster self-sufficiency and improve household management capabilities among beneficiary families.
- 4. To Build Community Support: Strengthen community bonds and demonstrate solidarity by addressing immediate household needs.

#### **Event Execution**

The distribution of cooking material kits was executed through a systematic approach to ensure its effectiveness and impact:

- Needs Assessment: Prior to the event, Kadi Municipality identified families in the urban area facing economic challenges and lacking adequate cooking utensils.
- Kit Preparation: Cooking material kits were thoughtfully assembled, comprising essential items such as pots, pans, cooking utensils, knives, cutting boards, measuring cups, and other necessary kitchen tools.
- Distribution Process: On the designated day, students from Maniben M.P. Shah Mahila Arts College actively participated in the distribution. They organized themselves into teams to streamline the process and interact personally with each recipient family.
- Educational Outreach: Alongside distributing the kits, students engaged in educational sessions with the families, providing guidance on proper use of the utensils, basic cooking techniques, and tips for maintaining kitchen hygiene.
- Feedback Collection: Feedback was gathered from the families to assess the impact of the initiative and gather insights for future community support projects.

#### **Student Participation**

The involvement of 17 students from Maniben M.P. Shah Mahila Arts College showcased their commitment to social responsibility and community service. They played a crucial role in every phase of the event, from preparation to distribution, demonstrating empathy and dedication towards improving the quality of life for underprivileged families.

## **Highlights of the Event**

Several key highlights underscored the success and impact of the distribution of cooking material kits:

- Immediate Assistance: Families received immediate assistance in the form of essential kitchen tools, addressing a critical need for daily sustenance.
- Empowerment: Beneficiary families were empowered to prepare nutritious meals at home, promoting health and well-being.
- Community Engagement: The event fostered meaningful interaction between students and the community, strengthening bonds and promoting mutual support.
- Educational Component: Educational sessions provided practical knowledge, empowering families with skills for sustainable household management.

#### Outcomes

The distribution of cooking material kits yielded significant outcomes:

- Enhanced Household Capabilities: Families gained access to necessary resources for cooking, enhancing their ability to maintain healthier dietary practices.
- Promotion of Self-Sufficiency: The initiative promoted self-sufficiency among beneficiary families, reducing dependency on external support.
- Community Cohesion: The event strengthened community ties and solidarity, fostering a sense of shared responsibility and support.

### Conclusion

The distribution of cooking material kits to poor families by Kadi Municipality and Maniben M.P. Shah Mahila Arts College exemplified a proactive approach to addressing immediate needs and promoting long-term sustainability. Through collaborative efforts and student involvement, the initiative not only provided essential resources but also empowered families and strengthened community bonds. This event stands as a testament to the positive impact of collective action in supporting vulnerable populations and fostering inclusive community development.

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# Report on Distributing Kits Of Cooking Materials October 28, 2021



#### Introduction

On October 28, 2021, Maniben M.P. Shah Mahila Arts College collaborated with Kadi Municipality to organize an initiative aimed at distributing kits of cooking materials to economically disadvantaged families in an urban area. This event sought to alleviate financial burdens and enhance kitchen capabilities for families in need. The participation of 9 students from the college was integral in ensuring the successful execution and impactful delivery of this community outreach initiative.

#### Objectives

The primary objectives of the distribution of cooking material kits were:

- 1. Provide Essential Resources: To equip underprivileged families with basic cooking utensils and materials essential for daily meal preparation.
- 2. Promote Nutrition: To encourage healthier eating habits by enabling families to cook nutritious meals at home.
- 3. Empower Families: To foster self-sufficiency and improve household management capabilities among beneficiary families.
- 4. Build Community Support: To strengthen community bonds and demonstrate solidarity by addressing immediate household needs.

#### **Event Execution**

The distribution of cooking material kits was meticulously planned and executed to maximize its impact and effectiveness:

- Needs Assessment: Prior to the event, Kadi Municipality identified families in the urban area facing economic challenges and lacking adequate cooking utensils.
- Kit Preparation: Cooking material kits were thoughtfully assembled, comprising essential items such as pots, pans, cooking utensils, knives, cutting boards, measuring cups, and other necessary kitchen tools.
- Distribution Process: On the designated day, students from Maniben M.P. Shah Mahila Arts College actively participated in the distribution process. They organized themselves into teams to streamline the process and interact personally with each recipient family.
- Educational Outreach: Alongside distributing the kits, students engaged in educational sessions with the families, providing guidance on the use of the utensils, basic cooking techniques, and tips for maintaining kitchen hygiene.
- Feedback Collection: Feedback was gathered from the families to assess the impact of the initiative and gather insights for future community support projects.

#### **Student Participation**

The involvement of 9 students from Maniben M.P. Shah Mahila Arts College showcased their commitment to social responsibility and community service. They played a crucial role in every phase of the event, from preparation to distribution, demonstrating empathy and dedication towards improving the quality of life for underprivileged families.

# Highlights of the Event

Several key highlights underscored the success and impact of the distribution of cooking material kits:

- Immediate Assistance: Families received immediate assistance in the form of essential kitchen tools, addressing a critical need for daily sustenance.
- Empowerment: Beneficiary families were empowered to prepare nutritious meals at home, promoting health and well-being.
- Community Engagement: The event fostered meaningful interaction between students and the community, strengthening bonds and promoting mutual support.
- Educational Component: Educational sessions provided practical knowledge, empowering families with skills for sustainable household management.

#### Outcomes

The distribution of cooking material kits yielded significant outcomes:

- Enhanced Household Capabilities: Families gained access to necessary resources for cooking, enhancing their ability to maintain healthier dietary practices.
- Promotion of Self-Sufficiency: The initiative promoted self-sufficiency among beneficiary families, reducing dependency on external support.
- Community Cohesion: The event strengthened community ties and solidarity, fostering a sense of shared responsibility and support.

#### Conclusion

The distribution of cooking material kits to poor families by Kadi Municipality and Maniben M.P. Shah Mahila Arts College exemplified a proactive approach to addressing immediate needs and promoting long-term sustainability. Through collaborative efforts and student involvement, the initiative not only provided essential resources but also empowered families and strengthened community bonds. This event stands as a testament to the positive impact of collective action in supporting vulnerable populations and fostering inclusive community development.

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Maniben M. P. Shah Mahila Arts College Kadi - (N.G.) - 382 715,

# Report on National Unity Day October 30, 2021



#### Introduction

On October 30, 2021, the National Service Scheme (N.S.S) unit of Maniben M.P. Shah Mahila Arts College organized a vibrant celebration to commemorate National Unity Day. This event aimed to uphold the spirit of unity among students, promoting the values of integrity, harmony, and solidarity among diverse communities. Fifty enthusiastic students actively participated in various activities designed to foster national unity and communal harmony.

#### Objectives

- The primary objectives of the National Unity Day celebration were:
- 1. Promote Unity: To celebrate the diversity and unity of India's rich cultural heritage.
- Educate About Sardar Patel: To honor the contributions of Sardar Vallabhbhai Patel in unifying the nation.
- 3. Inspire Patriotism: To instill a sense of pride and patriotism among students towards their country.
- 4. Encourage Social Cohesion: To encourage students to embrace diversity and foster communal harmony.

#### **Event Highlights**

The National Unity Day celebration featured a series of engaging activities and initiatives:

- Flag Hoisting Ceremony: The event commenced with the hoisting of the national flag, symbolizing the unity and integrity of India.
- Speeches and Talks: Students delivered speeches and talks highlighting the significance of National Unity Day and the contributions of Sardar Patel towards nation-building.
- Cultural Performances: Various cultural performances, including dances, songs, and skits, showcased the cultural diversity of India and promoted unity in diversity.
- Pledge Taking: Participants took a pledge to uphold the ideals of unity, integrity, and communal harmony in their daily lives.
- Interactive Sessions: Discussions and interactive sessions were held to explore the importance of unity in achieving national progress and development.
- Poster Exhibition: A poster exhibition was organized where students displayed artwork depicting the themes of unity, diversity, and patriotism.

## **Student Participation**

Fifty students actively participated in organizing and participating in the National Unity Day celebrations. They demonstrated enthusiasm and creativity in contributing to various activities, fostering a sense of unity and pride among their peers.

The National Unity Day celebration achieved several positive outcomes

- Promotion of National Values: Students gained a deeper understanding and appreciation of the values of unity, integrity, and diversity. .
- appreciation of the event instilled a sense of patriotism and pride in students towards their country and its diverse cultural heritage.
- Community Building: The celebration strengthened bonds among students, fostering a
- sense of community and collective responsibility. sense of continuity and exticipants were motivated to contribute positively to society .
- and work towards maintaining national unity and harmony.

## Conclusion

The National Unity Day celebration organized by the N.S.S unit of Maniben M.P. Shah Mahila Arts College was a resounding success in promoting unity, integrity, and communal harmony among students. Through various engaging activities and initiatives, students not only celebrated the diversity of India but also reaffirmed their commitment to upholding the principles of unity and solidarity. This event not only commemorated the legacy of Sardar Vallabhbhai Patel but also inspired students to contribute towards a united and prosperou

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Maniben M. P. Shah Mahila Arts College Kadi - (N.G.) - 382 715,

# **Report on Electoral Roll Reform Program** November 25, 2021



#### Introduction

On November 25, 2021, Maniben M.P. Shah Mahila Arts College collaborated with the Mamlatdar Office in the Election Division to organize an Electoral Roll Reform Program. This initiative aimed to educate students about the importance of electoral participation, highlight the significance of an accurate electoral roll, and encourage voter registration among eligible citizens. Thirty students actively participated in this educational program, demonstrating their commitment to civic awareness and responsible citizenship.

#### Objectives

The primary objectives of the Electoral Roll Reform Program were:

- 1. Educate About Electoral Process: To educate students about the electoral process, including voter registration, revision of electoral rolls, and voting procedures.
- 2. Promote Voter Awareness: To raise awareness among students about the importance of voting and civic responsibility.
- 3. Advocate for Electoral Reforms: To discuss and advocate for reforms in the electoral roll system to ensure accuracy and inclusivity.
- 4. Encourage Voter Registration: To encourage eligible students and community members to register as voters and participate actively in elections.

#### **Event Highlights**

The Electoral Roll Reform Program comprised various activities and discussions to engage participants and achieve its objectives:

- Information Sessions: Representatives from the Mamlatdar Office conducted informative sessions on electoral laws, voter eligibility criteria, and the process of voter registration.
- Interactive Workshops: Workshops were held to guide students through the steps of checking and verifying their voter registration status and updating electoral information if necessary.
- Role-play and Simulations: Participants engaged in role-plays and simulations to understand the practical aspects of electoral roll management and voter registration drives.
- Discussion Panels: Panel discussions were organized with experts and electoral officials to address challenges in maintaining accurate electoral rolls and propose potential reforms.
- · Awareness Campaign: An awareness campaign was launched among students to promote voter registration and civic engagement through posters, leaflets, and social media outreach.

#### **Student Participation**

The active participation of 30 students from Maniben M.P. Shah Mahila Arts College underscored their enthusiasm and commitment to understanding and improving the electoral process. They engaged enthusiastically in discussions, workshops, and awareness activities, demonstrating their readiness to contribute to electoral reforms and civic education initiatives.



- The Electoral Roll Reform Program yielded several positive outcomes: processes and the significance of maintaining accurate electoral rolls.
- Empowerment: Students were empowered with knowledge and skills to advocate for . electoral reforms and encourage voter participation in their communities.
- · Community Engagement: The program fostered community engagement and dialogue on civic responsibilities and democratic values.
- Actionable Insights: Insights from discussions and workshops provided actionable ٠ recommendations for improving voter registration processes and ensuring inclusivity in electoral rolls.

#### Conclusion

The Electoral Roll Reform Program organized by Maniben M.P. Shah Mahila Arts College in collaboration with the Mamlatdar Office, Election Division, was instrumental in promoting civic awareness and advocating for electoral reforms. Through interactive sessions, workshops, and awareness campaigns, students were equipped with the knowledge and motivation to actively participate in the electoral process and contribute to building a more transparent and inclusive democracy. This initiative exemplifies the college's commitment to fostering responsible citizenship and preparing students to become informed and engaged members of society.

Maniben M. P. Shah Mahila Arts College Kadi - (N.G.) - 382 715

# Report on Constitution Day November 26, 2021



#### Introduction

On November 26, 2021, the National Service Scheme (N.S.S) unit of Maniben M.P. Shah Mahila Arts College organized a vibrant celebration to commemorate Constitution Day. This event was dedicated to honoring the adoption of the Indian Constitution on November 26, 1949, and reaffirming the values and principles enshrined in it. Thirty enthusiastic students actively participated in various activities designed to promote constitutional awareness, foster civic responsibility, and highlight the significance of upholding constitutional ideals in contemporary times.

#### Objectives

The primary objectives of the Constitution Day celebration were:

- 1. Educate About the Constitution: To educate students about the history, significance, and key features of the Indian Constitution.
- 2. Promote Constitutional Values: To promote and reinforce the values of justice, liberty, equality, and fraternity among students.
- 3. Inspire Civic Engagement: To inspire students to actively engage in civic duties and responsibilities as responsible citizens.
- 4. Encourage Reflection: To encourage reflection on the relevance of constitutional principles in addressing contemporary challenges and promoting social justice.

#### **Event Highlights**

The Constitution Day celebration included a variety of engaging activities and initiatives:

- Constitution Preamble Recitation: The event commenced with the recitation of the Preamble to the Indian Constitution, emphasizing its foundational principles.
- Speeches and Discussions: Students delivered speeches and participated in discussions on various aspects of the Constitution, including fundamental rights, duties, and directive principles.
- Quiz Competition: A quiz competition on constitutional knowledge tested students' understanding of key provisions and historical milestones related to the Constitution.
- Poster Exhibition: An exhibition of posters created by students showcased visual interpretations of constitutional themes such as democracy, secularism, and social justice.
- Debate on Contemporary Issues: A debate session was organized where students deliberated on contemporary issues through the lens of constitutional values and principles.

#### **Student Participation**

The active participation of 30 students from Maniben M.P. Shah Mahila Arts College demonstrated their enthusiasm and commitment to constitutional literacy and civic engagement. They actively contributed to discussions, performances, and competitions, showcasing their understanding and appreciation of constitutional ideals.



The Constitution Day celebration achieved several positive outcomes:

- Enhanced Knowledge: Participants gained a deeper understanding of the Indian Constitution, its significance, and its relevance in contemporary society. .
- Promotion of Values: The event promoted values such as democracy, justice, liberty, equality, and fraternity among students. .
- Empowerment: Students were empowered with knowledge and motivation to uphold constitutional principles and contribute positively to society. .
- Inspiration for Action: The celebration inspired students to actively participate in civic activities, advocate for social justice, and uphold the spirit of constitutional . democracy.

#### Conclusion

The Constitution Day celebration organized by the N.S.S unit of Maniben M.P. Shah Mahila Arts College was a resounding success in promoting constitutional awareness, civic responsibility, and values among students. Through various engaging activities and initiatives, students were equipped with the knowledge and inspiration to become informed and responsible citizens who uphold the principles of the Indian Constitution. This event exemplifies the college's commitment to fostering constitutional literacy and preparing students to contribute meaningfully to the socio-political fabric of the nation.

Maniben M. , Shah Mahila Arts College Kadi - (N.G.) - 382 715

# Report on Oratorical Competition December 1, 2021



#### Introduction

On December 1, 2021, Maniben M.P. Shah Mahila Arts College, in collaboration with Nehru Youth Center Maheshna, organized an Oratorical Competition on the theme "Sabka Saath Sabka Vikas." This event aimed to encourage students to articulate their views on inclusive development and societal progress in India. Thirty enthusiastic students participated in the competition, showcasing their oratory skills and perspectives on fostering unity and collective growth.

#### Objectives

The primary objectives of the Sabka Saath Sabka Vikas Oratorical Competition were:

- 1. Promote Inclusive Development: To promote the idea of inclusive development where every citizen contributes to and benefits from the nation's progress.
- 2. Encourage Oratory Skills: To provide a platform for students to develop and demonstrate their oratory skills in expressing their opinions on societal development.
- 3. Inspire Critical Thinking: To encourage participants to critically analyze the concept of "Sabka Saath Sabka Vikas" and its implications for national growth.
- Celebrate Diversity: To celebrate India's diversity and highlight the importance of unity in achieving comprehensive development.

#### **Event Highlights**

The Oratorical Competition featured various engaging activities and segments:

- Topic Introduction: Participants delivered speeches on the theme "Sabka Saath Sabka Vikas," exploring its meaning, relevance, and challenges.
   Judging Panel: A panel of indexed speeches of the second s
- Judging Panel: A panel of judges evaluated the speeches based on content, clarity, coherence, persuasiveness, and overall presentation.
- Question-Answer Session: Participants engaged in a Q&A session with the audience and judges to further elaborate on their perspectives and address queries.
- Audience Engagement: The audience actively participated by asking questions and providing feedback, fostering a dynamic exchange of ideas.
  Prize Distribution: Prizes were awarded to the second s
- Prize Distribution: Prizes were awarded to the winners and participants, recognizing their oratory skills and insightful contributions.

## **Student Participation**

Thirty students from Maniben M.P. Shah Mahila Arts College participated in the Oratorical Competition with enthusiasm and dedication. They showcased their ability to articulate ideas effectively, demonstrating their commitment to promoting inclusive development and societal harmony through persuasive speeches.



The Sabka Saath Sabka Vikas Oratorical Competition yielded several positive KAD outcomes:

- Enhanced Oratory Skills: Participants improved their public speaking and communication skills through preparation and performance.
- Critical Thinking: The competition encouraged critical thinking among students, prompting them to analyze and debate concepts related to inclusive growth.
- Awareness Generation: The event raised awareness about the importance of unity and collective progress in achieving national development goals.
- Inspiration for Action: Participants were inspired to contribute actively to initiatives that promote unity, diversity, and inclusive development in their communities.

#### Conclusion

The Sabka Saath Sabka Vikas Oratorical Competition organized by Nehru Youth Center Maheshna and Maniben M.P. Shah Mahila Arts College was a testament to the power of oratory and critical thinking in promoting societal progress and inclusive development. Through eloquent speeches and thoughtful discussions, students not only showcased their oratory prowess but also deepened their understanding of national unity and collective growth. This event exemplifies the college's commitment to nurturing holistic development and preparing students to become informed and articulate leaders who contribute positively to society.

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# Report on Lecture on HIV/AIDS and Tuberculosis (TB). December 3, 2021



#### Introduction

On December 3, 2021, the Primary Health Center in Kadi, in collaboration with Maniben M.P. Shah Mahila Arts College, organized an informative lecture on HIV/AIDS and Tuberculosis (TB). This event aimed to raise awareness among students about these significant public health issues, educate them on prevention and treatment methods, and encourage responsible health behaviors. Sixty students attended the lecture, demonstrating their interest in expanding their knowledge on these critical topics.

#### Objectives

The primary objectives of the lecture on HIV/AIDS and Tuberculosis were:

- 1. Raise Awareness: To educate students about the causes, symptoms, transmission, prevention, and treatment of HIV/AIDS and TB.
- 2. Promote Health Literacy: To improve health literacy among students, enabling them to make informed decisions about their health.
- 3. Encourage Preventive Measures: To emphasize the importance of preventive measures and early diagnosis in combating HIV/AIDS and TB.
- 4. Reduce Stigma: To address and reduce the stigma associated with HIV/AIDS and TB through education and open dialogue.

#### **Event Highlights**

The lecture on HIV/AIDS and Tuberculosis included several key segments designed to engage and inform the participants:

- Introduction to HIV/AIDS and TB: Health experts from the Primary Health Center provided an overview of HIV/AIDS and TB, explaining the biology, modes of transmission, and global impact of these diseases.
- Symptoms and Diagnosis: Detailed information was shared on the symptoms, diagnostic procedures, and the importance of early detection for both HIV/AIDS and TB.
- Prevention Strategies: The lecture highlighted various prevention strategies, including safe practices, regular health check-ups, and the use of preventive medications.
- Treatment Options: Participants learned about the available treatment options, the importance of adherence to medication, and the role of healthcare providers in managing these diseases.
- Interactive Q&A Session: An interactive question-and-answer session allowed students to ask questions and clarify doubts, fostering a deeper understanding of the topics discussed.
- Resource Distribution: Educational materials, including pamphlets and brochures on HIV/AIDS and TB, were distributed to provide additional information and resources for further learning.

# Student Participation

Sixty students from Maniben M.P. Shah Mahila Arts College actively participated in the lecture. Their engagement was evident through their attentive listening, note-taking, and NERN active participation in the Q&A session. The students demonstrated a keen interest in learning about these critical health issues and a commitment to promoting health and well-being in their communities.

#### Outcomes

The lecture on HIV/AIDS and Tuberculosis achieved several positive outcomes:

- Increased Awareness: Participants gained a comprehensive understanding of HIV/AIDS and TB, including their symptoms, transmission methods, prevention strategies, and treatment options.
- Enhanced Health Literacy: The event contributed to improved health literacy among students, equipping them with knowledge to make informed health decisions and adopt preventive measures.
- Stigma Reduction: By providing accurate information and encouraging open dialogue, the lecture helped reduce the stigma associated with HIV/AIDS and TB.
- Empowerment: Students were empowered to take proactive steps in their personal . health management and to educate others in their communities about these diseases.

#### Conclusion

The lecture on HIV/AIDS and Tuberculosis organized by the Primary Health Center, Kadi, in collaboration with Maniben M.P. Shah Mahila Arts College, was a significant step towards enhancing health awareness and literacy among students. By providing crucial information and encouraging preventive health behaviors, the event contributed to the broader goals of public health education and disease prevention. The active participation of the students highlighted their readiness to engage with important health topics and their potential to become advocates for health and well-being in their communities. This event underscores the college's commitment to fostering informed, responsible, and healthconscious citizens

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# Report ON

**Thalassemia Testing B.A.Sem.-2** 

# 18-12-2021

-On the 18-12-2021, a significant initiative was undertaken by the Indian Red Cross Society in Ahmedabad, in collaboration with the NSS program officer, Pro. Harsukh H. Parmar, from Maniben M.P. Shah Mahila Arts College in Kadi. This initiative involved conducting thalassemia tests for 130 students enrolled in B.A. Semester 2 at the college. Thalassemia, a genetic blood disorder, requires early detection for effective management and treatment. Through this proactive measure, the Indian Red Cross Society aimed to raise awareness about thalassemia and promote the importance of early screening among young adults.

Thalassemia is a hereditary blood disorder characterized by abnormal hemoglobin production, leading to anemia and other complications. Early detection through screening tests is crucial for timely intervention and management of the condition. By organizing thalassemia testing for B.A. Semester 4 students, the Indian Red Cross Society demonstrated its commitment to promoting public health and well-being.

The participation of 130 students in the thalassemia testing underscored the significance of proactive health measures among young adults. Through the guidance and coordination of NSS program officer Pro. Harsukh H. Parmar, students were encouraged to prioritize their health and wellbeing. Pro. Parmar's leadership played a pivotal role in mobilizing students and facilitating their participation in

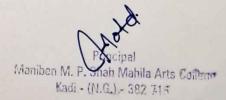
the screening initiative.

Thalassemia testing involves simple and non-invasive procedures, such as blood tests, to detect the presence of thalassemia traits or genetic markers. By undergoing thalassemia screening, students gained valuable insights into their health status and potential risk factors associated with the disorder. Additionally, the testing process served as an educational opportunity to raise awareness about thalassemia and its implications for individuals and families.

The collaboration between the Indian Red Cross Society and Maniben M.P. Shah Mahila Arts College in Kadi exemplified the power of community partnerships in promoting public health initiatives. Through mutual cooperation and shared resources, organizations can leverage their strengths to address pressing health challenges and improve access to essential healthcare services.

Beyond the immediate impact of thalassemia testing, the initiative fostered a culture of health consciousness and proactive disease prevention among college students. By prioritizing regular health screenings and preventive measures, individuals can take proactive steps to safeguard their well-being and lead healthier lives.

In conclusion, the thalassemia testing initiative organized by the Indian Red Cross Society in collaboration with NSS program officer Pro. Harsukh H. Parmar at Maniben M.P. Shah Mahila Arts College in Kadi underscored the importance of early detection and prevention in combating genetic blood disorders. Through the participation of 130 students, the initiative raised awareness about thalassemia and empowered young adults to prioritize their health and well-being. Such initiatives exemplify the collective efforts of organizations and communities to promote public health and ensure the well-being of future generations.



AHMAH

KADI (N.G.) 382715 Report on A Child Freedom Fighter February 23, 2022



#### **Event Overview**

On February 23, 2022, Maniben M.P. Shah Mahila Arts College in collaboration with the Chandkheda community in Ahmedabad organized a special meeting titled "A Child Freedom Fighter." The event aimed to shed light on the lesser-known stories of young freedom fighters who played significant roles in India's struggle for independence. This report outlines the key activities and outcomes of the meeting.

#### Objectives

- 1. Educational Enrichment:
  - To educate students about the contributions of child freedom fighters in India's independence movement.
  - To highlight the importance of recognizing the bravery and sacrifices of young patriots.
- 2. Inspiration and Motivation:
  - o To inspire students by sharing stories of courage and patriotism.
  - To motivate them to draw parallels between historical events and contemporary challenges.
- 3. Interactive Engagement:
  - To encourage students to actively participate in discussions about historical narratives and their relevance today.
  - To foster a deeper understanding and appreciation of India's rich history.

#### Activities

- 1. Welcome and Introduction:
  - The event commenced with a welcome speech by the organizing committee from Chandkheda, Ahmedabad. The participants were introduced to the theme of the meeting and the significance of discussing the contributions of child freedom fighters.
- 2. Presentation on Child Freedom Fighters:
  - A detailed presentation was given, highlighting notable child freedom fighters such as Khudiram Bose, Kanaklata Barua, and others. The presentation covered:
    - Biographical sketches of the young freedom fighters.
    - Their roles and contributions to the independence movement.
    - The challenges and sacrifices they faced at a young age.
- 3. Guest Speaker Session:
  - A guest speaker, a historian specializing in India's freedom movement, was invited to share insights and stories about child freedom fighters. The speaker emphasized the impact of youth in the struggle for independence and the importance of remembering these unsung heroes.

- 4. Student Presentations:
  - The participating students were encouraged to present their own research and findings on child freedom fighters. Each student shared a brief presentation, discussing the life and contributions of a chosen young patriot. This activity aimed to engage students in active learning and research.

#### 5. Interactive Discussion:

- An interactive discussion followed the presentations, where students shared their thoughts and reflections. Key points of discussion included:
  - The relevance of the sacrifices made by young freedom fighters in today's context.
  - Lessons that contemporary youth can learn from these historical figures.
  - The importance of patriotism and civic responsibility.
- 6. Q&A Session:
  - The event concluded with a Q&A session, where students asked questions and engaged in a dialogue with the guest speaker and the organizers. This session provided clarity on various aspects of the freedom struggle and the pivotal role of child freedom fighters.

#### Outcomes

- Increased Awareness: The meeting significantly increased awareness among students about the contributions of child freedom fighters. They gained a deeper understanding of the independence movement and the diverse roles played by young patriots.
- Inspiration and Motivation: The stories of bravery and sacrifice inspired the students, instilling a sense of pride and motivation to contribute positively to society.
- Active Engagement: The event successfully engaged students in active learning and discussion, fostering critical thinking and historical analysis.
- Strengthened Patriotism: The meeting reinforced the values of patriotism and civic responsibility, encouraging students to appreciate and uphold the principles of freedom and justice.

#### Conclusion

The "A Child Freedom Fighter" meeting organized by Chandkheda, Ahmedabad, and Maniben M.P. Shah Mahila Arts College was a resounding success. The objectives of educational enrichment, inspiration, and interactive engagement were effectively met. The event not only enlightened the students about the historical contributions of young freedom fighters but also inspired them to embody the values of courage and patriotism in their own lives.

KADI (N.G.)

Maniben M. P. Shah Mahila Arts Colleg-Kadi - (N.C.) - 382 715. Report on Child Welfare Lecture Vekra Village on March 2**2**, 2022.



The event aimed to educate students and villagers about child rights, health, and education. Fifty-one students and ten faculty members from the college attended the lecture, which was conducted by a UNICEF expert.

#### The lecture covered topics such as:

- Child rights and laws
- Importance of education for children
- Health and nutrition for children
- Protection of children from abuse and exploitation

The lecture was interactive, with the UNICEF expert engaging with students and villagers through discussions and Q&A sessions. Students and faculty members also shared their experiences and insights on child welfare.

#### The outcomes of the event were:

- Awareness created among students and villagers about child welfare
- Education on child rights and laws
- Encouragement of students and villagers to prioritize child education and health
- Strengthened collaboration between the college and UNICEF Ahmedabad

Feedback from participants was positive, with students expressing satisfaction and willingness to participate in future social initiatives. Faculty members praised the students' enthusiasm and dedication to the cause.

#### Future plans include:

- Regular lectures and awareness programs in adopted villages
- Expansion of child welfare initiatives to other villages
- Involvement of more students and faculty members in social projects
- Collaboration with local organizations for greater impact

The event demonstrated the college's commitment to social responsibility and child welfare, setting an example for other institutions to follow.

#### Additionally, the college plans to:

- Establish a child welfare club to continue the initiative
- Organize regular visits to adopted villages for follow-up and support
- Invite UNICEF experts for regular lectures and workshops
- Encourage students to take up child welfare as a social project.

Principał Maniben M. P. Shah Mahila Arts College Kadi - (N.G.) - 382 715

# Report on "Child Welfare Rally" at Vekra Village on March 23, 2022,



In collaboration with UNICEF Ahmedabad. The event aimed to promote child rights, health, and education among the rural community. Fifty-one students and ten faculty members from the college participated in the rally, which was colored by UNICEF Ahmedabad. The event began with a procession through the village, followed by a gathering at the village square.

#### The rally highlighted issues such as:

- Importance of education for children
- Health and nutrition for children
- Protection of child rights
- Empowerment of girls and women

Students and faculty members distributed pamphlets, posters, and banners with messages on child welfare. They also performed skits and sang songs to convey the importance of child welfare.

The event was well-received by the villagers, who showed enthusiasm and interest in the cause. Local leaders and dignitaries also attended the rally, praising the college's initiative.

## The outcomes of the event were:

- Awareness created among villagers about child welfare
- Distribution of educational materials to villagers
- Encouragement of villagers to prioritize child education and health
- Strengthened collaboration between the college and UNICEF Ahmedabad

Feedback from participants was positive, with students expressing satisfaction and willingness to participate in future social initiatives. Faculty members praised the students' enthusiasm and dedication to the cause.

#### Future plans include:

- Regular rallies and awareness programs in adopted villages
- Expansion of child welfare initiatives to other villages
- Involvement of more students and faculty members in social projects
- Collaboration with local organizations for greater impact

The event demonstrated the college's commitment to social responsibility and child welfare, setting an example for other institutions to follow.

Maniben M. P. Shah Mahila Arts College Kadi - (N.G.) - 382 715.

# **Report on** Workshop On "Cultivation By Manure March 24, 2022



#### **Event Overview**

On March 24, 2022, a workshop on "Cultivation by Manure" was organized by Suryam in collaboration with Maniben M.P. Shah Mahila Arts College. This workshop aimed to educate students on the benefits and techniques of using manure for sustainable cultivation practices. The workshop focused on enhancing students' understanding of organic farming methods and promoting environmentally friendly agricultural practices.

#### Objectives

- 1. Educational Enrichment:
  - o To provide students with knowledge about the benefits of using manure in cultivation.
  - To demonstrate practical techniques for organic farming.
- 2. Sustainable Practices:
  - To promote sustainable agriculture through the use of organic manure.
  - To encourage students to adopt eco-friendly farming practices.
- 3. Hands-On Experience:
  - o To offer students hands-on experience in preparing and using manure for cultivation.
  - To foster practical skills in organic farming techniques.

#### Activities

- 1. Introduction and Welcome:
  - The workshop began with a welcome speech by the organizers from Suryam. 0 The importance of sustainable agriculture and the role of manure in promoting soil health and productivity were emphasized.
- 2. Educational Session on Manure:
  - o An informative session was conducted to educate students about different types of manure, including:
    - Animal manure (cow, goat, poultry).
    - . Green manure (cover crops).
    - Compost manure.
  - o The session covered the nutritional benefits of manure for soil health, how it improves soil structure, water retention, and the promotion of beneficial microbial activity.
- 3. Demonstration of Manure Preparation:
  - o A practical demonstration was provided on how to prepare compost manure. The steps included:
    - Collecting organic waste materials such as kitchen scraps, garden . clippings, and animal manure.
    - Layering the materials in a compost bin or pile.
    - Maintaining proper moisture and aeration.
    - Turning the compost regularly to facilitate decomposition.

- 4. Hands-On Cultivation Activity:
  - The students participated in a hands-on activity where they applied prepared manure to a designated garden plot. This activity involved:
    - Preparing the soil by loosening it and removing weeds.
    - Evenly spreading the compost manure over the soil.
    - Mixing the manure into the topsoil.
    - Planting seeds or seedlings in the enriched soil.
  - This practical experience helped students understand the process and benefits of using manure in cultivation.
- 5. Q&A and Discussion Session:
  - The workshop concluded with an interactive Q&A session. Students asked questions about the preparation and use of manure, the benefits of organic farming, and ways to implement these practices in different agricultural settings.
  - A discussion followed where students shared their thoughts and experiences, and the organizers provided additional insights and tips for successful organic farming.

- Enhanced Knowledge: Students gained a comprehensive understanding of the benefits and techniques of using manure for cultivation. They learned about different types of manure and how they contribute to soil health and productivity.
- Practical Skills: The hands-on activities provided students with practical skills in preparing and applying manure. They experienced firsthand the process of organic farming, which reinforced their theoretical knowledge.
- Promotion of Sustainable Practices: The workshop successfully promoted sustainable agricultural practices among the students. They were encouraged to adopt ecofriendly methods in their future farming endeavors.
- Increased Engagement: The interactive sessions and hands-on activities increased student engagement and interest in organic farming. Students expressed a keen interest in implementing these practices in their own gardens or communities.

#### Conclusion

The "Cultivation by Manure" workshop organized by Suryam and Maniben M.P. Shah Mahila Arts College was highly successful. The objectives of educational enrichment, promotion of sustainable practices, and hands-on experience were effectively met. The workshop provided valuable knowledge and practical skills to the students, encouraging them to adopt organic farming methods. Such initiatives are crucial in fostering sustainable agricultural practices and environmental stewardship among the younger generation.

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Maniben M. P. Shah Mahila Arts Collocation Kadi - (N.G.) - 382 715



# Report on Free Medical Camp Village : Vekra Date ;25-3-2022

In an endeavor to prioritize community health and well-being, Bhagyoday Hospital-kadi and Rotary Club of Kadi under the expert guidance of Professor H.H. Paramar, organized a transformative Free Medical Camp at Maniben M.P. Shah Arts College, Kadi, on the auspicious date of 25-03-2022. This event marked a significant milestone in fostering a culture of health awareness and accessibility, benefitting not only the present students but also the broader community.

The event witnessed a remarkable turnout, with 150 enthusiastic students actively participating in various health screenings and consultations. The initiative aimed to address prevalent health concerns, provide medical guidance, and promote preventive measures among the youth, thereby nurturing a healthier future generation.

Under the meticulous supervision of Bhagyoday Hospital'-Kadi and Rotary club of Kadi proficient medical team, a diverse range of health assessments and services were offered. From general health check-ups to specialized consultations, attendees received comprehensive medical attention tailored to their individual needs. Furthermore, interactive sessions and educational workshops were conducted to impart valuable insights on maintaining optimal health and preventing common ailments.

The collaborative efforts of Bhagyoday I Hospital Kadi and Rotary club of Kadi the esteemed faculty of Maniben M.P. Shah Arts College played a pivotal role in orchestrating the event seamlessly. Their collective commitment to community welfare exemplified the power of collaboration in fostering positive social change.

Professor H.H. Paramar's visionary leadership and unwavering dedication served as the driving force behind the success of the Free Medical Camp. His expertise and compassionate approach resonated profoundly with both participants and organizers, inspiring a sense of trust and reassurance.

Maniben M.P. Shah Arts College, Kadi, served as an ideal venue for the event, providing a conducive environment for health screenings and educational activities. The college's proactive involvement and enthusiastic support significantly contributed to the event's impact and outreach.

Beyond the immediate beneficiaries, the ripple effects of the Free Medical Camp are bound to resonate throughout the community, instilling a heightened sense of health consciousness and responsibility. By fostering a culture of preventive healthcare and accessibility, the initiative sets a precedent for future endeavors aimed at addressing public health challenges holistically.

conclusion, the Free Medical Camp at Maniben M.P. Shah Arts College stands as a testament to the transformative power of collective action and compassionate leadership in advancing community health and well-being. As we reflect on the event's success, let us reaffirm our commitment to fostering a healthier, more resilient society, one empowered individual at a time.

Maniben M. P. Shah Mahila Arts College Kadi - (N.G.) - 382 71"

# Tree Plantation in Vekra Village:



# 26-03-2022

26-3-22, Maniben M.P. Shah Mahila Arts College, Kadi, organized a tree plantation drive in the adopted village of Vekra. This event was a significant step towards environmental conservation and sustainability, reflecting the college's commitment to fostering eco-friendly practices. The event was marked by the participation of 51 enthusiastic students, who were keen to contribute to the greening of their surroundings. Under the able guidance of Prof. H.H. Parmar, the program was conducted successfully, leaving a lasting impact on the village and its residents

The tree plantation drive was part of a broader initiative to promote environmental awareness and action within the community. The students, equipped with saplings of various indigenous trees, arrived at Vekra village early in the morning. The event kicked off with an introductory session where Prof. Parmar highlighted the importance of trees in maintaining ecological balance, combating climate change, and enhancing the overall quality of life. He emphasized the role of youth in leading such green initiatives and the long-term benefits that tree plantation can bring to both the environment and the community.

The plantation area had been carefully selected in collaboration with local authorities, focusing on spots that would benefit most from increased green cover, such as schoolyards, roadsides, and communal spaces. The students worked diligently, planting saplings in the prepared pits, ensuring that each sapling was securely planted and would have the best chance of survival. Their efforts were not just limited to planting; they also took responsibility for watering the newly planted trees and putting protective measures in place to safeguard them from grazing animals.

The active involvement of the local villagers was a heartening aspect of the event. Many villagers joined the students, assisting in the planting process and pledging to take care of the trees in the future. This collaboration between the students and the villagers fostered a sense of shared responsibility and highlighted the importance of community participation in environmental conservation efforts.

Prof. H.H. Parmar, who has been instrumental in organizing various community service programs, played a crucial role in the success of the tree plantation drive. His leadership and commitment to environmental causes inspired both the students and the villagers. Throughout the day, he provided guidance and encouragement, ensuring that the event ran smoothly and efficiently.

The tree plantation drive in Vekra was more than just a one-day event; it was a step towards creating a greener and more sustainable future. The saplings planted on this day are expected to grow into trees that will provide shade, improve air quality, and contribute to the overall well-being of the village. The event concluded with a vote of thanks from Prof. Parmar, who reminded everyone of the ongoing responsibility to nurture the saplings and continue working towards environmental sustainability.

In summary, the tree plantation drive organized by Maniben M.P. Shah Mahila Arts College, Kadi, in Vekra village was a successful and impactful initiative. It not only added greenery to the village but also raised awareness about the importance of environmental conservation. The event demonstrated the power of collective action and the positive changes that can be achieved when educational institutions and local communities work together towards a common goal.

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