

Admission Open - 2020-21

શું આપ પ્રોફેશનાલ ક્ષેત્રે કારકિર્દી બનાવવા માંગો છો...!!

UGC – MHRD, નવી દિલ્હી માન્ય સંસ્થે અનુદાનિત સ્કીલ બેઇઝડ ૩ વર્ષ ડીગ્રી કોર્સીસ તેમજ ૧ વર્ષના ડીપ્લોમાં કોર્સ तो आवो B.Voc अथवा Diploma डोर्समां कोडाई आपनुं भिक्य डिश्रवण अनावो ...।!

B.Voc (Bachelor of Vocation) ਲਮਬੁਆਗੀ-3 ਧਾ, ਤ੍ਰਕ शाम डोर्स

Diploma Course

(1" Year Full Time)

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	्यवसायीड वडी	ਅੇਵਿੰਤਰ, ਤੁਸ਼ੁਆਰਵਿਸ਼ਕ ਬਕਿੰਬੀਸ਼ ਅੱਤ ਤੁਸ਼ਬਾਰਵਿਸ਼ਕਕ ਲਕਿੰਬੀਦ, ਹੱਕਦੁਸ਼ੇਦਾਦਾ NBFC, ਲਯੇ ਬੰਦਦੁਸ਼ੇਦਾਦਾ	ਵਪਜੀ, ਦੁਉਪਸ਼ਰ ਐਵਲਪੀਟ ਫ਼ਰੰਦੀਲ, ਜਦਦ ਫ਼ਰੰਦੀਲ, ਜਦਦ ਫ਼ਰੰਦੀਲ, ਜਦਦ ਫ਼ਰੰਦੀਲ, ਜਦਦਾ ਫ਼ਰੰਦੀਲ, ਜਦਦਾ ਫ਼ਰੰਦੀਲ, ਜਾਵੰਟਰਡਾਵ, ਅੰਦਰੇ ਭਵ, ਹੁਅਦਪੀਟ ਚੰਪੂਰੀ, ਜਦਦਾ ਫ਼ਰੰਦੀਲ, ਭਾਵਾਰ ਅੰਦ ਭੀਵੇਅ ਟ੍ਰੰਤ ਕਾਰਰ/– ਜੁਦਅੀਟ ਐਕ੍ਟ ਫ਼ਰਿਸ਼ੀਫ ਜ਼ਰੂਰੀਆਂ ਸ਼ਰਦੇਲਣ ਵਯਦਰ ਅੰਦਰੇ ਭੀਵੇਅ ਟ੍ਰੰਤ ਜੁਦਅ ਐਲਈਆਂ ਦੀਓਸੀਏ, ਜੁਲਅੁਅਿਤਸ਼ ਭਅਦੀਟਪੂਟ, ਆ.ਦ. ਧੈਸਟਮੀ ਜੁਪਰਅਅਤ ਭਵੀਂ ਅੱਤੀ	ਲਣਜ਼ਣੀ ਫ਼ੀਕਿਟਰ, ਆਜ਼ਾਮੀ ਫ਼ੇਕਿਟਿਜ਼, ਅਜ਼ਮੀ ਭਰੀਜੀਤਰ ਜਲਿਮਫ਼ੀਸ, ਟੀਨੋਸੀਗੜੀਲੀਜ਼ ਲੈਵਟ, ਫ਼ੇਕਲੈਂਟ ਝਾਵਨੀਟਕ੍ਰਟ, qoooo/— ਝਾਨਿਕਜ਼ ਟੇਤਲੇਲ ਗੋਲਾਕਟੀ, ਬਾਨਿਟਸ ਜਲਿੰਮ ਭੜੀਜੰਬ, ਜਲਿਸ ਝਾਵਨੈਟਕੁਟ, ਸ਼ਬਸਣੀ, ਨੇਕ ਧਤੰਟ
	10000000000000000000000000000000000000	जेन्डिंग, इम्प्रवाब्सियव सर्वितीप अने धन्त्रोहन्स	अंडसगोर्ट अन्ड धंभोर्ट मेनेक्लेन्ट	उ पेरमेडीडल खेल्ड नक्षिण
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પ્રવેશ લાચકાત :- કોઈપણ પ્રવાહ અથવાં માન્ય શૈકાશિક બોર્ડમાંથી ઘોરણ -૧૨ પા

નકલ-૨, કોરો, આદારદાર્ડની, રેશનકારની તકલ- ૨, એલ.સી.ની નકલ- ૨, બવિનો દાપણે નકલ -૧

SC/ ST/ OBC अने PWD डेटेगरीना विधार्थिओने सर्झारी सहायनो वाल

145	निषयी वास	CZOZNALS CHI	10000
0"	બેબ્કિંગ	ਯੋੜ ਵਾਬਕਾਕਿਵਾਰ ਬਰਿਲੀਲ, ਫੰਕਦਸੇਵਕਲ NBFC, ਡੀ-ਅੰਪਵੇਟੀਵਸ ਸ਼ਾਨਵਟ੍ਰੀਸ, NBFC	3000/-
D)	बहिंग	ਵਦਸ਼ਦੀ ਫ਼ੀਲਿਪਟਰ, ਅਸਵਾਹੀ ਫ਼ੀਲਿਪਟਰ, ਅਸਵਾਹੀ ਫ਼ਰੀਮੀਡਰ ਅਫ਼ਿਸ਼ਗ਼ੀਮ, ਦੇਏਅੀਰਸ਼ਸ਼ੀਸ਼ਾਜ ਦੇਵਟ, ਫੇਕਸ਼ੰਡ ਸੁਖਾਈਟਬ੍ਰਾ,, ਸ਼ੁਲਿਤਮਾ ਦੇਤਲੇਸ਼ ਗੋਲਬਾਈ, ਬੁਲਿਤਾਜ ਕਹਿੰਹ ਬੁਫਿਆਰਿਹ, ਅਲਿੰਸ ਭਕਈਟਬ੍ਰੇਟ ਸ਼ਬਸਦੀ, ਫੈਕਾ ਕੁਸੰਦ	-/0001
100	उ दोण डीआईनींग केन्द्र सेन्सिकन	ग सोफ्टवेर अले वेशहोस्टीय इंपनी, फानवी, करेर इंपनी, ई वेत्सर.	3000/-
30	 व्युटी ओन्ड वेलनेस 	दिल गन्डस्टीत भेडमप यातीस्ट,ज्युटी बेशमीस्ट, वेलनेस सेन्टर, देशन व्युटीसम्	3000/-
7		ਗੀਗ ਬਕਾਣੂਨਟਟ, ਗੀગ ਬੈਟਪੀਟਟ, ਗੀਮ ਐਂਟਕਸ਼ਮਟ, ਗੀਗ ਵਪੋਵਗਰੀਟਟ, ਗੀਗ ਟੀਕਟ, ਜਟਤਜ਼ਰੀ, ਸਭਯੋਟ ਜ਼ਾਵਟੀਟਬੁਟ, ਜੋਬਣੀਖੋਥੀ ਮੋਟਰਿਜ	3000/-
w		ફેશન ડીઝાઇનીંગ એન્ડ ટેલરીંગ ટેક્સ્શંલ ડીઝાઇની, ફેશન સ્ટાઇલ્સેસ્ટ, ફેશન લ્ટોગર	3000/-

डोईपए। वयनी व्यक्ति सहर डोर्समां प्रवेश मेणवी शडे छे.

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E-mail - nrinhmnatel@smail.com



website :www.mpedusocikadi.org

(Managed by M.P.Shah Education Society, Kadi) NAAC ACCREDITED "B" GRADE (2.48 CGPA)

Email: mmsmac@yahoo.com

Ref. No. 9-2000-21

Date: 17/6/2020

Circular

This is to inform you all Faculty that the IQAC of the college organizes one Year Diploma in Vocation on Banking on 22st June 2020 30 April 2021All Students of the college are hereby directed to attend the same.

Smt. M.M. Shah Mahila Arts Coilege Kadi- (N.G.) -382715

To,

- 1. All Teaching Staff of the College
- 2. Notice Boards
- 3. Circulation in Classrooms
- 4. Guard File

Smt. M. M. Shah Mahila Arts (

Kalol Road, Nr. Petrol Pump, Highway, KADI-384 440 (North Gujarat) India (Managed by M.P.Shah Education Society, Kadi) website:www.mpedusocikadi.org

NAAC ACCREDITED "B" GRADE (2.48 CGPA)

Email: mmsmac@yahoo.com

- 2020-21

Date: 26 6 20 20

Invitation Letter

To,

Viral Kanudavala

Professor Law College

Dear Sir

We are pleased to invite you to be the speaker at Diploma in Vocation to be held on 22june 2020 to 30 April 2021 From 2:00 p.m to 4:00 p.m. We hope you would be able to fit this event in your busy schedule. We look forward to a positive to a positive Respone.

Thanking you,

Dr. Hina.M.Patel Principal

> Smt. M.M. Shah Mahila Arts College Kadi- (N.G.) -382715

Smt. M. M. Shah Mahila Arts

Kalol Road, Nr. Petrol Pump, Highway, KADI-384 440 (North Gujarat) India (Managed by M.P.Shah Education Society, Kadi) website :www.mpedusocikadi.org NAAC ACCREDITED "B" GRADE (2.48 CGPA)

Email: mmsmac@yahoo.com

Ref. No. -2020-R Date: 20/6/2020

To. Viral Kanudavala Professor Low College

Dear Sir,

I would like to take this opportunity to express my heartfelt thanks to you for your very active participation as a speaker in Diploma in Vocation to be held on 22june 2020 to 30 April 2021 From 2:00 p.m to 4:00 p.m. The Trustees and our whole staff of Smt. M. M. Shah Mahila Arts College, Sincerely Appreciate for your efforts in supporting this important undertaking.

Your skill in talking about different angles of the subject was Banking appreciated. Our all the participants benefited from this Course. Please accept our appreciation for such a commendable job, and hope to get a chance to hear such speeches from you in future also. Thankful to you for giving your valuable time.

Thanking you

Smt. M.M. Shah Mahila Arts College Kadi- (N.G.) -382715



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Kalol Road, Nr. Petrol Pump, Highway, KADI-384 440 (North Gujarat) India (Managed by M.P.Shah Education Society, Kadi)

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website:www.mpedusocikadi.org

Email: mmsmac@yahoo.com

Ref. No. P - 2020 - 21

Date: 00 8 202 D

Invitation Letter

To,
Dr.Hina.M.Patel
Principal
Maniben M.P.Shah Mahila Arts College Kadi

Dear Sir

We are pleased to invite you to be the speaker at Diploma in Vocation to be held on 22june 2020 to 30 April 2021 From 2:00 p.m to 4:00 p.m. We hope you would be able to fit this event in your busy schedule. We look forward to a positive to a positive Respone.

Thanking you,

Dr. Hina.M.Patel Principal

> Smt. M.M. Shah Mahila Arts College Kadi- (N.G.) -382715

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website:www.mpedusocikadi.org NAAC ACCREDITED "B" GRADE (2.48 CGPA)

Ref. No. P - 2020 - 21

Date:

206 2020

To,

Dr.Hina.M.Patel

Principal

Maniben M.P.Shah Mahila Arts College Kadi

Dear Madam.

I would like to take this opportunity to express my heartfelt thanks to you for your very active participation as a speaker in Diploma in Vocation to be held on 22june 2020 to 30 April 2021 From 2:00 p.m to 4:00 p.m. The Trustees and our whole staff of Smt. M. M. Shah Mahila Arts College, Sincerely Appreciate for your efforts in supporting this important undertaking.

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Thanking you

Smt. M.M. Shah Mahila Arts College Kadi- (N.G.) -382715

SWIE, M.MISHAH MAHILA ARTS COLLEGE, KADI Diploma in Vocation B.voc 2020-21

Day	Time	Course	Class room	Faculty
Monday	1:00 to 4:00	1:00 to 4:00 Beauty & wellness	20	Dalwadi Saraswati.D
-				
Tuesday	1:00 to 4:00 Banking	Banking	12	Dr.Hina.M.Patel & Viral Kanudavala
Wednesday	1:00 to 4:00	1:00 to 4:00 Fashion Designing & Tailoring	11	Halima & Jagruti Vaghela
Thursday	1:00 to 4:00	1:00 to 4:00 Yoga Fitness & Naturopathy	Sports Room	Akshay bhai
Friday	1:00 to 4:00	1:00 to 4:00 Web desiging & Animation	14(Computer Lab)	14(Computer Lab) Amarsinh Parmar & Pooja Raval

IQAC Co-ordinator Sing

Phincipal Sing Smt. M.M. Shah Mahila Arts College Kadi- (N.G.) -382715

UGC-MHRD APPROVED SKILL BASED DEVELOPMENT COURSES MANIBEN M.P. SHAH MAHILA ARTS COLLEGE, KADI STUDENT LIST 2020-21 ADMISSION IN BANKING

DESAI VAGHAJIBHAI BALDEVBHAI KARNIK PARAS PRABHAKAR MEMAN FARAHINBANU RAFIKBHAI PATEL JAGRUTIBEN NARASINHBHAI PATEL SANDIPKUMAR AMBALAL PRAJAPATI CHINTAN BHARATBHAI PRAJAPATI HINABEN KANUBHAI PRAJAPATI HINABEN NARANBHAI SOLANKI ASHABEN NARANBHAI SOLANKI ASHABEN NARANBHAI SONI MILANKUMAR LABHCHANDRA THAKOR VARSHABEN ISHVARBHAI DESAI NEETABEN GOSWAMI DHARMIKGIRI JAGDISHGIRI GOSWAMI DHARMIKGIRI JAGDISHGIRI KORI ARUNKUMAR CHANDRASHEKHAR SHAH DHAVAL KUMAR CHIMANLAL SHAH DHAVAL KUMAR CHIMANLAL

B.Voc programme Syliabus

Subject: Meeting, conference and event planner Level 5

S. No.	Details	
1	THC/N4401 Introduction to Meeting, conference and event planning > overview of the event industry > Skills required for an event planner > Different types of events: • religious, musical, sporting, personal and private, political and government, commercial and business, corporate, special events and leisure events	
2	THC/N4401 What customers Welcoming the customers Understanding customers demand and clients needs regarding the dates, location and type of event/conference/meeting Understand the purpose of the event/conference/ meeting Identifying the target audience for whom the event/conference/meeting is held Understanding the budget constraint from the customers Type of allied services required like catering, accommodation, provision of stalls, registration counters etc. Identifying the audio visual requirements Understanding the type of stage and set up and Entertainment services required Creation of a draft budget and estimating the costs as per customer requirements and expectations Provision of rough estimate to customers Offering various suggestions to the customers to help them decide on their needs Handling enquiries from other customers	

Communicating with the event team for any changes	
> Supervising the event preparation	
Inspection of the facilities after the set up and design	
Confirmation of the planned arrangements with the client	
THE INVALAGE CHART (conference / meeting implementation and evaluation	
> Planning for event marketing	
> Budgeting for the event with estimated costs	
company policy	
> Planning for approvals, licenses and insurances	
regarding the event	
Communicating with the event team and colleagues in the company	
> Creation of an event team which will support the event planner	
improving and adding on to the customer requirements and expectations	
Suggesting innovative and creative ways of planning the event by	
constraints from the other stakeholders that affect the event	
Planning an event proposal Communicating with the customer about the	
Conducting a feasibility study for the viability of the event	
conference/ meeting according to customer requirement	
Collecting relevant data from all the key areas that support the event/	
company policy for developing event/conference/ meeting	
Setting specific benchmarks / standards according to event management	
> Understanding the theme of the event	
> Identifying the aims and objectives presented by the clients for the event	
THE (NAME) Event planning	
Planning the budget sheet, costing for all services	
> Inspection of facilities and logistics	
> Coordination with the customer service staff	
> Arranging for media if required	
> Arranging for security, car parking, valet parking if required	
material	
Arranging for registration signs, badges, presentation and support	
Sending invitations to guests Literatifying accommodation, extering, audio visual requirements	
> Identifying the target market	
THC/N4402 Conference/ meeting organising	
The state of the s	
services required	
Understanding the needs of the customer in relation to the support	
 Creating a contract with the customer listing all the requirements 	
> Collecting resources based on requirement	
> Identifying the purpose of the conference/ meeting	
	Collecting resources based on requirement Creating a contract with the customer listing all the requirements Understanding the needs of the customer in relation to the support services required THC/N4402 Conference/ meeting organising Identifying the target market Sending invitations to guests Identifying accommodation, catering, audio visual requirements Arranging for registration signs, badges, presentation and support material Arranging for security, car parking, valet parking if required Arranging for media if required Arranging for media if required Coordination with the customer service staff Inspection of facilities and logistics Planning the budget sheet, costing for all services THC/N4403 Event planning Identifying the aims and objectives presented by the clients for the event Understanding the theme of the event Setting specific benchmarks / standards according to event management company policy for developing event/conference/ meeting Collecting relevant data from all the key areas that support the event/conference/ meeting according to customer requirement Conducting a feasibility study for the viability of the event Conducting a feasibility study for the viability of the event Suggesting innovative and creative ways of planning the event by improving and adding on to the customer requirements and expectations Creation of an event team which will support the event planner Communicating with the event team and colleagues in the company regarding the event Planning for approvals, licenses and insurances Planning for approvals, licenses and insurances Planning for approvals, licenses and insurances Planning for event sponsorship if required THC/N4404 Event/conference/ meeting implementation and evaluation Confirmation of the planned arrangements with the client Inspection of the facilities after the set up and design

	Preparation of checklists to see if the event is progressing as scheduled					
	➤ Record the details of the events for future reference					
	➤ Supervise the closing activities					
	➤ Coordinate with the cleaning team					
	> Collect the payment from the client					
	> Collect feedback from the customer					
	➤ Handling customer complaint					
	> Making a report of the event for company	4				
3	THC/N9901 Communicating with customers, superiors and colleagues	4.				
	> Identify customer needs by asking questions					
	Have good knowledge on product and services and brief the customer clearly on them in a polite and professional manner					
	> Build friendly but impersonal relationship with the customers					
	Use appropriate language and tone and listen actively					
	➤ Show sensitivity to gender/cultural and social differences					
	> Understand customer expectations and provide appropriate product/services					
	Understand customer dissatisfaction and address their complaints					
	Maintain proper body language and dress code					
	> Communicate clearly and effectively with the guest					
	> Inform the customers on any issues and developments involving them					
	Respond back to the customer immediately					
	> Up selling/promoting suitable products and services					
	> Seek feedback from customers					
	70 PRANCE TO THE TOTAL CONTROL OF THE TOTAL CONTROL					
	Explain terms and conditions clearly					
	Use appropriate titles and terms of respect Handle customer erievances professionally					
	> Handle customer grievances professionally					
	 Offer friendly, courteous and hospitable service to the customers 					
	> Provide assistance with sincere attitude					
	➤ Achieve 100% customer satisfaction					
	➤ Receive job order and instructions from reporting superior					
	Escalate unresolved problems or complaints to relevant superior					
	> Understand work output requirements, targets, performance indicators					
	and incentives					
	> Deliver quality work and report anticipated delays with reason					
	> Document the completed work					
	Show trust, support and respect to all colleagues and assist them with information and knowledge					
	> Try to achieve smooth overflow					
	and the second s					
	them					
	Seek assistance from colleagues when required					
	> Pass on essential information to colleagues in a timely manner					
	Behave responsibly and use polite language with colleagues					
	> Interact with colleagues from different functions to understand their					
	nature of work					
	To understand teamwork, multi tasking, co-operation, co- ordination and collaboration					

	➤ Lookout for any errors and help colleagues to rectify them	
9	THC/N9902 Customer centric and Service quality requirements	
	 Understand target customers, their profiles and needs 	
	Build good rapport with the customer	
	> Understand the market trends	
	> and customer expectations by discussing the same with frequent	
	customers	
	> Seek feedback and rating from customer	
	 Use customer oriented behaviour to gain loyalty and satisfaction 	
	> Be friendly but not familiar with guest	
	> Ensure fair and honest treatments to customers	
	> Enhance company's brand value	
	> Read customer expectations and ensure they are met	
	> Readily accept and implement new ideas to improve customer satisfaction	
	> Communicate customer feedback to superior	
	> Offer promotions to improve product satisfaction	
	> Consult with senior on unscheduled customer requests	
10	THC/N9903 Business etiquettes	
	Greet, welcome and address the customer appropriately Maintain pitch and tone of voice while speaking to customers	
	and transparency in pricing	
	Answer the telephone Communicate appropriately with the customer Dress professionally	
	The first of the second of the	
	Maintain personal integrity and ethical behaviour Maintain personal grooming and positive body language	
	> Demonstrate responsible and disciplined behaviour	
	Escalate grievances to appropriate authority	
11	Achieving customer satisfaction by hospitable conduct	
**	Use appropriate titles and terms of respect	
	to a second administrationally	
	a second burning to the customers	
	Offer friendly, courteous and hospitable service to the customers Provide assistance with sincere attitude	
	> Achieve 100% customer satisfaction	
	> Understand customer loyalty and brand value	
12	THC/N9904 Services and facilities specific to age / gender / special needs	
	> Educate tourists, employers and colleagues at work place on women's	
	rights	
	 Ensure that the customer feels safe 	
	> Be aware of customer unique needs	
	 Know the facilities and services specific to gender and age 	
	> Co-ordinate with team to meet these needs	
	Educate customers about entertainment programs for children, basic	
	safeguard procedures for senior citizens	
	satinguard procedures for serior crossingly by senior citizens	
	> Arrange for transport and equipment as required by senior citizens	
	➤ Understand availability of medical facilities/doctor	
	Understand women rights and company's polices regarding them	
	 Know special facilities available for women colleagues and customers 	
	Inform about methods to ensure safety and security of women	
	> Provide comfortable and safe environment for female customers	Page

	> Maintain compliant behaviour etiquette while dealing with women	
	> Treat women equally and avoid discrimination	
	Ensure safety and security of female colleagues and customers at all levels	-
	 Establish policies to protect women from harassment 	- 1
	➤ Involve women in decision making process	
13	THC/N9905 Ethics, policies and confidentiality of customer	-
	Understand company policies	
	Understand company products and services	
	Understand the human resource policies of the company	
	Know the roles and responsibilities of the hierarchy and the reporting	
	structure	
	> Understand the customer profiles	
	> Understand the competition	
	Know about the grievance procedures of the company	
	➤ Ensuring maintenance of company customers records	
	> Understanding the ethics and code of conduct of the company	
	> Ensuring safe business practices to be followed by all staff and	
	management	- 1
	> Follow ethics policy of the company	
14	THC/N996 Health and Hygiene	
	> Keep the workplace clean	-
	> Identify waste and ensure its disposal	
	> Ensure waste bins are cleared everyday	1 1 1 1 1 1
	> Point out requirements for pest control	100
	 Ensure work place has fresh air supply and sufficient lighting 	1 7 10
	> Ensure maintenance check of air conditioners and other mechanical	1000
	equipment in the department	100
	 Ensure adequate supply of cleaning consumables Hand wash procedure 	
	Understand personal hygiene Understand dental hygiene	
	> Understand cross contamination and how to prevent it	
	➤ Report on personal health issues	
	 Ensure procedures such as covering the mouth and turning away from 	
	people while coughing and sneezing	
	➤ Maintain availability of clean drinking water	
	➢ Get appropriate vaccinations regularly	
	 Undergo preventive health check up and treat all illnesses promptly 	

Course Curriculum for B.Voc. in Financial Market and Services

Introduction: - Colleges have started adopted Skill based education and degree courses As per the same, the course curriculum is a combination of Skill Component Credits and General Education Credits. The curriculum and assessments for the Skill Component Credits are to be offered by the Sector Skill Council. The Skill Component comprises of 60 % of the Credits and assessment process. Under the UGC guidelines for credit calculations, one credit would mean equivalent of 15 periods of 60 minutes each or 15 hours. The Skill Credit Component should be 36 credits or equivalent to 540 hours during the entire year. This document, seeks to outline the course content for such 36 credits.

Broad Course Outline - Skills

Course Name: B.Voc. in Financial Market and Services

Year	Semester	Course Name	Hours/Equivalent	NSQF	Evaluation
-		CONTRACTOR OF THE PARTY OF THE	Hours/Credits	Level	Responsibility
1	1	Business Correspondent	120 (8)	4	SSC
1	1	Mutual Fund Agent	240 (16)	4	University/ College
1	2	Dealer - BFSI	180 (12)	5	SSC
	THE RES	Total Year 1	540 Hours		THE PERSON NAMED IN
2	1	Financial Inclusion Officer	240 (16)	6	SSC
	2	Compliance Officer	120 (8)	6	University/ College
	2	Practical Training 360 Hours	180 (12)	6	Covered in Viva
		Total Year 2	540 Hours	11000	THE RESERVE TO SERVE
3	1	International Trade Finance	150 (10)		SSC
	1	Practical Training 240 Hours	120 (8)	7	Covered in Viva
	2	Credit Administration and Monitoring Manager	120 (8)		University/ College
	2	Practical Training 300 Hours	150 (10)	6	Covered in Viva voca
	1000	Total Year 3	540 Hours	S SOUTH	The second second

Detailed Curriculum Skills for B.Voc. in Financial Market and Services

Year 1 - Semester 1 - Banking Correspondent

Sr. No.	Module	Key Learning Outcomes
01	Basics of banking, types of banking Accounts, Interest Rates.	 Understanding what is banking, history, types of banks in India. Appreciate role of banks in the economy, the importance of trust. Get an overview of banking functions-Intermediary, payment mechanism, financial services. Understand the difference between different types of deposits in the Bank. Understand different interest rates for different products in in the bank.
02	Know your customer Documents and Procedures	 Understand what KYC is. Identify what documents are required for KYC. State alternatives in case certain documents are not available.
03	Form Filling-Manual and Electronic	➤ Understand various forms. ➤ Be able to fill various forms independently.
04	Account Opening Process	 Facilitate account opening, filling up of forms, KYC formalities. Facilitate filling up of loan application forms and submission of necessary documents Facilitate opening of fixed deposits, advice regarding micro insurance and investment products. Handle queries, follow up to resolve complaints. Coordinate for submission of documents, verification, and account opening. Communicate account details to the customers, handover deliverables like smart card/debit card.
05	Cheque acceptance and pay-in-slip process	Understand what a cheque is. Know dos and don'ts of cheque. Understand validity of cheque and what makes a cheque invalid. Know how to fill a pay in slip. Identify errors and mistakes in filling a pay in slip.
06		Understand Digital Banking. Be aware of what services can be available online. Learn how to navigate various websites of banks.
07	AND A STATE OF THE PARTY OF THE	Know rules and regulations around wallets.

		 Be able to transfer money to wallets Be able to transfer money from wallets to bank accounts. Be able to make payments from wallets. Be able to receive payments from wallets. Understand UPI and BHIM. Be able to operate and use UPI and BHIM.
08	Understanding NEFT/ RTGS	 Know what is NEFT, RTGS and IMPS. Know the limits and timelines around each of the above. Should be able to use each of the above independently.
09	Risks in Online Banking	 Know about the risks in online banking. Use of passwords, strong passwords, weak passwords. Know why passwords should not be shared. Understand the practices of phishing and vishing. Be aware of what data to disclose on a phone and what not to disclose.

Year 1 – Semester 1 – Mutual Fund Agent

Sr. No.	Module	Key Learning Outcomes
01	Basic of Mutual Funds	 Know the basics of stock markets & market instruments. Understanding of mutual funds and structures of funds in India. Understand the evolution of mutual funds in India and the status of the Industry. Understand the role, rights and duties of unit holders / trustees / sponsors / custodians / banks / auditors / fund accountants. Learn the advantages & disadvantages of investing in mutual funds.
02	Legal and Regulatory Environment	 Understand the structure of mutual funds in India. Know the role of sponsor, trustee and AMC. Understand the role of AMFI and SEBI in the mutual fund industry.
03	Offer Document	 Understand the components of offer document – SID SAI and KIM. Learn about risk-o-meter. Learn why is it an important document from an investor's perspective. Learn the AMFI code of ethics.
04	Know your Customer	Know the meaning of KYC.

05	Form Filling- Manual and Electronic	 Understand the Role of KRA's. identify what documents are required for KYC. identify how to do KYC for minors and NRI's. Learn about FATCA and implications. Know who can invest without KYC. How to fill a form online or offline. Be aware of time stamping and cut-off time. Which is the mandatory information to be filled in
06	Investing in a Fund	 Know the official point of acceptance for the forms. Know about the cut-off time for different funds. Learn the different modes of payment – ECS, bank mandate, cheque and cash. Understand the meaning of investor folio and statement of account Know the meaning of units and learn how they are calculated. Understand NAV and how to calculate NAV. Learn how to redeem the mutual fund units. How to invest through an agent or distributor.
07	Different Modes of Investing	How to invest through an agent of How to invest online. How to transact through mobile phone. Learn how to invest through power of attorney. Understand what you mean by investing through third party. Know the different types of funds in India
08	Types of Funds	Open ended and close ended funds Active Funds and Passive Funds Growth Fund and Income Funds Equity Funds Debt Funds Hybrid Funds Interval funds Uquid funds Sectoral funds Sectoral funds Balanced funds ELSS funds ETF Thematic funds
09	9 Systematic Transactions	 Know about systematic investing. What are the advantages of investing in a SIP. Learn how to start an SIP. Understand the difference between lump sum investment and SIP. Get aware about the SIP Top-up facility. Understand the meaning of SWP and STP. What are the advantages of SWP and STP.

	Measuring risk and return of a fund	 Learn about the micro-SIPs. Learn how to calculate various kinds of returns, such as simple, annualized and compounded returns. Understand the different types of risks in mutual funds. Learn various methods to compute risk – standard deviation, beta, alpha. Learn the different concepts related to risk-adjusted fund performance. Know the steps in selecting different types of
11	Scheme Selection	 Learn to evaluate the portfolio and know about the investment strategy.
12	Valuation and Taxation	Know the tax implications of the investors and AMC AMC AMC AMC AMC AMC AMC AM
13	Financial Planning and Asse Allocation	in terms of money required and the planning. Know about financial planning. What are the objectives and role of the financial planning? Learn the steps in financial planning. Know about the different stages of life cycle and wealth cycle of an investor. What is the meaning of asset allocation Understand the importance of asset allocation and different stages of life.
14	4 Recommending Model Portfolio	 Understanding the risk profit of all the profit of all the profit of all the portfolios. What is the difference between strategic an tactical asset allocation. Know the steps in creating the model portfolio.

Year 1 - Semester 2 - Dealer- BFSI

Sr.	Module	Key Learning Outcomes
No. 01	Basic of Equity markets and Instruments	 Understand what is Stock markets & market instruments. Appreciate role of stock markets in the economy, the importance of regulator (SEBI). Get an overview of primary and secondary markets Understand the difference between trading account and demat accounts. Understand the role of brokers and process of membership in equity Markets.
02	Know your Customer Documents and procedures	 Understanding what is KYC. Identify what documents are required for KYC. State alternatives in case certain documents are not available.
03	Form Filling- manual and Electronic	 Understand various forms – trading a/c and demat a/c Be able to fill various forms independently
04	Trading Terminal	 Understand and learn how to use the trading terminal. Learn how to create a market watch. Learn how to execute buy and sell transactions. Know how to check the order book. Understand how to check demat holding statement. Learn to practice technical analysis and fundamental analysis.
05	Punching orders on the terminal	 Understand types of order entries. Learn short cuts of the trading terminal. Know how to place orders and give confirmations.
06	Clearing and settlement procedures and pay-in payout obligations	 Understanding role of the clearing house and its members. Be aware of method of pay in and payout obligations. Learn how process pay-in and pay-out requests.
07	Rules and Regulations for Demat Accounts	
80	Understanding Client Positions and Create reports	 Know what the client's position is. Know the method of creating reports.

		Should be able to interpret reports and client position.
09	Risks in Equity Markets	 Know about the risks in equity markets. Understand the methods of reducing risks. Be aware of human error risk and ways of resolving it.
10	Review client portfolio and advising on changes	 Learn how to review client portfolios. Know how to help them make changes. Practice how to make model portfolios. Help your client make a well diversified portfolio.

Year 2 - Semester 2 - Financial Inclusion Officer

Sr. No.	Module	Key Learning Outcomes
01	Finance life Cycle	 Understand concepts of Income, Savings and Consumption. Understand the importance of Savings. Understand the difference between savings and investments.
02	Concept of time value of Money	 Present Value, Future value, Relevance of time preference for money. Reasons for changing time value of money. Annuities. Calculations of EMI.
03	Financial Planning and Advising	 Introduction to Financial Planning. Importance of financial planning. Objectives of financial planning. Need for financial planning.
04	Tax Planning	 Personal Income Tax Rates. Personal Income Tax Deductions – Scope of Section 80 C of Income Tax Act. Instruments available for Tax Planning Insurance – Life Medical Insurance Housing Loan NPS
05	Insurance Planning	 Concept of Risk. Concept of Insurable Interest. Human Life Value. Importance of Medical insurance. Endowment Products. Money Back Products. Pension Products. Unit Linked Insurance Products.
06	Retirement Planning	Defined Benefit Plans vs. Defined Contribution Plans.

10	Preparation of a financial Plan	 Portfolio Rebalancing. Preparation of Comprehensive Financial Plan using Case studies.
09	Risk Profiling	 Identifying Customers Risk Profile. Asset allocation based on Risk Profile. Portfolio Rebalancing.
08	Asset Classes	Identifying different Asset Classes for Investments. Debt as an Asset Class. Equities as an Asset Class. Real Estate as an Asset Class. Mutual Funds as an Asset Class. Gold as an Asset Class.
07	Goal Setting	 Public Provident Fund. Employee Provident Funds. Pension Plans of Insurers. National Pension Scheme. Setting Customers Goals. Short Term, Long Term and Medium Term Goals. Vacations Marriage Buying a House Buying a Car Children's education Children's marriage Retirement Quantifying Goals

Year 2 - Semester 2 - Compliance Officer

Sr. No.	Module	
01	Introduction to Audit	 Concept of Audit. Internal Audit vs. External Audit. Statutory Audit. Responsibilities of an auditor. Duties of an auditor.
02	Internal Audit	 ➤ Concept of Internal Audit. ➤ Segregation of Duties. ➤ Maker – Checker Concept. ➤ Importance of Scoping. ➤ Concept of Sampling. ➤ Pareto Principle.
03	Information Technology Audit	 Checking Technology Dependencies. Access Control Matrix. Approval Matrix. Establishing an audit trail. Documentation and importance.
04	RBI Regulations	 Regulations on Customer acquisition. Regulations on Know Your Customer. Regulations on Wallets, Digital Accounts and Electronic modes of Payment.
05	IRDA Regulations	 IRDA Regulations on Payment of Commissions. IRDA Regulations on Projection of Returns. IRDA Regulations on Customer Acquisition.
06	SEBI Regulations	 SEBI Regulations for Mutual Funds. SEBI Regulations for Brokers. SEBI Regulations for Independent Financial Advisors.
07	Reporting Knowledge	➤ Knowledge of periodic reports to be submitted to ➤ RBI ➤ SEBI ➤ IRDA

Year 3 - Semester 1 - International Trade Finance

Sr. No.	Module	Key Learning Outcomes	
01	Analysis of Financial Statements	 Ratio Analysis. Balance Sheet Ratios. Profitability Ratios. Liquidity Ratios. Analyzing Companies using Ratios. 	
02	Types of International Finance	 Pre Shipment Finance. Post Shipment Finance. Terms and Conditions from various banks. 	
03	Letters of Credit	 What is Letter of Credit. International Norms and Conventions. Types of Letters of Credit. Parties to a Letter of Credit. 	
04	Documentation in International Trade	 ➢ Bill of Lading. ➢ Insurance. ➢ Concept of High Seas. ➢ Pricing conventions interpretation – FOB etc. 	
05	Types of Working Capital Requirements in International Trade Finance	 Letter of Credit Facility. Letter of Credit Discounting. Bill Discounting. Margins and Settlement. 	
06	Foreign Exchange	 Theories of Foreign Exchange. Foreign Exchange Quoting Conventions. Foreign Exchange Markets. Hedging Foreign Exchange Risk. Forward Contracts. Future Contracts. 	

Year 3 - Semester 2 - Credit Administration and Monitoring Manager

Sr. No.	Module	Key Learning Outcomes
01	Principles of Risk Management	 Risk Assessment, Risk vs. Return. Individual Risk vs. Portfolio Risk.
02	Project Assessment	 Evaluation of Project Reports. Technical Evaluation. Financial Evaluation.
03	Project Evaluation	 Calculation of internal Rate of Return. Calculation of Payback Period. Using Net Present Value to Accept / Reject a Project. Using DCF techniques to evaluate projects. Sensitivity Analysis.
04	Capital Structures	 Debt vs. Equity. Preference Shares. Evaluating Capital Structures.
05	Credit Risk Assessment and Monitoring	 Using Ratio analysis to judge health of a customer. Assigning a Credit Rating to a Customer.
06	Defining and Monitoring Non- Performing Assets	and the world with a short Philade

Guidelines for Colleges / universities for development of curricula & Assessment Criteria and Norms in lines with UGC guidelines:

Curricula Development:

The curriculum in each of the semester/years of the programme(s) will be a suitable mix of general education and skill development components. The General Education Component shall have 40% of the total credits and balance 60% credits shall be of Skill Component.

Skill component of the programmes/courses shall be employment oriented. The institutions shall offer programmes/courses in domain areas which have significant demand in the job market. The institutions, based upon skills Gap analysis report published by the NSDC, Sector Skills Councils, Government agencies etc, may decide specific Job Role(s) to be embedded in curriculum. The exit profiles of the learners at different levels i.e. Certificate / Diploma / Advanced Diploma / BVoc Degree should be clearly defined in output terms.

The curriculum should be aligned to Qualification Packs (QPs) / National Occupational Standards (NOSs) of selected job role(s) within the industry sector(s). This would enable the students to meet the learning outcomes specified in the NOSs. If a progressive QP is not available in the concerned trade by the SSC, the relevant entrepreneur/occupational role may be incorporated with well-defined duties and work standards identified with industry partners through proper consultation with the experts in the field.

For skills component, the model curriculum developed by the concerned Sector Skill Councils, wherever available, may be adopted. Wherever the curriculum is not available, the same may be developed in consultation with the relevant Sector Skill Councils. While doing so, the institutions may work towards aligning the curriculum with the National Occupational Standards being developed by the respective Sector Skill Councils. This would promote national and global mobility of the learners, as well as higher acceptability by the industry for employment purposes.

The overall design of the skill development component along with the job roles selected should be such that it leads to a comprehensive specialization in one or two domains.

In case, NOS is not available for a specific area / job role, the university/college should get the curriculum for this developed in consultation with industry experts such as SSC. The curriculum should also focus on work-readiness in terms of skills in each of the three years. Adequate attention needs to be given in curriculum design to practical work, on the job training, development of student portfolios and project work.

The practical / hands-on portion of the skills component of the curriculum shall be transacted in face to face mode. The skill component of these programmes will conform to the QPs/NOSs and the general education component will conform to the university norms.

Assessment:

The Skill component of the course will be assessed by the Sector Skill Council. The institutions offering B.Voc degree programmes will adopt and integrate the guidelines and recommendations of the respective Sector Skill Councils (SSCs) for the assessment and evaluation of the skill vocational component.

The percentage for passing of assessment for any job role of any semester will be 50% for assessments conducted by BFSI Sector Skill Council of India. This is in line to assessment criteria for all skill development schemes of the Government of India

Letter Grades and Grade Points applicable to all assessments conducted by SSC across all levels and awards

1100	Grade Point	Marks Scored
Letter Grade		96-100
O (Outstanding)	10	86-95
A+ (Excellent)	9	76-85
A (Very Good)	8	71-75
B+ (Good)	7	61-70
B (Above Average)	6	55-60
C (Average)	5	50 -54
P (Pass)	4	Below 50
F (Fail)	0	Not appeared
AB (Absent)	0	1401 opposit

A student obtaining Grade F and Ab shall be considered failed and will be required to reappear in the examination.

The skill component would be taken as one of the course component in calculation of SGPA and CGPA with given credit weightage at respective level.

Role of SSC in Assessment and Certific dens

The SSC will also conduct assessment for skill component on mutually agreed dates as per the previously shared performance and assessment criteria based on Curriculum framed for the programme at different levels. The SSC will declare Pass/Fail as per predefined assessment criteria and will also provide performance grades to those who passed as per the table above along with level certification either singly or jointly with the institution.



Smt. M. M. Shah Mahila Arts College

Kalol Road, Nr. Petrol Pump, Highway, KADI-384 440 (North Gujarat) India (Managed by M.P.Shah Education Society, Kadi)

website:www.mpedusocikadi.org

NAAC ACCREDITED "B" GRADE (2.48 CGPA)

Email: mmsmac@yahoo.com

Ref. No. P-2020-21

Date: 30 20 5 202

Exam Notice

Date:

This is to inform you all that the IQAC of our college is organized Bachelor of Vocation Examination the detail of course is as under.

1. Name of course: Diploma in Vocation

2. Duration of course: 1 Year

3. Name of Exam: Banking

4. Date of Exam: 261312021

5. Timings of Exam: 02 hours

6. Place of Exam: Class Room No :11 Smt.M.M.Shah Mahila Arts College

All participants will get certificate after completion of course.

Name: Descri Vac HAJIBhai BalDerkhii

Smt. M.M.Shah Mahila Arts College, Kadi

Diploma in Vocation in Banking

Total Marks: 70 Date: -25/3/2021 Time: 12:00 to 01:00



What does ATM stand for?

- o A) Automatic Teller Machine
- B) Automated Teller Machine
- o C) Automatic Transaction Machine
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- Which of the following is not a type of deposit account?

- o A) Savings Account
- B) Current Account
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- D) Mutual Fund Account

What is the primary function of a commercial bank?

- o A) Issuing currency
- Providing loans
- o C) Collecting taxes
- D) Regulating the economy

What does NEFT stand for?

- 6 A) National Electronic Funds Transfer
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Which of the following is a negotiable instrument?

- A) Fixed Deposit Receipt
- o B) Cheque
- o C) Debit Card
- D) Credit Card

Which organization regulates the banking sector in India?

- A) Reserve Bank of India (RBI)
- o B) State Bank of India (SBI)
- o C) Ministry of Finance
- D) Indian Banks' Association

17. What is the full form of FD in banking?

- A) Fixed Deposit
- o B) Future Deposit
- o C) Final Deposit
- D) Flexible Deposit

8. What is the primary objective of the Basel III norms?

- A) To improve customer service.
- B) To increase banking profitability
- C) To strengthen the regulation, supervision, and risk management of banks
- D) To expand banking networks

9. Which of the following is a type of electronic banking? o A) Branch banking B) Mobile banking o C) Relationship banking D) Merchant banking 10. Which is the largest commercial bank in India by assets? A) ICICI Bank B) HDFC Bank C) Punjab National Bank No D) State Bank of India 11. What does KYC stand for in banking? A) Know Your Customer B) Keep Your Customer c C) Know Your Credit D) Keep Your Credit. 12. Which act governs the functioning of banks in India? A) Companies Act, 1956 o B) Banking Regulation Act, 1949 C) Negotiable Instruments Act, 1881 o D) Reserve Bank of India Act, 1934 13. What is the maximum limit of the amount insured by DICGC per depositor per bank? o A) ₹1 lakh a B1₹2 lakhs (C) 25 lakhs D) ₹10 lakhs 4. Which of the following is an asset for a bank? A) Customer deposits BTLoans given to customers C) Interest paid on deposits D) Operating expenses 15. Which bank is known as the "banker's bank"? o A) Central Bank of India B) Reserve Bank of India o C) State Bank of India D) Bank of Baroda Which of the following is a feature of a savings account? A) High-interest rate B) Fixed maturity period eTLimited number of transactions D) Large minimum balance requirement 17. What does IFSC stand for? A) International Financial System Code B) Indian Financial System Code C) Interbank Financial Settlement Code D) Internal Finance Settlement Code

18. Which financial product offers life insurance coverage? a A) Fixed Deposit B) Recurring Deposit co_G) Term Deposit o D) Life Insurance Policy 19. What is the full form of EMI in banking terms? A) Equated Monthly Installment B) Estimated Monthly Income o C) Equal Monthly Investment D) Earned Monthly Interest 20. Which type of account is primarily used by businesses? o A) Savings Account o B) Current Account o C) Recurring Deposit Account D) Fixed Deposit Account 21. Which of the following is a primary market activity? A) Buying shares in the stock market B) Issuing new bonds C) Trading in derivatives D) Buying government securities 22. What does RTGS stand for? A) Real Time Gross Settlement B) Real Time General Settlement C) Real Time Government Settlement D) Real Time Gross System hich of the following is a retail banking service? A) Corporate loan B) Foreign exchange trading CyPersonal loan D) Investment banking hat is the main purpose of a bank reconciliation statement? To reconcile the bank's cash balance with the cash book B) To calculate interest on deposits C) To prepare a budget D) To audit the bank's financial statements Which financial institution is primarily responsible for providing long-term loans for infrastructure projects? A) Commercial banks B) Regional Rural Banks -Cy Development Banks D) Cooperative Banks 26. What does ATM stand for? A) Automatic Teller Machine B) Automated Teller Machine C) Automatic Transaction Machine D) Automated Transaction Machine Which of the following is not a type of deposit account? A) Savings Account B) Current Account C) Recurring Deposit Account

28. What is the primary function of a commercial bank? A) Issuing currency B) Providing loans C) Collecting taxes D) Regulating the economy 29. What does NEFT stand for? A) National Electronic Funds Transfer B) National Electronic Financial Transaction o C) National Electronic Finance Transfer D) National Electronic Fund Transaction Which of the following is a negotiable instrument? A) Fixed Deposit Receipt (D) Cheque o C) Debit Card D) Credit Card Which organization regulates the banking sector in India? A) Reserve Bank of India (RBI) B) State Bank of India (SBI) o C) Ministry of Finance D) Indian Banks' Association What is the full form of FD in banking? A) Fixed Deposit B) Future Deposit o C) Final Deposit D) Flexible Deposit 33. Which is the largest commercial bank in India by assets? A) ICICI Bank B) HDFC Bank C) Punjab National Bank By State Bank of India What does KYC stand for in banking? La-A) Know Your Customer B) Keep Your Customer o C) Know Your Credit D) Keep Your Credit 35. Which act governs the functioning of banks in India? A) Companies Act, 1956 B) Banking Regulation Act, 1949 C) Negotiable Instruments Act, 1881 D) Reserve Bank of India Act, 1934

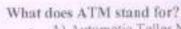
KANIK Paols Porabhablar

Smt. M.M.Shah Mahila Arts College, Kadi

Diploma in Vocation in Banking

Total Marks: 70 Date: -25/3/2021 Time: 12:00 to 01:00





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ME MAN Farahimbany ROAKbhui

Smt. M.M.Shah Mahila Arts College, Kadi

Diploma in Vocation in Banking

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68

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What is the full form of FD in banking?

- A) Fixed Deposit
- o B) Future Deposit
- C) Final Deposit
- D) Flexible Deposit

What is the primary objective of the Basel III norms?

- A) To improve customer service
- B) To increase banking profitability
- O To strengthen the regulation, supervision, and risk management of banks
- o D) To expand banking networks

Which of the following is a type of electronic banking? A) Branch banking B) Mobile banking o C) Relationship banking D) Merchant banking Which is the largest commercial bank in India by assets? A) ICICI Bank B) HDFC Bank c C) Punjab National Bank e-D) State Bank of India What does KYC stand for in banking? ATKnow Your Customer o B) Keep Your Customer o C) Know Your Credit o D) Keep Your Credit 2. Which act governs the functioning of banks in India? A) Companies Act, 1956 (a-B) Banking Regulation Act, 1949 C) Negotiable Instruments Act, 1881 D) Reserve Bank of India Act, 1934 What is the maximum limit of the amount insured by DICGC per depositor per bank? o A) ₹I lakh o B) ₹2 lakhs Lo_ET 25 lakhs o D) ₹10 lakhs Which of the following is an asset for a bank? o A) Customer deposits B) Loans given to customers C) Interest paid on deposits D) Operating expenses Which bank is known as the "banker's bank"? A) Central Bank of India B) Reserve Bank of India C) State Bank of India o D) Bank of Baroda 6. Which of the following is a feature of a savings account? A) High-interest rate B) Fixed maturity period (C) Limited number of transactions D) Large minimum balance requirement . What does IFSC stand for? A) International Financial System Code B) Indian Financial System Code C) Interbank Financial Settlement Code D) Internal Finance Settlement Code

8. Which financial product offers life insurance coverage? A) Fixed Deposit B) Recurring Deposit C) Term Deposit Di Life Insurance Policy What is the full form of EMI in banking terms? Equated Monthly Installment o B) Estimated Monthly Income o C) Equal Monthly Investment D) Earned Monthly Interest Which type of account is primarily used by businesses? A) Savings Account BTCurrent Account C) Recurring Deposit Account D) Fixed Deposit Account Which of the following is a primary market activity? A) Buying shares in the stock market B7 Issuing new bonds o C) Trading in derivatives D) Buying government securities What does RTGS stand for? A)-Real Time Gross Settlement B) Real Time General Settlement C) Real Time Government Settlement D) Real Time Gross System Which of the following is a retail banking service? A) Corporate loan B) Foreign exchange trading C) Personal loan D) Investment banking What is the main purpose of a bank reconciliation statement? 1 To reconcile the bank's cash balance with the cash book o B) To calculate interest on deposits C) To prepare a budget D) To audit the bank's financial statements Which financial institution is primarily responsible for providing long-term loans for infrastructure projects? A) Commercial banks B) Regional Rural Banks C) Development Banks D) Cooperative Banks What does ATM stand for? A) Automatic Teller Machine B) Automated Teller Machine C) Automatic Transaction Machine D) Automated Transaction Machine Which of the following is not a type of deposit account? (A) Savings Account B) Current Account o C) Recurring Deposit Account

28. What is the primary function of a commercial bank? A) Issuing currency By Providing loans C) Collecting taxes D) Regulating the economy What does NEFT stand for? A) National Electronic Funds Transfer B) National Electronic Financial Transaction C) National Electronic Finance Transfer D) National Electronic Fund Transaction hich of the following is a negotiable instrument? A) Fixed Deposit Receipt Cheque C) Debit Card D) Credit Card hich organization regulates the banking sector in India? A) Reserve Bank of India (RBI) B) State Bank of India (SBI) C) Ministry of Finance D) Indian Banks' Association hat is the full form of FD in banking? A) Fixed Deposit B) Future Deposit o C) Final Deposit D) Flexible Deposit hich is the largest commercial bank in India by assets? A) ICICI Bank B) HDFC Bank C) Punjab National Bank DyState Bank of India hat does KYC stand for in banking? A) Know Your Customer B) Keen Your Customer C) Know Your Credit D) Keep Your Credit Which act governs the functioning of banks in India? A) Companies Act, 1956 B) Banking Regulation Act, 1949 c C) Negotiable Instruments Act, 1881 a D) Reserve Bank of India Act, 1934

Smt.M.M. Shah Mahila Arts College, Kadi

Diploma in Vocation in Banking

Total Marks: 90 70

Date:-25/3/2021

Time: 12:00 to 01:00

1. What does ATM stand for?

- o A) Automatic Teller Machine
- B) Automated Teller Machine
- o C) Automatic Transaction Machine
- D) Automated Transaction Machine
- o Answer: B) Automated Teller Machine

2. Which of the following is not a type of deposit account?

- o A) Savings Account
- o B) Current Account
- o C) Recurring Deposit Account
- D) Mutual Fund Account
- o Answer: D) Mutual Fund Account

3. What is the primary function of a commercial bank?

- A) Issuing currency
- o B) Providing loans
- o C) Collecting taxes
- o D) Regulating the economy
- o Answer: B) Providing loans

4. What does NEFT stand for?

- o A) National Electronic Funds Transfer
- o B) National Electronic Financial Transaction
- C) National Electronic Finance Transfer
- o D) National Electronic Fund Transaction
- Answer: A) National Electronic Funds Transfer

5. Which of the following is a negotiable instrument?

- A) Fixed Deposit Receipt
- o B) Cheque
- o C) Debit Card
- o D) Credit Card
- o Answer: B) Cheque

6. Which organization regulates the banking sector in India?

- o A) Reserve Bank of India (RBI)
- o B) State Bank of India (SBI)
- o C) Ministry of Finance
- o D) Indian Banks' Association
- o Answer: A) Reserve Bank of India (RBI)

7. What is the full form of FD in banking?

- o A) Fixed Deposit
- o B) Future Deposit
- o C) Final Deposit
- o D) Flexible Deposit
- o Answer: A) Fixed Deposit

8. What is the primary objective of the Basel III norms?

- A) To improve customer service
- B) To increase banking profitability
- c C) To strengthen the regulation, supervision, and risk management of banks
- a D) To expand banking networks
- Answer: C) To strengthen the regulation, supervision, and risk management of banks

9. Which of the following is a type of electronic banking?

- o A) Branch banking
- o B) Mobile banking
- c C) Relationship banking
- o D) Merchant banking
- o Answer: B) Mobile banking

10. Which is the largest commercial bank in India by assets?

- p A) ICICI Bank
- o B) HDFC Bank
- o C) Punjab National Bank
- D) State Bank of India
- o Answer: D) State Bank of India

11. What does KYC stand for in banking?

- A) Know Your Customer
- B) Keep Your Customer
- o C) Know Your Credit
- D) Keep Your Credit
- Answer: A) Know Your Customer

12. Which act governs the functioning of banks in India?

- o A) Companies Act, 1956
- B) Banking Regulation Act, 1949
- C) Negotiable Instruments Act, 1881
- D) Reserve Bank of India Act, 1934
- Answer: B) Banking Regulation Act, 1949

13. What is the maximum limit of the amount insured by DICGC per depositor per bank?

- o A) ₹1 lakh
- B) ₹2 lakhs
- o C) ₹5 lnkhs
- o D) ₹10 lakhs
- o Answer: C) ₹5 lakhs

14. Which of the following is an asset for a bank?

- A) Customer deposits
- B) Loans given to customers
- C) Interest paid on deposits
- o D) Operating expenses
- Answer: B) Loans given to customers

15. Which bank is known as the "banker's bank"?

- a A) Central Bank of India
- B) Reserve Bank of India
- o C) State Bank of India
- c D) Bank of Baroda
- o Answer: B) Reserve Bank of India

16. Which of the following is a feature of a savings account?

- o A) High-interest rate
- o B) Fixed maturity period
- o C) Limited number of transactions
- D) Large minimum balance requirement
- Answer: C) Limited number of transactions

17. What does IFSC stand for?

- o A) International Financial System Code
- o B) Indian Financial System Code
- o C) Interbank Financial Settlement Code
- o D) Internal Finance Settlement Code
- Answer: B) Indian Financial System Code

18. Which financial product offers life insurance coverage?

- o A) Fixed Deposit
- o B) Recurring Deposit
- o C) Term Deposit
- o D) Life Insurance Policy
- o Answer: D) Life Insurance Policy

19. What is the full form of EMI in banking terms?

- o A) Equated Monthly Installment
- o B) Estimated Monthly Income
- o C) Equal Monthly Investment
- D) Earned Monthly Interest
- Answer: A) Equated Monthly Installment

20. Which type of account is primarily used by businesses?

- o A) Savings Account
- o B) Current Account
- o C) Recurring Deposit Account
- o D) Fixed Deposit Account
- o Answer: B) Current Account

21. Which of the following is a primary market activity?

- o A) Buying shares in the stock market
- o B) Issuing new bonds
- o C) Trading in derivatives
- o D) Buying government securities
- o Answer: B) Issuing new bonds

22. What does RTGS stand for?

- o A) Real Time Gross Settlement
- o B) Real Time General Settlement
- o C) Real Time Government Settlement
- o D) Real Time Gross System
- o Answer: A) Real Time Gross Settlement

23. Which of the following is a retail banking service?

- A) Corporate loan
- o B) Foreign exchange trading
- o C) Personal loan
- o D) Investment banking
- o Answer: C) Personal Ioan

24. What is the main purpose of a bank reconciliation statement?

- A) To reconcile the bank's cash balance with the cash book
- o B) To calculate interest on deposits
- o C) To prepare a budget
- a D) To audit the bank's financial statements
- Answer: A) To reconcile the bank's cash balance with the cash book

25. Which financial institution is primarily responsible for providing long-term loans for infrastructure projects?

- o A) Commercial banks
- o B) Regional Rural Banks
- o C) Development Banks
- o D) Cooperative Banks
- Answer: C) Development Banks

26. What does ATM stand for?

- o A) Automatic Teller Machine
- o B) Automated Teller Machine
- o C) Automatic Transaction Machine
- D) Automated Transaction Machine
- o Answer: B) Automated Teller Machine

27. Which of the following is not a type of deposit account?

- o A) Savings Account
- o B) Current Account
- o C) Recurring Deposit Account
- o D) Mutual Fund Account
- o Answer: D) Mutual Fund Account

28. What is the primary function of a commercial bank?

- A) Issuing currency
- o B) Providing loans
- C) Collecting taxes
- o D) Regulating the economy
- o Answer: B) Providing loans

29. What does NEFT stand for?

- o A) National Electronic Funds Transfer
- o B) National Electronic Financial Transaction
- o C) National Electronic Finance Transfer
- o D) National Electronic Fund Transaction
- o Answer: A) National Electronic Funds Transfer

30. Which of the following is a negotiable instrument?

- o A) Fixed Deposit Receipt
- o B) Cheque
- o C) Debit Card
- o D) Credit Card
- o Answer: B) Cheque

31. Which organization regulates the banking sector in India?

- A) Reserve Bank of India (RBI)
- B) State Bank of India (SBI)
- o C) Ministry of Finance
- D) Indian Banks' Association
- Answer: A) Reserve Bank of India (RBI)

32. What is the full form of FD in banking?

- o A) Fixed Deposit
- o B) Future Deposit
- o C) Final Deposit
- o D) Flexible Deposit
- o Answer: A) Fixed Deposit

33. Which is the largest commercial bank in India by assets?

- o A) ICICI Bank
- o B) HDFC Bank
- o C) Punjab National Bank
- o D) State Bank of India
- o Answer: D) State Bank of India

34. What does KYC stand for in banking?

- o A) Know Your Customer
- o B) Keep Your Customer
- o C) Know Your Credit
- o D) Keep Your Credit
- o Answer: A) Know Your Customer

35. Which act governs the functioning of banks in India?

- A) Companies Act, 1956
- o B) Banking Regulation Act, 1949
- C) Negotiable Instruments Act, 1881
- o D) Reserve Bank of India Act, 1934
- o Answer: B) Banking Regulation Act, 1949

	Diploma in Vocation
	ADMISSION IN BANKING
	STUDENT LIST 2020-21
Sr.no	Name
1	DESAI VAGHAJIBHAI BALDEVBHAI
2	KARNIK PARAS PRABHAKAR
3	MEMAN FARAHINBANU RAFIKBHAI
4	PATEL JAGRUTIBEN NARASINHBHAI
5	PATEL SANDIPKUMAR AMBALAL
6	PRAJAPATI CHINTAN BHARATBHAI
7	PRAJAPATI HINABEN KANUBHAI
8	PRAJAPATI RAJANIKABEN ASHOKKUMAR
9	SOLANKI ASHABEN NARANBHAI
10	SONI MILANKUMAR LABHCHANDRA *
11	THAKOR VARSHABEN ISHVARBHAI
12	PATEL MEENA MANSUKHLAL
13	DESAI NEETABEN
14	GOSWAMI DHARMIKGIRI JAGDISHGIRI
15	KORI ARUNKUMAR CHANDRASHEKHAR
16	SHAH APURVA VIJAYKUMAR
17	SHAH DHAVAL KUMAR CHIMANLAL
18	SHAH HARSHIL VIJAYKUMAR

Smt. M.M. Shah Mahila Arts College Kadi- (N.G.) -382715

Sr.no	ADMISSION IN BANKING STUDENT LIST 2020-21	
Sr.no	WINESPE	
	Name	Sign
1	DESAI VAGHAJIBHAI BALDEVBHAI	UBBell
2	KARNIK PARAS PRABHAKAR	K.P.P
3	MEMAN FARAHINBANU RAFIKBHAI	m.F.pufi
4	PATEL JAGRUTIBEN NARASINHBHAI	J. 10 par
5	PATEL SANDIPKUMAR AMBALAL	Solup
6	PRAJAPATI CHINTAN BHARATBHAI	C.B. Pate
7	PRAJAPATI HINABEN KANUBHAI	fr. H. goeogo
8	PRAJAPATI RAJANIKABEN ASHOKKUMAR	RAP
9	SOLANKI ASHABEN NARANBHAI	ANJalak
10	SONI MILANKUMAR LABHCHANDRA	m.L.Jan
11	THAKOR VARSHABEN ISHVARBHAI	V-I-The
12	PATEL MEENA MANSUKHLAL	m.N pate
13	DESAI NEETABEN	Nexter
14	GOSWAMI DHARMIKGIRI JAGDISHGIRI	0300
15	KORI ARUNKUMAR CHANDRASHEKHAR	10 Clear
16	SHAH APURVA VIJAYKUMAR	N-U-81-
17	SHAH DHAVAL KUMAR CHIMANLAL	D.K.Sh
18	SHAH HARSHIL VIJAYKUMAR	G. Jan

Certificate (ourses (Banking)

1) Parmur Hinuben G.



MANIBEN M.P. SHAH MAHILA ARTS COLLEGE, KADI

UGC-MHRD APPROVED SKILL BASED DEVELOPMENT COURSES

ADMISSION IN BANKING

STUDENT LIST 2020-21

Sr.no	Name	Theory	Practical	Total
1	DESAI VAGHAJIBHAI BALDEVBHAI	6B	20	811
2	KARNIK PARAS PRABHAKAR	68'	20	88
3	MEMAN FARAHINBANU RAFIKBHAI	68	18	96
4	PATEL JAGRUTIBEN NARASINHBHAI	680	15	83
9	PATEL SANDIPKUMAR AMBALAL	66	30	86
5/	PRAJAPATI CHINTAN BHARATBHAI	65	03.0	80
7/	PRAJAPATI HINABEN KANUBHAI	664	22	88
8	PRAJAPATI RAJANIKABEN ASHOKKUMAR	650	18	83
9	SOLANKI ASHABEN NARANBHAI	66	15	88 87
10	SONI MILANKUMAR LABHCHANDRA	68	15	83
11	THAKOR VARSHABEN ISHVARBHAI	62	23	85
12	PATEL MEENA MANSUKHLAL	68	22.	800
13	DESAI NEETABEN	68	20	88
14	GOSWAMI DHARMIKGIRI JAGDISHGIRI	68	18	86
15	KORI ARUNKUMAR CHANDRASHEKHAR	68	18	86
16	SHAH APURVA VIJAYKUMAR	68	15	86
17	SHAH DHAVAL KUMAR CHIMANLAL	65	16	81
18	SHAH HARSHIL VUAYKUMAR	64	19	81
19	Paryapedi Crovind.	32	28	60

Certificate Courses (Bunking)

66 42

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SMT. M. M. Shah Mahila Arts College, Kadi

Feedback Form of B. Voc. Course in BANKING

Academic Year: 2090 -91

Feedback Form

Full Name: Descri Vergherjibheri Bulderbheri

(Rate the Faculty on the below Parameters where I is the lowest and 5 is the highest)

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		1	2	3	4	5
3	Communication Skill					V
4	Presentation					V
5	Content Knowledge					V
6	Overall Impression about the Course					V
7	How Satisfied with Subject (Topic) with You Learn					V

Suggestion:	Crood work	

Signature of Student

Desuly.

(2)

SMT. M. M. Shah Mahila Arts College, Kadi

Feedback Form of B. Voc. Course in BANKING

Academic Year: 2020-21

Feedback Form

Full Name: Karnik Parus Brubhakur

(Rate the Faculty on the below Parameters where 1 is the lowest and 5 is the highest)

						7115/6
		1	2	3	4	5
3.	Communication Skill				V	
4	Presentation		1		V	
5	Content Knowledge					V
6	Overall Impression about the Course					V
7	How Satisfied with Subject (Topic) with You Learn					V

doing	aspud	Airla	
	The	000	

Signature of Student

R. P. Lovenik.

SMT. M. M. Shah Mahila Arts College, Kadi

Feedback Form of B. Voc. Course in BANKING

Academic Year: 2020-21

Feedback Form

Full Name: MEMAN FARAHINBANU RAFIKBHAT

(Rate the Faculty on the below Parameters where 1 is the lowest and 5 is the highest)

		_		-		
		1	2	3	4	5
3	Communication Skill				-	
4	Presentation					V
5	Content Knowledge					V
ő	Overall Impression about the Course					V
7	How Satisfied with Subject (Topic) with You Learn					2

desent	Course.	
0		

Signature of Student

F.R.M.

Prin. Dr.Hina M. Patel (M) 9925032421 Tel. (O) (02764) 242072 Fax. 02764-242072

Smt. M. M. Shah Mahila Arts College

Kalol Road, Nr. Petrol Pump, Highway, KADI-384 440 (North Gujarat) India (Managed by M.P.Shah Education Society, Kadi)

website :www.mpedusocikadi.org NAAC ACCREDITED "B" GRADE (2.48 CGPA)

Email: mmsmac@yahoo.com

Ref. No. 7-2020 7

301412021

Report on Diploma in Vocation Course of Banking

Diploma in Vocation Course of Banking conducted on 22 june 2020 to 30 Aril 2021 The Course was organized by Internal Quality Assurance Cell, Smt. M.M Shah Mahila Arts College Kadi. Course was delivered. Over 13 Participants attended the Course. Dr. Sangita, C. Acharya introduced about the speakers and handled Honour the Speakers with her speech. The speaker Hina. M.Patel & Viral Kanudavala Spoke on the topic of Banking Her Lecture started with Understanding of Banking Principles: Gain comprehensive knowledge of the principles and practices of banking, including retail, corporate, and international banking. Understand the regulatory environment of banking and the role of central banks. Financial Acumen: Develop a strong foundation in financial accounting, management, and economics. Acquire expertise in financial analysis, planning, and wealth management. Risk and Credit Management: Learn the techniques and strategies for effective risk management in banking. Understand credit appraisal, credit management, and loan processing. Technical Proficiency: Master the use of banking technology, including banking software, online banking systems, and data analytics tools. Develop the ability to manage and analyze large volumes of financial data. Operational Skills: Gain practical skills in banking operations, including account management, transaction processing, and customer service. Understand treasury management, investment banking, and financial markets. Problem-Solving and Analytical Skills: Enhance problem-solving abilities to address banking issues and challenges. Develop critical thinking and analytical skills to evaluate financial products and services. Effective Communication: Improve business communication skills for interacting with clients, colleagues, and stakeholders. Learn to present financial information clearly and effectively. Customer Relationship Management: Develop skills to manage and maintain strong customer relationships. Understand customer needs and tailor banking services accordingly. Leadership and Teamwork: Cultivate leadership qualities and the ability to work effectively in teams.Learn project management skills and the ability to lead banking projects. Industry Exposure: Gain real-world experience through internships and industry training. Understand the practical aspects of banking through industry visits and guest lectures from banking professionals. Hands-On Training: Engage in practical training sessions, case studies, and simulations to apply theoretical knowledge. Work on real-life banking projects to gain hands-

> Smt. M.M. Shah Mahila Arts College Kadi- (N.G.) -382715

on experience. Internship Performance: Apply classroom knowledge in a real-world setting during internships. Develop professional skills and network with industry professionals. By achieving these outcomes, graduates of the B..VOC in Banking program will be well-prepared to enter the banking industry, contribute effectively to their organizations, and pursue further career growth and development.

The Course was concluded with vote of thanks by Dr.Sangeeta .C. Acharya. The Course was highly impormetive to Students, Teachers and Research Scholars. Teacher and Student From other departments, Colleges, universities and Research institues from different parts of India participated in the Course. This Course Provided valuable awareness and insights on the various aspect of Banking.

Principal

Smt. M.M. Shah Mahila Arts College Kadi- (N.G.) -382715 Smt. M. M. Shah Mahila Arts College, Kadi

Banking

		000000000	7.5°L	1 Student.	The state of the state of
	Rate be	etween 1	10.5		Total
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0%	0%	0%	22.23%	77,77%	18
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-		0%	16,66%	83.34%	18
		_	11.11%	88.89%	18
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Me, the Smt. M. M. Shah Mahila Arts College, Kadi



Managed by M. P. Shah Education Society, Kadi

NAAC Accreditation "B" Grade with (2.48 CGPA)

Certify that

THAKOR VARSHABEN ISHVARBHAI

of Smt. M. M. Shah Mahila Arts College, Kadi having been examined for Diploma in Vocation Year 2020-21 adjudged to have passed in the

First Class,

Diploma in Hocation

With	optional	subject:	Banking
T. T. A. B. S. A.	CONTRACTOR ASSES	need page 1	

has been conferred on him/her at Kadi,

on the 22-June-2020

in the 30-April-2021

In Testimony whereof are set the Seal of the said College and the Signature of the said Principal.





Me, the Smt. M. M. Shah Mahila Arts College, Kadi



Managed by M. P. Shah Education Society, Kadi

NAAC Accreditation "B" Grade with (2,48 CGPA)

Certify that

PATEL MEENA MANSUKHLAL

of Smt. M. M. Shah Mahila Arts College, Kadi having been examined for Diploma in Vocation Year 2020-21 adjudged to have passed in the

First Class,

Diploma in Hocation

With optional subject : Banking

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In Testimony whereof are set the Seal of the said College and

the Signature of the said Principal.





Me, the Smt. M. M. Shah Mahila Arts College, Kadi



Managed by M. P. Shah Education Society, Kadi

NAAC Accreditation "B" Grade with (2.48 CGPA)

Certify that

SONI MILANKUMAR LABHCHANDRA

of Smt. M. M. Shah Mahila Arts College, Kadi having been examined for Diploma in Vocation Year 2020-21 adjudged to have passed in the

First Class,

Diploma in Hocation

With optional subject: Banking

has been conferred on him/her at Kadi,

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in the 30-April-2021

In Testimony whereof are set the Seal of the said College and the Signature of the said Principal.



Admission Open – 2020-21

શું આપ પ્રોફેશનલ ક્ષેત્રે કારકિર્દી બનાવવા માંગો છો…!!

તો આવો B.Voc અથવા Diploma કોર્સમાં જોડાંઈ આપનું ભવિષ્ય ઉજવળ બનાવો ..!!

UGC – MHRD, ਕવੀ દિલ્હી માન્ય હોતે અનુદાનિત સ્કીલ બેઇઝડ 3 વર્ષ ડીગ્રી કોર્સીસ તેમજ ૧ વર્ષના ડીપ્લોમાં કોરો

સમયગાળો-3 વર્ષ, ફુલ ટાઇમ કોરો B.Voc (Bachelor of Vocation)

(1" Year Full Time)

Diploma Course

Ch.	Stary ethi	व्यवसर्थीड तडो	51
-	पेन्डिंग, इत्यनान्सियत सर्विसीत अने ઇन्स्योदन्स	બેન્કિંગ, ફાયનાન્સિયલ સર્વિસીમ બેંક ફાયનાન્સિયલ સર્વિસીસ, ઇન્સ્પોરન્સ NBFC, અને ઇન્સ્પોરન્સ કો-ઓપરેટીત્સ ઇન્ડસ્ટ્રીઝ, NBFC.	-/0008
ru	એક્સમોર્ટ એન્ડ ઇમોર્ટ મેનેવમેન્ટ	કેપની, રહેરાદાત્ર એક્સપોર્ટ કાંકેરીસ, કરત્ય વર્કોલ્ટીમ હાંકેસીસ, માર્કેટાદાત્રર, બારણે કાર્ટ, ફાબ્સપોર્ટ કંપની, એક્સપોર્ટ એન્ડ ઇમ્પોર્ટ મેનેલ્વોન્ટ લીક્સર્સક કંપની, કાર્યસંક્રદર જનરહ અંક ફોર્ટન ફેડ ૪૦૦૦/— ફોર્ટન એક્સ્પ્રેન્ય સર્વિટીસ, ફાયન્સન્ટિસલ ઇન્સ્ટીટ્યુટ, આ.સ. તેમારમાં ફાયનાન્સ કસ્ત્રી બેંકો	-/0008
ţui	ਪੈਣਸੇਤੀકલ ਲੇ ਾ ડ ਕਹਿੰਕ	ਸ਼ਣકારી હੁੱਇੰਘਰ, ਆਮਸੀ ਨੁਸ਼ਿੰਦਰ, ਆਮਸੀ કਰੀਜੀકਰ ਗੁਲਿਸਨੀਸ, ਟੀਰੁੰਅੀਗਲੀਸ਼ੇਗਰ ਦੇਵਣ, ਛੁੱਕਬੰਦ ਰਾਵਟੀਟਪੂਟ, ਕ੍ਰ੦੦੦/– ਗੁਲਿਸ਼ਰ ਦੇਤਜ਼ੇਸ਼ ਸੰਸ਼ਾਸ਼ਟੀ, ਰੁਣਿਸ਼ਰ ਕੁਲਿਸ ਤੁਰੀਵੇਰ, ਕੁਲਿਸ ਰੁਕਈਟਪੂਟ, ਮੁਸ਼ਸ਼ਮੀ, ਨੁੱਕਾ ਪੁਰੰਵੇ	-/0000b

પ્રવેશ લાચકાત :- કોઇપણ પ્રવાહ અથવાં માન્ય શૈક્ષણિક બોર્ડમાંથી ધોરણ -૧૨ પાસ

SC/ST/OBC अने PWD डेटेगरीना विद्यार्थिसोने सरकारी सहायनो वाल

કોઈપણ વયની વ્યક્તિ સદર કોર્સમાં પ્રવેશ મેળવી શકે છે. KR SINR

મોભાઇલ નં. : ૯७૩७૧७૫૪૯७, ૯૯૦૪૧૯૯૦૨૦, ૮૪૯૦૯૨૩૨૨७, ૯७૧૪७७००૩૬, ૮૧૬૦७૧૯७૨૫, ૯૯૨૫૦૩૨૪૨૧ ડીપાર્ટમેન્ટ ઓફ સ્કીલ સ્ટડીઝ, શ્રીમતી એમ.એમ. શાહ મહિલા આર્ટ્સ કોલેજ, એન. સી. દેસાઇ પેટ્રોલપંપ સામે કડી- ક્લોલ હાઇવે રોડ, કડી ● સમય : સવારે ૯ થી ૨ F-mail · nrinhmnateli@email.com

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ફેશન ડીપ્રાઇનીંગ એન્ડ ટેલરીંગ	ਬੀਸ਼ਾ, ફિટલેસ એન્ડ નેસરોપથી	બ્युटी એન્ડ वेलनेस	ਹੇਯ ਤੀਸ਼ਾਈਚੀ ਐਂ ਐਜਿਸੇਵਾਜ	⊲(B)o)	બેલ્ડિંગ	क्रीयेत् (लामा
දිකත් රියාග්තව, දිනුත් පවසක්වීමට, විවිසි මිම්පව, විකුවස්ස රියාග්තව, දිනුත් පත්වාව	बीजा छल्ड्डहरू, बोजा बेहतीस्ट, बोजा कोडवादाद्र, बोजा खेक्खडीस्ट, बोज्ड टीयर, संस्थारी, आइचेर छल्टरीरघुंट, लेक्टोपेडी पेडटीस.	ලිය සයදවුය වියාශ හැකිය. ඉදිරි ම්දැම්ය. එමෙළ සිංසුද, ජුමෙ ඉදිරිසින් සංවේධීර	IT સોફ્ટલેર અને વેળહોરદીંગ કંપની, ખાનગી, જાહેર કંપની, ફ્રી લેન્સર.	સ્ટકારો કોસ્પિટલ, માનગી કોસ્પિટલ, માનગી કલીનીકલ નર્લિંગહોમ, રીકેબીલાવીસ્થન સેન્ટર, ઠેલ્લકેર લન્સ્ટીટયુટ, લન્ડિંગન રેકકોર સેસ્પાર્થી, ઇન્ડિંગન નર્સિંગ કોર્પિન્સીંગ, નર્લિંગ ઇન્સ્ટીટયુટ માસમરી, ઢેલ્લ વર્કર	ਅੱਚ ਚੁਸ਼ਾਜ਼ਕਿਸ਼ਸ਼ ਸ਼ਕਿੰਸ਼ੀਕ, ਈਕਸ਼ੀਵਕਸ਼ NBFC, 3000/— ਭੀ-ਅਪਿਵੇਟੀਕਸ਼ ਬਕਤਰਟ੍ਰੀਸ਼, NBFC	र व्यवसावीङ वडी
3000/-	3000/-	3000/-	3000/-	-/000h	3000/	14

Prin. Dr.Hina M. Patel (M) 9925032421 Tel. (O) (02764) 242072 Fax. 02764-242072



Smt. M. M. Shah Mahila Arts College

Kalol Road, Nr. Petrol Pump, Highway, KADI-384 440 (North Gujarat) India (Managed by M.P.Shah Education Society, Kadi)

website:www.mpedusocikadi.org

NAAC ACCREDITED "B" GRADE (2.48 CGPA)

Email: mmsmac@yahoo.com

Ref. No. p 2020 - 2021

Date: 17 6/2020

Circular

This is to inform you all Faculty that the IQAC of the college organizes one Year Diploma in Vocation on Beauty & wellness on 22st June 2020 30 April 2021 All Students of the college are hereby directed to attend the same.

> Smt. M.M. Shah Mahila Arts College . Kadi- (N.G.) -382715

To.

- 1. All Teaching Staff of the College
- 2. Notice Boards
- Circulation in Classrooms
- 4. Guard File

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website:www.mpedusocikadi.org

Email: mmsmac@yahoo.com

Ref. No. P-2020-21

Date: 20 6 20 20

Invitation Letter

To, Dalwadi Saraswati.D Beautyshion

Dear Sir

We are pleased to invite you to be the speaker at Diploma in Vocation to be held on 22june 2020 to 30 April 2021 From 2:00 p.m to 4:00 p.m. We hope you would be able to fit this event in your busy schedule. We look forward to a positive to a positive Respone.

Thanking you,

Dr. Hina.M.Patel Principal

> Smt. M.M. Shah Mahila Arts College Kadi- (N.G.) -392715

STATE M.MISHAH MAHILA ARTS COLLEGE, KADI Diploma in Vocation B.voc 2020-21

Day	Time	Course	Class room	Faculty
Monday	1:00 to 4:00	1:00 to 4:00 Beauty & wellness	20	Dalwadi Saraswati.D
Tuesday	1:00 to 4:00 Banking	Banking	12	Dr.Hina.M.Patel & Viral Kanudavala
Wednesday	1:00 to 4:00	1:00 to 4:00 Fashion Designing & Tailoring	11	Halima & Jagruti Vaghela
Thursday	1:00 to 4:00	1:00 to 4:00 Yoga Fitness & Naturopathy	Sports Room	Akshay bhai
Friday	1:00 to 4:00	1:00 to 4:00 Web desiging & Animation	14(Computer Lab)	4(Computer Lab) Amarsinh Parmar & Pooja Raval

IQAC Co-ordinator Sing

Printing Sing

Cont. M.M. Shah Mahila Arts College

Codi- (N.G.) -382715





QUALIFICATIONS PACK - OCCUPATIONAL STANDARDS FOR Beauty & Wellness

What are Occupational Standards (OS)?

- OS describe what individuals need to do, know and understand in order to carry out a particular job role or function
- OS are performance standards that individuals must achieve when carrying out functions in the workplace.
 together with
- the underpinning knowledge and understanding contact US.
 Beauty & Weinest Sector Sulf Council

DEF City Court M.G. Road, Sitianderpur, Gurgam: 122002

E-mail: info@hwssc.in







Contents

1.	Introduction and Contacts[1]
2	Qualifications Pack[2]
3	Glossary of Key Terms [4]
413	OS Units [5]
5	Annexure: Nomenclature for QP & QS [26]
6	Assessment criteria [29]

Introduction

Qualifications Pack-Yoga Instructor

SECTOR: BEAUTY & WELLNESS

SUB-SECTOR: ALTERNATE THERAPY

OCCUPATION: YOGA SERVICES

REFERENCE ID: BWS/Q2201

ALIGNED TO: NCO-2015/NIL

The Yoga Instructor is responsible to demonstrate the yoga postures, asanas, pranayamas, meditation and relaxation techniques for the guests

Brief Job Description: The Yoga Instructor is responsible to demonstrate the yoga postures, asanas, pranayamas, meditation and relaxation techniques for the guests. The individual must exhibit knowledge of the principles and practices of basic Yogic techniques to explain and respond to the guest questions.

Personal Attributes: This job requires an Individual to provide a range of basic asanas in a safe and hygienic working environment. The individual must exhibit a pleasant personality, service orientation and proficiency in interpersonal and communication skills as well as in language



Qualifications Pack For Yoga Instructor



Job Details

Qualifications Pack Code	BWS/Q2201		
Job Role	[The job role is ap	Yoga Instructor picable for national/intern	ational scenarios
Credits (NSQF)	TBD	Version number	1.0
Sector	Beauty & Weliness	Drafted on	01/08/2015
Sub-sector	Alternate Therapy	Last reviewed on	10/02/2016
Occupation	Yoga Services	Next review date	10/02/2019
NSQC Clearance on		NA	

Job Role	Yoga Instructor	
Rale Description	The Yoga Instructor is responsible to provide a range of basic Yogic techniques agreed with the guests in accordance with the approved sector's standards of performance and sequences of services	
NSQF level Minimum Educational Qualifications Maximum Educational Qualifications	4 Class VIII preferably NA	
Training (Suggested but not mandatory)	Not applicable	
Minimum Job Entry Age	18 years	
Experience	Not Applicable	
Applicable National Occupational Standards (NOS)	Compulsory: 1. 8WS/N9001 Prepare and maintain work area 2. BWS/N9201 Conduct the basic Yoga sessions 3. BWS/N9002 Maintain health and safety at the workplace 4. 8WS/N9003 Create a positive impression at the workplace Optional: N.A.	
Performance Criteria	As described in the relevant OS units	



Qualifications Pack For Yoga Instructor



Acronyms

Keywords /Terms	Description
B&WSSC	Beauty & Wellness Sector Skill Council
NOS	National Occupational Standards
NSQF	National Skills Qualification Framework
NVEQF	National Vocational Educational Qualification Framework
NVQF	National Vocational Qualification Framework
OS .	Occupational Standards
PC	Performance Criteria
QP	Qualification Pack
SSC	Sector Skills Council



Qualifications Pack For Yoga Instructor



Keywards /Terms	Description
Sector	Sector is a conglomeration of different business operations having similar businesses and interests. It may also be defined as a distinct subset of the economy whose components share similar characteristics and interests.
Sub-sector	Sub-sector is derived from a further breakdown based on the characteristics and interests of its components.
Occupation	Occupation is a set of job roles, which perform similar/related set of functions in an industry.
Function	Function is an activity necessary for achieving the key purpose of the sector, occupation, or area of work, which can be carried out by a person or a group of persons. Functions are identified through analysis and form the basis of OS.
Job Role	Job role defines a unique set of functions that together form a unique Employment opportunity in an organization.
OS	OS specify the standards of performance an individual must achieve when carrying out a function in the workplace, together with the knowledge and understanding they need to meet that standard consistently. Occupational Standards are applicable both in the Indian and global contexts.
Performance	Performance Criteria are statements that together specify the standard
Criteria	of performance required when carrying out a task.
NDS	NOS are Occupational Standards which apply uniquely in the Indian context.
Qualifications Pack Code	Qualifications Pack Code is a unique reference code that identifies a qualifications pack.
Qualifications Pack	Qualifications Pack comprises the set of OS, together with the educational, training and other criteria required to perform a job role A Qualifications Pack is assigned a unique qualification pack code.
Unit Code	Unit Code is a unique identifier for an Occupational Standard , which is denoted by an 'N'
Unit Title	Unit Title gives a clear overall statement about what the incumbent should be able to do.
Description	Description gives a short summary of the unit content. This would be helpful to anyone searching on a database to verify that this is the appropriate OS they are looking for
Knowledge and Understanding	Knowledge and Understanding are statements which together specify the technical, generic, professional and organizational specific knowledge that an individual needs in order to perform to the required standard.
Organizational Context	Organizational Context includes the way the organization is structured and how it operates, including the extent of operative knowledge managers have of their relevant areas of responsibility.
Technical Knowledge	Technical Knowledge is the specific knowledge needed to accomplish specific designated responsibilities.
Core Skills or deneric Skills	Core Skills or Generic Skills are a group of skills that are key to learning and working in today's world. These skills are typically needed in any work environment. In the context of the OS, these include communication related skills that are applicable to most job roles.



NOS

National Decemptional Condenses



BWS/N9001

Prepare and maintain work area

Unit Code	BWS/N9001			
Unit Title (Task)	Prepare and maintain work area			
Description	Prepare the work area & associated equipments/ tools/ machinery in advance to ensure the efficiency and effectiveness of the outcome considering the standards of operation of the organization			
Scope	This unit/task covers the following: • Prepare and maintain work area			
Performance Criteria(P	C) w.r.t. the Scope			
Element	Performance Criteria			
Prepare and maintain work area	The user/individual on the job needs to know and understand: PC1 ensure that environmental conditions are suitable for the client and the services to be carried out in a hygiene and safe environment PC2 celect suitable equipment/products/ tools etc. required for the services PC3, set up the equipment/ tools etc. and prepare for services in adherence to the organization's procedures and product/ equipment/ tools related guidelines PC4. sterilize and clear the tools/ machinery/ equipment before and after the usage PC5. dispose waste materials (if applicate) in adherence to the organization's and industry requirements PC6. store records, materials and equipment securely in line with the organization's policies			
Knowledge and Understanding (K)				
A. Organizational Context (Knowledge of the organization and its processes)	The user/individual on the job needs to know and understand: KA1. organization's standards of performance and sequence of services KA2. range of services and products offered by the organization KA3. health and safety requirements in the organization			
B. Technical Knowledge	The user/individual on the job needs to know and understand: KB1. types of products, materials equipment and tools required for the services process and products to sterilize and clean the equipment/ tools/ machinery manufacturer's instructions related to machines/ tools/ equipment/ products usage and cleaning KB4. applicable legislation relating to the workplace (for example health and safet workplace regulations, use of work equipment, health hazards, handling/storage/ disposal/ cautions in the use of products/ tools/ equipment etc., fire precautions, occurrences, hygiene practice, disposal of waste, environmental protection etc.			
Skills (5)				
A. Core Skills/	Writing Skills			

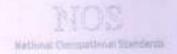






WS/N9001	Prepare and maintain work area
Generic Skills	The user/ individual on the job needs to know and understand how to: SA1. document call logs, reports, task lists, and schedules with co-workers SA2. prepare status and progress reports SA3. record customers' discussions in the call logs
	SA4. write memos and e-mail to customers, co-workers, and vendors to provide them with work updates and to request appropriate information without English language errors regarding grammar or sentence construct
	Reading Skills
	The user/individual on the job needs to know and understand how to: SA5. read about new products and services with reference to the organization and also from external forums such as websites and blogs SA6. keep abreast with the latest knowledge by reading brochures, pamphlets, and product information sheets SA7. read comments, suggestions, and responses to Frequently Asked Questions (FAQs) posted on the helpdesk portal
	Oral Communication (Listening and Speaking skills)
	The user/individual on the job needs to know and understand how to: SA8. discuss task lists, schedules, and work-loads with co-workers SA9. question customers appropriately in order to understand the nature of the problem and make a diagnosis SA10. give clear instructions to customers. SA11. keep customers informed about process. SA12. avoid using largon, slang, or acronyms when communicating with a customer unless it is required.
B. Professional Skills	Decision Making
	The user/individual on the job needs to know and understand how to: SB1, make decisions pertaining to the concerned area of work
	Plan and Organize
	The user/individual on the job needs to know and understand: SB2. plan and organize service feedback files/documents
	Customer Centricity
	The user/individual on the job needs to know and understand how to: SB3. manage relationships with customers who may be stressed, frustrated, confused, or angry SB4. build customer relationships and use customer centric approach
	Problem Solving
	The user/individual on the Job needs to know and understand how to: S85. think through the problem, evaluate the possible solution(s) and suggest an optimum /best possible solution(s) S86. deal with clients lacking the technical background to solve the problem on their own
	SB7. Identify immediate or temporary solutions to resolve delays



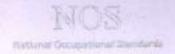




BW5/N9001	Prepare and maintain work area
	The user/individual on the job needs to know and understand how to: SB8. use the existing data to arrive at specific data points SB9. use the existing data points for improving the call resolution time SB10. use the existing data points to generate required reports for business
	Critical Thinking
	The user/individual on the job needs to know and understand how to: SB11. apply, analyze, and evaluate the information gathered from observation, experience, reasoning, or communication, as a guide to thought and action









BW5/N9001

Prepare and maintain work area

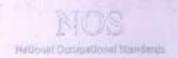
NOS Version Control

NOS Code	BWS/N9001			
Credits (NSQF)	TBD	Version number	1.0	
Industry	Beauty & Wellness	Drafted on	01/08/2015	
Industry Sub-sector	Alternate Therapy	Last reviewed on	10/02/2016	
Occupation	Yoga Services	Next review date	10/02/2019	



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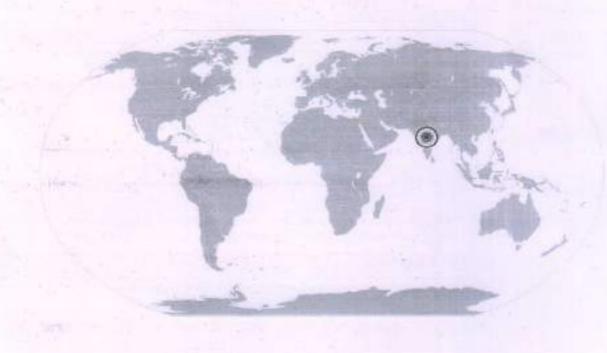




BWS/N2201

Conduct the basic Yoga sessions

National Occupational Standard



Overview

This OS unit is about conducting yoga classes in individual or group settings

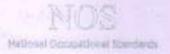


BWS/N2201

Conduct the basic Yoga sessions

Unit Code	BWS/N 2201
Unit Title (Task)	Conduct the basic Yoga sessions
Description	Conduct yoga sessions in individual or group settings for asana, pranayama's, relaxation techniques, loosening asanas etc. in accordance with the approved organization's standards of performance and sequence of services
Scope	This unit/task covers the following: Conduct the basic Yoga sessions
Performance Criteria	(PC) w.r.t. the Scope
Element	Performance Criteria
Yoga sessions	To be competent, the user/individual on the job must be able to: PC1. ensure appropriate ambience for guests to perform yoga PC2. ensure readiness and preparedness of the guests to be able to take the session like empty stornachetc. PC3. provide appropriate opening and cleaure of the session-through prayer/chanting/meditation. PC4. perform and instruct biosening asanas or sukshma vyayama, breathing asanas as agreed with the guest and arrangement of the organization PC5. perform and instruct dissical asana as agreed with the guest and arrangement of the organization PC6 perform and instruct pranayama's as agreed with the guest and arrangement of the organization PC7. recognise, adjust, and adapt to specific guest needs in the evolving profession relationship PC8. Implement effective teaching methods, adapt to unique styles of learning, provide supportive and effective feedback, acknowledge the guest's progress, and cope with unique difficulties / successes adjust appropriate practice strategies to the guests PC9. elicit the goals, expectations and aspirations of the guests PC10. assist the supervisor to integrate information from the intake, evaluation, and observation to develop a working assessment of the guest's condition, limitations and possibilities PC11. deliver appropriate practices for individuals as well as group, taking into consideration the assessment of their conditions, limitations, possibilities and the overall practice strategy PC12. provide instruction, demonstration, education to the guests using multi-mode strategies of education such as audio visual tools, kinaesthetic learning tools, etc. PC13. practice effective guest -centred communication based upon a respect for and sensitivity to individual familial, cultural, social, ethnic and religious factors PC14. gather feedback, assist the supervisor to re-assess and refine the practice for determining short-term or long-term goals and priorities PC15. accept and follow ethical principles and related concepts from the yoga tradition to professio







BWS/N2201	Conduct the basic Yoga sessions
	based on needs, ages, and ability levels to create effective practices against
	ailments
	PC18: apply yogic principles to conduct guest sessions to enhance wellbeing,
	overcome illness and live a healthier and more meaningful life
	PC19. perform and demonstrate all yoga techniques to guests and ensure compliance
	to safety and health standards
	PC20. assist guests to perform all techniques effectively
	PC21. evaluate asanas performed by guests and recommend correction whenever required
	PC22. coordinate with senior supervisors and guests on yogic lifestyle counselling to ensure healthy body and mind
	PC23, ensure guests satisfaction and assist in answering all guest queries
	PC24. store guest and equipment records, securely in line with the organization's policies
	PC25. leave the work area in a clean and hygienic condition suitable for further classes
	PC26. document the client chart (sattva, rajas, tamas), contra indications and health condition and requirements of all guests and conduct classes to follow the
	asanas plan designed
Knowledge and Under	
A. Organizational	The street and state of the last state of the state of th
Context	The user/individual on the job needs to know and understand: KA1. the organization's standards of performance and sequence of services
(Knowledge of the	KA2. the range of services and products offered by the organization
organization and	KA3. the hygiene, health and safety requirements in the organization
its processes)	was the rigidity result and savery requirements in the organization
B. Technical	The unsertadulded as the left words to be used to be used.
Knowledge	The user/individual on the job needs to know and understand:
	KB1 the evolution of the teachings and philosophy of yoga tradition and its relevance and application
	KB2 introduction to petanjali yoga sutras, introduction to Bhagvad Gita, Introduction to narad bhakti sutra
	TO A THE STANDARD PROPERTY OF THE STANDARD AND A STANDARD
	KB3. principles of shuddhi/ detoxification/ cleansing/ pranayama KB4. types of yoga like ashtanga yoga with yama, niyama and others
	KB5. other yogic texts like introduction to Vedas & Upnishads
	KB6. range of yoga practices and their potential effects, practice may include, but
	are not limited to asana, pranayama, meditation, relaxation techniques, etc.
	such as pascimatasana, bhu naman asana, vakrasana, vajrasana, ustrasana,
	bhujanagasana, nilambha salbhasana, aradhakati chakrasana, aradha
	chakrasana, padahastana, trikonsana
	KB1. yogic diet (sattvik/ sentient) and yogic lifestyle
	KB2. contraindication of yoga practices for specific conditions and circumstances
	KB3. human anatomy and physiology including all major systems of the body and their interrelationships
	KB4. generally accepted ethical principles of health care codes of conduct and yoga's ethical principles
	KB5. applicable legislation relating to the workplace (for example health and safety,
	workplace regulations, use of work equipment, health hazards,
	handling/storage/ disposal/ cautions in the use of products/ tools/ equipment
	etr. fire prograutions programmes business products/ tools/ equipment
	etc., fire precautions, occurrences, hygiene practice, disposal of waste,







BWS/N2201	Conduct the basic Yoga sessions
Skills (S)	environmental protection etc.
A. Core Skills/	Writing Skills
Generic Skills	The user/ individual on the Job needs to know and understand how to: SA1. document call logs, reports, task lists, and schedules with co-workers. SA2. prepare status and progress reports. SA3. record customers' discussions in the call logs. SA4. write memos and e-mail to customers, co-workers, and vendors to provide them with work updates and to request appropriate information without English language errors regarding grammar or sentence construct. Reading Skills
	The user/individual on the job needs to know and understand how to:
	SAS. read about new products and services with reference to the organization and also from external forums such as websites and blogs SA6. keep abreast with the latest knowledge by reading brochures, pamphlets, and product information sheets SA7. read comments, suggestions, and responses to Frequently Asked Questions (FAQs) posted on the helpdesk portal
	Oral Communication (Listening and Speaking skills)
	The user/individual on the job needs to know and understand how to: SA8 discuss task lists, schedules, and wast-loads with co-workers SA9 question customers appropriately in order to understand the nature of the problem and make a diagnosis SA10, give clear instructions to customers SA11, keep customers informed about progress SA12, avoid using jargon, slang or acronyms when communicating with a customer unless. It is required.
B. Professional Skills	Decision Making
	The user/individual on the job needs to know and understand how to: 581. make decisions pertaining to the concerned area of work
	Plan and Organize
	The user/individual on the job needs to know and understand: SB2. plan and organize service feedback files/documents
	Customer Centricity
	The user/individual on the job needs to know and understand how to: SB3. manage relationships with customers who may be stressed, frustrated, confused, or angry SB4. build customer relationships and use customer centric approach
	Problem Solving
	The user/individual on the job needs to know and understand how to: SB5. think through the problem, evaluate the possible solution(s) and suggest an optimum /best possible solution(s)







2012	 64.1	-	-	-

Conduct the basic Yoga sessions

The state of the s	identify immediate or temporary solutions to resolve delays
	their own
\$86.	deal with clients lacking the technical background to solve the problem on

The user/individual on the job needs to know and understand how to:

SB8. use the existing data to arrive at specific data points

SB9. use the existing data points for improving the call resolution time

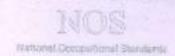
SB10. use the existing data points to generate required reports for business

Critical Thinking

The user/individual on the job needs to know and understand how to: SB11. apply, analyze, and evaluate the information gathered from observation. experience, reasoning, or communication, as a guide to thought and action









BWS/N2201

Conduct the basic Yoga sessions

NOS Version Control

NOS Code	TBD Version number 1.0		
Credits (NSQF)			
Industry	Beauty & Wellness	Drafted on	01/08/2015
Industry Sub-sector	Alternate Therapy	Last reviewed on	10/02/2016
Occupation	Yoga Services	Next review date	10/02/2019



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NOS Metional Documentonial Standards



BWS/N9002

Maintain health and safety at the workplace

National Occupational Standard

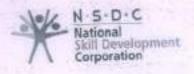


Overview

This OS unit is about maintaining a safe and hygienic environment at the workplace



NOS



BW5/N9002

Maintain health and safety at the workplace

Unit Code	BWS/N9002		
Init Title (Task)	Maintain health and safety at the workplace		
Description Scope	Maintain a safe and hygienic environment at the workplace to reduce potential risks to self and others This unit/task covers the following: Maintain health and safety at the workplace		
Performance Criteria(PC) w.r.t. the Scope		
Element	Performance Criteria		
Maintain health and safety at the workplace	To be competent, the user/individual on the job must be able to: PC1. set up and position the equipment/ tools/ machinery/ products etc. In the work area to meet legal, hygiene and safety requirements PC2. clean and sterilize all tools / machines/ equipment before and after the use maintain one's posture and position to minimize fatigue and the risk of injury pC4. dispose waste materials (if applicable) in accordance to the industry accepted standards PC5. maintain first aid kit and keep oneself updated on the first aid procedures identify and document potential risks and hazards in the workplace accurately maintain accident reports. PC8. report health and safety risks/ hazards to concerned personnel use machines, tools, equipment, chemicals and products in accordance with the organization's guidelines and manufacturers' instructions		
Knowledge and Unde	erstanding (K)		
A. Organizational Context (Knowledge of the organization and its processes)			
B. Technical Knowledge	The user/individual on the job needs to know and understand: KB1. contra-indications related to various services KB2. process and products to sterilize and disinfect equipment/ tools/ machines etc. KB3. manufacturer's instructions related to equipment and product use and cleaning KB4. applicable legislation relating to the workplace (for example health and safety workplace regulations, use of work equipment, health hazards, handling/storage/ disposal/ cautions in the use of products/ tools/ equipment etc., fire precautions, occurrences, hygiene practice, disposal of waste, environmental protection etc.		

Skills (S)

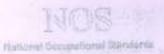






BWS/N9002 A. Core Skills/	Maintain health and safety at the workplace Writing Skills
Generic Skills	The user/ individual on the job needs to know and understand how to: SA1. document call logs, reports, task lists, and schedules with co-workers
	SA2. prepare status and progress reports
	SA3. record customers' discussions in the call logs
	SA4. write memos and e-mail to customers, co-workers, and vendors to provide them with work updates and to request appropriate information without English language errors regarding grammar or sentence construct
	Reading Skills
	The user/individual on the job needs to know and understand how to: SA5. read about new products and services with reference to the organization and also from external forums such as websites and blogs
	SA6. keep abreast with the latest knowledge by reading brochures, pamphlets, and product information sheets
	SA7. read comments, suggestions, and responses to Frequently Asked Questions (FAQs) posted on the helpdesk portal
	Oral Communication (Listening and Speaking skills)
	The user/Individual on the job needs to know and understand how to: \$A8 discuss task lists, schedules, and work-loads with co-workers \$A9 question customers appropriately in order to understand the nature of the problem and make a diagnosis
	SA10. give clear instructions to customers SA11. keep customers informed about progress SA12. avoid using jargon, stang or acronyms when communicating with a customer unless it is required
B. Professional Skills	Decision Making
	The user/individual on the job needs to know and understand how to: SB1. make decisions pertaining to the concerned area of work
	Plan and Organize
	The user/individual on the job needs to know and understand:
	SB2. plan and organize service feedback files/documents
	Customer Centricity
	The user/individual on the job needs to know and understand how to: SB3. manage relationships with customers who may be stressed, frustrated, confused, or angry SB4. build customer relationships and use customer centric approach
	Problem Solving
	The user/individual on the job needs to know and understand how to: SBS. think through the problem, evaluate the possible solution(s) and suggest an optimum /best possible solution(s) SB6. deal with clients lacking the technical background to solve the problem on
	their own SB7. Identify immediate or temporary solutions to resolve delays



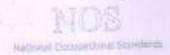




BWS/N9002	Maintain health and safety at the workplace Analytical Thinking
	The user/individual on the job needs to know and understand how to: SB8. use the existing data to arrive at specific data points SB9. use the existing data points for improving the call resolution time SB10. use the existing data points to generate required reports for business
	Critical Thinking
	The user/individual on the job needs to know and understand how to: SB11. apply, analyze, and evaluate the information gathered from observation, experience, reasoning, or communication, as a guide to thought and action









BWS/N9002

Maintain health and safety at the workplace

NOS Version Control

NOS Code	BWS/N9002		
Credits (NSQF)	TBD	Version number	1.0
THE RESERVE TO SHARE THE PARTY OF THE PARTY	Beauty & Wellness	Drafted on	01/08/2015
Industry Industry Sub-sector	Alternate Therapy	Last reviewed on	10/02/2016
Occupation	Yoga Services	Next review date	10/02/2019



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BWS/N9003

Create a positive impression at the workplace

National Occupational Standard



Overview

This OS unit is about personal grooming and behaviour expected at the workplace.



NOS National Occupational Standards



BW5/N9003

Create a positive impression at the workplace

Unit Code	BWS/N9003
Unit Title (Task)	Create a positive impression at the workplace
Description	Personal grooming and behaviour to execute tasks as per the organization's standards and create a positive impression at the workplace
Scope	This unit/task covers the following: • Appearance and Behavior • Task execution as per organization's standards • Communication and Information record
Performance Criteria(P	C) w.r.t. the Scope
Element	Performance Criteria
Appearance and Behavior	To be competent, the user/individual on the job must be able to: PC1. maintain good health and personal hygiene PC2. comply with organisation's standards of grooming and personal behavior PC3. meet the organisation's standards of courtesy, behavior and efficiency PC4. stay free from intoxicants while on duty PC5. wear and carry organisation's uniform and accessories correctly and smartly
Task execution as per organization's	To be competent, the user/individual on the job must be able to: PC6. take appropriate and approved actions in line with instructions and guidelines PC7. record details related to tasks, as per procedure
standards	PC8. participate in workplace activities as a part of the larger team PC9 report to supervisor immediately in case there are any work issues PC10, use appropriate language, tone and gestures while interacting with guests from different cultural and religious backgrounds, age, disabilities and gender
Communication and Information record	To be competent, the user/individual on the job must be able to: PC11. communicate procedure related information to guests based on the sector's code of practices and organisation's procedures/ guidelines PC12. communicate role related information to stakeholders in a polite manner and resolve queries, if any PC13. absist and guidal guests to services or products based on their needs PC14. report and record instances of aggressive/ unruly behavior and seek assistance PC15. use communication equipment (phone, email etc.) as mandated by the organization PC16. carry out routine documentation legibly and accurately in the desired format PC17. file routine reports and feedback PC18. maintain confidentiality of information, as required, in the role
Knowledge and Unde	
A. Organizational Context (Knowledge of the organization and its processes)	The user/individual on the job needs to know and understand: KA1. importance of personal health and hygiene KA2. organization's standards of grooming and personal behavior KA3. organization's standards related to courtesy, behavior and efficiency KA4. ill-effects of intoxicants and potential actions at workplace KA5. items of uniform & accessories and correct method of wearing/ carrying then KA6. reporting/ recording formats and protocol for documentation KA7. kinds of work issues that may arise and reporting structure KA8. code of practices and guidelines relating to communication with people

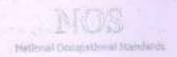






BW5/N9003	Create a positive impression at the workplace KA9. organization's requirements for recording and retaining information
B. Technical Knowledge	The user/individual on the job needs to know and understand: KB1. ability to speak, read and write in the local vernacular language and English KB2. appropriate verbal and non-verbal cues while dealing with guests from different cultural, religious backgrounds, age, disabilities and gender KB3. different formats on which information is to be recorded importance to maintain security and confidentiality of information KB5. kinds of communication equipment (email, phone etc.) available and their effective use KB6. selling/ influencing techniques to provide additional services/ products to guests
Skills (S)	
A. Core Skills/	Writing Skills
Generic Skills	The user/ individual on the job needs to know and understand how to: SA1. document call logs, reports, task lists, and schedules with co-workers SA2. prepare status and progress reports SA3. record customers: discussions in the call logs SA4. write memos and e-mail to customers, co-workers, and vendors to provide them with work updates and to request appropriate information without English language errors regarding grammar or sentence construct Reading Skills
	The user/individual on the job needs to know and understand how to: SA5. read about new products and services with reference to the organization and also from external forums such as websites and blogs. SA6. keep abreast with the latest knowledge by reading prochures, pamphlets, and product information sheets. SA7. read comments, suggestions, and responses to Frequently Asked Questions. (FAOs) posted on the helpdesk portal.
	Oral Communication (Listening and Speaking skills)
	The user/individual on the job needs to know and understand how to: SA8. discuss task lists, schedules, and work-loads with co-workers SA9. question customers appropriately in order to understand the nature of the problem and make a diagnosis SA10. give clear instructions to customers SA11. keep customers informed about progress SA12. avoid using jargon, slang or acronyms when communicating with a customer, unless it is required
B. Professional Skill	s Decision Making
	The user/individual on the job needs to know and understand how to: SB1. make decisions pertaining to the concerned area of work
	Plan and Organize
	The user/individual on the job needs to know and understand: SB2. plan and organize service feedback files/documents







BWS/N9003	Create a positive impression at the workplace
	Customer Centricity
	The user/individual on the job needs to know and understand how to: SB3. manage relationships with customers who may be stressed, frustrated, confused, or angry SB4. build customer relationships and use customer centric approach
	Problem Solving
	The user/individual on the job needs to know and understand how to: SB5. think through the problem, evaluate the possible solution(s) and suggest an optimum /best possible solution(s) SB6. deal with clients lacking the technical background to solve the problem on their own SB7. identify immediate or temporary solutions to resolve delays
	Analytical Thinking
	The user/individual on the job needs to know and understand how to: S88. use the existing data to arrive at specific data points S89. use the existing data points for improving the call resolution time S810. use the existing data points to generate required reports for business
	Critical Thinking
	The user/individual on the job needs to know and understand how to: SB11. apply, analyze, and evaluate the information gathered from observation, experience, reasoning, or communication, as a guide to thought and action
	The state of the s







BWS/N9003

Create a positive impression at the workplace

NOS Version Control

NOS Code	8WS/N9003		
Credits (NSQF)	TBD	Version number	1.0
Industry	Beauty & Wellness	Drafted on	01/08/2015
Industry Sub-sector	Alternate Therapy	Last reviewed on	10/02/2016
Occupation	Yoga Services	Next review date	10/02/2019



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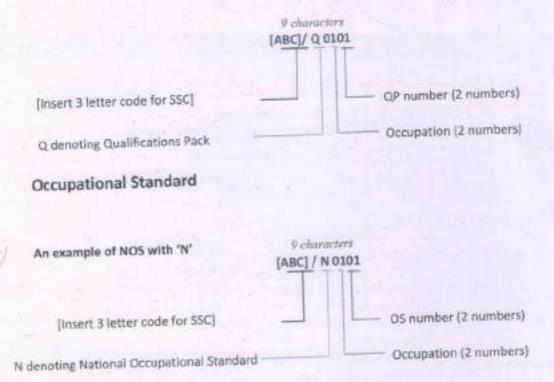


Qualifications Pack For Yoga Instructor

Annexure

Nomenclature for QP and NOS

Qualifications Pack



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Qualifications Pack For Yaga Instructor

The following acronyms/codes have been used in the nomenclature above:

Sub-sector Sub-sector	Range of Occupation numbers
1. BEAUTY & SALONS	A POLICE POLICE
Skin care services	0101-0109
Hair care services	0201-0212
Make up services	0301-0306
Nail care services	0401-0406
Aesthetic Dermatology services	0501-0504
Training Academy services	0601-0606
Tattoo services	0701-0705
Assessment services	0801-0802
2. REJUVENATION	St. of the organization
Spa Therapy	1001-1006
3. ALTERNATE THERAPY	S STATE OF
Ayurveda Therapy	2001-2006
Naturopathy Therapy	2101-2106
Yoga Therapy	2201-2206
Neurotherapy	2301-2303
Aromatherapy & Reflexology therapy	2401-2407
4. FITNESS & SLIMMING	The second of the
Fitness services	3001-3010
Nutrition services	3101-3108
Slimming services	3201-3204
5. PRODUCT & SALES	
Product & Sales	4001-4005





Qualifications Pack For Yaga Instructor

Sequence	Description	Example
Three letters	Industry name	BWS
Stash	1	1
Next letter	Whether QP or NOS	Q or N
Next two numbers	Occupation code	01
Next two numbers	OS number	01

Note:

 The range of occupation numbers have been decided based on the number of existing and future occupations in a segment



CRITERIA FOR ASSESSMENT OF TRAINEES

Job Role Yoga Instructor

Qualification Pack BWS/Q2201

Sector Skill Council Beauty and Wellness

Guidelines for Assessment

- Criteria for assessment for each Qualification Pack will be created by the Sector Skill Council. Each Performance Criteria (PC) will be assigned marks proportional to its importance in NOS. SSC will also lay down proportion of marks for Theory and Skills Practical for each PC
- 2. The assessment for the theory part will be based on knowledge bank of questions created by the SSC
- Individual assessment agencies will create unique question papers for theory part for each candidate at each examination/training center. (as per assessment criteria below)
- Individual assessment agencies will create unique evaluation for skill practical for every student at each
 examination/training center based on this criteria
- 5. To pass the Qualification Pack, every trainee should score a minimum of 60% in aggregate
- In case of successfully passing only certain number of NOS's, the trainee is eligible to take subsequent assessment on the balance NOS's to pass the Qualification Pack

				Marks Allocation	
Assessment outcomes	Assessment Criteria for outcomes	Total Marks	Out Of	Theory	Skills Practica
1.8WS/N9001 (Prepare & maintain work area)	PC1. ensure that environmental conditions are suitable for the client and the services to be carried out in a hygiene and safe environment		15	3	12
	PC2. select suitable equipment/products/ tools etc. required for the services	100	19	5	14
	PC3. set up the equipment/ tools etc. and prepare for services in adherence to the organization's procedures and product/ equipment/ tools related guidelines		20	4	16
	PC4. sterilize and clean the tools/ machinery/ equipment before and after the usage		17	2	15



Qualifications Pack for Yoga Instructor



	PC5. dispose waste materials (if applicable) in adherence to the organization's and industry requirements		14	4	10
	PC6. store records, materials and equipment securely in line with the organization's policies		15	4	11
			100	22	78
2. BWS/NZ201 (Conduct the basic yoga sessions)	PC1. ensure appropriate ambience for guests to perform yoga		3	1	2
preparedness of t guests to be able			4	1	3
	PC3. provide appropriate opening and closure of the session through prayer/chanting/meditati on		5	1	4
	PC4. perform and instruct loosening asanas or sukshma vyayama, breathing asanas as agreed with the guest and arrangement of the organization	100	.5	1	4
	PCS. perform and instruct classical asana as agreed with the guest and arrangement of the organization		5	1	4
	PC6. perform and instruct pranayama's as agreed with the guest and arrangement of the organisation		4	1	3
	PC7. recognise, adjust, and adapt to specific guest needs in the evolving professional relationship		3	1	Z
	PC8. implement effective teaching methods, adapt to unique styles of learning, provide supportive and effective feedback, acknowledge the guest's progress, and		4	1	3



Qualifications Pack for Yoga Instructor



15 - W	cope with unique difficulties / successes adjust appropriate practice strategies to the guests		1 76	
-1-11	PC9. elicit the goals, expectations and aspirations of the guests	3	1	2
	PC10. assist the supervisor to integrate information from the intake, evaluation, and observation to develop a working assessment of the guest's condition, limitations and	5	1	4
	possibilities PC11. deliver appropriate practices for individuals as well as group, taking into consideration the assessment of their conditions, limitations, possibilities and the	4	1	3
	PC12 provide instruction, demonstration, education to the guests using multi-model strategles of education such as audio visual tools, kinaesthetic learning tools, etc.	4	1	3
	PC13. practice effective guest - centred communication based upon a respect for and sensitivity to individual familial, cultural, social, ethnic and religious factors	3	1	2
	PC14. gather feedback, assist the supervisor to re- assess and refine the practice for determining short-term or long-term goals and priorities	4	1	3
	PC15, accept and follow othical principles and rolated concepts from the yoga tradition to professional interactions and relationships	3	1	2



Qualifications Pock for Yoga Instructor



	Beer lating appetr to regions			
	PC16. Inform guests in various forms of yoga and its effect on body and mind	4	18	3
	PC17. use a broad range of mind-body-based healing tools in conjunction with asanas based on needs, ages, and ability levels to create effective practices against ailments	4	1	3
	PC18. apply yogic principles to conduct guest sessions to enhance wellbeing, overcome illness and live a healthier and more meaningful life	5	1	4
	PC19. perform and demonstrate all yoga techniques to guests and ensure compliance to safety and health standards	3	1	2
	PC20, assist guests to perform all techniques effectively	-4	1	3
	PC21. evaluate asanas performed by guests and recommend correction whenever required	3	1	2
.6.	PC22. coordinate with senior supervisors and guests on yogic lifestyle counselling to ensure healthy body and mind	3	1	2
47	PC23. ensure guests satisfaction and assist in answering all guest queries	3	ı	2
	PC24. store guest and equipment records, securely in line with the organization's policies	3	1	2
	PC2S, leave the work area in a clean and hygienic condition suitable for further classes	3	1	2
	PC26. document the client chart (sattva, rajas, tamas), contra indications and health condition and requirements of all	3	1	2



Qualifications Pack for Yogo Instructor



	guests and conduct classes to follow the asanas plan designed				
	PC27: ensure appropriate ambience for guests to perform yoga		3	1	2
			100	27	73
PC1. set up and position the equipment/ tools/ (Maintain health and safety at the workplace) PC2. clean and sterilize all tools / machines/ equipment before and after the use PC3. maintain one's posture and position to minimize fatigue and the risk of injury PC4. dispose waste materials (if applicable) in accordance to the industry accepted standards PC5. maintain first aid kit and keep oneseif updated on the first aid procedures PC6. identify and document potential risks and hazards in the workplace	equipment/ tools/ machinery/ products etc. in the work area to meet legal, hygiene and		10	3	7
		10	3	7	
	and position to minimize fatigue and the risk of		10	3	7
	100	12	2	10	
	keep oneself updated on		15	3	12
	A CONTRACTOR OF THE PROPERTY O		10	3	7
	PC7. accurately maintain accident reports		10	3	7
	PC8. report health and safety risks/ hazards to concerned personnel		10	3	7
	PC9. use machines, tools, equipment, chemicals and products in accordance with the organization's		13	3	10
The second secon	3305/100WB30EDE		100	26	74
4. BWS/N9003 (Create a positive impression at work area)	PC1. maintain good health and personal hygiene	100	8	2	6
work area)	PC2. comply with organisation's standards of grooming and		9	3	6



	1	personal behaviour
	PC3	meet the organisation's
	-	standards of courtesy,
	1	behaviour and efficiency
	PC4	stay free from
	-	intoxicants while on
		duty
	PC5.	wear and carry
	1000	organisation's uniform
		and accessories
	nec.	correctly and smartly
	PC6.	take appropriate and
	-	approved actions in line
		with instructions and
		guidelines
	PC7.	record details related to
		tasks, as per procedure
	PCB.	participate in workplace
		activities as a part of the
		larger team
	PC9	report to supervisor
		immediately in case
		there are any work
	1 -	
	2010	issues
	PC10.	
		language, tone and
		gestures while
		interacting with clients
		from different cultural
		and religious
		backgrounds, age,
		disabilities and gender
	PC11.	communicate procedure
	10,000	
		related information to
	1	clients based on the
		clients based on the sector's code of
		clients based on the sector's code of practices and
		clients based on the sector's code of practices and organisation's
**-	0017	clients based on the sector's code of practices and organisation's procedures/ guidelines
	PC12.	clients based on the sector's code of practices and organisation's procedures/ guidelines communicate role
	PC12.	clients based on the sector's code of practices and organisation's procedures/ guidelines communicate role related information to
	PC12,	clients based on the sector's code of practices and organisation's procedures/ guidelines communicate role related information to stakeholders in a polite
	PC12.	clients based on the sector's code of practices and organisation's procedures/ guidelines communicate role related information to stakeholders in a polite manner and resolve
	i i sesse	clients based on the sector's code of practices and organisation's procedures/ guidelines communicate role related information to stakeholders in a polite manner and resolve queries, if any
	PC12.	clients based on the sector's code of practices and organisation's procedures/ guidelines communicate role related information to stakeholders in a polite manner and resolve queries, if any assist and guide clients
	i i sesse	clients based on the sector's code of practices and organisation's procedures/ guidelines communicate role related information to stakeholders in a polite manner and resolve queries, if any
	i i sesse	clients based on the sector's code of practices and organisation's procedures/ guidelines communicate role related information to stakeholders in a polite manner and resolve queries, if any assist and guide clients
	PC13.	clients based on the sector's code of practices and organisation's procedures/ guidelines communicate role related information to stakeholders in a polite manner and resolve queries, if any assist and guide clients to services or products
	PC13.	clients based on the sector's code of practices and organisation's procedures/ guidelines communicate role related information to stakeholders in a polite manner and resolve queries, if any assist and guide clients to services or products based on their needs report and record
	PC13.	clients based on the sector's code of practices and organisation's procedures/ guidelines communicate role related information to stakeholders in a polite manner and resolve queries, if any assist and guide clients to services or products based on their needs report and record instances of aggressive/
	PC13.	clients based on the sector's code of practices and organisation's procedures/ guidelines communicate role related information to stakeholders in a polite manner and resolve queries, if any assist and guide clients to services or products based on their needs report and record instances of aggressive/ unruly behaviour and
	PC13.	clients based on the sector's code of practices and organisation's procedures/ guidelines communicate role related information to stakeholders in a polite manner and resolve queries, if any assist and guide clients to services or products based on their needs report and record instances of aggressive/

5	1	4
6	1	5
6	1	5
6	2	4
5	2	3
-5	1.	4
3	1	2
7	2	5
7	2	5
7	2	5
:4	1	3
4	1	3
4	1	3



Qualifications Pack for Yoga Instructor



email etc.) as mandated by your organization			1	- 19
PC16. carry out routine documentation legibly and accurately in the desired format		4	1	3
PC17. file routine reports and feedback		4	1	3
PC18. maintain confidentiality of information, as required, in the role	1	6	2	4
		100	27	73

Smt. M.M.Shah MAHILA ARTS COLLEGE, KADI Diploma in Vocation ADMISSION IN BEAUTY & WELLNESS STUDENT LIST 2020-21 Sr.no Name 1 GOSWAMI SUSHILABEN KANUPURI PARIKH CHHAYA HEMANT 2 3 PATEL AVANIBEN JAYANTIBHAI PATEL HINABEN MANSUKHLAL 4 PATEL URMILABEN HIRALAL 5 PRAJAPATI CHHAYABEN BABULAL 6 7 VAIDYA RESHMABEN UDAYBHAI 8 PRAJAPATI ARTIBAHEN RASIKBHAI 9 JADEJA HARDIKABA ASHOKSINH CHHASTIYA NILAMBEN VINODBHAI 10 GAJJAR HANI KUMARI MAHENDRABHAI 11 12 PATEL PINKIBEN 13 RABARI JINALBEN NAGJIBHAI 14 SUTHAR HEENA RAMBHAI 15 SWAMI PAYALBEN VALGIRI 16 TRIVEDI HIMANIBEN KAMLESHKUMAR 17 TRIVEDI SONALI B.

Principal
Smt. M.M. Shah Mahila Arts College
Kati- (N.G.) -382715

Prin. Dr.Hina M. Patel (M) 9925032421 Tel. (O) (02764) 242072 Fax. 02764-242072

Smt. M. M. Shah Mahila Arts College

Kalol Road, Nr. Petrol Pump, Highway, KADI-384 440 (North Gujarat) India (Managed by M.P.Shah Education Society, Kadi)

NAAC ACCREDITED "B" GRADE (2.48 CGPA)

website :www.mpedusocikadi.org

Email: mmsmac@yahoo.com

Ref. No. p-2028 -21

Date: 20 3 2021

Exam Notice

This is to inform you all that the IQAC of our college is organized Bachelor of Vocation Examination the detail of course is as under.

1. Name of course: Diploma in Vocation

2. Duration of course: 1 Year

3. Date of Exam: 261312021

4. Timings of Exam: 02 hours

5. Place of Exam: Class Room No :11

Smt.M.M.Shah Mahila Arts College All participants will get certificate after completion of course.

Principal on Mahila

Smt. M.M. Shah Mahila Arts College Kadi- (N.G.) -382715

Taivedi sornali B

Smt.M.M. Shah Mahila Arts College, Kadi

Diploma in Vocation in Beauty & Wellness

Total Marks: 70 Date: -25/3/2021

Time: 12:00 to 01:00

- Which vitamin is essential for maintaining healthy skin?
- a) Vitamin A
 - b) Vitamin B12
 - c) Vitamin C
 - d) Vitamin D
- Which natural oil is commonly used to moisturize and condition hair?
 - a) Olive oil
 - b) Castor oil
 - e) Coconut oil
 - d) Almond oil
- What is the primary benefit of exfoliating the skin?
 - a) Reduces wrinkles
- Removes dead skin cells
 - c) Lightens the skin
 - d) Hydrates the skin
- Which of the following is NOT a type of facial mask?
 - a) Clay mask
 - b) Sheet mask
 - c) Gel mask
 - d) Oil mask
- What is the purpose of a toner in a skincare routine?
 - a) To cleanse the skin
 - b) To exfoliate the skin
 - of To balance the skin's pH
 - d) To moisturize the skin
- 6. Which ingredient is commonly found in anti-aging products? a Retinol
 - - b) Salicylic acid
 - c) Benzoyl peroxide
 - d) Lactic acid
- Which type of massage is best for relieving muscle tension?
 - n) Swedish massage
 - b) Hot stone massage
 - Deep tissue massage
 - d) Aromatherapy massage
- What is the main benefit of using a conditioner after shampooing?
 - a) Cleanses the hair
 - b) Adds volume to the hair
- Moisturizes and detangles the bair
 - d) Colors the hair

9. Which mineral is commonly used in makeup for its shimmer effect? a) Talc - b) Mica e) Zinc oxide d) Pitanium dioxide What is a common symptom of a vitamin C deficiency? a) Dry skin b) Acne c) Dark circles & Scurvy . Which of the following is an antioxidant that is beneficial for the skin? a) Vitamin D b) Vitamin E e) Vitamin K dy Vitamin B6 12. Which technique is used to apply foundation evenly on the face? n) Blotting by Stippling c) Contouring d) Daking 3. What is the main benefit of using a scrum in a skineare routine? n) Exfeliates the skin Deeply hydrates and targets specific skin concerns c) Removes makeup d) Cleanses the pores 14 Which essential oil is commonly used for its calming properties? a) Peppermint oil b) Teatree oil s) Lavender oil di Eucalyptus oil Which of the following is a primary ingredient in traditional henna for hair coloring? a) Indigo powder b) Amia powder c)-Henna powder d) Neem powder 16. What is the role of collagen in the skin? n) Provides hydration b) Reduces pigmentation Troyldes structure and elasticity d) Cleanses the skin 17. Which product is best used to remove makeup? a) Toner b) Serum co-Micellar water d) Moisturizer

. 5	18. Which treatment is commonly used to reduce cellulite?
1	a) Facials
	b) Chemical peels
	_c} Body wraps
	d) Microdermabrasion
	19. Which hair care product is designed to protect hair from heat damage?
	a) Hair mask
	b) Leave-in conditioner
	(a) Heat protectant spray
	d) Dry shampoo
	20. What does SPF stand for in sunscreens?
- 1	a) Sun Protection Factor
	b) Skin Protection Formula
	c) Sun Preventive Formula
	d) Skin Preservation Factor
9	21. Which type of acid is commonly used in chemical peels for acne-prone skin
	a) Glycolic acid
	by Salicylic acid
	c) Hyaluronic acid
	d) Ascorbic acid
	22. Which nail shape is characterized by a squared-off tip?
1	a) Round
1	
	b) Almond
	c) Square
-	d) Oval
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-	a) Removes dandruff
	b) Stimulates hair growth
	c) Colors the hair
	d) Straightens the hair
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	b) Toning
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	d) Meisturizing
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	b) Hyaluronic acid
	c) Retinoid
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28. Which essential oil is known for its antiseptic properties? a) Layender oil b) Tea tree oil c) Rose oil dr Lemon oil 29. What is the purpose of a primer in makeup application? a) Adds color to the face b) Moisturizes the skin Creates a smooth base for makeup d) Sets the makeup 30. Which of the following is a common treatment for reducing the appearance of dark spots? UH Glycolic soid ' b) Tea tree oil c) Jojoba oil d) Argan oil 31. Which of the following is NOT a benefit of drinking adequate water for skin health2 Mydrates the skin b) Reduces wrinkles c) Improves skin elasticity d Increases oil production 2. Which of the following is a natural exfoliant? at Baking soda b) Aloe yers c) Honey d) Coconut oil 33 What is a common cause of brittle nails? a) Vitamin D deficiency b Lack of protein c) Excessive moisture d) Overexposure to sunlight 34. Which type of facial is known for its anti-aging benefits? a) Hydrating facial b) Chemical peel c) Oxygen facial LED light therapy 35. Which product is best used to remove makeup? a) Toner b) Serum Micellar water d) Moisturizer

Swami Payalken Valgiri

Smt.M.M. Shah Mahila Arts College, Kadi

Diploma in Vocation in Beauty & Wellness

66

Total Marks: 70 Date:-25/3/2021 Time: 12:00 to 01:00

Which vitamin is essential for maintaining healthy skin?

- a) Vitamin A
- b) Vitamin B12
- c) Vitamin C
- d) Vitamin D
- Which natural oil is commonly used to moisturize and condition hair?
 - a) Olive oil
 - b) Castor oil
 - c) Coconut oil
 - d) Almond oil
- What is the primary benefit of exfoliating the skin?
 - a) Reduces wrinkles
 - b) Removes dead skin cells
 - c) Lightens the skin
 - d) Hydrates the skin
- 4. Which of the following is NOT a type of facial mask?
 - a) Clay mask
 - b) Sheet mask
 - e) Gel mask
 - d) Oil mask
- 5. What is the purpose of a toner in a skincare routine?
 - a) To cleanse the skin
 - b) To exfoliate the skin
 - c) To balance the skin's pH
 - d) To moisturize the skin
- 6. Which ingredient is commonly found in anti-aging products?
- a) Retitto
 - b) Salicylic acid
 - c) Benzoyl peroxide
 - d) Lactic acid
- 7. Which type of massage is best for relieving muscle tension?
 - a) Swedish massage
 - b) Hot stone massage
 - c) Deep tissue massage
 - d) Aromatherapy massage
- 8. What is the main benefit of using a conditioner after shampooing?
 - a) Cleanses the hair
 - b) Adds volume to the hair
 - c) Moisturizes and detangles the hair
 - d) Colors the hair

9. Which mineral is commonly used in makeup for its shimmer effect? a) Talc b) Mica c) Zinc oxide La Titanium dioxide 10. What is a common symptom of a vitamin C deficiency? a) Dry skin b) Acne c) Dark circles d) Scurvy Which of the following is an antiexidant that is beneficial for the skin? a) Vitamin D. by Vitamin E c) Vitamin K D-Vitamin B6 Which technique is used to apply foundation evenly on the face? a) Blotting Stippling c) Contouring d)-Baking 3. What is the main benefit of using a serum in a skincare routine? a) Exfoliates the skin b) Deeply hydrates and targets specific skin concerns c) Removes makeup d) Cleanses the pores 4. Which essential oil is commonly used for its calming properties? a) Peppermint oil b) Tea tree oil Lo Lavender oil d). Eucalyptus oil Which of the following is a primary ingredient in traditional henna for hair coloring? n) Indigo powder b) Amla powder Lettenna powder d) Neem powder Le What is the role of collagen in the skin? a) Provides hydration b) Reduces pigmentation (a) Provides structure and elasticity d) Cleanses the skin Which product is best used to remove makeup? a) Toner b) Serum c) Micellar water d) Moisturizer

12. Which treatment is commonly used to reduce cellulite? a) Facials b) Chemical peels c) Body wraps d) Microdermabrasion 19. Which hair care product is designed to protect hair from heat damage? a) Hair mask b) Leave-in conditioner Heat protectant spray d) Dry shampoo 20. What does SPF stand for in sunscreens? a Sun Protection Factor b) Skin Protection Formula c) Sun Preventive Formula di Skin Preservation Factor 21. Which type of acid is commonly used in chemical peels for acne-prone skin? a) Glycolic acid Lby Salicylic acid c) Hyaluronic acid d) Ascorbic acid 22. Which nail shape is characterized by a squared-off tip? a) Round b) Almond c) Square d) Ovai 3. What is the primary benefit of a scalp massage? a) Removes dandruff by Stimulates hair growth c) Colors the hair d) Straightens the hair 24. Which of the following is a method of hair removat? a) Exfoliation b) Toning e) Waxing d) Maisturizing 25. Which ingredient is commonly found in moisturizing creams? a) Benzoyl peroxide. by Hyaluronic acid A CHRETInoid d) Salicylic acid 25. What is a common benefit of using aloe vera on the skin? a) Reduces oiliness by Provides hydration and soothes irritation c) Lightens skin tone d) Increases pigmentation 27. Which type of brush is best for applying powder foundation? a) Flat brush b) Kabuki brush c) Angled brush d) Fan brush

28. Which essential oil is known for its autiseptic properties? a) Lavender oil by Tea tree oil c) Rose oil d) Lemon oil 29. What is the purpose of a primer in makeup application? a) Adds color to the face b) Moisturizes the skin or Creates a smooth base for makeup d) Sets the makeup 30. Which of the following is a common treatment for reducing the appearance of dark spots? n) Glycolic acid b) Tea tree oil c) Jojoba oil d) Argan oil 31. Which of the following is NOT a benefit of drinking adequate water for skin a) Hydrites the skin Lb) Reduces wrinkles c) Improves skin elasticity d) Increases oil production 32 Which of the following is a natural exfoliant? a) Baking soda b) Aloe vera c) Honey d) Coconut oil 33 What is a common cause of brittle nails? a) Vitamin D deficiency b) tack of protein c) Excessive moisture d) Overexposure to sunlight 34. Which type of facial is known for its anti-aging benefits? a) Hydrating facial b) Chemical peol c) Oxygen facial AT LED light therapy 35. Which product is best used to remove makeup? b) Scaum Micellar water d) Moisturizer

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Smt.M.M. Shah Mahila Arts College, Kadi

Diploma in Vocation in Beauty & Wellness

Total Marks: 70 Date:-25/3/2021 Time: 12:00 to 01:00

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 - A Vitamin A
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- 2. Which natural oil is commonly used to moisturize and condition hair?
 - a) Olive oil
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- 3 What is the primary benefit of exfoliating the skin?
 - a) Reduces wrinkles
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- 4 Which of the following is NOT a type of facial mask?
 - a) Clay mask
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 - What is the purpose of a toner in a skincare routine?
 - a) To cleanse the skin
 - b) To exfoliate the skin
 - c) To balance the skin's pH
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- 6. Which ingredient is commonly found in anti-aging products?
 - B) Retinol
 - b) Salicylic acid
 - c) Benzoyl peroxide
 - d) Lactic acid
- 7 Which type of massage is best for relieving muscle tension?
 - a) Swedish massage
 - b) Hot stone massage
 - Deep tissue massage
 - d) Aromatherapy massage
 - What is the main benefit of using a conditioner after shampooing?
 - a) Cleanses the hair
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 - Oc.) Moisturizes and detangles the hair
 - Deolors the hair

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20. What does SPF stand for in sunscreens?
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21. Which type of acid is commonly used in chemical peels for acne-prone skin?
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(a) Glycolic acid	
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d) Argan oil	
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Sythour Gleena Rambhace

Smt.M.M. Shah Mahila Arts College, Kadi

Diploma in Vocation in Beauty & Wellness

Total Marks: 70 Date:-25/3/2021 Time: 12:00 to 01:00

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- 8. What is the main benefit of using a conditioner after shampooing?
 - a) Cleanses the hair
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Which mineral is commonly used in makeup for its shimmer effect? a) Talc b) Mica e) Zinc oxide d) Titanium dioxide 10. What is a common symptom of a vitamin C deficiency? a) Dry skin b) Acne c) Dark circles Scurvy Which of the following is an antioxidant that is beneficial for the skin? a) Vitamin D by Vitamin E c) Vitamin K. d) Vitamin B6 12. Which technique is used to apply foundation evenly on the face? a) Blotting b) Stippling c) Contouring Baking 2. What is the main benefit of using a serum in a skineare routine? a) Exfoliates the skin by Deeply hydrates and targets specific skin concerns e) Removes makeup d) Cleanses the pores 14 Which essential oil is commonly used for its calming properties? a) Peppermint oil b) Tea tree ail E) Envender oil d'Eucalyptus oil Which of the following is a primary ingredient in traditional henna for hair cotoring? a) Indigo powder b) Amla powder c) Henna powder d) Neem powder 6. What is the role of collagen in the skin? a) Provides hydration b) Reduces pigmentation e) Provides structure and elasticity d) Cleanses the skin 7. Which product is best used to remove makeup? a) Toner b) Serum of Micellar water d) Moisturizer

18. Which treatment is commonly used to reduce cellulite? a) Facials b) Chemical peels d) Microdermabrasion 19. Which hair care product is designed to protect hair from heat damage a) Hair mask b) Leave-in conditioner c) Haar protectant spray d) Dry shampoo 20. What does SPF stand for in sunscreens? a) Sur Protection Factor	ge?
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Patal pinkiben

Smt.M.M. Shah Mahila Arts College, Kadi

Diploma in Vocation in Beauty & Wellness

Total Marks: 70 Date: -25/3/2021

Time: 12:00 to 01:00

1. Which vitamin is essential for maintaining healthy skin?

- a), Vitamin A
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- c) Vitamin C
- d)-Vitamin D

Which natural oil is commonly used to moisturize and condition hair?

- a) Olive oil
- b) Castor oil
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 - d) Almond oil

5. What is the primary benefit of exfoliating the skin?

- a) Reduces wrinkles
- b) Removes dead skin cells
- c) Lightens the skin
- d) Hydrates the skin

4. Which of the following is NOT a type of facial mask?

- a) Clay mask
- b) Sheet mask
- c) Gel mask
- d) Oil mask

5. What is the purpose of a toner in a skincare routine?

- a) To cleanse the skin
- b) To exfoliate the skin
- c) To balance the skin's pH
 - d) To moisturize the skin

6. Which ingredient is commonly found in anti-aging products?

- WHO Retinol
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Which type of massage is best for relieving muscle tension?

- a) Swedish massage
- b) Hot stone massage
- c) Deep tissue massage
 - d) Aromatherapy massage

What is the main benefit of using a conditioner after shampooing?

- a) Cleanses the hair
- b) Adds volume to the hair
- c) Moisturizes and detangles the hair
- d) Colors the hair

Which mineral is commonly used in makeup for its shimmer effect? a) Talc by Mica c) Zinc oxide at Titanium dioxide 10. What is a common symptom of a vitamin C deficiency? a) Dry skin b) Acne c) Dark circles dr Scurvy M. Which of the following is an antioxidant that is beneficial for the skin? a) Vitamin D t by Vitamin E c) Vitamin K d) Vitamin B6 Which technique is used to apply foundation evenly on the face? a) Blotting b) Stippling c) Contouring d) Boking 13. What is the main benefit of using a serum in a skincare routine? a) Exfoliates the skin beeply hydrates and targets specific skin concerns c) Removes makeup d) Cleanses the pores 14. Which essential oil is commonly used for its calming properties? a) Peppermint oil b) Teatree oil c) Lavender oil di Eucalyptus oil Which of the following is a primary ingredient in traditional henna for hair a) Indigo powder b) Amla powder c) flenna powder d) Neem powder 16 What is the role of collagen in the skin? a) Provides hydration b) Reduces pigmentation Provides structure and elasticity d) Cleanses the skin 17. Which product is best used to remove makeup? a) Toner b) Serum Micellar water d) Moisturizer

18. Which treatment is commonly used to reduce cellulite?
a) Facials
b) Chemical peels
CD-Brody wraps
d) Microdermabrasion
19. Which hair care product is designed to protect hair from heat damage?
a) Hair mask
b) Leave-in conditioner
C) Heat protectant spray
d) Dry shampoo
20. What does SPF stand for in sunscreens?
al-Sun Protection Factor
b) Skin Protection Formula
c) Sun Preventive Formula
d. Skin Preservation Factor
Which type of acid is commonly used in chemical peels for acne-prone skin?
a) Glycolic acid
b)-Salicylic acid
c) Hyaluronic acid
d) Ascorbic acid
22. Which nail shape is characterized by a squared-off tip?
a) Round
b) Almond
Ce) Square
d) Oval
23. What is the primary benefit of a scalp massage? a) Removes dandruff
b) Stimulates hair growth
e) Colors the hair
d) Straightens the hair
24. Which of the following is a method of hair removal?
a) Exfoliation
by Toning
c) Waxing
d) Moisturizing
25. Which ingredient is commonly found in moisturizing creams?
a) Benzoyl peroxide
b)-Hyaluronic acid
c) Retinoid
, d) Salicylic acid
26. What is a common benefit of using aloe vera on the skin?
a) Reduces oiliness
b) Provides hydration and soothes irritation
c) Lightens skin tone
d) Increases pigmentation
27. Which type of brush is best for applying powder foundation?
a) Flat brush
b) Kabuki brush
1 of Angled brush
d) Fan brush

28. Which essential oil is known for its antiseptic properties? a) Lavender oil b) Fea tree oil c) Rose oil d'i Lemon oil 29. What is the purpose of a primer in makeup application? a) Adds color to the face b) Moisturizes the skin (a) Creates a smooth base for makeup d) Sets the makeup 30. Which of the following is a common treatment for reducing the appearance of dark spots? a) Glycollc acid b) Ten tree oil c) Jojoba oil di Argan oil 3). Which of the following is NOT a benefit of drinking adequate water for skin. a) Hydrates the skin b) Reduces wrinkles c) Improves skin elasticity d) Increases oil production 32. Which of the following is a natural exfoliant? _a Baking soda b) Aloe vera c) Honey d) Coconut oil 33 What is a common cause of brittle nails? a) Vitamin D deficiency _brtack of protein c) Excessive moisture d) Overexposure to sunlight 34. Which type of facial is known for its anti-aging benefits? a) Hydrating facial b) Chemical peel c) Oxygen facial (a) LED light therapy 55. Which product is best used to remove makeap? a) Toner b) Serum (c) Micellar water d) Moisturizer

Smt.M.M. Shah Mahila Arts College, Kadi Diploma in Vocation in Beauty & Wellness

> Total Marks: 70 Date:-25/3/2021

Time: 12:00 to 01:00

- Which vitamin is essential for maintaining healthy skin?
 - a) Vitamin A
 - b) Vitamin B12
 - c) Vitamin C
 - d) Vitamin D

Answer: a) Vitamin A

- 2. Which natural oil is commonly used to moisturize and condition hair?
 - a) Olive oil
 - b) Castor oil
 - c) Coconut oil
 - d) Almond oil

Answer: e) Coconut oil

- 3. What is the primary benefit of exfoliating the skin?
 - a) Reduces wrinkles
 - b) Removes dead skin cells
 - c) Lightens the skin
 - d) Hydrates the skin

Answer: b) Removes dead skin cells

- 4. Which of the following is NOT a type of facial mask?
 - a) Clay mask
 - b) Sheet mask
 - c) Gel mask
 - d) Oil mask

Answer: d) Oil mask

- 5. What is the purpose of a toner in a skineare routine?
 - a) To cleanse the skin
 - b) To exfoliate the skin
 - c) To balance the skin's pH
 - d) To moisturize the skin

Answer: c) To balance the skin's pH

- 6. Which ingredient is commonly found in anti-aging products?
 - a) Retinol
 - b) Salicylic acid
 - c) Benzoyl peroxide
 - d) Lactic acid

Answer: a) Retinol

7. Which type of massage is best for relieving muscle tension?
a) Swedish massage
b) Hot stone massage
c) Deep tissue massage
d) Aromatherapy massage
Answer: c) Deep tissue massage
8. What is the main benefit of using a conditioner after shampooing?
a) Cleanses the hair
b) Adds volume to the hair
e) Moisturizes and detangles the hair
d) Colors the hair
Answer: c) Moisturizes and detangles the hair
Which mineral is commonly used in makeup for its shimmer effect?
a) Talc
b) Mica
e) Zinc oxide
d) Titanium dioxide
Answer: b) Mica
10. What is a common symptom of a vitamin C deficiency?
a) Dry skin
b) Acne
DMC/=270716-0.7-2707
c) Dark circles
d) Scurvy
Answer: d) Scurvy
11. Which of the following is an antioxidant that is beneficial for the skin
a) Vitamin D
b) Vitamin E
c) Vitamin K
d) Vitamin B6
Answer: b) Vitamin E
12. Which technique is used to apply foundation evenly on the face?
a) Blotting
b) Stippling
c) Contouring
d) Baking
Answer: b) Stippling
13. What is the main benefit of using a serum in a skincare routine?
a) Exfoliates the skin
 b) Deeply hydrates and targets specific skin concerns
c) Removes makeup
d) Cleanses the pores
Answer: b) Deeply hydrates and targets specific skin concerns
14. Which essential oil is commonly used for its calming properties?
a) Peppermint oil
b) Tea tree oil
c) Lavender oil
d) Eucalyptus oil
Answer: c) Lavender oil
A AMERICAN TO MAKE STRUKEN SOFT

15. Which of the following is a primary ingredient in traditional henna for hair coloring? a) Indigo powder b) Amla powder c) Henna powder d) Neem powder Answer: e) Henna powder 16. What is the role of collagen in the skin? a) Provides hydration b) Reduces pigmentation c) Provides structure and elasticity d) Cleanses the skin Answer: c) Provides structure and elasticity 17. Which product is best used to remove makeup? a) Toner b) Serum c) Micellar water d) Moisturizer Answer: c) Micellar water 18. Which treatment is commonly used to reduce cellulite? a) Facials b) Chemical peels c) Body wraps d) Microdermabrasion Answer: c) Body wraps 19. Which hair care product is designed to protect hair from heat damage? a) Hair mask b) Leave-in conditioner c) Heat protectant spray d) Dry shampoo Answer: c) Heat protectant spray 20. What does SPF stand for in sunscreens? a) Sun Protection Factor b) Skin Protection Formula c) Sun Preventive Formula d) Skin Preservation Factor Answer: a) Sun Protection Factor 21. Which type of acid is commonly used in chemical peels for acne-prone skin? a) Glycolic acid b) Salicylic acid c) Hyaluronic acid d) Ascorbic acid Answer: b) Salicylic acid 22. Which nail shape is characterized by a squared-off tip? a) Round b) Almond c) Square d) Oval Answer: c) Square

23. What is the primary benefit of a scalp massage? a) Removes dandruff b) Stimulates hair growth c) Colors the hair d) Straightens the hair Answer: b) Stimulates hair growth 24. Which of the following is a method of hair removal? a) Exfoliation b) Toning c) Waxing d) Moisturizing Answer: c) Waxing 25. Which ingredient is commonly found in moisturizing creams? a) Benzoyl peroxide b) Hyaluronic acid c) Retinoid d) Salicylic acid Answer: b) Hyaluronic acid 26. What is a common benefit of using aloc vera on the skin? a) Reduces oiliness b) Provides hydration and soothes irritation c) Lightens skin tone d) Increases pigmentation Answer: b) Provides hydration and soothes irritation 27. Which type of brush is best for applying powder foundation? a) Flat brush b) Kabuki brush c) Angled brush d) Fan brush Answer: b) Kabuki brush 28. Which essential oil is known for its antiseptic properties? a) Lavender oil b) Tea tree oil c) Rose oil d) Lemon oil Answer: b) Tea tree oil 29. What is the purpose of a primer in makeup application? a) Adds color to the face b) Moisturizes the skin c) Creates a smooth base for makeup d) Sets the makeup Answer: c) Creates a smooth base for makeup 30. Which of the following is a common treatment for reducing the appearance of dark spots? a) Glycolic acid b) Tea tree oil c) Joioba oil d) Argan oil Answer: a) Glycolic acid

- 31. Which of the following is NOT a benefit of drinking adequate water for skin health?
 - a) Hydrates the skin
 - b) Reduces wrinkles
 - c) Improves skin elasticity
 - d) Increases oil production

Answer: d) Increases oil production

- 32. Which of the following is a natural exfoliant?
 - a) Baking soda
 - b) Aloe vera
 - c) Honey
 - d) Coconut oil

Answer: a) Baking soda

- 33. What is a common cause of brittle nails?
 - a) Vitamin D deficiency
 - b) Lack of protein
 - e) Excessive moisture
 - d) Overexposure to sunlight

Answer: b) Lack of protein

- 34. Which type of facial is known for its anti-aging benefits?
 - a) Hydrating facial
 - b) Chemical peel
 - c) Oxygen facial
 - d) LED light therapy

Answer: d) LED light therapy

- 35. Which product is best used to remove makeup?
 - a) Toner
 - b) Serum
 - c) Micellar water
 - d) Molsturizer

Answer: c) Micellar water

MANIBEN M.P. SHAH MAHILA ARTS COLLEGE, KADI UGC-MHRD APPROVED SKILL BASED DEVELOPMENT COURSES ADMISSION IN BEAUTY & WELLNESS

STUDENT LIST 2020-21

Sr.no	Name	Sign
1	GOSWAMI SUSHILABEN KANUPURI	Sign 5.K.gus
2	PARIKH CHHAYA HEMANT	P.C.C.
3	PATEL AVANIBEN JAYANTIBHAI	0-13-P
4	PATEL HINABEN MANSUKHLAL	4.01.12
5	PATEL URMILABEN HIRALAL	D+M.A.
6	PRAJAPATI CHHAYABEN BABULAL	Enzy.
7	VAIDYA RESHMABEN UDAYBHAI	buidya.
8	PRAJAPATI ARTIBAHEN RASIKBHAI	A.R. Ba
9	JADEJA HARDIKABA ASHOKSINH	H-M-Jado
10	CHHASTIYA NILAMBEN VINODBHAI	N.V.C.
11	GAJJAR HANI KUMARI MAHENDRABHAI	H.M.C
12	PATEL PINKIBEN	Parell
13	RABARI JINALBEN NAGJIBHAI	Rwharit
14	SUTHAR HEENA RAMBHAI	14-12-5
15	SWAMI PAYALBEN VALGIRI	youls.
16	TRIVEDI HIMANIBEN KAMLESHKUMAR	H.K.T.
17	TRIVEDI SONALI B.	S.B.T.

MANIBEN M.P. SHAH MAHILA ARTS COLLEGE, KADI UGC-MHRD APPROVED SKILL BASED DEVELOPMENT COURSES ADMISSION IN BEAUTY & WELLNESS

STUDENT LIST 2020-21

Sr.no	Name	Theory	Practical	Total
1	GOSWAMI SUSHILABEN KANUPURI	50	20	70
2:	PARIKH CHHAYA HEMANT	68	20	86
3	PATEL AVANIBEN JAYANTIBHAI	68	15	83
4	PATEL HINABEN MANSUKHLAL	68	18	30
5	PATEL URMILABEN HIRALAL	66	17	02
6	PRAJAPATI CHHAYABEN BABULAL	64	114 6	80
7	VAIDYA RESHMABEN UDAYBHAI	60	12	01
8	PRAJAPATI ARTIBAHEN RASIKBHAI	68	14	8 1
9	JADEJA HARDIKABA ASHOKSINH	68	13	8
10	CHHASTIYA NILAMBEN VINODBHAI	60.	18	78
11	GALIAR HANI KUMARI MAHENDRABHAI	66	elec-	90
12	PATEL PINKISEN	64	14	08
13	RABARI JINALBEN NAGJIBHAI	60	2.5	82
14	SUTHAR HEENA RAMBHAI	68	02-6	96
15	SWAMI PAYALBEN VALGIRI	56	700	01
16	TRIVEDI HIMANIBEN KAMLESHKUMAR	50	25	- 83
17	TRIVEDI SONALI B.	68	0.0	18

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SMT, M. M. Shah Mahila Arts College, Kadi

Feedback Form of B. Voc. Course in BEAUTY & WELLNESS

Academic Year: 2020 - 21

Feedback Form

Full Name (Treet to S - F	0. 1 1 1	
Full Name Croswermi	Sushilaben K.	

(Rate the Faculty on the below Parameters where 1 is the lowest and 5 is the highest)

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		1	2	3	4	5
3	Communication Skill				2	
4	Presentation				V	
5	Content Knowledge					V
ń	Overall Impression about the Course					-
7	How Satisfied with Subject (Topic) with You Learn					V

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Student Student

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SMT. M. M. Shah Mahila Arts College, Kadi

Feedback Form of B. Voc. Course in BEAUTY & WELLNESS

Academic Year: 2020 - 21

Feedback Form

Full Name Parikh chhaya Hemant

(Rate the Faculty on the below Parameters where 1 is the lowest and 5 is the highest)

		towers and 3 is the night		191.1		
		1	2	3	4	5
3	Communication Skill				V	
4	Presentation				-	
5	Content Knowledge					V
6	Overall Impression about the Course					V
7	How Satisfied with Subject (Topic) with You Learn				V	

Suggestion:	good	
	0	

Signature of Student

SMT. M. M. Shah Mahila Arts College, Kadi

Feedback Form of B. Voc. Course in BEAUTY & WELLNESS

Academic Year: 2020-21

Feedback Form

		-		
Full Name:	11574	-DHOWNERS	જરાં (પ્રભાર)	
		-2010/01/C/14/	28 CH (10 H17)	

(Rate the Faculty on the below Parameters where 1 is the lowest and 5 is the highest)

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	1	2	3	4	5
Communication Skill				V	
Presentation				V	
Content Knowledge					V
Overall Impression about the Course					V
How Satisfied with Subject (Topic) with You Learn					/
	Presentation Content Knowledge Overall Impression about the Course	Communication Skill Presentation Content Knowledge Overall Impression about the Course	Communication Skill Presentation Content Knowledge Overall Impression about the Course	Communication Skill Presentation Content Knowledge Overall Impression about the Course	Communication Skill Presentation Content Knowledge Overall Impression about the Course

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Signature of Student

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Smt. M. M. Shah Mahila Arts College, Kadi Beauty and Wellness

Date; 30/4/2024 Total Student :17 Total Rate between 1 to 5 Questions 5 17 2 3 4 1 23.53% 17 76.47% 0% 0% 0% Communication Skill 52.94% 17 0% 0% 47.06% 0% Presentation 0% 23.52% 76.48% 17 0% 0% Content Knowledge 88.24% 17 0% 0% 11.76% 0% Overall Impression 17 11.76% 88.24% 0% 0% How Stisfied with Subject (Topic) with You Learn 0%



Kalol Road, Nr. Petrol Pump, Highway, KADI-384 440 (North Gujarat) India (Managed by M.P.Shah Education Society, Kadi) NAAC ACCREDITED "B" GRADE (2.48 CGPA)

website:www.mpedusocikadi.org

Email: mmsmac@yahoo.com

Ref. No. P 12020-21

Date: 30/4/208

Report on Diploma in Vocation Course of Beauty & wellness

Diploma in Vocation Course of Beauty & wellness conducted on 22 june 2020 to 30 Aril 2021 The Course was organized by Internal Quality Assurance Cell, Smt. M.M.Shah Mahila Arts College Kadi. Course was delivered. Over 17 Participants attended the Course. Dr. Sangita. C. Acharya introduced about the speakers and handled the Course, Principal. Dr. Hina. M. Patel Honour the Speakers with her speech.

The speaker Dalwadi Saraswati. D. Spoke on the topic of Beauty & wellness Her Lecture started with Technical Skills: Training in various beauty treatments such as skincare, makeup application, hairstyling, manicure, pedicure, etc. Knowledge of Products and Tools: Understanding different beauty products, tools, and their uses. Client Communication: Skills in client consultation and communication to understand client needs and preferences. Hygiene and Safety: Awareness of hygiene practices and safety protocols in beauty treatments. Business Skills: Basic business management skills relevant to running a beauty salon or freelance beauty business. Trends and Innovation: Awareness of current beauty trends, innovations in products, and techniques. Certification: Depending on the course, certification that may be required for employment or starting a business in the beauty industry.

The Course was concluded with vote of thanks by Dr. Sangeeta C. Acharya. The Course was highly impormetive to Students, Teachers and Research Scholars. Teacher and Student From other departments, Colleges, universities and Research institues from different parts of India participated in the Course. This Course Provided valuable awareness and insights on the various aspect of Beauty & wellness

Smt. M. M. Shah Mahila Arts College

Kalol Road, Nr. Petrol Pump, Highway, KADI-384 440 (North Gujarat) India (Managed by M.P.Shah Education Society, Kadi)

NAAC ACCREDITED "B" GRADE (2.48 CGPA)

website :www.mpedusocikadi.org

Email: mmsmac@yahoo.com

Ref. No. P - 2020-21

Date: 28 312024

To, Dalwadi Saraswati.D Beautyshion

Dear Madam,

I would like to take this opportunity to express my heartfelt thanks to you for your very active participation as a speaker in Diploma in Vocation to be held on 22june 2020 to 30 April 2021 From 2:00 p.m to 4:00 p.m. The Trustees and our whole staff of Smt. M. M. Shah Mahila Arts College, Sincerely Appreciate for your efforts in supporting this important undertaking.

Your skill in talking about different angles of the subject "Beauty & Wellness" was highly appreciated. Our all the participants benefited from this Course. Please accept our appreciation for such a commendable job, and hope to get a chance to hear such speeches from you in future also. Thankful to you for giving your valuable time.

Thanking you



Me, the Smt. M. M. Shah Mahila Arts College, Kadi



Managed by M. P. Shah Education Society, Kadi

NAAC Accreditation "B" Grade with (2.48 CGPA)

Certify that

SHAH APURVA VIJAYKUMAR

of Smt. M. M. Shah Mahila Arts College, Kadi having been examined for Diploma in Vocation Year 2020-21 adjudged to have passed in the

First Class,

Diploma in Hocation

With optional subject : Beauty and Wellness

has been conferred on him/her at Kadi,

on the 22-June-2020

in the 30-April-2021

In Testimony whereof are set the Seal of the said College and the Signature of the said Principal.





Me, the Smt. M. M. Shah Mahila Arts College, Kadi



Managed by M. P. Shah Education Society, Kadi

NAAC Accreditation "B" Grade with (2.48 CGPA)

Certify that

KORI ARUNKUMAR CHANDRASHEKHAR

of Smt. M. M. Shah Mahila Arts College, Kadi having been examined for Diploma in Vocation Year 2020-21 adjudged to have passed in the

First Class,

Diploma in Hocation

With optional subject : Beauty and Wellness

has been conferred on him/her at Kadi,

on the 22-June-2020

in the 30-April-2021

In Testimony whereof are set the Seal of the said College and the Signature of the said Principal.





Me, the Smt. M. M. Shah Mahila Arts College, Kadi



Managed by M. P. Shah Education Society, Kadi

NAAC Accreditation "B" Grade with (2.48 CGPA)

Certify that

GOSWAMI DHARMIKGIRI JAGDISHGIRI

of Smt. M. M. Shah Mahila Arts College, Kadi having been examined for Diploma in Vocation Year 2020-21 adjudged to have passed in the

First Class,

Diploma in Bocation

With optional subject : Beauty and Wellness

has been conferred on him/her at Kadi,

on the 22-June-2020

in the 30-April-2021

In Testimony whereof are set the Seal of the said College and the Signature of the said Principal.





Admission Open - 2020-21

શું આપ પ્રોફેશનલ ક્ષેત્રે કારકિર્દી બનાવવા માંગો છો...!!

तेमध्य प्राहेव

UGC – MHRD, નવી દિલ્હી માન્ય અંત્રે અનુદાનિત સ્કીલ બેશઝડ ૩ વર્ષ ડીગ્રી કોસીસ તેમજ ૧ વર્ષના ડીપ્લોમાં કોર્સ तो आयो B.Voc अथवा Diploma डोर्समां फोडाई सापनुं लिक्य डिश्र्वण जनायो ..!!

Diploma Course

(1" Year Full Time)

(B.Voc (Bachelor of Vocation) समयगाणी-3 वर्ष, इ्ल टाइम डोर्स

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	व्यक्तावीड वडी	ਯੋਵਿੱਤ), ਭੁਸ਼ਗਾਣਿਸ਼ਸ਼ ਅਰਿਸ਼ੀਸ਼ ਅੱਤ ਭੁਸ਼ਗਾਣਿਸ਼ਸ਼ ਸੁਕੰਬੀਲ, ਬੰਕਬੀਣਕਾ NBFC, ਅਜੇ ਵਕਸ਼ਤਕਸ਼	ਭੰਪਰੀ, ਕਾਇਬਰ ਅੱਲਾਪੇਟ ਰਹਿੰਦੀਲ, કરસ કਰੀਕਟੀਮ ਰਹਿੰਦੀਲ, ਮਲੈਟਲਸਟ, ਅੰਦਰੇ ਡਵ, ਟ੍ਰਾਵਰਪੈਟ ਰਪਰੀ, એਲਲਪੀਟ ਐਨ ਹੁੰਸਪੈਟ ਸੋਰੀਅਐਟੀਨ ਰੰਪਰੀ, ਨਾਪਟੋਸ਼ਟ ਖਾਰਰ ਅੱਲ ਸੁਟੇਰ ਟ੍ਰੰਡ ਅੰਦਰ ਅੰਤਲੀਆ ਰਹਿੰਦੀਲ, ਨਾਹਾਗੀਉਪਰ ਹੁੰਦੇਟ੍ਰੰਡ, ਹਵ.ਟਾ. ਪੈਸ਼ਣਗੇ ਨੁਖਰਜ਼ਾਲ ਤਨੀ ਐਂਤੀ	ਸਲਜ਼ਨੀ હੀਇੰਦਰ, ਅਮਨਮੀ ਫੀਲਿੰਦਰ, ਅਮਨਮੀ કਰੀਕੀਝਰ ਕਲਿੰਪਵੀਸ, ਟੀਫ਼ੇਅੀਰਰੀਲੀਅ ਬੇਕਟਣ, ਫੇਲਬੰਦ ਯਾਦੀਟਸ਼੍ਰੰਟ, ੧੦੦੦੦/— ਜ਼ਾਨਿਬਕ ਟੈਤਮੀਲ ਲੀਬਾਹਟੀ, ਮਾਨਿਕਕ ਕਲਿੰਸ ਝਾਰਿਵਿੰਦ, ਕਲਿੰਸ ਜਕਦੀਟਸੂ, ਮਾਸਮਦੀ, ਫੇਵਾ ਪੁੱਤੇਟ
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પ્રવેશ લાયકાત :- કોઈપણ પ્રવાહ અથવાં માન્ય શૈકાણિક ભોર્ડમાંથી ઘોરણ -૧૨ પાસ

SC/ ST/ OBC ਅਜੇ PWD ਤੇਟੋગਟੀਆ ਕਿਬਾਬਿੰਘੀਜੇ ਬਣકਾਵੀ ਬહਾਬਗੀ ਕਾਸ

નકલ-૨, ફોટો, સ્પાઘારકાર્ડની, રેશનકાર્ડની નકલ- ૨, એલ.સી.ની લકલ- ૨, ખાંતેની દાખલી નકલ ૧૨ કોપી

कोईपए। पथनी व्यक्ति सहर कोर्समां प्रवेश मेणवी शक्छे.

Pine ga

મોબાઇલ નં. : ૯७૩७૧७૫૪૯७, ૯૯૦૪૧૯૯૦૨૦, ૮૪૯૦૯૨૩૨૨७, ૯૫૪७७००३૬, ૮૧૬૦७૧૯७૨૫, ૯૯૨૫૦૩૨૪૨૧ ડीपार्टमेन्ट ओફ स्डीव स्टडीज, श्रीमती એम. એम. शाढ मढिवा आर्ट्स डोवेष, એन. सी. हेसार्व पेट्रोक्पंप सामे डडी- इवोब ढाइवे रोड, डडी ● समय : सवारे ६ थी र

-/000h 3000/-3000/--/0008 3000/--/000E ਯੋਤ કੁਲਿਆ।ਕਿਵੇਸ਼ਸ਼ ਅਧਿਦੀਲ, ਚੈਕਪੀਟਕਾ NBFC ਰਵਤਾਈ ਨੁਜਿਲਿਲ, ਅਜਾਹੀ ਨੁਜਿਲਿਲ, ਅਜਾਹੀ ਤੁਲੈਮੀਤਰ निज्ञाहोम, रीहेजीसाईजेकन सेन्टर, हेस्स्टेर अन्धीटयूर इन्द्रियन टेड्डीस सोसस्यटी, इन्द्रियन नहींग डोडिन्स्डींग, बोजा छन्ट्डटर, खोगा बेरापीस, योगा मेंऽवाधार, ड्रेशन डीमार्धनीय खेल्ड टेक्टीय इंशन डीमार्गन्ट, इंशन स्टामतीय, डीटेंड थेलेग्ट, क़िला छ॰डस्ट्रीम भेडकाप सार्टीस्ट,०युटी येश्गीस्ट, ग खेडरवेट अने वेलहोस्टीय झंपनी, भानगी, वेतकोस सेन्टर, ईशन व्यूटीसन ११०५२ट्टी४ क्षेत्रा स्पेष्टालीस्ट, योजा टीमर, सरकारी, s)-anluddles ensagla, NBFC. siedz ovedzejz, dazklał úseki नसिंग छन्टरीटयुट आयमधी, हेत्य वर्डर देशरावित डीप्राचीनर, कृषान पत्नीगर पाहेट डंपनी, झै केन्सर. carrials del alpill, Bealth shes olgelitell वेण डीज्ञाईबीश खेल्ड खेलिमेशब ship our त्यूही ओन्ड वेडनेश 1055E of Ball

S-mail - nrinhmnatei@email.com

Smt. M. M. Shah Mahila Arts College

Kalol Road, Nr. Petrol Pump, Highway, KADI-384 440 (North Gujarat) India (Managed by M.P.Shah Education Society, Kadi)

website :www.mpedusocikadi.org NAAC ACCREDITED "B" GRADE (2.48 CGPA)

Email: mmsmac@yahoo.com

Ref. No. P - 2020 - 21

Date: 17 6 2020

Circular

This is to inform you all Faculty that the IQAC of the college organizes one Year Diploma in Vocation on Fashion Designing & Tailoring 22st June 2020 30 April 2021 All Students of the college are hereby directed to attend the same.

Smt. M.M. Shah Mahila Arts College Kadi- (N.G.) -382715

To.

- All Teaching Staff of the College
- 2. Notice Boards
- 3. Circulation in Classrooms
- 4. Guard File



Kalol Road, Nr. Petrol Pump, Highway, KADI-384 440 (North Gujarat) India (Managed by M.P.Shah Education Society, Kadi)

website: www.mpedusocikadi.org NAAC ACCREDITED "B" GRADE (2.48 CGPA)

Email: mmsmac@yahoo.com

Ref. No. p - 2020-21

Date: 20 6 2020

Invitation Letter

To, Jagruti Vaghela Fashion Designer

Dear Sir

We are pleased to invite you to be the speaker at Diploma in Vocation to be held on 22june 2020 to 30 April 2021 From 2:00 p.m to 4:00 p.m. We hope you would be able to fit this event in your busy schedule. We look forward to a positive to a positive Respone.

Thanking you,

Dr. Hina.M.Patel Principal



Kalol Road, Nr. Petrol Pump, Highway, KADI-384 440 (North Gujarat) India (Managed by M.P.Shah Education Society, Kadi)

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website:www.mpedusocikadi.org

Email: mmsmac@yahoo.com

Ref. No. P -2020-21

Date: 20/6/2020

Invitation Letter

To.

Halima

Fashion Designer

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Thanking you,

Dr. Hina.M.Patel

Principal

Smt. M.M.Shah MAHILA ARTS COLLEGE, KADI

Diploma in Vocation

ADMISSION IN FASHION DESIGNING & TAILORING

STUDENT LIST 2020-21

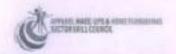
Sr.no	Name
1	THAKOR KAVITABEN KHODAJI
2	THAKOR DHARATIBEN PRATAPJI
3	SONI AMIBAHEN NARESHKUMAR
4.	PARMAR DARSHITA DILIPKUMAR
5	PRAJAPATI VISHAKHA SURESHBHAI
6	BAROT VIDHIBEN SANJAYKUMAR
7	BAROT GRISHMA SANJAYKUMAR
8	PATEL MONIKABEN ARVINDBHAI
9	BHARVAD SHOBHANABEN VAGHUBHAI
10	BHARWAD POOJA HEDUBHAI
11	SONI KAMINI BHUPENDRABHAI
12	PATEL SONALBEN NAVLESHBHAI
13	PRAJAPATI POONAMBEN AMRATBHAI
14	PATEL HANSABAHEN KHODABHAI
15	PATEL JALPABEN MANASUKHABHAI
16	PATEL DISHA HARSHADKUMAR
17	PATEL GITABEN SHANKARBHAI
18	BHAVIKA HARSHADKUMAR BHATT
19	RAVAL AVANIBEN MEHULKUMAR
20	PATEL RINKALBAHEN MAHENDRAKUMAR

SYME, M.MISHAH MAHILA ARTS COLLEGE, KADI

Diploma in Vocation B.voc 2020-21

Day	Time	Course	Class room	Faculty
Course	1		2000	
Monday	1:00 to 4:00	1:00 to 4:00 Beauty & wellness	20	Dalwadi Saraswati.D
Table San				D 10 10 10 10 10 10 10 10 10 10 10 10 10
Tuesday	1:00 to 4:00 Banking	Banking	12	Dr.Hina.M.Patel & Viral Kanudavala
Wednesday	1:00 to 4:00	1:00 to 4:00 Fashion Designing & Tailoring	=	Halima & Jagruti Vaghela
The second second second	The second secon			
Thursday	1:00 to 4:00	1:00 to 4:00 Yoga Fitness & Naturopathy	Sports Room	Akshay bhai
White state of the			A CONTRACTOR OF THE CONTRACTOR	· · · · · · · · · · · · · · · · · · ·
Friday	1:00 to 4:00	1:00 to 4:00 Web desiging & Animation	14(Computer Lab)	4(Computer Lab) Amarsınlı Parmar & Pooja Kavai

IQAC Co-ordinator Sing









Model Curriculum

Assistant Fashion Designer

SECTOR: Apparel, Made-Ups And Home Furnishing

SUB-SECTOR: Apparel OCCUPATION: Designing

REF ID: AMH/Q1210,V1.0

NSQF LEVEL: 4



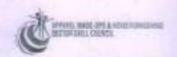






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3.	Annexure: Assessment Criteria	12

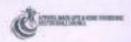












N. S. D. C.
Mathemal Pool Designopment Corporation

Certificate

CURRICULUM COMPLIANCETO QUALIFICATION PACK – NATIONAL OCCUPATIONAL STANDARDS

is hereby issued by the

APPAREL MADE-UPS AND HOME FURNISHING SECTOR SKILL COUNCIL

for the

MODEL CURRICULUM

Complying to National Occupational Standards of

Job Role/ Qualification Pack: "Assistant Fashion Designer" QP No. "AMH/Q1210 NSQF Level 4"

Date of Issuance: Fab 11, 2019

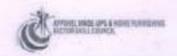
Visited up No:

Feb 11,2023

* Valid up to the next review date of the Qualification had:

Sand William

(Appared Medicaps And Home Functions Sector SNX Gound)







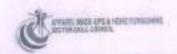


Assistant Fashion Designer

CURRICULUM / SYLLABUS

This program is aimed at training candidates for the job of a "Assistant Fashion Designer", in the "Apparet, Made Ups and Home Furnishing" Sector/Industry and aims at building the following key competencies amongst the learner

Program Name	Assistant Fast	nion Designer	
Qualification Pack Name & Reference ID.	AMH/Q1210, V1.0		
Version No.	1.0	Version Update Date	11/02/2019
Pre-requisites to Training	Preferably Class XII		
Training Outcomes	Plan and for a sea Develop Evaluate specific Maintain departments	proto and fit samples the proto sample developed relate product class health, safety and security in the cent with industry, regulatory and organ	nents ed to designing









This course encompasses 5 out of 5 National Occupations: Standards (NOS) of "Assistant Fashion Designer" Qualification Pack issued by "Apparel, Made-Ups and Home Furnishing Sector Skill Council".

Sr.	Module	Key Learning Outcomes	Equipment Required
No 1	Introduction and Orientation Theory Duration (hh:mm) 02:00 Practical Duration (hh:mm) 00:00 Corresponding NOS Code Bridge Module	Identify the trends in the apparel industry. Identify roles and responsibilities of an Assistant Fashion Designer.	Whiteboard/blackboard, marker and duster, computer and computer peripherals projector









2 Plan and prepare design collections of garments for a season

> Theory Duration (hh:mm) 45:00 Practical Duration (hh:mm) 113:00

Corresponding NOS Code AMH/N1210

- Plan market research using various tools of research such as forecast magazines, fashion shows, market analysis etc.
- Conduct market research for trends and forecast from various sources such as forecasting sites like WGSN, forecast catalogues, etc. for garment design.
- Develop a mood/theme board based on the market research.
- Extract the key elements from the mood board which is intended to be put in the germent design as per the instructions given and the clientels.
- Identify various design elements.
- Construct a design using the various elements of design.
- Describe the various types of fiber, their properties, and textiles processes.
- Follow compliance requirements related to usage of various types of dyes such as azo free dyes and garment construction process.
- Identify swatches of the fabrics (print, embroidery, dyed etc.), trims and accessories that are required for design development.
- Develop a file of the swatches collected.
- Identify various types of garments (shirts, skirts, trousers, etc.) and the types of garment parts such as sleeves, collars, necklines, etc.
- Identify various national and international standard sizes.
- Illustrate various techniques of taking body measurement.
- Drape the mannequin to construct the pattern in the required design.
- Develop the pattern as per the draping done or using direct measurement.
- Lay the pattern on the fabric.
- · Cut the garment as per the pattern.
- Construct the cut components and assemble them to form a garment.
- Embroider the constructed garment using different embroidery techniques.
- Demonstrate different dyeing and printing techniques.

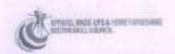
Computer and Computer
Peripherals, Design software
(Coral, photoshop
etc.), Printer , Mannequin
(Male or female , Size M)
Sewing Machine with tables
(domestic or industrial SNLS)

Sewing Machine with tables (domestic or industrial SNLS as per requirement), Stools for sewing depending on no. of machines, Over lock Machine (5 thread over lock machine) with stool, Cleaning cloth, Embroidery machine and stool table. Press/iron (any type) with table, Machine tool kit (screw driver, screw etc.),Garment, ups and Home Furnishing Samples (qnt may vary), Drawing Board (any size wooden)

Types Of Scales: normal straight big ruler, hip curve, leg shaper, pattern master, frenchcurve etc. "Sewing kit (Includes thread clipper/hand trimmer, seam ripper, fabric cutting scissors, tracing wheel, measuring tape etc.)" Machine tool kit (screw driver, screw etc.), Machine oil, Machine Needle and hand needles(Various Gauges), embroidery

needles, Attachments sewing machine (as per req),Button hole scissor (pattern notcher Hand notcher), Sewing Threads Surplus thread is used .The quantity, thread packaging, variety may vary as per requirement) , embroidery thread as per req. Bobbins (gnt may vary)Bobbin case vary)Hanger ant may plastic. and wooden material), Embroidery frame (various sizes and shapes vary)Fabric may gnt. surplus fabric, Yardages, quality muslin good mandatory , other optional, ant may vary). Trim/Accessory buttons. embellishments. surface zippers etc assorted ,qnt may vary) "Pin Cushion (quantity vary 88 per may requirement), Dustbin, Boxes and pouches for storing Items, Pattern Table /cutting table, Stools for cutting, Push Pine (quantity may vary as

requirement), Dress

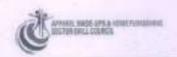








Maker's Pin (quantity may vary as per requirement) Fabric Pins, Highlighter (quantity may vary as per requirement), Pencil (HB, 2B, H, 2H, 4H,4B, 6B, 8B), Eraser, Note books Sharpener, Carbon Paper (Various Colours), Design Transferring Paper, Paper Cutter Pattern Drafting Paper, Paper (Various quality and sizes) Labels & Stickers (City may vary as per requirement), Scissors (plastic handled scissor for cutting paper),Pinking Shears, Marking Chalk (yellow/pink/ green/ blue coloured),Tailor's Chalk, Carbon paper (A4, yellow, red and white carbon) ,Colour (Poster colour, Water colour, Acrylics, Pastels, fabric printing dyes and colors and materials etc) Paint Brushes (different sizes),Stapler (small and big size), Glue Stick/Fevicol Adhesive, Fabric Glue, Cello-Tape (Transparent and Foam Double sided tapes, Single sided tapes), Punching Machine, Magnetic White Board/black board Eraser Blackboard /Whiteboard White /Black Board Marker Pantone Shade Card, Fashion Forecasting Books/Journals/Magazines Buyer Requirement/ comment Sheet, Measurement Sheet/ Size Chart ,Trims/Accessory fabric and embroideries samples/swatch file, Tech Pack/ Specification Sheet Chalk &marker (Chalks & markers of different colours) Dexterity Test Kit, Sewing Machine tool kit Students Notes









3 Develop proto and fit samples

> Theory Duration (hh:mm) 42:00 Practical Duration (hh:mm) 130:00

Corresponding NOS Code AMH/N1211 Identify the various key elements covered in a techpack such as specs of the garment, type of fabric, color of fabric, type of trims and accessories, etc. including processes used and materials employed as per the customer's requirement, manufacturing process,

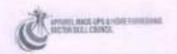
· Prepare the techpack.

· Construct pattern as per the techpack.

 Construct proto and fit samples as per techpack as per the sequence of assembling the components.

 Prepare the cost sheet of the style in the given format.

Computer and Computer Peripherals, Design software (Coral, photoshop etc), Printer, Mannequin (Male or female , Size M), Sewing Machine with tables (domestic or industrial SNLS as per requirement). Stools for sewing depending on no. of machines, Over lock Machine (5 thread over lock machine) with stool, Cleaning cloth, Embroidery machine with stool and table, Press/iron (any type) with table, Machine tool kit (screw driver, screw etc.), Garment . Made ups and Home Furnishing Samples ((qnt may vary).Drawing Board (any size wooden), Types Of Scales: normal straight big ruler, hip curve, leg shaper, pattern master, frenchourve etc ,"Sewing kit (Includes thread clipper/hand trimmer, seam ripper, fabric cutting scissors, tracing wheel, measuring tape etc)", Machine tool kit (screw driver, screw etc.), Machine oil, Machine Needle and needles(Various hand Gauges), embroidery eedies, Attachments for sewing machine (as per reg), Button hole scissor, Hand notcher (pattern notcher), Sewing Threads (Surplus thread is used .The quantity , thread packaging, variety may vary as per requirement) embroidery thread as per req. Bobbins (gnt may vary), Bobbin case (ont may vary), Hanger (wooden and plastic material). Embroidery frame (various sizes and shapes qnt may Yardages. vary), Fabric surplus fabric, good quality muslin mandatory , other optional, gnt may vary), Trim/Accessory buttons, surface embellishments. zippers etc assorted .gnt may vary) Pin Cushion (quantity may vary as per requirement), Dustbin, Boxes and pouches for storing Items, Pattern Table /cutting table.Stools for cutting, Push

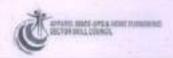








Pins (quantity may vary as per requirement), Dress Maker's Pin (quantity may vary as per requirement), Fabric Pins, Highlighter (quantity may vary as - per requirement), Pencil (HB, 2B, H, 2H, 4H,4B, 6B, 8B), Eraser, Note books Sharpener, Carbon Paper (Various Colours), Design Transferring Paper, Paper Cutter, Pattern Drafting Paper, Paper (Various quality and sizes),Labels & Stickers (Qty may vary as per regulrement), Scissors (plastic handled scissor for cutting paper),Pinking Shears, Marking Chalk (yellow/pink/ green/ blue coloured), Tailor's Chalk, Carbon paper (A4, yellow, red and white carbon) Colour (Poster colour, Water colour, Acrylics, Pastels, fabric printing dyes and colors and materials etc), Paint Brushes (different sizes), Stapler (small and big size), Glue Stick/Fevicol Adhesive. Fabric Glue, Cello-Tape (Transparent and Foam Double sided tapes, Single sided tapes), Punching Machine, Magnetic White Board/black board Eraser Blackboard White board White /Black Board Marker Pantone Shade Card Forecasting Fashion Books/Journals/Magazines Requirement/ Buyer comment Measurement Sheet/ Size Chart , Trims/Accessory Mabric and embroideries samples/swatch file, Tech Pack/ Specification Sheet Chalk &marker (Chalks & markers of different colours) Dexterity Test Kit, Sewing Machine tool kit Students Notes

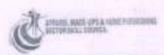








4	Evaluate the proto sample developed Theory Duration (hh:mm) 20:00 Practical Duration (hh:mm) 90:00 Corresponding NOS Code AMH/N1222	Check the proto sample as per the instructions given in the techpack or by the client. Check proto sample for design (woven/print), and attributes like washability, utility, etc. Make corrections in the proto/fit sample as per review inputs. Prepare the file of the approved sample containing approved fabric swatches, accessories, techpack, cost sheet etc.	Sewing Machines and tools, Sewing kit, Mannequin
5	Maintain health, safety and security in the designing department Theory Duration (hh:mm) 15:00 Practical Duration (hh:mm) 10:00 Corresponding NOS Code AMH/N1223	Identify methods to be vigilant for potential risks and threats associated with the workplace and equipment such as physical injuries from scissors, shears, etc. Handle tools and equipment such as cutters, scissors, etc. safely and securely. Check the workplace and work processes for potential risks and threats such as fire, electric shocks, etc. Demonstrate the process involved in mock-crills and/or evacuation at the workplace in case of emergency. Perform emergency procedures such as first-aid and Cardio Pulmonary Resuscitation (CPR). Demonstrate correct and safe handling of fire extinguishers. Apply emergency response processes.	First Aid kit, Fire Extinguisher









6	Comply with industry, regulatory and organizational requirements Theory Duration (hh.mm) 23:00 Practical Duration (hh.mm) 05:00	Apply legislation and regulations, organizational guidelines and procedures while carrying out work related functions. Apply appropriate methods to seek clarifications pertaining to policies and procedures, from the supervisor or other authorized personnel.	Computer, Computer Peripherals, Documents related to Compliance
7	Corresponding NOS Code AMH/N0104 Soft Skills Theory Duration (hh:mm) 03:00 Practical Duration	Illustrate the steps followed for personal grooming and hygiene. Apply organization procedures and maintain personal health and hygiene and avoid hebits like gutkha, tobacco etc.	Computer Peripherals
	(hh:mm) 02:00 Corresponding NOS Code Bridge Module	Demonstrate effective interaction with the group. Demonstrate time management in the work. Write your resume. Demonstrate the preparation for the interviews.	
	Total Duration 500:00 Theory Duration 150:00 Practical Duration: 350:00	Unique Equipment Required: Computer & Computer Peripherals, Designetc). Printer Mannequin (Male or female , Stables (domestic or industrial SNLS as perdepending on no. of machines, Over lock machine) with stool, Cleaning cloth, Embroide Press/Iron (any type) with table, Machine etc.). Garment , Made ups and Home Fivary), Drawing Board (any size wooden), Type ruler , hip curve, leg shaper, pattern master (Includes thread clipper/hand trimmer, seam tracing wheel, measuring lape etc)", Machine etc.), Machine oil, Machine Needle Gauges), embroidery needles, Attachments req.), Button hole scissor, Hand notcher (pa (Surplus thread is used .The quantity .thread per requirement), embroidery thread as perm Bobbin case (qnt may vary), Hanger (wo Embroidery frame (various sizes and shapes surplus fabric, good quality muslin mandatory Trim/Accessory buttons, surface embellishmenty vary), Pin Cushion (quantity may vary as Boxes and pouches for storing Items, Patter cutting, Push Pins (quantity may vary as per (quantity may vary as per requirement), Pancit (HB, 2B, H, books, Sharpener, Carbon Paper (Variou Paper, Paper Cutter, Pattern Drafting Paper sizes), Labels & Stickers (Qty may vary as per handled scissor for cutting paper), Pink yellow/pink/ green/ blue coloured), Tailor's Cred and white carbon), Colour (Poster coloured), Tailor's Cred and white carbon), Colour (Poster coloured)	requirement), Stools for sewing Machine (5 thread over lock ry machine with stool and table, tool kit (screw driver, screw urnishing Samples ((qnt may s Of Scales normal straight big, french curve etc., "Sewing kit ripper, fabric cutting scissors, e tool kit (screw driver, screw and hand needles/Various for sewing machine (as per attern notcher), Sewing Threads (packaging, variety may vary as eq. Bobbins (qnt may vary) oden and plastic , material), qnt may vary), Fabric Yardages, y, other optional, qnt may vary), nents, zippers etc assorted ,qnt per requirement), Dress Maker's Pir c Pins, Highlighter (quantity may 2H, 4H, 4B, 6B, 8B), Eraser, Notes Colours), Design Transferring r, Paper (Various quality and ar requirement), Scissors (plastic ling Shears, Marking Chalk halk Carbon paper (A4, yellow





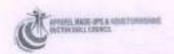




fabric printing dyes and colors and materials etc), Paint Brushes (different sizes), Stapler (small and big size), Glue Stick/Fevicol /Adhesive, Fabric Glue, Cello-Tape (Transparent and Foam Double sided tapes, Single sided tapes), Punching Machine, Magnetic White Board/black board Eraser, Blackboard /Whiteboard, White /Black Board Marker, Pantone Shade Card Fashion Forecasting Books/Journals/Magazines Buyer Requirement/comment Sheet, Measurement Sheet/ Size Chart , Trims/Accessory /fabric and embroideries samples/swatch file, Tech Pack/ Specification Sheet Chalk &marker (Chalks & markers of different colours), Dexterity Test Kit Sewing Machine tool kit, Students Notes

Grand Total Course Duration: 500 Hrs

(This syllabus/ curriculum has been approved by Apparel, Made-Ups and Home Furnishing Sector Skill Council)



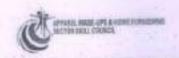






Trainer Prerequisites for Job role: "Assistant Fashion Designer" mapped to Qualification Pack: "AMH/Q1210, version 1.0"

Sr. No.	Area	Details
1	Job Description	To deliver accredited training service, mapping to the curriculum detailed above, in accordance with Qualification Pack "AMH/Q1210"
2	Personal Attributes	The candidate should have aptitude for conducting training, pre /post work to ensure competent, employable candidates at the end of training. Strong communication skills, interpersonal skills, ability to work as team; diligent and is passionate for maintaining the quality in content and training delivery methodology. Candidate should have basic understanding of English language; however this should not be a restrictive criterion as long as the candidate is willing and open to learn. He/she must be able to speak, read and write in the local language.
3	Minimum Educational Qualifications	Diploma of minimum 1 year duration in the relevant trade ITI in relevant trade Graduate in the relevant trade
4a	Domain Certification	Certified for Job Role: "Assistant Fashion Designer" mapped to QF "AMH/Q1210", version 1.0. Minimum accepted score as per SSI guidelines is 80%.
4b	Platform Certification	Recommended that the Trainer is certified for the Job Role: "Trainer mapped to the Qualification Pack; "MEP/Q2601". Minimum accepte % as per respective SSC guidelines is 80%.
5	Experience	Diploma of minimum 1 year duration in the relevant trade with 2 years of work experience in relevant trade. ITI in relevant trade with minimum 2 years of work experience in relevant trade. Graduation in relevant trade with minimum 2 years of work experience in relevant trade,. He should be able to communicate in English and local tanguage. He should have knowledge of equipment, tools, material, Safety, Health & Hygiene.









Annexure: Assessment Criteria

Job Role Assistant Fashion Designer

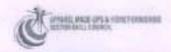
Qualification Pack AMH/Q1210

Sector Skill Council AMHSSC

Guidelines for Assessment

- Criteria for assessment for each Qualification Pack will be created by the Sector Skill Council. Each Performance Criteria (PC) will be assigned marks proportional to its importance in NOS. SSC will also lay down proportion of marks for Theory and Skills Practical for each PC
- The assessment for the theory part will be based on knowledge bank of questions approved by the SSC
- Assessment will be conducted for all compulsory NOS, and where applicable, on the selected elective/option NOS/set of NOS.
- Individual assessment agencies will create unique question papers for theory part for each candidate at each examination/training center (as per assessment criteria below)
- Individual assessment agencies will create unique evaluations for skill practical for every student at each examination / training center based on this criteria
- To pass the Qualification Pack, every trainee should score a minimum of 70% aggregate in a QPIn case of unsuccessful completion, the trainee may seek reassessment on the Qualification Pack

				Mark	s Allocation	
	Company of the Compan	Total Marks 350	Out Of	Theory	Skills Practical	Viva
1.AMH/N1210 Plan and propare design collections of garments for	PC1, Conduct market research for trends and forecast from various sources such as forecasting sites like WGSN, forecast catalogues, etc. for garment design and extract a theme/inspiration from them		20	8	11	1
a season	PC2. Develop theme, client, forecast and mood boards and extract the key elements from them which is intended to be put in the garment design as per the instructions given		18	4	13	1
	PC3, Identify, develop, collect and maintain the swatches of the fabrics, trims and accessories that are required for design development	90	18	4	13	1
	PC4.Identify fabric (print, embroidery and dye) and garment manufacturing techniques and process steps in converting a design to a garment	100	22	8	12	2

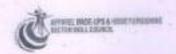








	PC5.Get approval from the concerned heads in context of the design collection made, fabrics, trims and accessories intended to use and the manufacturing techniques to be used to develop a garment		12	4	7	1
		Total	90	28	56	6
2,AMH/N1211 Develop proto and fit samples	PC1. Prepare techpack with details like specs of the garment, type of fabric, color of fabric, type of trims and accessories, etc. Including processes used and materials employed		21	8	11	2
	PC2. Review techpack in consultation with the client and design review team with respect to the availability of the concerned materials in the market, organization's ability to manufacture that design, labour skills, etc		24	9	13	2
	PC3. Identify and summarize the involvement of pattern maker, tailor, merchandiser, sourcing supervisor, etc. with respect to developing proto and fit samples	160	18	5	12	1
	PC4. Develop proto and fit samples as per the revised techpack for a particular style		19	3	15	1
	PC5.Fill the cost sheet of the style in the given format after consulting various departments		18	7	9	2
		Total	100	32	60	8
3.AMH/N1222 Evaluate the proto sample developed	PC1. Check proto sample in relation to techpack and/or client's input with respect to the measurements	95	17	6	10	,
related to specific product class	PC2. Check proto sample for design (woven/print), and attibutes like wash ability, utility, etc.		16	3	12	1
	PC3. Review proto sample in consultation with the client and/or review team		19	7	11	1
	PC4. Amend/modify proto sample as per review inputs		21	5	15	1
	PC5. Get approval of the proto sample from client		12	5	6	1

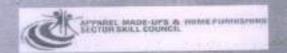








TICOL III	Grand Total		350	105	210	35
		Total	35	10	20	5
	PC5. Identify and report any possible deviation to these requirements		8	3	4	1
	PC4. Provide support to your supervisor and team members in enforcing these considerations		7	1	5	1
	PC3. Apply and follow these policies and procedures within your work practices	35	7	2	4	1
rganizational equirements	PC2. Seek and obtain clarifications on policies and procedures, from your supervisor or other authorized personnel		6	2	3	1
omply with adustry, agulatory and	PC1. Carry out work functions in accordance with legislation and regulations, organizational guidelines and procedures		7	2	4	1
		Total	30	7	14	9
	PC5. Undertake first-aid, fire- fighting and emergency response training		6	2	3	1
	PC4. Participate in mockdrills/evacuation procedures organized at the workplace		6	1	3	2
department	PC3. Check the workplace and work processes for potential risks and threats like fire, electric shock, etc.		7	2	3	2
safety and security in he designing	PC2. Handle tools and equipment like cutter, scissors, shear, etc. safely and securely	30	5	1	2	2
AMH/N1223 Maintain nealth,	PC1. Keep vigilance for potential risks and threats associated with workplace and equipment like physical injuries from scissors,		6	1	3	2
		Total	95	28	60	7
	PC6. Prepare file of the approved sample containing approved fabric swatches, accessories, techpack, cost sheet, etc.		10	2	6	2





QUALIFICATIONS PACK - OCCUPATIONAL STANDARDS FOR APPAREL, MADE-UP'S AND HOME FURNISHING

What are Occupational Standards(OS)?

- OS describe what individuals need to do, know and understand in order to carry out a particular job role or function
 - performance
 standards that
 individuals must
 achieve when
 carrying out
 functions in the
 workplace,
 together with
 specifications of
 the underpizning
 knowledge and
 understanding

Contect Us:
AMHSSC, Apparel
House, Sector – 44,
Institutional Area,
Gurgaon 122003,
Haryana
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Contents

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	STATE OF		

Introduction

Qualifications Pack - Line Supervisor Stitching

SECTOR: Apparel, Made-up's and Home Furnishing

SUB-SECTOR: Apparel, Made-up's and Home Furnishing

OCCUPATION: Line Supervisor -Stitching

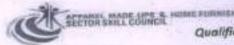
REFERENCE ID: AMH/Q0601

ALIGNED TO: NCO-2004 / 7433.05

The Line Supervisor (Stitching) is a job role in stitching carrying out tasks as overall incharge of the assembly line, monitoring the production and quality of stitching processes.

Brief Job Description: Line in-charge or Line Supervisor (stitching) is responsible for monitoring production, quality and smooth running of assembly line composed of many stitchers working in team.

Personal Attributes: He/she should have good Interpersonal skills, vigilant and good eye sight to detect minute and sophisticated visual defects. He/she should have basic mathematical skills, particularly making arithmetical calculations and measurement. He/she should possess good oral communication skills in vernacular.



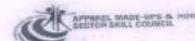


Qualifications Pack for Line Supervisor - Stitching

Qualifications Pack Code	AMH/Q0601				
Job Role	Line Supervisor -Stitching				
Credits (NSQF)	TBD	Version number	1.0		
Sector	Apparel, Made-up's and Home Furnishing	Drafted on	17/03/15		
Sub-sector	Apparel, Made-up's and Home Furnishing	Last reviewed on	30/04/15		
Occupation	Supervising Stitching	Next review date	21/03/16		
NSQC Clearance on*	N.A				

ob Role	Line Supervisor - Stitching	
Role Description	This unit covers skills and knowledge required to perform the task of line supervisor in stitching	
NSQF level	5	
Minimum Educational Qualifications	Preferably, Graduate	
Maximum Educational Qualifications	N.A.	
Training (Suggested but not mandatory)	N.A.	
Minimum Job Entry Age	21 years	
Experience	Preferably having worked 1-2 years in a garment or apparel factory	
National Occupational Standards (NOS)	Compulsory: AMH/N0601(Plan and organize sewing processes) AMH/N0602(Supervise sewing operations) AMH/N0603(Maintain health, safety and security in the production department) AMH/N0102(Maintain workarea, tools and machines) AMH/N0104(Comply with industry, regulatory and organizational requirements) Optional: Not Applicable	
Performance Criteria	As described in relevant NOS units	

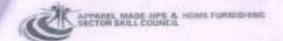
leywords /Terms	Description
Sector	Sector is a conglomeration of different business operations having similar businesses and interests. It may also be defined as a distinct subset of the economy whose components share similar characteristics and interests.
Sub-sector	Sub-sector is derived from a further breakdown based on the characteristics and interests of its components.
Vertical	Vertical may exist within a sub-sector representing different domain areas or the client industries served by the industry.
Occupation	Occupation is a set of job roles, which perform similar/related set of functions in an industry.
Function	Function is an activity necessary for achieving the key purpose of the sector, occupation, or area of work, which can be carried out by a person or a group of persons. Functions are identified through functional analysis and form the basis of OS.
Sub-functions	Sub-functions are sub-activities essential achieving the objectives of the function.
Job role	Job role defines unique set of functions that together form a unique employment opportunity in an organization.
Occupational Standards (OS)	OS specify the standards of performance an individual must achieve consistently while carrying out a function at the workplace. Occupational Standards as set of competencies is applicable both in Indian and overreaching global contexts.
Performance Criteria	Performance Criteria defined for a task are statements that together specify the standard of performance while carrying out the task.
National Occupational Standards (NOS)	NOS are Occupational Standards which apply uniquely in Indian context.
Qualifications Pack Code	qualifications pack.
Qualifications Pack(QP)	Qualifications Pack comprises set of OS, together with the educational, training and other criteria that are required to perform a job rolesatisfactorilyat workplace. A Qualifications Pack is assigned a unique qualification pack code for clear identification.
Knowledge and Understanding	Knowledge and Understanding are statements which together as a set specify the technical, generic, professional and organization specific knowledge that an individual needs to possess in order to perform and meet the required standards consistently.
Organizational Context	Organizational Context includes the way the organization is structured and how it operates. It includes elements of operational knowledge



Qualifications Pack for Line Supervisor - Stitching



	contents defined in relation to functioning of an organization that a skilled professional need to possessspecific to itsprecise areas of responsibility.
Technical Knowledge	Technical Knowledge is the specific domain knowledge needed to accomplish the task in combination with other competencies. It is usually coined with specifically designated roles and responsibilities.
Core Skills/Generic Skills	Core Skills or Generic Skills as set are group of skills. Itiskey to working in today's world. These skills are typically needed in any work environment. In the context of the OS, these include mainly communication related skills that are applicable to most job roles.
Keywords /Terms	Description
SSC	Sector Skill Council
AMH	Apparel, Made-up's and Home Furnishings
os	Occupational Standard(s)
NOS	National Occupational Standard(s)
QP	Qualifications Pack
NSQF	National Skill Qualifications Framework
NCO	National Classifications of Occupation
TBD	To Be Determined
TSC	Textile Sector Skill Council
NSDC	National Skill Development Corporation
AMS	Management Information System

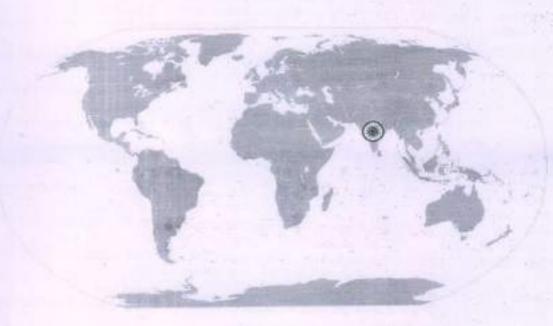




AMH/ N0601

Plan and organize sewing processes

National Occupational Standard



Overview

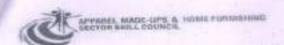
This unit is meant to capture skills, knowledge and personality attributes combined all together as a set enabling one to plan and organize the sewing processes.



* NOS
stational Occupational Standards



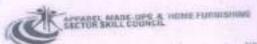
Unit Code	AMH/ N0601
Unit Title	Plan and organize sewing processes
(Task)	This unit is about planning and organizing stitching processes as per order received for
Description	
	a style This unit/task covers the following:
Scope	To identify the processes of stitching, line balancing and process setting
TARREST NAME OF TARREST	
Performance Criteria(P	C) w.r.t. the Scope
Elements	Performance Criteria
To identify the	PC1. Review orders received from Production Planning as per style/product
processes of	category/class
stitching, line	PC2. Identify broad striching operation required to sew the product class/category
balancing and	PC3. Split sewing operation for a particular style of product category into discrete stitching processes for component sewing (like, pocket attaching, side joining,
process setting	stitching processes for component sewing like, pocket accoming
	PC4: Organize processes or sub-processes in assembly line sequence to ensure
	productivity, easy monitoring and quality
	The state of the s
	for execution of tacks as per assembly line sequence
	PC6. Allocate manpower (operators, helpcovetc.) based on skill-set and suitability
	for distinct processes or sub-processes
Knowledge and Under	extanding (K)
A. Organizational	average the building on the inh needs to know and understand.
Context	KAL Knowledge about customer defined and/or organization norms and tolerance
(Knowledge of	for product conformance
the company/	KA2. Knowledge to organize processes operating to build organizational overall
organization and	performance
its processes)	KA3. Knowledge about the availability and the number of stitching machines on
A STATE OF THE STA	the production floor and related tools required
B. Technical	The user/individual on the job needs to know and understand:
Knowledge.	KB1. Knowledge about operation of different sewing machines like SNLS, DNLS, Fla
	lock etc. KB2. Knowledge of the raw materials, product construction (like garments, made
	ups and home furnishing articles etc.) and the cost associated with each style.
	The second secon
	KB4. Knowledge about different types of production systems and their critical according to the order of the style received like assembly line system, make
	through system, progressive bundle system, etc.
	and the state of t
	like science thread cutters measuring tabe, etc.
44	VRG Knowledge about SAM and basic mathematical calculations required to
	calculate SAM and other related tasks in context of stitching supervision
	A MARINE WAS AND A STATE OF THE







AMH/ N0601	Plan and organize sewing processes
A. Core Skills/	Writing Skills
Generic Skills	The user/individual on the job ineeds to know and understand: SA1. document records related to production and number of orders for each style SA2. write letters, memos, mails clearly and legibly for self and other departments' references SA3. Note down the SAM for each style after calculation Reading Skills
	MARKET (1970)
	The user/individual on the job needs to know and understand: SA4. read and comprehend the techpack received SA5. Read and comprehend the bills of materials and act accordingly for garment manufacturing process (stitching)
	Oral Communication (Listening and Speaking skills)
	The user/individual on the job needs to know and understand: SA6communicate with superiors, colleagues and juniors appropriately SA7. Provide a detailed information in a logical sequence to the workers describing the style that has to be stitched
B. Professional Skills	Decision Making
	The user/individual on the jub-needs to know and understand how to: SB1. Make decisions for selection and arrangement of machines for line balancing after considering the relative cost. SB2. Make appropriate and logical decisions when allocating work to the workers.
	Plan and Organize
	The user/individual on the job needs to know and understand: SB3. plan and organize the work to meet targets for productivity and quality SB4. Plan and organize the allocation of working depending on the skill set of workers
	CustomerCentricity
	The user/Individual on the job needs to know and understand how to: SB5. understand customer requirement for product quality, product quantity and delivery priority SB6. Tally the final product with techpack and sample approved to see if it meets
	the customer requirements Problem Solving
	MINITED AND ADDRESS OF THE PARTY OF THE PART
	The user/individual on the job needs to know and understand how to: S87. apply problem-solving approaches to organize the stitching process sequence with machines and processes increasing productivity and quality S88. understand anomalies and non-conformances to products and processes and discuss with the concerned heads and departments S89. seek clarification on problems from other departments as well when in doub
TO THE STATE OF	Analytical Thinking

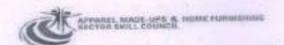






Hattorial Occupational Standards

. Core Skills/	Writing Skills
Generic Skills	The user/individual on the job needs to know and understand: SA1. document records related to production and number of orders for each style SA2. write letters, memos, mails clearly and legibly for self and other departments' references SA3. Note down the SAM for each style after calculation
	Reading Skills
	The user/individual on the job needs to know and understand: SA4. read and comprehend the techpack received SA5. Read and comprehend the bills of materials and act accordingly for garment manufacturing process (stitching)
	Oral Communication (Listening and Speaking skills)
	The user/individual on the job needs to know and understand: SA6. communicate with superiors, colleagues and juniors appropriately SA7. Provide a detailed information in a logical sequence to the workers describing the style that has to be stitched
B. Professional Skills	Decision Making
B. Professional Skins	The user/individual on the job leeds to know and understand how to. SB1. Make decisions for selection and arrangement of machines for line balancing after considering the relative cost. SB2. Make appropriate and logical decisions when allocating work to the workers. Plan and Organize
	The user/individual on the job needs to know and understand: SB3 plan and organize the work to meet targets for productivity and quality SB4. Plan and organize the allocation of working depending on the skill set of workers
	CustomerCentricity
	The user/individual on the job-needs to know and understand how to: SBS. understand customer requirement for product quality, product quantity and delivery priority SB6. Tally the final product with techpack and sample approved to see if it meets the customer requirements
	Problem Solving
	The user/individual on the job needs to know and understand how to: S87. apply problem-solving approaches to organize the stitching process sequence with machines and processes increasing productivity and quality S88. understand anomalies and non-conformances to products and processes and discuss with the concerned heads and departments S89. seek clarification on problems from other departments as well when in double
	Analytical Thinking



* NOS



AMH/ N0601 Plan and organize sewing processes

The user/individual on the job needs to know and understand how to:

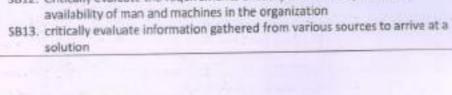
SB10. identify root cause of a problem related to man, machine and material used during production (stitching)

SB11. Analyze the method of production system used for manufacturing a particular style, its efficiency, advantage to the organization, etc.

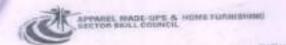
Critical Thinking

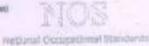
The user/individual on the job needs to know and understand how to:

SB12. Critically evaluate the requirements of techpack with respect to the











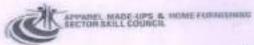
AMH/ N0601

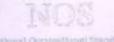
Plan and organize sewing processes

NOS Version Control

NOS Code	AMH/ N0601		
Credits (NSQF)	TBD	Version number	1.0
Industry	Apparel, Made-ups and Home Furnishing	Drafted on	17/03/15
Industry Sub-sector	Apparel, Made-ups and Home Furnishing	Last reviewed on	30/04/15
Occupation	Line Supervisor	Next review date	21/03/16









AMH/ N0602

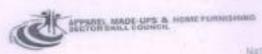
Supervise sewing operations

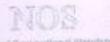
National Occupational Standard



Overview

This unit is about supervising the sewing operations to ensure productivity and quality.







AMH/ N0602
Unit Code
Unit Title (Task)
Description
Scope

Supervise sewing operations

AMH/ NUOUZ	Superior services and the services are services and the services and the services and the services are services and the services and the services are services and the services and the services are services are services and the services are services are services and the services are services a	
Unit Code	AMH/ N0602	
Unit Title	Supervise sewing operations	
(Insk) Description	This unit provides Performance Criteria, Knowledge & Understanding, Skills & Abilities required to supervise the sewing line processes.	
Scope	This unit/task covers the following: supervising the process to ensure productivity, quality and delivery of productivity.	
Performance Criteria (PC)	w.r.t. the Scope	
Elements	no description of the state of	
Supervising the process to ensure productivity, quality and delivery of	PC1. Ensure there is no accumulation of materials at any process stage PC2. Ensure the workload is equitably distributed as per skill-set, speed and performance	
products	PC3. Ensure the products are checked at predefined stages as per customer company norms and standards	
	PC4. Ensure materials are processed as per priority for delivery schedule PC5. Ensure standards, reference sample, templates etc. are available at	
	respective process stages PC6. Maintain records for production and quality	
Knowledge and Understa	inding (K)	
A. Organizational Context (Knowledge of the company/ organization and its processes)	The user/individual on the job meeds to keep and understand: KA1 Knowledge about supervising processes with in-time supports and creative ideas to enhance productivity and reduce wastages. KAZ. Knowledge about the most efficient production system, on the basis of passes experience on various styles. KA3. Knowledge about maintaining healthy relationship amongst workers.	
B. Technical Knowledge	The user/individual on the job needs to know and understand. KB1 Knowledge about different attachments to machines like Special Folder,	
Milliantes	Special Pressure Foot etc. KB2. Knowledge about different settings and adjustments to sewing machines like needle, stitch per inch, etc.	
	KB3. Knowledge about trouble shooting of faults KB4. Knowledge about the various stitching defects and how to rectify them, maintaining the quality parameters	
Skills (S) want the scope A. Core Skills/ Generic	Writing Skills	
A. Core Skins/ Generic Skills	The user/ Individual on the job needs to know and understand how to:	
SKIIIS	The user/ Individual on the job needs to know and disconstitution on the job needs to know and disconstitution the supervising the SA1. Document records of any changes or repairs done while supervising the production department.	

production department

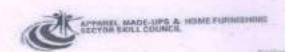
requirements or returns

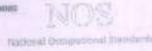
Reading Skills

SA2. communicate with other departments in writing in cases of any product

SA3. Read and comprehend written instructions about working of guidelines,

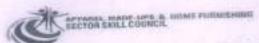
The user/individual on the job needs to know and understand:







AMH/ N0602	Supervise sewing operations procedures and rules.
	5A4. Read and comprehend the requirements and their urgency from other
	departments Oral Communication (Listoning and Speaking skills)
	The user/individual on the job needs to know and understand: SAS. listen effectively and orally communicate information accurately SAG. ask for clarification and advice from others in the team and heads
s. Professional Skills	Decision Making
	The user/individual on the job needs to know and understand: S81. follow organization rule-based decision making process while supervising the production line S82. take sensible and mature decisions related to workers in such a way that the working of the production line remains unaffected
	Plan and Organize
	The user/individual on the job-needs to know and understand: SB3. Plan and organize the working in the production line to meet daily production target SB4. Plan and organize the layout of the production line to maintain a smooth and disciplined workflow SB5. Directly supervise and coordinate the activities of production line and operating workers such as machine setters and precision workers SB6. Plan and organize the work to meet the stitching quality
	Customer Centricity
	The user/Individual on the job needs to know and understand how to: SR7 understand customer requirements and their priority and respond as per their needs
	Problem Solving
	The user/individual on the job needs to know and understand: SB8 seek and comprehend machine and production related inputs for clarification SB9. Seek and clarify any ill-feelings amongst workers SB10. guide maintenance team in detection of machine problems and correction of faults SB11. Provide clarifications to workers who are in doubt
	Analytical Thinking
	The user/individual on the job needs to know and understand: SB12, apply domain information about maintenance processes and technical knowledge about machines and production line SB13. Analyze the level of seriousness and efficiency of work performed by each worker
DELLE TON	Critical Thinking
	The user/individual on the job needs to know and understand:





National Occupational Styndards

AMH/ N0602

Supervise sewing operations

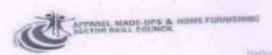
S814. critically evaluate inputs in relation to production and maintenance effectiveness

SB15. Be critical while supervising the working at the production floor for a better output

NOS Version Control

NOS Code	AMH/ N0602		
	TBD	Version number	1.0
Credits (NSQF) Industry	Apparel, Made-ups and Home Furnishing	Drafted on	17/03/15
Industry Sub-sector	Apparel, Made-ups and Home Furnishing	Last reviewed on	30/04/15
Occupation	Line-Supervisor -	Next review date	21/03/16





NOS.



AMH/ N0603

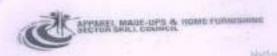
Maintain health, safety and security in the production department

National Occupational Standard



Overview

This unit provides Performance Criteria, Knowledge & Understanding, Skills & Abilities required to ensure the health, safety and security is maintained in the production department.





AMH/ N0603 Maintain health, safety and security in the production department

Unit Code	AMH/ N0603		
Unit Title	Maintain health, safety and security in the production department This unit provides Performance Criteria, Knowledge & Understanding, Skills & Abilities required to organize/maintain work to ensure it complies with health, safety and security concerns to the production workplace.		
(GEA) Description			
Scope	This unit/task covers the following: • identifying health and safety hazards and ensuring mechanism to safeguard against hazards		
Performance Criteria (PC)	w.r.t. the Scope		
Elements	Pc1. Keep vigilance for potential risks and threats associated with workplace and		
Identifying health and safety hazards and ensuring mechanism to safeguard against hazards	equipment like, sewing machines, thread cutters, scissors, etc. PEZ. Ensure handling of tools and equipments safely and securely like insulating pad (electric iron) etc. PC3 Establish and Ensure Process compliance to its requirements PC4. Monitor the workplace and work processes for potential risks and threats like shot circuits, fire, etc. PC5. Participate in mock-drills/evacuation procedures organized at the workplace. PC6. Undertake first-aid, fire-fighting and emergency sesponse training.		
Knowledge and Understa	unding (V)		
A. Organizational Context (Knowledge of the company/ organization and its processes)	KA1 Knowledge about hazards related to damage to organization's assets and records KA2. Knowledge about the safety equipments and signage installed in the organization		
B. Technical Knowledge	The user/individual on the job needs to know and understand: KB1. Knowledge about hazards related to equipments like sewing machines,		
	KB2. Knowledge about safe handling of tools and equipments like scissors, needles, etc. KB3. Knowledge about the PPE required during stitching and ensuring that it is used by every worker on the floor		
Skills (S) w.r.t the scope			
A. Core Skills/ Generic	Writing Skills		
Skills	The user/ individual on the job needs to know and understand how to: SA1. Document records related to tools, equipments and machines used in sewing. SA2. Maintain records related to any health safety incidents/accidents		
	Reading Skills		
	TANKS DECISION		
	The user/individual on the job needs to know and understand:		



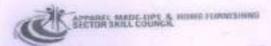


Maintain health, safety and security in the production department AMH/ N0603 SA3. Read and comprehend written instructions about safe working of machines and equipment. SA4. Read and comprehend the safety signage put in the organization Oral Communication (Listening and Speaking skills) The user/individual on the job needs to know and understand: SA5. communicate effectively with superiors, colleagues and juniors SA6. able to speak in vernacular while using technical terms regarding health and safety when explaining the health and safety norms to the workers B. Professional Skills Decision Making On the job the individual needs to be able to: 581. Make appropriate and timely decision in responding to emergencies/ accidents in line with organization Decisions related to stitching operations should directly and closely involve safety requirements and protocols Plan and Organize The user/individual on the job needs to know and understand: 583. plan processes and encourage exchange of ideas/inputs related to health, safety and security SB4. Keep production work area free from potential work hazards like fire, shot circuit, etc. by training workers on noting and practices related to health and safety CustomerCentricity The user/individual on the job needs to know and understand how to: SRS. Keep internal customers' (worker/cutter/supervisor) health and safety related concerns and processes paramount to ensure alignment with external customers' health and safety related expectations (local/global) **Problem Solving** The user/individual on the job needs to know and understand: clarification on the safety tools/processes to be used demonstrate the procedure of safely handling the equipment Provide necessary information regarding health and safety equipments and signage put up in the organization **Analytical Thinking** The user/individual on the job needs to know and understand: SB9. Identify, record, report and rectify (if able to) the malfunctions of the tools SB10. Analyze the cause of any damage taken place and take required safety measures Critical Thinking

The user/individual on the job needs to know and understand:

accident

SB11. Critically observe the damage caused, the reason behind it and effect of the





AMH/ N0603 Maintain health, safety and security in the production department NOS Version Control

NOS Code	AMH/ N0603		
Credits (NSQF)	TBD	Version number	1.0
Industry	Apparel, Made-ups and Home Furnishing	Drafted on	17/03/15
Industry Sub-sector	Apparel, Made-ups and Home Furnishing	Last reviewed on	30/04/15
Occupation	Line Supervisor	Next review date	21/03/16







AMH/ N0102

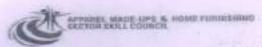
Maintain workarea, tools and machines

National Occupational Standard



Overview

This unit provides Performance Criteria, Knowledge & Understanding and Skills & Abilities required to organize/ maintain work areas and activities to ensure tools and machines are maintained as per norms

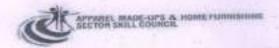






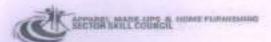
National Competional Standards

AMH/ N0102	Maintain workarea, tools and machines			
Juit Code	AMH/ NQ102			
Unit Title	Maintain workarea, tools and machines			
(Task)				
Description	This unit provides Performance Criteria, Knowledge & Understanding and Skills &			
	Abilities required to organize/ maintain work areas and activities to ensure tools			
	and machines are maintained as per norms			
Scope	This unit/task covers the following:			
	Maintain the work area tools, and machines			
Performance Criteria (PC				
Elements	Performance Criteria			
Maintain the workarea	To be competent, the user/individual on the job must be able to:			
tools and machines	PC1. Handle materials, machinery, equipment and tools safely and correctly			
	PC2. Use correct lifting and handling procedures			
	PC3. Use materials to minimize waste			
	PC4. Maintain a clean and hazard free working area			
	PCS. Maintain tools and equipment			
	PC6. Carry out running maintenance within agreed schedules			
	PCS. Carry out rouning maintenance within agreed schedules			
	PC7: Carry out maintenance and/or cleaning within one's responsibility			
	PC8. Report unsafe equipment and other dangerous occurrences			
	PC9. Ensure that the correct machine sure is are in place			
	PC10. Work in a comfortable position with the correct posture			
	PC11 Use cleaning equipment and methods appropriate for the work to be			
	carried out			
	PC12. Dispose of waste safely in the designated location			
	PC13. Store cleaning equipment safely after use			
	PC14. Carry out cleaning according to schedules and limits of responsibility			
Knowledge and Underst	anding (K)			
A. Organizational	The user/individual on the job needs to know and understand:			
Context (Knowledge	KA1. Personal hygiene and duty of care			
of the company/	KA2. Safe working practices and organizational procedures			
organization and Its	KA3. Limits of your own responsibility			
processes)	KA4. Ways of resolving with problems within the work area			
	KAS. The production process and the specific work activities that relate to the			
	whole process			
	KA6. The importance of effective communication with colleagues			
	KA7. The lines of communication, authority and reporting procedures			
	KAS. The organization's rules, codes and guidelines (including timekeeping)			
	KA9. The company's quality standards			
	KA10. The importance of complying with written instructions			
	KA11. Equipment operating procedures / manufacturer's instructions			
B. Technical	The user/individual on the job needs to know and understand:			
Knowledge	KB1. Work instructions and specifications and interpret them accurately			
	KB2. Method to make use of the information detailed in specifications and			





AMH/ N0102	Maintain workarea, tools and machines		
	Instructions		
	KB3. Relation between work role and the overall manufacturing process		
	KB4. The importance of taking action when problems are identified		
	KBS. Different ways of minimizing waste		
	KB6. The importance of running maintenance and regular cleaning		
	KB7. Effects of contamination on products i.e. Machine oil, dirt KB8. Common faults with equipment and the method to rectify KB9. Maintenance procedures KB10. Hazards likely to be encountered when conducting routine maintenance		
	KB11. Different types of cleaning equipment and substances and their use		
	KB12. Safe working practices for cleaning and the method of carrying them out		
SECURITY MANAGEMENT SECURITY S	KB12. Safe working practices for Cavaning and the method or carrying		
Skills (S) w.r.t the scope			
Elements	Skills and the state of the sta		
A. Core Skills/ Generic	Writing Skills		
Skills	The user/individual on the job needs to know and understand how to:		
	5A1. Write and document appropriate technical forms, job cards, inspection		
	sheets as required format of the company		
	Reading Skills		
	The user/individual on the lob liceds to know and understand how to:		
	SAZ. Read and comprehend basic English to read and interpret indicators in the		
	machine and operating manuals, John cds, visual cards		
	SA3. Read and understand manuals, hearth and safety instructions, memos,		
	reports, job cards, etc.		
Called to the Called	Oral Communication (Listening and Speaking skills)		
	Oral Communication (distance and speaking an		
	The user/individual on the job needs to know and understand how to:		
	SA4: Speak and communicate effectively to peers and supervisors		
	SAS. Give clear instructions to co-workers, subordinates, others		
	SA6: Use correct technical term while interacting with supervisor		
B. Professional Skills	Decision Making		
	The user/individual on the job needs to know and understand how to:		
	SB1 Take appropriate decisions regarding to responsibilities		
	SB2. Assess for any damage/faulty component in the concerned machinery and		
THE REAL PROPERTY OF THE PARTY	take action accordingly		
	SB3. Evaluate the decision and conduct basic trouble shooting		
	Plan and Organize		
	The user/individual on the job needs to know and understand how to:		
	SB4. Plan and manage work routine based on company procedure		
	SB6. Plan for cleaning and lubricating the concerned machinery daily		
	S87. Plan for cleaning the concerned tools and workplace daily before and after		
	operations		
	Customer Centricity		
CONTRACTOR OF THE PARTY OF THE	The user/individual on the job needs to know and understand how to:		
SEE SEE SEE SEE SEE	SB8. Ensure and follow organizational procedures pertaining to health and safet		
	are followed		
	Problem Solving		



MOS

Nathanal Gazapetimal Standards



AMH/ N0102

Maintain workarea, tools and machines

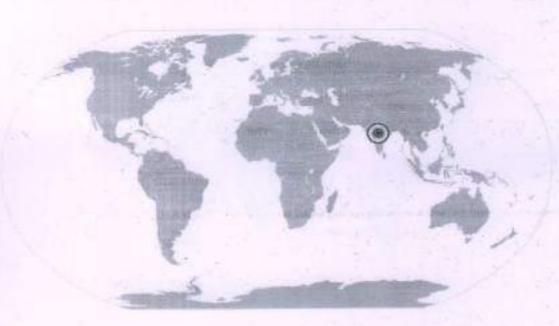
The user/individual on the job needs to know and understand how to: SB7. Solve operational role related issues

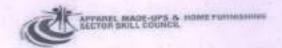
Analytical Thinking

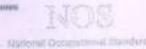
The user/individual on the job needs to know and understand how to: SB9. Diagnose common problems in the machine based on visual inspection, sound, temperature, etc.

Critical Thinking

The user/individual on the job needs to know and understand how to: SB10. Analyze, evaluate and apply the information gathered from observation, experience, reasoning or communication to act efficiently







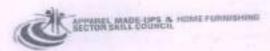


AMH/ N0102 Maintain workarea, tools and machines

NOS Version Control

NOS Code	AMH/N0102		
Credits (NSQF)	TBD	Version number	1.0
Industry	Apparel, Made-ups and Home Furnishing	Drafted on	17/03/15
Industry Sub-sector	Apparel, Made-ups and Home Furnishing	Last reviewed on	30/04/15
Occupation	Line Supervisor	Next review date	21/03/16









AMH/N0104

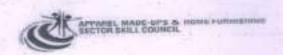
Comply with industry, regulatory and organizational requirements

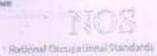
National Occupational Standard



Overview

This unit provides Performance Criteria, Knowledge & Understanding and Skills & Abilities required for complying with legal, regulatory and ethical requirements at the workplace.



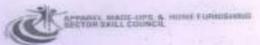




AMH/N0104

Comply with industry, regulatory and organizational requirements

Unit Code	AMH/ N0104
Unit Title	Comply with industry, regulatory and organizational requirements
(Task)	
Description	This unit provides Performance Criteria, Knowledge & Understanding and Skills &
	Abilities required for complying with legal, regulatory and ethical requirements at
	the workplace.
Scope	This unit/task covers the following:
	 Comply with industry and organizational requirements
Performance Criteria (PC)	w.r.t. the Scope
Elements	Performance Criteria
Comply with industry,	To be competent, the user/individual on the job must be able to:
and organizational	PC1. Carry out work functions in accordance with legislation and regulations,
requirements	organizational guidelines and procedures
	PC2. Seek and obtain clarifications on policies and procedures, from your
	supervisor or other authorized personnel
	PC3. Apply and follow these policies and procedures within your work practices
	PC4. Provide support to your supervisor and team members in enforcing these
	Fig. Considerations
	PC5. Identify and report any possible deviation to these requirements
Knowledge and Understa	anding (K)
Organizational Context	The user/individual on the job needs to know and understand:
(Knowledge of the	KA1 The importance of having an ethical and value-based approach to governance
company/ organization and its processes)	KA2 Benefits to your company and yourself due to practice of these procedures
	KA3. The importance of punctuality and attendance
	KA4 Specific to the industry/sector, know and understand:
	Legal and ethical requirements
	Procedures to follow if someone does not meet the requirements
	KAS Customer specific requirements mandated as a part of your work process
8. Technical	The user/individual on the job needs to know and understand
Knowledge	K81 Country / customer specific regulations for your sector and their importance
	KB2.Reporting procedure in case of deviations
	KB3. Limits of personal responsibility
Skills (S) w.r.t the scape	
Elements	Skills
A. Core Skills/ Generic	Writing Skills
Skills	The user/ individual on the job needs to know and understand how to:
	SA1. Write and document appropriate technical forms, job cards, inspection
	sheets as required format of the company
	Reading Skills
	The user/Individual on the job needs to know and understand how to:
	SA2. Read and comprehend the organizational documents pertaining to rules an
	procedures
	SA3. Read and comprehend basic English to read and interpret indicators in the
	machine and operating manuals, job cards, visual cards, etc.

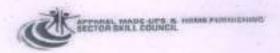






National Occupational Standards

	SA4. Read in the local language as applicable SA5. Read and understand manuals, health and safety instructions, memos, reports, job cards etc.
	Oral Communication (Listening and Speaking skills)
	The user/individual on the job needs to know and understand how to: SA6. Positively influence the team members into following procedures
B. Professional Skills	Decision Making
	The user/individual on the job needs to know and understand how to: S81. Take appropriate decisions related to responsibilities
	Plan and Organize
	The user/individual on the job needs to know and understand how to: SB2. Plan and manage work routine based on company procedure
	Customer Centricity
	The user/individual on the job needs to know and understand how to: S83. Ensure and follow organizational procedures and policies
	Problem Solving
	The user/individual on the job needs to know and understand how to: SB4.Evaluate and seek and obtain clarification from the superiors
	Analytical Thinking
	The user/individual on the job needs to know and understand how to: 585. Apply balanced judgment to different situations
	Critical Thinking
	The user/individual on the job needs to know and understand how to: S86. Analyze, evaluate and apply the information gathered from observation, experience, reasoning, or communication to act efficiently







AMH/N0104

Comply with industry, regulatory and organizational requirements

NOS Version Control

NOS Code	AMH/N0104				
Credits (NSQF)	TBD	Version number	1.0		
Industry	Apparel, Made-ups and Home Furnishing	Drafted on	17/03/15		
Industry Sub-sector	Apparel, Made-ups and Home Furnishing	Last reviewed on	30/04/15		
Occupation	Line Supervisor	Next review date	21/03/16		



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CRITERIA FOR ASSESSMENT OF TRAINEES

Job Role Line Supervisor - Stitching

Qualification Pack AMH/Q0601

Sector Skill Council Apparel, Made-up's and Home Furnishing

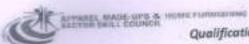
Guidelines for Assessment

- Criteria for assessment for each Qualification Pack will be created by the Sector Skill Council. Each Performance Criteria (PC) will be assigned marks proportional to its importance in NOS. SSC will also lay down proportion of marks for Theory and Skills Practical for each PC
- 2. The assessment for the theory part will be based on knowledge bank of questions approved by the SSC
- Individual assessment agencies will create unique question papers for theory part for each candidate at each examination/training center (as per assessment criteria below)
- Individual assessment agencies will create unique evaluations for skill practical for every student at each examination/training center based on this criteria
- 5. To pass the Qualification Pack, every trainee should score a minimum of 70% aggregate in a QP
- In case of successfully passing only certain number of NOS's, the trainer is eligible to take subsequent assessment on the balance NOS's to pass the Qualification Pack

	1			Ma	arks Allocation	on
NOS	Performance Criteria	Total Marks	Out Of	Theory	Skills Practical	Viva
AMH/N0601 (Plan and organize Sewing processes)	PC1. Review orders received from Production Planning as per style/product category/class		15	6	7.	2
	PC2. Identify broad stitching operation required to sew the product class/category	80	13	4	6	3
	PC3. Split sewing operation for a particular style of product category into discrete stitching processes for component sewing (like, pocket attaching, side joining, collar sewing etc.)		15	5	8	2
	PC4. Organize processes or sub- processes in assembly line sequence to ensure productivity, easy monitoring and quality		13	5	7	1
	PC5. Ensure availability of materials, resources, tools and equipments as needed for execution of tasks as per assembly line sequence		12	2	9	1



APPARIEL MADE-UP'S & HON SECTOR BKILL COUNCIL	Qualifications Pack for Line Superviso	r - Stitchi	ng	A	National Skill Dev Cornoral	relopmen
	PC6. Allocate manpower (operators, helpers etc.) based on skillset and suitability for distinct processes or sub-processes		12	3	8	1
			80	25	45	10
AMH/N0602 Supervise sewing perations)	PC1. Ensure there is no accumulation of materials at any process stage	100	16	5	10	1
	PC2. Ensure the workload is equitably distributed as per skillset, speed and performance		15	5	9	1
	PC3. Ensure the products are checked at predefined stages as per customer/company norms and standards		17	5	11	1
	PC4. Ensure materials are processed as per priority for delivery schedule		18	5	12	1
	PC5. Ensure standards, reference sample, templates etc. are available at respective process stages		15	5	9	1
	PC6. Maintain records for production and quality		19	7	11	1
			100	32	62	6
B. AMH/N0603 (Maintain nealth, safety and security in the production department)	PC1: Keep vigilance for potential risks and threats associated with workplace and equipment like, sewing machines, thread cutters, scissors, etc.		5	1.5	3	0.5
	PC2. Ensure handling of tools and equipments safely and securely like insulating pad (electric iron) etc.		5	2	2	1
	PC3. Establish and Ensure Process compliance to its requirements	30	6	2.5	2	1.5
	PC4. Monitor the workplace and work processes for potential risks and threats like shot circuits, fire, etc.		6	2	3	1
	PC5. Participate in mock- drills/evacuation procedures organized at the workplace		4	0.5	3	0.5



ALTENNA SELL FOUNCE.	Qualifications Pack for Line Supervisor - Stitching		g -	X	National Skill Devi Corporat	slapment lon	
	PC6. Undertake first-aid, fire- fighting and emergency response training		4	0.5	3	0.5	
	Commission		30	9	16	5	
AMH/N0102 (Maintain rorkarea, tools and nachines)	ain PC1. Handle materials, machinery, equipment and tools safely and correctly		3	1	2	0	
	PC2. Use correct lifting and handling procedures		ize	3	1 .	2	0
	PC3. Use materials to minimize waste			3	1	1	1
	PC4. Maintain a clean and hazard free working area		3	0.5	2	0.5	
	PCS. Maintain tools and equipment		2	0	-2	0	
	PC6. Carry out running maintenance within agreed schedules		4	1	2	1	
	PC7. Carry out maintenance and/or cleaning within one's	40	2	0	2	0	
	PC8. Report unsafe equipment and other dangerous occurrences		3	0.5	2	0.5	
	PC9. Ensure that the correct machine guards are in place		3	1	_ 2	0	
	PC10. Work in a comfortable position with the correct posture		2	0	2	0	

	5. AMH/N0104 (Comply
l	with industry, regulatory
l	and organizational
ŀ	requirements)

PC14. Carry out cleaning according to schedules and limits of responsibility		4	1	2	1
responstantly		40	8	27	5
PC1. Carry out work functions in accordance with legislation and regulations, organizational guidelines and procedures	25	5	1	3	1

0

0

2

2

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2

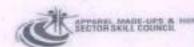
PC11. Use cleaning equipment and methods appropriate for the work

PC12. Dispose of waste safely in

PC13. Store cleaning equipment

the designated location

to be carried out



Qualifications Pack for Line Supervisor - Stitching

N S-D-C National Skill Development

				-()	Comoral	100
clarification	ek and obtain ons on policies and es, from your supervisor authorized personnel		4	1	2	1
	pply and follow these nd procedures within your ctices		4	1.	-3	.0
superviso	ovide support to your or and team members in these considerations		6	2	3	1
The state of the s	ntify and report any deviation to these ents	= [6	1	4	1 (
	Total Marks		25	6	15	4
		275		80	165	30

	Fushie	m Design
	Syllabus	Topic/Course Included
L	Introduction to Fashion Design	Basics of Fashion Design Introduction to the Fashion Design Industry
		Types of Fashion Design
		Terminology & Fashion Cycle
		19th century Fashion & Influences
2	History of Fashion	20th century Fashion & Influences
,	Design	Latest Trends in Fashion Design
		21st century Fashion Vogue



Basic Elements of Fashion Design

Understanding different styles of Fashion Design

Fashion Market Research

Module facts and Activities

Mood Boards and Design Development

Creating Mood Board

The Design Process

Fashion Design Illustrations

Principles of Fashion
 Design

Design Development& Sketching

Fabric Sourcing,
Pattern Making,
Sizing &
Measurement

Different Styles of Pattern Making

Sourcing Material and Contractors

Fabric and Trim Storyboards

Sizing, Grading and Measurements

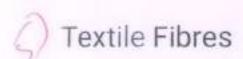
Garment Support & Structure

Creating a Garment Tech Park

Preparing to Produce your Line



Garment Structure & Pre Production



Understanding Textile Fibres, Yarns & Fabrics

Fibre Groups & their Properties

Basic technique and Process of Fabric Construction

Basics of Garment Construction

Different Draping Techniques

Fitting the Toile,
Altering, Cutting and
Layering the Pattern

Draping Mannequin

Pattern Completion & Garment Construction Developing a Business Plan Financing a Clothing Brand

Creating a Clothing

Brand

Marketing Plan

Project Work & Assessment

Final Assessment of Industry Project Work



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(Managed by M.P.Shah Education Society, Kadi)

NAAC ACCREDITED "B" GRADE (2.48 CGPA)

website:www.mpedusocikadi.org

Email: mmsmac@yahoo.com

Ret. No. P - 2020 + 21

Date: 20 312024

Exam Notice

Date:

This is to inform you all that the IQAC of our college is organized Bachelor of Vocation Examination the detail of course is as under.

1. Name of course: Diploma in Vocation

2. Duration of course: 1 Year

3. Name of Exam : Fashion Designing & Tailoring

4. Date of Exam: 2613 2021

5. Timings of Exam: 02 hours

6. Place of Exam: Class Room No :11 Smt.M.M.Shah Mahila Arts College

All participants will get certificate after completion of course.

Thukor Kuritaben Khoduji Smt.M.M. Shah Mahila Arts College, Kadi Diploma in Vocation in Fashion Designing & Tailoring Total Marks: 70 Date:-Time: 12:00 to 01:00 Which fashion designer is known for the "Little Black Dress"? (a) Coco Chanel b) Christian Dior c) Yves Saint Laurent d) Karl Lagerfeld 2. What does the term "haute couture" mean? a) Ready-to-wear b) High-end custom-fitted fashion c) Street fashion

3. Which fabric is known for its softness and is made from the fibers of the cotton

4. Which fashion capital is known for its twice-yearly fashion weeks that showcase

d) Vintage fashion

designers like Gucci and Prada?

5. What is the term for a preliminary version of a garment?

6. Who is known as the "Father of Haute Couture"?

b) New York

a) Karl Lagerfeld b) Christian Dior

d) Giorgio Armani

a) Vera Wang

Charles Frederick Worth

b) Ready-to-wear clothing c) Vintage fashion d) Street fashion

Diane von Furstenberg c) Stella McCartney d) Alexander McQueen

7. What does the term "prêt-à-porter" refer to? a) High-end custom-fitted fashion

8. Which fashion designer is famous for the wrap dress?

a) Silk · b) Wool Le) Cotton d) Polyester

a) Paris

(c) Milan d) London

a) Sample b)-Prototype c) Pattern d) Mock-up

plant?

9. Writen type of fabric is created by interlocking loops of yarn or thread:
a) Woven
b) Knitted
of Feli
d) Lace
10. Which pattern is characterized by a checked design?
a) Stripes
b) Polka dots
C)-Phild
d) Houndstooth
11. Which fashion designer is known for the "New Look" Introduced in 1947?
a) Coco Chanel
b) Christian Dior
c) Yves Saint Lourent
d) Gianni Versace
12. What is a common technique used to add color to fabrics?
a) Weaving
b) Knitting
c) Dyeing
Embroidering
13. Which fabric is made from the fibers of the flax plant?
a) Wool
b) Cotton
e) Silk
At Linen
14. Which accessory is often used to fasten or secure garments?
a) Belt
b) Scarf
c) Hat
di Gloves
15. Who is the creative director of the fashion house Chanel, as of the early 21st
century?
a) Coco Chanel
W Karl Lagerfeld
c) Raf Simons
d) Tom Ford
16. Which term refers to the outline or shape of a garment?
a) Silhouette
b) Texture
c) Pattern
d Color
17. Which of the following is a common fabric used in evening wear and luxury
garments?
a) Polyester
b) Denim
NO Silk
TOTAL CONTROL OF THE STATE OF T
d) Flannel

18. What does the term "bespoke" refer to in fashion?
a) Ready-to-wear
Custom-made clothing
c) Vintuge fashion
d) High-street fashion
19. Which pattern consists of a design of repeated squares or rectangles?
a) Houndstooth
b) Paisley
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a) Bracelet
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a) Yves Saim Laurem
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22. Which of the following is NOT a natural fiber?
a) Cotton
b) Silk
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dr Wool
23. What is the term for a long, flowing dress that is typically worn for formal
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a) Cocktail dress
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24. Which fashion designer is known for the invention of the miniskirt?
a) Coco Chanel
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c) Mary Quant
U Donna Karan
25 Which type of stitch is somewhat the fact that the second
25. Which type of stitch is commonly used to finish the edges of fabrics to prevent fraying?
The state of the s
a) Running stitch
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26. What is the name of the fashion event held annually in New York, London,
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a) Fashion Parade
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Very asserted Expo

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27. Which designer is known for the iconic red-soled shoes?
a) Manolo Blahnik
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28 Which fashion trend involves and that at
28. Which fashion trend involves wearing clothes that are oversized and loose-
ntting:
a) Bohemian
b) Minimalist
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29. Which term refers to a decorative design, often sewn on a piece of fabric?
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30. Which type of fabric is known for its stretchability and is often used in
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35. Who is the founder of the fashion house Versace?
a) Giorgio Armani
b) Gianni Versnee
c) Donatella Versace
di Valentino Garavani
On valentino Omayani

Thakar Dhuratiben Prutapji

Smt.M.M. Shah Mahila Arts College, Kadi

Diploma in Vocation in Fashion Designing & Tailoring

Total Marks:70

	Date:-
	Time: 12:00 to 01:00
15	Which fashion designer is known for the "Little Black Dress"?
1.0	Coco Chanel
	b) Christian Dior
	c) Yves Saint Laurent
*	d) Karl Lagerfeld What does the term "haute couture" mean?
Li	
	a) Ready-to-wear
	b) High-end custom-fitted fashion
	c) Street fashion
	d) Vintage fashion
3.	Which fabric is known for its softness and is made from the fibers of the cotton
	plant?
	a) Silk
	b) Wool
	(e) Cotton
	d) Polyester
4.	Which fashion capital is known for its twice-yearly fashion weeks that showcase
	designers like Gucci and Prada?
	a) Paris
	b) New York
	c) Milan
	d) London
5.	What is the term for a preliminary version of a garment?
	a) Sample
	b) Prototype
	c) Pattern
	A) Mock-up
0.	Who is known as the "Father of Haute Couture"?
	a) Karl Lagerfeld
	b) Christian Dior
	Charles Frederick Worth
	d) Giorgio Armani
7.	What does the term "prêt-à-porter" refer to?
	a) High-end custom-fitted fashion
	b) Ready-to-wear clothing
	c) Vintage fashion
	√d) Street fashion
8.	Which fashion designer is famous for the wrap dress?
	a) Vera Wang
	₩) Diane von Furstenberg
	c) Stella McCartney
	d) Alexander McQueen

 Which type of fabric is created by interlocking loops of yarn or thread? Woven
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c) Feli
d) Lace
10. Which pattern is characterized by a checked design?
a) Stripes
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c) Plaid
d) Houndstooth
11. Which fashion designer is known for the "New Look" introduced in 1947?
a) Coco Chanel
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c) Yves Saint Laurent
जे Gianni Versace
12. What is a common technique used to add color to fabrics?
a) Weaving
b) Knitting
c) Dyeing
d) Embroidering
13. Which fabric is made from the fibers of the flax plant?
a) Wool
b) Cotton
c) Silk
(d) Linen
14. Which accessory is often used to fasten or secure garments?
(a) Belt
b) Scarf
c) Hat
d) Gloves
15. Who is the creative director of the fashion house Chanel, as of the early 21st century?
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16. Which term refers to the outline or shape of a garment?
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17. Which of the following is a common fabric used in evening wear and luxury
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Soni Amibahen Nureshkumar.

Smt.M.M. Shah Mahila Arts College, Kadi

Diploma in Vocation in Fashion Designing & Tailoring

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	EX 676	1 Table 1	-	1				

- b) Christian Dior
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- d) Karl Lagerfeld
- 2. What does the term "haute couture" mean?
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Smt.M.M. Shah Mahila Arts College, Kadi

Diploma in Vocation in Fashion Designing & Tailoring

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- 1. Which fashion designer is known for the "Little Black Dress"?
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 - d) Karl Lagerfeld

Answer: a) Coco Chanel

- 2. What does the term "haute couture" mean?
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 - c) Street fashion
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Answer: b) High-end custom-fitted fashion

- 3. Which fabric is known for its softness and is made from the fibers of the cotton plant?
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 - b) Wool
 - c) Cotton
 - d) Polyester

Answer: c) Cotton

- 4. Which fashion capital is known for its twice-yearly fashion weeks that showcase designers like Gucci and Prada?
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 - b) New York
 - c) Milan
 - d) London

Answer: c) Milan

- 5. What is the term for a preliminary version of a garment?
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 - c) Pattern
 - d) Mock-up

Answer: b) Prototype

- 6. Who is known as the "Father of Haute Couture"?
 - a) Karl Lagerfeld
 - b) Christian Dior
 - c) Charles Frederick Worth
 - d) Giorgio Armani

Answer: c) Charles Frederick Worth

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Coco Chanel
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) Gianni Versace
ristian Dior a common technique used to add color to fabrics?
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accessory is often used to fasten or secure garments?
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b) Scarf
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C) Flot
TAN TERROR TO A MARKET TO A MA
d) Gloves
TAN TERROR CONTRACTOR
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15. Who is the creative director of the fashion house Chanel, as of the early 21st
century? a) Coco Chanel
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Answer: b) Karl Lagerfeld 16. Which term refers to the outline or shape of a garment?
a) Silhouette
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Answer; a) Silhouette 17. Which of the following is a common fabric used in evening wear and luxury
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Answer: b) Scarf 21. Which designer is known for creating the iconic trench coat?
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Answer: c) Burberry

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CAMPUNEL MA MUNICIPALITY

ADMISSION IN FASHION DESIGNING & TAILORING STUDENT LIST 2020-21	
Name	Sign
THAKOR KAVITABEN KHODAJI	Thurse 24
THAKOR DHARATIBAHEN PRATAPJI	@Polluko
SONI AMIBAHEN NARESHKUMAR	James
PARMAR DARSHITA DILIPKUMAR	1.080
PRAJAPATI VISHAKHA SURESHBHAI	VISP
BAROT VIDHIBEN SANJAYKUMAR	V.S. Burgt
BAROT GRISHMA SANJAYKUMAR	CX S. Banot
PATEL MONIKABEN ARVINDBHAI	TOTAL
BHARVAD SHOBHANABEN VAGHUBHAI	S.V. Bhusin
BHARWAD POOJA HEDUBHAI	Strivered
SONI KAMINI BHUPENDRABHAI	K. B. S.
PATEL SONALBEN NAVLESHBHAI	P. S.N.
PRAJAPATI POONAMBEN AMRATBHAI	P.A. Passoli
PATEL HANSABAHEN KHODABHAI	1KP
PATEL JALPABEN MANASUKHABHAI	J.m. P
PATEL DISHA HARSHADKUMAR	3-n-P
PATEL GITABEN SHANKARBHAI	OT 5 Pale
BHAVIKA HARSHADKUMAR BHATT	B. H. Bhut
RAVAL AVANIBEN MEHULKUMAR	D.4.6
PATEL RINKALBAHEN MAHENDRAKUMAR	B.W.JE
PRAJAPATI ARTI RASHIKBHAI	KA KIRAL
	THAKOR DHARATIBAHEN PRATAPJI SONI AMIBAHEN NARESHKUMAR PARMAR DARSHITA DILIPKUMAR PRAJAPATI VISHAKHA SURESHBHAI BAROT VIDHIBEN SANJAYKUMAR BAROT GRISHMA SANJAYKUMAR PATEL MONIKABEN ARVINDBHAI BHARVAD SHOBHANABEN VAGHUBHAI BHARWAD POOJA HEDUBHAI SONI KAMINI BHUPENDRABHAI PATEL SONALBEN NAVLESHBHAI PRAJAPATI POONAMBEN AMRATBHAI PATEL HANSABAHEN KHODABHAI PATEL JALPABEN MANASUKHABHAI PATEL DISHA HARSHADKUMAR PATEL GITABEN SHANKARBHAI BHAVIKA HARSHADKUMAR BHATT RAVAL AVANIBEN MEHULKUMAR

MANIBEN M.P. SHAH MAHILA ARTS COLLEGE, KADI

UGC-MHRD APPROVED SKILL BASED DEVELOPMENT COURSES ADMISSION IN FASHION DESIGNING & TAILORING

STUDENT LIST 2020-21

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НВНА	50	20	70	
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SMT. M. M. Shah Mahila Arts College, Kadi

Feedback Form of B. Voc. Course in FASHION DESTENTINES S

Academic Year: 2020-21 TAILORINES

Feedback Form

Full Name: The	Kon Kav	Ptuben 1	Choda.	Ĭi*
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Suggestion:	lery	4 6100	
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Signature of Student

T.K.K.

SMT, M. M. Shah Mahila Arts College, Kadi

Feedback Form of B. Voc. Course in FASHTON DESTUNINGS

Academic Year: 2020 - 21

Feedback Form

Full Name: Thakor Dharatiben Brajalati

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Signature of Student

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SMT. M. M. Shah Mahila Arts College, Kadi

Feedback Form of B. Voc. Course in FASHTON DESTUNDING SA Academic Year: 2020 - 21 TAILORING

Feedback Form

Full Name: Soni Amibahen	Noreshkuman
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(Rate the Faculty on the below Parameters where I is the lowest and 3 is the highest)

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Suggestion:	Very	hice	CovRse	

Signature of Student

S.A.N.

Prin. Dr.Hina M. Patel (M) 9925032421 Tel. (O) (02764) 242072 Fax. 02764-242072

Smt. M. M. Shah Mahila Arts College

Kalol Road, Nr. Petrol Pump, Highway, KADI-384 440 (North Gujarat) India (Managed by M.P.Shah Education Society, Kadi)

website: www.mpedusocikadi.org NAAC ACCREDITED "B" GRADE (2.48 CGPA)

Email: mmsmac@yahoo.com

Ref. No. P- 2020 -2

Date: RADRONAN - 34

To, Jagruti Vaghela Fashion Designer

Dear Madam,

I would like to take this opportunity to express my heartfelt thanks to you for your very active participation as a speaker in Diploma in Vocation to be held on 22june 2020 to 30 April 2021 From 2:00 p.m to 4:00 p.m. The Trustees and our whole staff of Smt. M. M. Shah Mahila Arts College, Sincerely Appreciate for your efforts in supporting this important undertaking.

Your skill in talking about different angles of the subject was Fashion Designer

Tailoring highly appreciated. Our all the participants benefited from this Course. Please accept our appreciation for such a commendable job, and hope to get a chance to hear such speeches from you in future also. Thankful to you for giving your valuable time.

Thanking you

Smt. M.M. Shah Mahila Arts College Kadi- (N.G.) -382715

Prin. Dr.Hina M. Patel (M) 9925032421 Tel. (O) (02764) 242072 Fax. 02764-242072



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NAAC ACCREDITED "B" GRADE (2.48 CGPA)

Email: mmsmac@yahoo.com

website:www.mpedusocikadi.org

Ref. No. P-2020-21

Date: 181-12 0 201-24

To.

Halima

Fashion Designer

Dear Madam,

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Your skill in talking about different angles of the subject was Fashion Designer Tailoring highly appreciated. Our all the participants benefited from this Course. Please accept our appreciation for such a commendable job, and hope to get a chance to hear such speeches from you in future also. Thankful to you for giving your valuable time.

Thanking you

Smt. M.M. Shah Mahila Arts College

Kadi- (N.G.) -382715

Smt. M. M. Shah Mahila Arts College, Kadi Fashion Designing & Tailering

Date: 30/4/2021

Total Student :20

Questions	Rate between 1 to 5					
Questions	1	2	3 4		5	20
Communication Skill	0%	0%	0%	50.00%	50.00%	20
Presentation	0%	0%	0%	45.00%	55.00%	20
Content Knowledge	0%	0%	0%	15.00%	85.00%	20
Overall Impression	0%	0%	0%	0.00%	100.00%	20
How Stisfied with Subject (Topic) with You Learn	0%	0%	0%	0.00%	100.00%	20



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NAAC ACCREDITED "B" GRADE (2.48 CGPA)

website:www.mpedusocikadi.org

Email: mmsmac@yahoo.com

Ref. No. p - 2020 -21

Date: 0120207070

Report on Diploma in Vocation Course of Fashion Designing & Tailoring

Diploma in Vocation Course of Fashion Designing & Tailoring conducted on 22 june 2020 to 30 Aril 2021 The Course was organized by Internal Quality Assurance Cell, Smt. M.M. Shah Mahila Arts College Kadi. Course was delivered. Over 20 Participants attended the Course. Dr. Sangita. C. Acharya introduced about the speakers and handled the Course Principal. Dr. Hina, M. Patel Honour the Speakers with her speech. The speaker Halima & Jagruti Vaghela Spoke on the topic of Fashion Designing & Tailoring Her. Lecture started with Skills Development: Courses often focus on developing skills in sketching, patternmaking, garment construction, and fabric selection. Knowledge of Fashion Industry: Understanding trends, history of fashion, and the business aspects of the industry. Portfolio Building: Creating a portfolio showcasing your designs, which is crucial for job applications or starting your own label. Networking Opportunities: Connecting with professionals in the industry, potentially leading to internships or job placements. Entrepreneurship: Learning how to start and manage a fashion business, including marketing, branding, and production. Career Opportunities: Depending on the level and focus of the course, graduates can pursue careers as fashion designers, stylists, merchandisers, costume designers, or even educators.

The Course was concluded with vote of thanks by Dr.Sangeeta, C. Acharya, The Course was highly impormetive to Students, Teachers and Research Scholars. Teacher and Student From other departments, Colleges, universities and Research institues from different parts of India participated in the Course. This Course Provided valuable awareness and insights on the various aspect of Fashion Designing & Tailoring.

Smt. M.M. Shah Mahila Arts College Kadi- (N.G.) -382715



Me, the Smt. M. M. Shah Mahila Arts College, Kadi



Managed by M. P. Shah Education Society, Kadi

NAAC Accreditation "B" Grade with (2.48 CGPA)

Certify that

DESAI VAGHAJIBHAI BALDEVBHAI

of Smt. M. M. Shah Mahila Arts College, Kadi having been examined for Diploma in Vocation Year 2020-21 adjudged to have passed in the

First Class,

Diploma in Hocation

With optional subject : Fashion Designing & Tailoring

has been conferred on him/her at Kadi,

on the 22-June-2020

in the 30-April-2021

In Testimony whereof are set the Seal of the said College and the Signature of the said Principal.





Me, the Smt. M. M. Shah Mahila Arts College, Kadi



Managed by M. P. Shah Education Society, Kadi

NAAC Accreditation "B" Grade with (2.48 CGPA)

Certify that KARNIK PARAS PRABHAKAR

of Smt. M. M. Shah Mahila Arts College, Kadi having been examined for Diploma in Vocation Year 2020-21 adjudged to have passed in the

First Class,

Diploma in Hocation

With optional subject : Fashion Designing & Tailoring

has been conferred on him/her at Kadi,

on the 22-June-2020

in the 30-April-2021

In Testimony whereof are set the Seal of the said College and

the Signature of the said Principal.

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Me, the Smt. M. M. Shah Mahila Arts College, Kadi



Managed by M. P. Shah Education Society, Kadi

NAAC Accreditation "B" Grade with (2.48 CGPA)

Certify that

MEMAN FARAHINBANU RAFIKBHAI

of Smt. M. M. Shah Mahila Arts College, Kadi having been examined for Diploma in Vocation Year 2020-21 adjudged to have passed in the

First Class,

Diploma in Hocation

With optional subject : Fashion Designing & Tailoring

has been conferred on him/her at Kadi,

on the 22-June-2020

in the 30-April-2021

In Testimony whereof are set the Seal of the said College and the Signature of the said Principal.





Admission Open - 2020-21

શું આપ પ્રોફેશનલ ક્ષેત્રે કારકિર્દી બનાવવા માંગો છો...!!

UGC – MHRD, नवी हिल्ही मान्य सन्ते सन्तातित स्डीव जेहारड उ वर्ष डीग्री डोर्सीस तेमभ १ वर्षना डीप्लोमां डीर्स तो आयो B.Voc अथवा Diploma डोर्समां भोडाई आपने अविच्य डिश्र्यण जनायो ..!!

Diploma Course

(1" Year Full Time)

समयगाणी-३ क्षं, इ्ल टाइम क्षेत्र

B.Voc (Bachelor of Vocation)

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डोईपए। पथनी व्यक्ति सहर डोर्समां प्रवेश मेणवी शडे छे. SC/ ST/ OBC अने PWD इंडेगरीना विधार्थिओन सरकारी सहाथनो वाल

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or	୍ଜାନ୍ଥେ ,	ਅੱड कुरमननिस्थत सर्विधीय, धन्त्योदन्स NRFC; 3000/– डो-जोपटेटीव्य वन्त्रस्ट्रीम, NBFC	-/0005
69	eligoi	ਣਦਸਤੀ હੀਇਪੋਟਰ, ਅਜ਼ਹੀ ਫ਼ੀਨਿੰਟਰ, ਅਜ਼ਹੀ ਫ਼ਰੀਜੀਓਫ ਅਨਿੰਗੀ, ਦੀਫ਼ੇਅੀਰਸ਼ੀਬੰਗ ਦੇਵਟ, ਫੇਕਸ਼ੰਦ ਬਾਦਟੀਟਪੂਟ, ਸ਼ਨਿਤਮ ਟੇਤਜ਼ੇਲ ਲੇਗਜ਼ਟੀ, ਬਾਨਿਤਮ ਅੰਤੋਹ ਜ਼ੀਬਿਕਸ਼ੀਹ, ਅਲਿੰਸ ਬਾਦਟੀਟਰੂਟ ਸ਼ਾਸਸਦੀ, ਫੋਕ ਕੁਝੰਤ	Noooj-
m	वेज डीजाईजींग कोन्ड घोनिमेशन	ਜ ਵੀਲ੍ਵਟਰੇਵ ਅਖ ਰੋਅਗ਼ੇਦਟੀਸ ਤੱਕਮੀ, ਅਮਾਮੀ, ਅਰੇਵ ਵੱਖਜੀ, ਭ੍ਰੰ ਰੋਅਸਟ	-/0008
30	४ व्युटी ओन्ड वेसनेस	दिल १५५३कोध भेडमप आर्डिस्ट,ज्युरी बेटबीस्ट, वेलनेस सेन्टर, ईशन ज्युटीसन १०५३स्टीप	3000/-
7		ਕੀਮਾ ਬਕਟ੍ਰਫ਼ਟਟ, ਫੀਮਾ ਬੈਕਪੀਲ, ਕੀਮਾ ਬੇਖਕਸ਼ਸਵ, ਕੀਮਾ ਦੀਵਸ਼ਾਰੀਕਣ, ਪੰਸਾ ਟੀਬਣ, ਕਦਤਾਰੀ, ਸਸ਼ਬੇਟ ਸ਼ਾਵਟੀਟਯੁਣ, ਜੈਕਟੀਸੀ ਮੋਬਟੀਸ.	-/0008
· we	देशन डीप्राधनींग मेन्ड टेकरींग	ਫੁੰਬਰਰ Shਸ਼ਈਆਹਿਸ ਐਵਨ ਟੇਕਟੀਆ ਟੇਸ਼ਗਰਿਜਣ, ਤੰਬਕ ਬਣਾਸ਼ਕੀਬਣ, ਵੀਰੇਕ ਸੰਯੋਸਣ, ਟੇਸ਼ਟਸ਼ਿਕ ਤੀਸ਼ਸ਼ੀਕਰ, ਵੇਬਕ ਕਰੀਸਦ	-/0008

મોબાઇલ નં. : ૯७૩७٩७५४૯७, ૯૯૦૪૧૯૯૦૨૦, ૮૪૯૦૯૨૩૨૨७, ૯७٩४७७००३६, ८٩६०७९६७२५, ૯૯૨૫૦૩૨૪૨٩ डीपार्टमेन्ट खोड़ स्डीव स्टडीफ्र, श्रीमती खेम.खेम. शाह महिला आर्ट्स डोवेप, એन. सी. हेसाई पेट्रोक्पंप सामे डडी- इवोव हाइवे रोड, इडी ● समय : सवारे ∈ थी र



Smt. M. M. Shah Mahila Arts College

Kalol Road, Nr. Petrol Pump, Highway, KADI-384 440 (North Gujarat) India (Managed by M.P.Shah Education Society, Kadi)

website:www.mpedusocikadi.org

NAAC ACCREDITED "B" GRADE (2.48 CGPA)

Email: mmsmac@yahoo.com

Ref. No. p - 2020-27

Date: 18 6/2020

Circular

This is to inform you all Faculty that the IQAC of the college organizes one Year Diploma in Vocation on Web designing Animation on 22st June 2020 30 April 2021 All Students of the college are hereby directed to attend the same.

Smt. M.M. Shah Mahila Arts College Kadi- (N.G.) -382715

To.

- All Teaching Staff of the College
- 2. Notice Boards
- 3. Circulation in Classrooms
- 4. Guard File

Diploma in Vocation ADMISSION IN WEB DESIGNING & ANIMATION STUDENT LIST 2020-21

Sr.no	Name
1	JADAV MAHENDRAKUMAR SHANTILAL
2	PARMAR HARSUKHBHAI HAMIRBHAI
3	PATOLIYA MANSUKH PANCHABHAI
4	RAVAL PARIMA RAMESHCHANDRA
5	SOLANKI AARTIBEN RANCHHODBHAI
6	SOLANKI MAHENDRABHAI BABUBHAI
7	SONI FALGUNI JAYENDRABHAI
8	DARJI RUSHIKESH RAJENDRAKUMAR
9	AZAZI ANIKA MOHAMMAD HARUN
10	SUTHAR KULDEEP RAMBHAI
11	BAROT NISHABEN INDRAKUMAR
12	SOLANKI DIPTIBEN DAHYABHAI
13	BAROT MEGHABEN GHANSHYAMBHAI
14	JADEJA VRUNDABA VIJAYSINH
15	KORI ANIRUDH CHANDRASHEKHAR
16	PARMAR AMARSINH HIMMATSINH

Smt. M.M. Shah Mahila Arts College Kadi- (N.G.) -382715



Smt. M. M. Shah Mahila Arts College

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website :www.mpedusocikadi.org

NAAC ACCREDITED "B" GRADE (2.48 CGPA)

Ref. No. p - 2020-21

Email: mmsmac@yahoo.com

Date: 20/6/2020

Invitation Letter

To, Amarsinh Parmar Computer Operator

Dear Sir

We are pleased to invite you to be the speaker at Diploma in Vocation to be held on 22june 2020 to 30 April 2021 from 2:00 p.m. to 4:00 p.m. We hope you would be able to fit this event in your busy schedule. We look forward to a positive to a positive Response.

Thanking you,

Dr. Hina M. Patel

Esincipal

Smt. M.M. Shah Mahila Arts College

Kadl- (N.G.) -382715

Smt. M. M. Shah Mahila Arts College

Kalol Road, Nr. Petrol Pump, Highway, KADI-384 440 (North Gujarat) India (Managed by M.P.Shah Education Society, Kadi)

website :www.mpedusocikadi.org NAAC ACCREDITED "B" GRADE (2.48 CGPA)

Email: mmsmac@yahoo.com

Ref. No. P-2020-25

Date: 20 6 20 20

Invitation Letter

To, Puja Raval Computer Operater

Dear Sir

We are pleased to invite you to be the speaker at Diploma in Vocation to be held on 22june 2020 to 30 April 2021 From 2:00 p.m to 4:00 p.m. We hope you would be able to fit this event in your busy schedule. We look forward to a positive to a positive Respone.

Thanking you,

Dr. Hina.M.Patel

Principal

Principal
Smt. M.M. Shah Mahila Arts College
Kadi- (N.G.) -382715

SWIL MINISHAH MAHILA ARTS COLLEGE, KADI Diploma in Vocation B.voc 2020-21

Day T	Time	Course	Class room	Faculty
L			Ve	Delwadi Caraswati D
Monday 1:00	to 4:00	1:00 to 4:00 Beauty & wellness	20	Daiwadi Saraswatt.D
				The Man Bar Washington
Tuesday 1:00	1:00 to 4:00 Banking	Banking	12	Dr.Hina,M.Patel & Viral Kanudavala
Wednesday 1:00	10 4:00	1:00 to 4:00 Fashion Designing & Tailoring	11	Halima & Jagruti Vaghela
1	4.00	100 Lan Diagon & Noturonathy	Sports Room	Akshav bhai
THURSDAY THE				
Friday 1:00	10 4:00	1:00 to 4:00 Web desiging & Animation	14(Computer Lab)	14(Computer Lab) Amarsinh Parmar & Pooja Raval

IQAC Co-ordinator Sing

Printing Sing
Set M.M. Shah Mahila Arts College
31.51- (N.G.) -382715

- 11	MANIBEN M.P. SHAH MAHILA ARTS COLLEGE, R GC-MHRD APPROVED SKILL BASED DEVELOPMENT	
U	ADMISSION IN WEB DESIGNING & ANIMATIC)N
	STUDENT LIST 2020-21	
Sr.no	Name	Sign
1	JADAV MAHENDRAKUMAR SHANTILAL	Midel
2	PARMAR HARSUKHBHAI HAMIRBHAI	4 H. Jan
3	PATOLIYA MANSUKH PANCHABHAI	mp pasale
4	RAVAL PARIMA RAMESHCHANDRA	P.P. POM
5	SOLANKI AARTIBEN RANCHHODBHAI	itteld
6	SOLANKI MAHENDRABHAI BABUBHAI	ma falu
7	SONI FALGUNI JAYENDRABHAI	180
8	DARJI RUSHIKESH RAJENDRAKUMAR	R R DW
9	AZAZI ANIKA MOHAMMAD HARUN	Com sy
10	SUTHAR KULDEEP RAMBHAI	MRAUTH-
.11	BAROT NISHABEN INDRAKUMAR	n 4.8m
12	SOLANKI DIPTIBEN DAHYABHAI	CATA
13	BAROT MEGHABEN GHANSHYAMBHAI	to color
14	JADEJA VRUNDABA VIJAYSINH	1. 1. Joseph
15	KORI ANIRUDH CHANDRASHEKHAR	Aut
16	PARMAR AMARSINH HIMMATSINH	AH POW



Smt. M. M. Shah Mahila Arts College

Kalol Road, Nr. Petrol Pump, Highway, KADI-384 440 (North Gujarat) India (Managed by M.P.Shah Education Society, Kadi)

NAAC ACCREDITED "B" GRADE (2.48 CGPA)

website:www.mpedusocikadi.org

Email: mmsmac@yahoo.com

Ref. No. 9-2020 - 21

Date : (0|3|2000

Exam Notice

Date:

This is to inform you all that the IQAC of our college is organized Bachelor of Vocation Examination the detail of course is as under.

1. Name of course: Diploma in Vocation

2. Duration of course: 1 Year

3. Name of Exam ; Web Design and Animation

4. Date of Exam: 26/4/2024

5. Timings of Exam: 02 hours

6. Place of Exam: Class Room No :11 Smt.M.M.Shah Mahila Arts College

All participants will get certificate after completion of course.

Smt. M.M. Shah Mahila Arts College, Kadi Diploma in Vocation Web designing & Animation

Total Marks: 70

	Date.
	Time: 12:00 to 01:00
(1) GIF is the abbreviation for	
(A) Graphics Interchange Format	
(B) Graphics Instruction Format	
(C) Graphics Item Format	
(D) Graphics Information Format	
Ans: A - Graphics Interchange Format	
(2) The entire web document is contained within	
(A) Comments	
(B) Tags	
(C) Web page	
(D) HTML element	
Ans: D - HTML element	
(3) Which language is used for creating Web Pages?	
(A) PASCAL	
(B) C	
(C) HTML	
(D) BASIC	
Ans: C - HTML	
(4) What is the abbreviation of HTTP?	
(A) Hypertext tag path	
(B) Hyper Text Transfer Protocol	
(C) Hypertext transfer path	
(D) None	
Ans: B - Hyper Text Transfer Protocol	
(5) HTML document should begin with the	
(A) <head> tag</head>	
(B) <title> tag</td><td></td></tr><tr><td>(C) <BODY> tag</td><td></td></tr><tr><td>(D) <HTML> tag</td><td></td></tr><tr><td>Ans: D - <HTML> tag</td><td></td></tr><tr><td>(6) The tag used to add images to the HTML documen</td><td>t is</td></tr><tr><td>(A) SPONTS</td><td></td></tr><tr><td>(B) <HR></td><td></td></tr><tr><td>(C) <HI></td><td></td></tr></tbody></table></title>	

(D)

Ans: D -

(7) The passes the information given by the user to a specified program
(A) User
(B) Programmer
(C) Web server
(D) Browser
Ans; C - Web server
(8) is used to store the data within the documents on the server.
(A) XML
(B) HTML
(C) DHTML
(D) CG1
Ans: A – XML
(9) Web page editors works on a principle.
(A) WWW
(B) HTML
(C) WYSIWYG
(D) WYGWYSI
Ans: C - WYSIWYG
(10) Which program is used by web clients to view the web pages?
(A) Web browser
(B) Protocol
(C) Web server
(D) Search Engine
Ans: A - Web browser
(12) What is the name of the location address of the hypertext documents?
(A) Uniform Resource Locator
(B) Web server
(C) File
(D) Web address
Ans: A - Uniform Resource Locator
(13) What are shared on the Internet and are called as Web pages?
(A) Programs
(B) Cables
(C) Hypertext documents
(D) None
Ans: C - Hypertext documents
(14) How many colour names are used by the browsers?
(A) 8
(B) 10
(C) 12
(D) 16
Ans: D – 16

(15) Which tag is used to display text in title bar of a web document?
(A) Body tag
(B) Meta tag
(C) Title tag
(D) Comment tag
Ans: C - Title tag
(16) The language that instructs the browser on how to display the hypertext,
and adds pictures to the document is
(A) C
(B) COBOL
(C) HTML
(D) BASIC
Ans: C - HTML
(17) Which are used with a tag to modify its function?
(A) Files
(B) Functions
(C) Attributes
(D) Documents
Ans: C - Attributes
(18) Which tag is used to identify the keywords describing the site?
(A) Comment tag
(B) Title tag
(C) Meta tag
(D) Anchor tag
Ans: C - Meta tag
(19) The attribute is used to identify the values of variables.
(A) text
(B) http-equiv
(C) content
(D) name
Ans: C - content
(20)CGI stands for
(A) Common Gateway Internet
(B) Common Gateway Interface
(C) Central Gateway Interface
(D) Central Gateway Internet
Ans: B - Common Gateway Interface
(21) is a collection of controls in HTML.
(A) Form
(B) Field
(C) Table
(D) Frame
Ans: A - Form

(22) HTML allows us to use levels of headings.
(A) Two
(B) Three
(C) Five
(D) Six
Ans: D - Six
(23) files are more compact than the GIF files.
(A) JPG and JPEG
(B) .JPG
(C) .JPEG
(D) None of the above
Ans: AJPG and JPEG
(24) HTML allows us to create three different kinds of
(A) Functions
(B) Events
(C) Files
(D) Lists
Ans: D - Lists
(25) Which is an attribute of Meta tag?
(A) Name
(B) Content
(C) Both (a) and (b)
(D) None
Ans: B - Content
(26) Which tag is used to provide additional information about the page that
is not visible in the browser?
(A) Anchor tag
(B) Meta tag
(C) Comment tag
(D) Body tag
Ans: B - Meta tag
(27)The two commonly used browsers are
(A) Internet Explorer and Windows Explorer
(B) Outlook Express and Internet Explorer
(C) Microsoft Internet Explorer and Netscape Navigator
(D) Internet Explorer and HTML
Ans: C - Microsoft Internet Explorer and Netscape Navigator
(28) Which character is used after the opening angular bracket to represent
the closing tag?
(A) /
(B)
(C)
(D) %
Ans: A - /

(29)	are ignored by browser.
	A) Title tag
(B) Comments
	C) Body section
	(D) Head section
4 D	Comments
(30)	Attribute is used to display an alternate message.
	(A) Size
	(B) ALT
	(C) ALIGN
	(D) SRC
Ans: E	3 - ALT
(31)	What does HTML stand for?
400000	(A) Hyper Text Markup Language
	(B) Home Tool Markup Language
	(C) Hyperlinks and Text Markup Language
	(D) Hyper Transfer Markup Language
Answe	er A - Hyper Text Markup Language
(32)	Which tag is used to create a hyperlink in HTML?
(80.00)	(A) <a>
	(B) k>
	(C) <href></href>
	(D) <src></src>
Answ	er: A - <a>
(33)	CSS stands for:
1000	(A) Cascading Style Sheets
	(B) Computer Style Sheets
	(C) Creative Style Sheets
	(D) Colorful Style Sheets
Ansv	ver A - Cascading Style Sheets
(34)	Which HTML tag is used to define an internal style sheet?
2000	(A) <style></td></tr><tr><td></td><td>(B) <css></td></tr><tr><td></td><td>(C) <script></td></tr><tr><td></td><td>(D) k></td></tr><tr><td>Ans</td><td>wer: A - <style></td></tr><tr><td>(35)</td><td>Which property is used to change the background color in CSS?</td></tr><tr><td>wes/</td><td>(A) bgcolor</td></tr><tr><td></td><td>(B) background-color</td></tr><tr><td></td><td>(C) color</td></tr><tr><td></td><td>(D) background</td></tr><tr><td>Ans</td><td>swer: B - background-color</td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr></tbody></table></style>

Judov Mahendrukumer Shentilal

Smt. M.M. Shah Mahila Arts College, Kadi
Diploma in Vocation Web designing & Animation

	0
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	Date:
/95	Time: 12:00 to 01:00
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(1)

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	V45 < 80
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Smt. M.M. Shah Mahila Arts College, Kadi Diploma in Vocation Web designing & Animotion

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(A) Gr (B) Gr (C) Gr	ne abbreviation for aphics Interchange Forma aphics Instruction Forma aphics Item Format aphics Information Form		10)
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Carlotter	(DYd) Hyper Transfer Markup Language	
	(Joseph January)	

(32)	Which tag is used to create a hyperlink in HTML?
	YK 50
	(B) ink>
	(C) <href></href>
	(D) <src></src>
(33)	CSS stands for:
	actification series series
	(B) Computer Style Sheets
	(C) Creative Style Sheets
	(D) Colorful Style Sheets
CANY/	CONTRACTOR OF THE PROPERTY OF THE PROPERTY OF
(34)	Which HTML tag is used to define an internal style sheet?
	(A) <style></td></tr><tr><td></td><td>(B) <cs></td></tr><tr><td></td><td>(C) <script></td></tr><tr><td></td><td>(D)k></td></tr><tr><td></td><td>(4) (4)</td></tr><tr><td>(35)</td><td>Which property is used to change the background color in CSS?</td></tr><tr><td></td><td>(A)Bgcolor /</td></tr><tr><th></th><th>(B) Background-color</th></tr><tr><th></th><th>YC)Color</th></tr><tr><td></td><td>(D) Background</td></tr><tr><td></td><td>7072000</td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr></tbody></table></style>

MANIBEN M.P. SHAH MAHILA ARTS COLLEGE, KADI UGC-MHRD APPROVED SKILL BASED DEVELOPMENT COURSES ADMISSION IN WEB DESIGNING & ANIMATION

STUDENT LIST 2020-21

Sr.no	Name	Theory	Practical	Total
21.1110	JADAV MAHENDRAKUMAR SHANTILAL	50	28	78
1		54	25	79
2	PARMAR HARSUKHBHAI HAMIRBHAI	48	25	73
3	PATOLIYA MANSUKH PANCHABHAI		22	72
- 4	RAVAL PARIMA RAMESHCHANDRA	50		43
15	SOLANKI AARTIBEN RANCHHODBHAI	18	25	
.6	SOLANKI MAHENDRABHAI BABUBHAI	49	26	68
7	SONI FALGUNI JAYENDRABHAI	50	27	1.1
8	DARJI RUSHIKESH RAJENDRAKUMAR	50	28	79
9	AZAZI ANIKA MOHAMMAD HARUN	22	24	46
10	SUTHAR KULDEEP RAMBHAI	46	22	68
11	BAROT NISHABEN INDRAKUMAR	10	25	6.5
12	SOLANKI DIPTIBEN DAHYABHAI	42	9.6	68
13	BAROT MEGHABEN GHANSHYAMBHAI	40	28	69
14	JADEJA VRUNDABA VIJAYSINH	38	28	66
	KORI ANIRUDH CHANDRASHEKHAR	50	25	75
15	PARMAR AMARSINH HIMMATSINH	3/3	28	66

SMT. M. M. Shah Mahila Arts College, Kadi

Feedback Form of B. Voc. Course in Weh Designing & Animation
Academic Year: 2020-21

Feedback Form

Full Name: LONEN My hemotoci knymeto Shamping	Full Name:	Juden	my hendre knower	Shampila
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(Rate the Faculty on the below Parameters where 1 is the lowest and 5 is the highest)

			ALCOHOL: NAME	_		
		1	2	3	4	5
3	Communication Skill				V	
4	Presentation					~
5	Content Knowledge				~	
6	Overall Impression about the Course				~	
7	How Satisfied with Subject (Topic) with You Learn					~

Suggestion: Very	arond	
-		

Signature of Student

m.s. 7

(0)

SMT. M. M. Shah Mahila Arts College, Kadi

Feedback Form of B. Voc. Course in Web Designing & Animation
Academic Year: 2020-21

Feedback Form

Full Name: PARMAR HARSYKHBHAT HAMIRBHAT

(Rate the Faculty on the below Parameters where 1 is the lowest and 5 is the highest)

		1,000	227,417.0	Serve seek suggesting)		
		1	2	3	4	5
3	Communication Skill					~
4	Presentation					V
5	Content Knowledge					~
6	Overall Impression about the Course					V
7	How Satisfied with Subject (Topic) with You Learn					V
		_	_			

Suggestion:	Very	9000	
		O .	

Signature of Student

PHH

Smt. M. M. Shah Mahila Arts College, Kadi Web Design and Animation

Date: 30/412091

Total Student :16

Date: 30/ 4(150-1)	Rate between 1 to 5					Total	
Questions	1	2	3	4	5	16	
Communication Skill	0%	0%	0%	56.25%	43.75%	16	
Presentation	0%	0%	0%	18.75%	81.25%	16	
Content Knowledge	0%	0%	0%	12,50%	87.50%	16	
Overall Impression	0%	.0%	0%	18.75%	81.25%	16	
How Stisfied with Subject (Topic) with You Learn	0%	0%	0%	0.00%	100.00%	16	

Smt. M. M. Shah Mahila Arts College

Kalol Road, Nr. Petrol Pump, Highway, KADI-384 440 (North Gujarat) India (Managed by M.P.Shah Education Society, Kadi)

NAAC ACCREDITED "B" GRADE (2.48 CGPA)

website :www.mpedusocikadi.org

Email: mmsmac@yahoo.com

Ref. No. p - 2020 -21

Date: 28/4/2021

To,

Amarsinh Parmar

Computer Operator

Dear Sir.

I would like to take this opportunity to express my heartfelt thanks to you for your very active participation as a speaker in Diploma in Vocation to be held on 22june 2020 to 30 April 2021 From 2:00 p.m to 4:00 p.m. The Trustees and our whole staff of Smt. M. M. Shah Mahila Arts College, Sincerely Appreciate for your efforts in supporting this important undertaking.

Your skill in talking about different angles of the subject was Web Designing and animation appreciated. Our all the participants benefited from this Course. Please accept our appreciation for such a commendable job, and hope to get a chance to hear such speeches from you in future also. Thankful to you for giving your valuable time.

Thanking you

Smt. M.M. Shah Mahila Arts College Kadi- (N.G.) -382715



Smt. M. M. Shah Mahila Arts College

Kalol Road, Nr. Petrol Pump, Highway, KADI-384 440 (North Gujarat) India (Managed by M.P.Shah Education Society, Kadi)

website :www.mpedusocikadi.org NAAC ACCREDITED "B" GRADE (2.48 CGPA)

Email ; mmsmac@yahoo.com

Ref. No. P - 2020 - 21

Date: 28 412021

To, Puja Rawal Computer Operator

Dear Madam,

I would like to take this opportunity to express my heartfelt thanks to you for your very active participation as a speaker in Diploma in Vocation to be held on 22june 2020 to 30 April 2021 From 2:00 p.m to 4:00 p.m. The Trustees and our whole staff of Smt. M. M. Shah Mahila Arts College, Sincerely Appreciate for your efforts in supporting this important undertaking.

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Thanking you

Smt. M.M. Shah Mahila Arts College Kadi- (N.G.) -382715

Prin. Dr.Hina M. Patel (M) 9925032421 Tel. (O) (02764) 242072 Fax. 02764-242072

Smt. M. M. Shah Mahila Arts Kalol Road, Nr. Petrol Pump, Highway, KADI-384 440 (North Gujarat) India

(Managed by M.P.Shah Education Society, Kadi) website: www.mpedusocikadi.org NAAC ACCREDITED "B" GRADE (2.48 CGPA)

Email: mmsmac@yahoo.com

Ref. No. P - 2020 - 21

Date: 30 4 21

Report on Diploma in Vocation Course of Web Designing Animation

Diploma in Vocation Course of Web designing Animation conducted on 22 june 2020 to 30 Aril 2021 The Course was organized by Internal Quality Assurance Cell, Smt. M.M Shah Mahila Arts College Kadi . Course was delivered Over 18 Participants attended the Course. Dr. Sangita .C. Acharya introduced about the speakers and handled the Course Principal Dr. Hina .M.Patel Acharya Honour the Speakers with her speech. The speaker Amarsinh Parmar & Pooja Raval Spoke on the topic of Web designing Animation Her Lecture started with Proficiency in Web Design Tools :Learn to use design software like Adobe XD, Figma, Sketch, or other web design tools. Gain skills in graphic design tools like Photoshop and Illustrator. Understanding of HTML/CSS; Develop the ability to write clean, responsive HTML and CSS. Understand CSS frameworks like Bootstrap.Basic JavaScript Knowledge: Learn the fundamentals of JavaScript to enhance user interactions on websites. Introduction to libraries and frameworks like jQuery or React. User Experience (UX) Design: Understand principles of UX design to create user-friendly interfaces. Conduct user research and usability testing Responsive Design Learn to design websites that work well on different devices (desktop, tablet, mobile). Use of media queries and responsive grid systems. SEO and Web Analytics:Basic understanding of Search Engine Optimization (SEO),Learn to use web analytics tools to track and improve website performance. Project Management: Manage web design projects from concept to completion. Use project management tools and methodologie. Sewing Techniques: Master basic and advanced sewing techniques. Learn to use different sewing machines and tools. Pattern Making and Draping: Develop skills in creating patterns from scratch. Understand draping techniques to create custom fits.Fabric Knowledge:Gain extensive knowledge about different types of fabrics and their uses. Learn about fabric care and handling.Garment Construction:Learn to construct various types of garments (e.g., dresses, suits, jackets). Understand the principles of fitting and alteration. Fashion Design: Basic principles of fashion design and trend forecasting. Develop a personal design style and portfolio.Business Skills:Learn the basics of running a tailoring or fashion business. Understand pricing, customer service, and marketing strategies, E-commerce Development: Ability to create and manage an online store for selling tailored garments. Understand the integration of e-commerce platforms with websites. Brand Development: Develop a cohesive brand identity online and offline.Learn to design a brand logo, website, and marketing materials. Digital Portfolio Creation: Create a digital portfolio showcasing tailoring and design skills. Use web design skills to build a personal website to attract clients. Marketing and Promotion: Utilize digital marketing techniques to promote tailoring services online. Understand the use of social media and online advertising.

The Course was concluded with vote of thanks by Dr.Sangeeta .C. Acharya. The Course was highly impormetive to Students, Teachers and Research Scholars, Teacher and Student From other departments, Colleges, universities and Research institues from different parts of India participated in the Course. This Course Provided valuable awareness and insights on the various aspect of Web designing Animation

> Smt. M.M. Shah Mahila Arts College Kadi- (N.G.) -382715



Me, the Smt. M. M. Shah Mahila Arts College, Kadi



Managed by M. P. Shah Education Society, Kadi

NAAC Accreditation "B" Grade with (2.48 CGPA)

Certify that SOLANKI ASHABEN NARANBHAI

of Smt. M. M. Shah Mahila Arts College, Kadi having been examined for Diploma in Vocation Year 2020-21 adjudged to have passed in the

First Class,

Diploma in Hocation

With optional subject : Web Design and Animation

has been conferred on him/her at Kadi,

on the 22-June-2020

in the 30-April-2021

In Testimony whereof are set the Seal of the said College and the Signature of the said Principal.





Me, the Smt. M. M. Shah Mahila Arts College, Kadi



Managed by M. P. Shah Education Society, Kadi

NAAC Accreditation "B" Grade with (2.48 CGPA)

Certify that

PRAJAPATI RAJANIKABEN ASHOKKUMAR

of Smt. M. M. Shah Mahila Arts College, Kadi having been examined for Diploma in Vocation Year 2020-21 adjudged to have passed in the

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PRAJAPATI HINABEN KANUBHAI

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Admission Open - 2020-21

શું રાત્ય પ્રોફેશનલ ક્ષેત્રે કારકિર્દી બનાવવા માંગો છો...!!

UGC - MHRD, नवी हिल्ही भान्य उन्हें अनुहानित स्डीव लेध्जड 3 वर्ष डीग्री डोर्सीस तेमक १ वर्षना डीप्डोमां डोर्स તો આવો B.Voc ચાચવા Diploma કોર્સમાં જોડાઈ આપનું ભવિષ્ય ઉજવળ બનાવો ..!!

(B.Voc (Bachelor of Vocation)) સમયગાળો-3 વર્ષ, ફુલ ટાઇમ કોર્સ

Diploma Course

(1st Year Full Time)

and the same	- 0	RIN 26- K	પ્રવેશ લાચકાત :- કોઈપણ પ્રવાહ અથવાં માન્ય શૈક્ષણિક બોર્ડમાંથી દીરણ -૧૨ પાસ	શ લાયકાત :- કોઈપણ પ્રવાત	と
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dor Shadel	ш		આ રા. વેપારમાં ફાયબાન્શ કરતી બેંકો		
180	W	-/0008	કંપની, સંશિયલ એક્સપોર્ટ હાઉસીસ, કરસ ક્લીયરીંગ હાઉસીસ, માર્કેટલાગર, લંદરો ૧૯૨, ટ્રાન્કલોર્ટ કંપની, એક્સપોર્ટ એન્ડ ઇમ્પોર્ટ મેનેમગેન્ટ લોસ્ક્રાર્ટીક કંપની, ડાયરેક્ટર જનરલ એક કોરેન ટ્રેડ ૪૦૦૦/– ફોરન એક્સર્યન્ય સર્વિસીસ, ફાસનાબ્લિયલ લનસ્ટીટ્યુટ,	એક્સ્પોર્ટ એન્ડ ઇમોર્ટ મેનેપગેન્ડ	yu
બેલ્ડિંગ .	م	-/0008	ਯੀਕੱਤਰਾ, ਤੁਸ਼ਭਾਗਕਿੰਦਸ਼ਕ ਦਾਰਿੰਦੀਸ਼ ਅੱਤ ਤੁਸ਼ਭਾਗਕਿੰਦਸ਼ਕ ਦਾਰਿੰਦੀਸ਼, ਗੁੱਕਦਸ਼ੋਵਕਸ਼ NBFC, ਰਮੇ-ਅਮੈਪਵੈਟੀਕਸ਼ ਬਕਤਦ੍ਰੀਸ਼, NBFC	जेन्डिंग, इत्रमान्डियस सर्विशीप्र अने छन्स्थिरन्थ	,0
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ਲੁੰਬਾਕ Shਸ਼ਈਕੀਮ ਐਕਤ ਟੇਰਣੀਮ	थोगा, हिरनेश એन्ડ नेशरोपथी	vejटी कोन्ड वेसनेश	ਕੇਕ ડੀਸ਼ਬੰਜੀਮ ਐਕ੍ਤ सोनिमेशन	el원a)	બેલ્કિંગ .	হামপু লাম
ਤੁੰਬਰ Shilber, ਉੱਗਰ ਬਣਲਈਬਣ, ਹੀਣੇਸ਼ ਮੈਰੇਵਵ, ਟੈਸ਼ਨਸ਼ੀਰ Shilbert, ਉੱਗਰ ਅਤੇ ਸਦ	बोगा छन्छ्ट्रस्टर, बोगा केटफीस्ट, सोगा सेडफ्डास्ट, योग स्पेरकाडीस्ट, स्टेगा टीवट, सदसन्टी, आपवेर छन्स्टीह्यूट, नेस्प्टोपेबी प्रेस्टीय.	क्षित्म छन्डस्ट्रीत मेहराप आर्ट्सर,ज्यूरी घरणीरर, वेदनेस क्षेत्रर, ईवान व्युटीसन छन्डस्ट्रीत	ਜ਼ਿਲੀਮੁਣਕੈਣ ਅਜੇ ਬੇਅਫ਼ੀਰਫੀਸ ਭੱਖਜੀ, ਅਜਸੀ, ਅਰੰਦ ਤੰਚਜੀ, ਫ਼ੀ ਬੇਅਸਟ.	ਬਣਤਦੀ ਲੇਬਿੰਪਟਰ, ਅਜਮੀ ਲੇਬਿੰਪਟਰ, ਅਜਮੀ ਤਰੀਅੀਤਰ ਕੁਲਿਸ਼ਨੀਸ, ਟੈਨਿੰਗਰਸ਼ੀਸ਼ਅ ਲੈਕਟਟ, ਨੁੰਕਰੰਦ ਰਾਕਈਟਸ਼ੂਟ, ਸ਼ੁਕਿਤਸ਼ਕ ਟੇડਲੇਲ ਲੀਗਮਈ, ਭਕਿੰਪਕ ਕੁਲਿੰਸ ਤੀਰੋ-ਵਰੀਸ, ਕੁਲਿਸ਼ ਭਕਈਟਸ਼ੂਟ ਸ਼ੁਕੁਸ਼ਲੀ, ਰੇਗ ਕੁਲੰਦ	ਕੁੱਤ ਦੁਸ਼ਆ।•ਿੰਦੇਸ਼ਰ ਸ਼ਹਿੰਸੀਸ਼, ઇਵਲੀਦਵਾ ਮਸ਼ਿੰਦ, ਵੀ-ਅਪੈਪਟੈਟੀਕਾ ਰਵਤਣੀਸ਼, NBFC.	- व्यवसायीं वकी
3000/-	3000/-	2/000E	3000/-	-/000h	3000/-	51

SC/ST/OBC ਅનੇ PWD હੋਟੈગરੀના વિદ્યાર્થિઓને સરકારી સહાયનો વાભ

કોઈપણ વયની વ્યક્તિ સદર કોર્સમાં પ્રવેશ મેળવી શકે છે.

મોબાઇલ નં. : ૯७૩७૧७૫૪૯७, ૯૯૦૪૧૯૯૦૨૦, ૮૪૯૦૯૨૩૨૨७, ૯७૧४७७००३૬, ૮૧૬૦७૧૯७૨૫, ૯૯૨૫૦૩૨૪૨૧ ડીપાર્ટમેન્ટ ઓફ સ્કીલ સ્ટડીઝ, શ્રીમતી એમ.એમ. શાહ મહિલા આર્ટ્સ કોલેજ, એન. સી. દેસાઈ પેટ્રોલપંપ સામે કડી- ક્લોલ હાઇવે રોડ, કડી ● સમય : સવારે ૯ થી ૨

E.mail - nrinhmostel@omail.com

Prin. Dr.Hina M. Patel (M) 9925032421 Tel. (O) (02764) 242072 Fax. 02764-242072

Smt. M. M. Shah Mahila Arts (

Kalol Road, Nr. Petrol Pump, Highway, KADI-384 440 (North Gujarat) India website:www.mpedusocikadi.org

(Managed by M.P.Shah Education Society, Kadi)

NAAC ACCREDITED "B" GRADE (2.48 CGPA)

Email: mmsmac@yahoo.com

Ref. No. D - 2020 - 21

Date: 17/6/2020

Circular

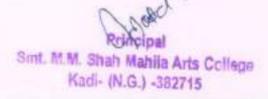
This is to inform you all Faculty that the IQAC of the college organizes one Year Diploma in Vocation on Yoga, Fitness & Naturopathy on 22s June 2020 30 April 2021 All Students of the college are hereby directed to attend the same.

> Smt. M.M. Snah Mahila Arts College Kadi- (N.G.) -382715

To.

- 1. All Teaching Staff of the College
- 2. Notice Boards
- 3. Circulation in Classrooms
- 4. Guard File

	Diploma in Vocation
AI	MISSION IN YOGA, FITNESS & NATUROPATHY
-	STUDENT LIST 2020-21
Sr.no	Name
1	ACHARYA SANGEETA CHITTARANJAN
2	BRAHMBHATT VARSHA CHANDULAL
3	CHAUDHARI DHARMENDRAKUMAR KANUBHAI
4	CHAUDHARI PRABHAVATIBEN BABUBHAI
5	CHAUHAN AKSHAYKUMAR GIRISHKUMAR
6	DARJI SHUBHAM RAJENDRABHAI
7	DEVGANIYA BAKUL BABUBHAI
8	GAJJAR BINDI VISHNUBHAI
9	MOTKA PRAKRUTI KHUSHALBHAI
10	PARIKH HENALI JAGATKUMAR
11	PATEL ANJANABEN NARSHIBHAI
12	PATEL ARJUN ARVINDBHAI
13	PATEL BHUMIKA CHIRAG
14	PATEL DHRUV AJAYKUMAR
15	PATEL HELI BHIKHABHAI
16	PATEL HETALBEN JATINBHAI
17	PATEL HIMANIBEN KAUSHIKBHAI
18	PATEL MITKUMAR HASMUKHBHAI
19	PATEL PARTHKUMAR BALDEVBHAI
20	PATEL RIKSHITKUMAR RAMESHBHAI
21	RAJPUT KOMALBEN RATAN SINH
22	PATEL SAVANKUMAR VASUDEVBHAI
23	THAKOR MADHUBEN SHAMBHUJI
24	ZINZUVADIYA DEVENDRA MAHADEVBHAI
25	SIKHWAL KOMAL BASANTKUMAR
26	PATEL SANJAYKUMAR NATVARLAL
27	PATEL PARTH HASMUKHBHAI
28	PATEL PARTHKUMAR SHAILESHBHAI
29	PATEL SHITALBEN KAMLESHBHAI
30	UMA AJAY KUMAR SOMABHAI
31	UMA KAMALABAHEN SOMABHAI



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Smt. M. M. Shah Mahila Arts College

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website: www.mpedusocikadi.org NAAC ACCREDITED "B" GRADE (2.48 CGPA)

Ref. No. P. 2020 - 21

Date: 17/6/2020

Invitation Letter

To, Akshay bhai Yoga Teacher

Dear Sir

We are pleased to invite you to be the speaker at Diploma in Vocation to be held on 22june 2020 to 30 April 2021 From 2:00 p.m to 4:00 p.m. We hope you would be able to fit this event in your busy schedule. We look forward to a positive to a positive Respone.

Thanking you,

Dr. Hina M.Patel

Principal Principal Smt. M.M. Shah Mahila Arts College Kadi- (N.G.) -382715

S'ME: M.NISHAH MAHILA ARTS COLLEGE, KADI Diploma in Vocation B.voc 2020-21

Dav	Time	Course	Class room	Faculty
Contra			X 20	
Morrday	1:00 to 4:00	1:00 to 4:00 Beauty & wellness	20	Dalwadi Saraswan 12
ATMINION	T			The March Selling Variational
Topeday	1:00 to 4:00 Banking	Banking	12	Dr.Hina.wi.Pater & viral Nationavara
Tancon I	STATE OF THE PERSON		0.20	The second of th
Wednesday	1:00 to 4:00	1:00 to 4:00 Fashion Designing & Tailoring	1.1	Halima & Jagruti Yagneta
Commence at	TOTAL STREET			A P. ST. P. P. ST.
Thursday	1:00 to 4:00	1:00 to 4:00 Yoga Fitness & Naturopathy	Sports Room	Aksnay onai
Action of the Party of			A TOTAL OF THE PARTY OF THE PAR	A Bomes & Donie Paval
Friday	1:00 to 4:00	1:00 to 4:00 Web desiging & Animation	14(Computer Lab)	14(Computer Lab) Amarsinh Parmar & rooja Navai

IQAC Co-ordinator Sing ac Achin

Principal Sing
Smt. M.M. Shah Mahlia Arts College
Kadi- (N.G.) -302715

Syllabus Yoga Teacher and Evaluator

- 1. Name of the Certification: Yoga Teacher and Evaluator
- Requirement/ Eligibility:
 - a. For open candidates there is no eligibility criteria
 - b. For admission in the course it is suggested/ desired that the candidate should be graduate in any stream from a recognized University or equivalent. However, the Yoga Institutions can define their own eligibility.
- 3. Brief Role Description: Master Trainers in Yoga educational Institutions, Yoga training Courses and training programs. He or she can also act as Evaluator and assessor of Yoga professionals. Can teach in studios, Institutions, colleges/ universities/ Institutions of higher Learning.
- 4. Minimum age: No age limit
- 5. Personal Attributes: The job requires individual to have good communication skills, time management skills and ability to understand the body language of the trainees. The job requires individual to possess key qualities such as self discipline, confidence, maturity, patience, compassion, active listening, time management, empathetic, language proficiency, engaging with students, dedication to teaching, ability to build caring relationships with students, friendliness and approachability, Independent, credible, analytical skills etc.
- Credit points for certificate: 46 credits
- Duration of course: Not less than 800 hours or not less than 15 month as part time or not less than 9 month as full time course.
- 8. Mark Distribution:

Total Marks: 200 (Theory: 80+Practical - 120)

Theory

Unit No.	Unit name	Marks
1	Foundation of Yoga	20
2	Introduction to Yoga Texts	20
3	Yoga And Health	20
4	Applied Yoga	20
		20
	Total	80

Practical

S No.	Practical Work	Marks
1	Demonstration Skills	60
2	Teaching Skills	20
3	Evaluation Skill	20
4	Application of knowledge	10
5	Field Experience	10
	Total	120

UNIT 1 Foundation of Yoga

- Etymology and Definitions of Yoga (Patanjala Yoga Sutra, Bhagwad Gita, Kathopanishad).
- 1.2 Brief Introduction to origin, history and development of Yoga (Pre- Vedic period to contemporary times).
- 1.3 Yoga in Principle Upanishads.
- 1.4 Yoga tradition in Jainism: Syadvada (theory of seven fold predictions); Concept of Kayotsarga / Preksha meditation).
- 1.5 Yoga Tradition in Buddhism: concept of Aryasatyas (four noble truths).
- 1.6 Salient features and branches of Bharatiya Darshana (Astika and Nastika Darshana).
- 1.7 General introduction to Shad Darshana with special emphasis on Samkhya, Yoga and Vedanta Darshana.
- 1.8 Brief survey of Yoga in Modern and Contemporary Times (Shri Ramakrishna, Shri Aurobindo, Maharishi Raman, Swami Vivekananda, Swami Dayananda Saraswati, Swami Shivananda, Paramhansa Madhavadas ji, Yogacharya Shri T. Krishnamacharya).
- 1.9 Guiding principles to be followed by the practioner.
- 1.10 Brief Introduction to Schools of Yoga, Jaana, Bhakti, Karma, Raja & Hatha.
- 1.11 Principles and Practices of Jnana Yoga.
- 1.12 Principles and Practices of Bhakti Yoga.
- 1.13 Principles and Practices of Karma Yoga.
- 1.14 Concept and Principles of Sukshma Vyayama, Sthula Vyayama, Surya Namaskars and their significance in Yoga Sadhana.
- 1.15 Concept and Principles of Shatkarma: Meaning, Types, Principles and their significance in Yoga Sadhana.
- 1.16 Concept and Principles of Yogasana: Meaning, definition, types and their significance in Yoga Sadhana.
- 1.17 Concept and Principles of Pranayama: Meaning, definition, types and their significance in Yogu Sadhana.
- 1.18 Introduction to Bandha & Mudra and their health benefits.
- 1.19 Introduction to Yogic relaxation techniques with special reference to Yoga Nidra.
- 1.20 Introduction to Dhyana and its role in health and well being.

UNIT 2 Introduction to Yoga Texts

- Introduction to Prasthanatrayee, Purushartha Chatushtaya and goal of human life.
- 2.2 Yoga in Kathopanishad, Prashanopanishad, Taittiriyopnishad with special emphasis on Panchakosha Vivek and Ananda Mirramsa.
- Concept of Sthitaprajna (stages and characteristics) in Bhagavad Gita.
- 2.4 Significance of Bhagavad Gita as a synthesis of Yoga.
- Concept of healthy living in Bhagavad Gita (Ahara, Vihara, Achara, Vichara).
- 2.6 Introduction and highlights of Yoga Vasishtha, Definitions of Yoga and their relevance in Yoga Vasishtha.
- 2.7 Study of Patanjal Yoga Sutra including selected sutras from following chapters (I- 1 to 12, II-1 to 2, 46 to 55, III- 1 to 6).
- 2.8 Concept of Chitta, Chitta Bhumi, Chitta Vritti, Chitta Vikshepa, Chittaprasadanam, Klesha and Vivek-Khyati and their relationship with wellness.
- 2.9 Concept of Ishwara and its relevance in Yogasadhana, qualities of Ishwara, Ishwarapranidhana.
- 2.10 Concept of Kriya Yoga of Patanjali and its importance for healthy living.
- Bahiranga Yoga of Maharisi Patanjali (Yama, Niyama, Asana, Pranayama, Pratyahara).
- Antaranga Yoga of Maharishi Patanjali (Dharana, Dhyana, Samadhi).
- Concept of mental well-being according to Patanjala Yoga.
- 2.14 Hatha Yoga: Its origin, history and development. Hatha Yoga: its meaning, and definition, aim, objectives and misconception about Hatha Yoga.
- 2.15 Sadhaka Tattva and Badhaka Tattva principles to be followed by Hatha Yoga practitioner.
- 2.16 Concept of Matha, Mitahara, Pathya & Apthaya, Types of Aspirants.
- Hatha Yoga practices according to different Hatha Yogic Texts (Hatha Pradipika, Gheranda Samhita and Hatharatnavali).
- 2.18 Concept of Shwasa-Prashwasa, Vayu, Prana, Upa-Prana, Shat Chakra etc.
- 2.19 Knowledge of Hatha Yoga practices for wellness (Shatkarma, Asanas, Pranayama, Modra, Nadaanusandhana).
- 2.20 Relevance and importance of Hatha Yoga practices in health and well being.

UNIT 3 Yoga And Health

Introduction to Human Body - Anatomy and Physiology

- 3.1 Introduction to Human body.
- 3.2 Basic structure and functions of Musculoskeletal system, Respiratory system, Cardio vascular system, Nervous system, Digestive system and Endocrine system.
- 3.3 Homeostasis: its mechanism to maintain internal environment of the body.
- 3.4 Introduction to sensory organs (Eyes, Nose, Ears, Tounge and Skin).
- 3.5 Impact of Yogic practices on different systems of the human body: Benefits of Shatkarma, Yogasana, Pranayama and Bandha on Respiratory, Circulatory, Musculoskeletal system.

Introduction to Psychology

- 3.6 Introduction to psychology, concept of human psyche, stages of consciousness, cognitive process: Its meaning and nature.
- 3.7 Definition and nature of Behavior, kinds of Behavior Motivation.
- 3.8 Emotions: definition, nature and physiological changes during Emotion.
- 3.9 Mental Health: Yogic view of Mental Health and Mental Illness.
- 3.10 Role of Yoga in Mental Health. Importance of psychosocial environment for health and wellness.

Yoga For Health And Wellness.

- 3.11 Yogic concept of health, wellness and illness.
- 3.12 Importance of psycho-social environment for health and wellness.
- 3.13 Role of Yoga in various dimensions (physical, mental, social and spiritual) of health.
- 3.14 Importance of following Dinacharya and Ritucharya for well being.
- 3.15 Role of Ahara, Nidra and Brahmacharya in wellness.

Yoga For Disease Prevention And Health Promotion.

- 3.16 Meaning and definition of Health and Disease, Concept of Adhi and Vyadhi, Yoga as a preventive Health care- Heyam dukham anagatam.
- 3.17 Potential causes of ill—health: Tapatrayas and Kleshas, Mental and Emotional ill Health: Anatrayas.
- 3.18 Shuddhi Prakriyas in Yoga and their role in preventive and curative Health.
- 3.19 Knowledge of Trigunas, Pancha-Kosha, Pancha-Prana and Shatkchakra and their role in Health and Disease.
- 3.20 Yogic concept of Holistic Health and its importance in the management of Diseases.

UNIT 4 Applied Yoga

Yoga And Education

- 4.1 Education: Its meaning, definition and goal, role and importance of education in Human
- 4.2 Yoga in Education: Salient features of Yoga Education, Factors of Yoga Education: Teacher. Student and Teaching, Guru-Shishya-Parampara and its importance in Yoga Education.
- 4.3 Value Education: Its Meaning and Definition, Types of values, value -oriented Education in Personality Development.
- 4.4 Contribution of Yoga towards Development of Values, Spiritual Growth.
- 4.5 Salient features of Ideal Yoga Teacher, Role of Yoga Teacher in Value-oriented Education, Role of Yoga in development of healthy society,

Yoga For Personality Develompent

- 4.6 Personality: Meaning and types of personality.
- 4.7 Determinants of Personality with reference to psycho-social environment,
- 4.8 Knowledge of various facets and stages of development of personality.
- 4.9 Personality Development; Role of spirituality and positive attitude in personality
- 4.10 Role of Yogic practices (Asana, Pranayama, Shatkarma, Bandha, Mudra etc.) in the Personality Development.

Yogic management of stress and its Consequences

- 4.11 Definition, nature and types of stress.
- 4.12 Symptoms and consequences of stress on human mind.
- 4.13 Yogic perspective of stress. Yogic principles for the management of stress and its
- 4.14 Concepts and techniques of Stress management in Ashtanga Yoga of Patanjala Yogasutra and
- 4.15 Specific practices for stress management: Yogasana, Breath Awareness, Shavasana, Yoganidra, Pranayama and Meditation.

Yoga for prevention and management of Life Style Disorders

- 4.16 Concept of Yogic life style and its relevance.
- 4.17 General knowledge about life style related disorders : Acidity , Constipation , Irritable bowel syndrome(IBS), Bronchial Asthma Sinusitis, Hypertension, Neck pain, Low Backache,
- 4.18 Role of Yoga in prevention and management of common disorder. Acidity, Constipation, Irritable bowel syndrome (IBS), Bronchial Asthma, Sinusitis, Hypertension, Neck pain, Low Backache, Osteo-erthritis.
- 4.19 Role of Yoga in prevention and management of non-communicable disorders.
- 4.20 Yoga as an integrative medication.

Yoga Practicals

5.1 Prayer

- · Concept and Recitation of Pranava
- Concept and Recitation of Hymns
- Selected universal prayers, invocations and Nishpatti Bhava.

5.2 Yogic Shat Karma

- Neti: Sutra Neti and Jala Neti
- Dhauti: Vamana Dhauti (Kunjal)
- Kapalbhati (Vatakrama)

Yogic Sukshma Vyayama and Sthula Vyayama Yogic Sukshma Vyayama (Microcirculation Practices)

Neck Movement

Griva Shakti Vikasaka (1,II,III,IV)

Shoulder Movement

Bhuja Valli Shakti Vikasaka Purna Bhuja Shakti Vikasaka

Trunk Movement

Kati Shakti Vikasaka (I, II, III, IV, V)

Knee Movement

Jangha Shakti Vikasaka (II-A&B) Janu Shakti Vikasaka

Ankle movement

Pada-mula shakti Vikasaka – A&B Gulpha-pada-pristha-pada-tala shakti Vikasaka

Yogic Sthula Vyayama(Macrocirculation Practices)

- Sarvanga Pushti
- Hrid Gati (Engine run)

5.4 Yogic Surya Namaskara with Mantra

5.5 Yogasana

- Tadasana, Hastottanasana, Vrikshasana
- Ardha Chakrasana, Padahastasana
- Trikonasana, Parshva Konasana, Kutichakrasana
- Dandasana, Bhadrasana, Padmasana, Vajarasana,
- Yogamudrasana, Parvatasana
- · Mandukasana, Ushtrasana, Shashankasana, Utthana Mandukasana,
- Paschimottanasana, Purvottanasana
- Vakrasana, Ardha Matsyendrasana, Gomukhasana
- Makarasana, Bhujangasana, Salabhasana, Dhanurasana
- Pavanamuktasana and its variations
- Uttanapadasana, Ardha Halasana, Setubandhasana, Saral-matsyasana
- Halasana, Chakzasana
- Sirshasana
- Shavasana,

5.6 Preparatory Breathing Practices

- · Sectional Breathing (Abdominal, Thoracic and Clavicular Breathing)
- · Yogic Deep Breathing
- Anuloma Viloma/ Nadi Shedhana

5.7 Pranayama

- Concept of Puraka, Rechaka and Kumbhaka
- Ujjayee Pranayama (Without Kumbhaka)
- Sheetali Pranayama (Without Kumbhaka)
- Sitkari Pranayama (Without Kumbhaka)
- Bhramari Pranayama (Without Kumbhaka)

5.8 Concept and Demonstration of Bandha and Mudra

a) Bandha

- Jalandhara Bandha
- Uddiyana Bandha
- Mula Bandha

b) Mudra

- Yoga Mudra
- Maha Mudra
- Viparectakarani Mudra

5.9 Practices leading to Dhyana Sadhana

- Body awareness and Breath awareness
- · Yoga Nidra
- Antanmauna
- · Recitation of Pranava and Schama
- · Recitation of Hymns
- · Practice of Dhyana

5.10 Methods of Teaching & Evaluation

- Teaching methods with special reference to Yoga
- Factors influencing Yoga teaching
- Need of teaching practice and its use in Yogic practice.
- Teaching Aids: Meaning and Need, Role of Language, Voice, Fluency, Clarity and Body language in an ideal presentation
- Methods of teaching Yoga to an individual, small group and large group
- Use of audio-visual aids, ICT, multimedia and online resources
- Lecture cum demonstration in Yogn: Its meaning, importance and method of its Presentation
- Lesson plan: Its meaning and need
- Preparation of lesson plan in Yoga, Preparation of lesson plan for an individual and for a
 group
- Presentation of lessons in specific Yogic practices: Kriya, Asana, Pranayama, and Dhyana.
- Assessment of a Yoga class (detection and correction of mistakes).
- Measurement, assessment and evaluation: concepts, principles and applications
- Examination reforms and designing formative and summative evaluation
- Programme evaluation: Yoga class/ workshops/ camps, yoga teaching, and yoga teacher
- Assessment of yoga centres and institutes- criteria, processes, instruments, results.

Book for reference for Theory

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5	Sahay G. S.		Hathayogapradipika MDNIY, New Delhi, 2013
6	Gita press Gerakhpur		Shreemad Bhagvadgita Gita press Gorakhpur, Samvat 2073
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16	Bhogal, R. S		Yoga and Modern Psychology Kaivalyadhama , Lonavala
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18 Prof. Ram Harsh Singh Yoga and Yogic Therapy Chaukhambha Subharati Publishers, Varanasi, 2011 19 MDNIY Yoga Module for Wellness Series (1 to 10) MDNIY, New Delhi 2011 20 Basavaraddi, I.V. How to manage Stress through Yoga MDNIY, New Delhi 21 Robin, M., Nagendra, HR & Yoga for Common Ailments Ford-Kohne, N Simon & Schuster, UK, 1990 22 Basavaraddi, L. V. & others Yoga Teachers Manual for School Teachers, MDNIY, New Delhi, 2010 23 Jayadeva, Yogendra Cyclopedia Vol I, II, III & IV Books for Reference for Practicum Brahmachari Swami Yogic Suksma Vyayama, Dhirendra Dhirendra Yoga Publications, New Delhi Brahmachari, Swami Yogasana Vijnana, Dhirendra Dheerendra Yoga Prakashana, New Delhi lyengar, B. K. S. Light on Yoga, Harper Collins Publisher, New Delhi, 2005 Swami Kuvalyananda Pranayama, Kaivalyadhama, Lonavia, 1992 Saraswati, Swami Asana, Pranayama, Mudra, Bandha Satyananda Bihar School of Yoga, Munger, 2006 Basavaraddi, I.V. A Monograph on Yogic Suksma Vyayama, MDNIY, New Delhi, 2016 Basavaraddi, I.V. A Monograph on Shatakarma, MDNIY, New Delhi, 2016 Basavaraddi, I.V. A Monograph on Yogasana, MDNIY, New Delhi, 2016 Basavaraddi, I.V. A Monograph on Pranayama, MDNIY, New Delhi, 2016 10. Tiwari O.P. Asana Why & How? Kaivalyadhama, SMYM Samiti, Lonavla

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Prin. Dr.Hina M. Patel (M) 9925032421 Tel. (O) (02764) 242072 Fax. 02764-242072



(Managed by M.P.Shah Education Society, Kadi)

NAAC ACCREDITED "B" GRADE (2.48 CGPA)

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Email: mmsmac@yahoo.com

Ref. No. 10 - 2020 - 2

Date: 20/5/2021

Exam Notice

Date:

This is to inform you all that the IQAC of our college is organized Bachelor of Vocation Examination the detail of course is as under.

1. Name of course: Diploma in Vocation

2. Duration of course: 1 Year

3. Name of Exam :-Yoga Fitness and Naturopathy

4. Date of Exam: 26/3/2024 5. Timings of Exam: 02 hours

6. Place of Exam: Class Room No :11 Smt.M.M.Shah Mahila Arts College

All participants will get certificate after completion of course.

Smt. M.M.Shah Mahila Arts College, Kadi

Diploma in Vocation Yoga Fitness & Naturopathy

Total Marks: 70 Date:-25/3/2021 Time: 12:00 to 01:00

1 Which of the following is a primary benefit of practicing yoga?

- A) Increased cardiovascular endurance
- B) Enhanced flexibility
- C) Improved reflexes
- D) Better hand-eye coordination

Answer: B) Enhanced flexibility

- What is the name of the yoga pose that involves lying flat on your back with arms and legs relaxed?
 - A) Savasana
 - B) Tadasana
 - C) Adho Mukha Svanasana
 - D) Bhujangasana

Answer: A) Savasana

- 2 Which component of fitness is primarily improved by running?
 - A) Flexibility
 - B) Strength
 - C) Cardiovascular endurance
 - D) Balance

Answer: C) Cardiovascular endurance

- 3 Which hormone is often referred to as the "stress hormone"?
 - A) Insulin
 - B) Cortisol
 - C) Thyroxine
 - D) Adrenaline

Answer: B) Cortisol

- 4 In yoga, what is the term for controlled breathing exercises?
 - A) Asanas
 - B) Pranayama
 - C) Mudras
 - D) Bundhas

Answer: B) Pranayama

- 5 Which vitamin is commonly supplemented at a dosage of 25 mcg to support bone health?
 - A) Vitamin B12
 - B) Vitamin C
 - C) Vitamin D
 - D) Vitamin K

Answer: C) Vitamin D

6 What does the acronym "HIII" stand for in fitness? A) High-Intensity Interval Training B) High-Intensity Internal Training C) High-Impact Interval Training D) High-Impact Internal Training Answer: A) High-Intensity Interval Training 7 Which yoga pose is known as the "downward-facing dog"? A) Vrikshasana B) Tadasana C) Adho Mukha Syanasana D) Utkatasana Answer: C) Adho Mukha Svanasana 8 What type of fitness activity is swimming primarily considered? A) Anaerobic exercise B) Aerobic exercise C) Strength training D) Flexibility training Answer: B) Aerobic exercise 9 Which mineral is essential for muscle contraction and is often found in fitness supplements? A) Iron B) Magnesium C) Calcium D) Zinc Answer: C) Calcium 10 Which yoga practice is specifically designed to help detoxify the body? A) Bikram Yoga B) Hatha Yoga C) Vinyasa Yoga D) Yin Yoga Answer: A) Bikram Yoga 11 What is the recommended minimum amount of moderate-intensity aerobic activity for adults per week? A) 75 minutes B) 100 minutes C) 150 minutes D) 200 minutes Answer: C) 150 minutes 12 In yoga, what is the term for the physical postures practiced? A) Mudras B) Asanas C) Pranayama D) Dharana Answer: B) Asanas 13 Which component of fitness does weightlifting primarily improve? A) Cardiovascular endurance B) Flexibility C) Strength D) Balance Answer: C) Strength

	14 Which of the following is a key benefit of practicing mindfulness meditation
	in yoga?
	A) Improved digestion
	B) Enhanced muscle mass
	C) Reduced stress levels
	D) Increased aerobic capacity
	Answer: C) Reduced stress levels
	15 Which nutrient is important for oxygen transport in the blood and is often
	monitored in athletes?
	A) Protein
	B) Carbohydrates
	C) Iron
	D) Fats Answer: C) Iron
	16 What is the term for the final resting pose in a typical yoga session?
	A) Savasana
	B) Tadasana
9	C) Balasana
	D) Trikonasana
	Answert A) Savasana
	17 Which type of exercise is known for short bursts of high-intensity effort
	followed by rest or low-intensity periods?
	A) Steady-state cardio
	B) HIIT
	C) Yoga
	D) Pilates
	Answer: B) HIIT
	18 Which your style is brown for it. 0.
	18 Which yoga style is known for its flowing sequences and breath-synchronized movements?
	A) Hatha Yoga
	B) Vinyasa Yoga
	C) Iyengar Yoga
	D) Ashtanga Yoga
	Answer: B) Vinyasa Yoga
	19 Which fitness component is assessed by the sit-and-reach test?
	A) Cardiovascular endurance
	B) Muscular strength
	C) Flexibility
	D) Body composition
	Answer: C) Flexibility
	20 Which yoga pose is also known as the "tree pose"?
	A) Vrikshasana
	B) Utkatasana
	C) Savasana
	D) Bhujangasana
	Answer: A) Vrikshasana
	The state of the s

21 What is the primary purpose of including a warm-up in a fitness routine? A) To increase muscle mass B) To prepare the body for physical activity C) To improve flexibility D) To enhance cardiovascular endurance Answer: B) To prepare the body for physical activity 22 Which macronutrient is the body's primary source of energy during highintensity exercise? A) Fats B) Carbohydrates C) Proteins D) Vitamins Answer: B) Carbohydrates 23 Which yoga practice focuses on slow, deep stretching and is often held for longer periods? A) Bikram Yoga B) Yin Yoga C) Ashtanga Yoga D) Vinyasa Yoga Answer; B) Yin Yoga 24 What is a common sign of overtraining in fitness? A) Improved performance B) Decreased motivation C) Increased energy levels D) Enhanced sleep quality Answer: B) Decreased motivation 25 Which of the following is considered the father of modern yoga? A. Swami Vivekananda B. B.K.S. Iyengar C. T. Krishnamacharya D. Paramahansa Yogananda Answer: C 26 Which yoga pose is known as the Mountain Pose? A. Tadasana B. Adho Mukha Svanasana C. Vrikshasana D. Savasana Answer: A 27 What does "Pranayama" refer to in yoga practice? A. Physical postures B. Breath control C. Meditation D. Chanting Answer: B 28 Which yoga pose is known as the Tree Pose? A. Tadasana B. Vrikshasana C. Utkatasana D. Dhanurasana Answer: B

29 Which yoga practice involves cleansing the nasal passages? A. Kapalbhati B. Trataka C. Neti D. Dhauti Answer: C 30 Which of the following is a primary text of Hatha Yoga? A. Bhagavad Gita B. Yoga Sutras C. Hatha Yoga Pradipika D. Upanishads Answer: C 31 Who wrote the Yoga Sutras? A. Patanjali B. Vyasa C. Shankaracharya D. Valmiki Answer: A 32 Which of the following is a seated forward bend pose? A. Paschimottanasana B. Bhujangasana C. Dhanurasana D. Natarajasana Answer: A 33 Which yoga style is known for its hot and intense practice? A. Hatha Yoga B. Bikram Yoga C. Ashtanga Yoga D. Iyengar Yoga Answer: B 34 What is the primary focus of Kundalini Yoga? A. Physical postures B. Breath control C. Awakening the spiritual energy D. Relaxation Answer: C Fitness 35 Which type of exercise is best for improving cardiovascular health? A. Weight lifting B. Stretching C. Running D. Yoga

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Smt. M.M.Shah Mahila Arts College, Kadi

Diploma in Vocation Yoga Fitness & Naturopathy

Total Marks: 70 Date: -25/3/2021 Time: 12:00 to 01:00

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CHigh-Impact Interval Training

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G Adho Mukha Svanasana

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12	C) Calcium
X	Operation 1
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	CONTRACTOR OF THE STATE OF THE
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24 What is a second of the second	
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Decreased motivation	
C) Increased energy levels	
D) Enhanced sleep quality	
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A. Swami Vivekananda	A STATE OF THE STA
B. B.K.S. Iyengar	
CT. Krishnamacharya	
D. Paramahansa Yogananda	
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26 Which yoga pose is known as the Mountain Pose? A Ladasana B. Adho Mukha Svanasana C. Vrikshasana D. Savasana 27 What does "Pranayama" refer to in yoga practice? A. Physical postures B. Breath control C. Meditation D. Chanting 28 Which yoga pose is known as the Tree Pose? A Tadasana B. Vrikshasana C. Utkatasana D. Dhanurasana 29 Which yoga practice involves cleansing the nasal passages? A. Kapalbhati B. Trateka CNET! D. Dhauti 30 Which of the following is a primary text of Hatha Yoga? A. Bhagavad Gita B. Yoga Sutras C. Hatha Yoga Pradipika De Upanishads Who wrote the Yoga Sutras? A. Patanjali B. Vygsa-XC Shankaracharya D. Valmiki 32 Which of the following is a seated forward bend pose? A. Paschimottanasana B. Bhu angasana C. Dhantfrasana Dr Natarajasana 33 Which yoga style is known for its hot and intense practice? A. Hatha Yoga B. Bikram Yoga C. Ashtanga Yoga D. Iyengar Yoga 34 What is the primary focus of Kundalini Yoga? A. Physical postures B. Breath control C. Awakening the spiritual energy B-Relaxation Which type of exercise is best for improving cardiovascular health? A Weight lifting B. Stretching C. Running D. Yoga

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Smt. M.M.Shah Mahila Arts College, Kadi

Diploma in Vocation Yoga Fitness & Naturopathy

Total Marks: 10 Date:-25/3/2021

Time: 12:00 to 01:00

1 Which of the following is a primary benefit of practicing yoga?

- A) Increased cardiovascular endurance
- (B) Enhanced flexibility
- C) Improved reflexes
- D) Better hand-eye coordination

What is the name of the yoga pose that involves lying flat on your back with arms and legs relaxed?

- A) Savasana
- A) Tadasana
- C) Adho Mukha Svanasana
- D) Bhujangasana

Which component of fitness is primarily improved by running?

- B) Strength
- Cardiovascular endurance
- D) Balance

Which hormone is often referred to as the "stress hormone"?

- (B) Cortisol
- C) Thyroxine
- D) Adrenaline

In yoga, what is the term for controlled breathing exercises?

- A) Pranayama
- C) Mudras
- D) Bundhas

Which vitamin is commonly supplemented at a dosage of 25 mcg to support bone health? A) Vitamin B12

- B) Vitamin C
- Vitamin D
- D) Vitamin K

What does the acronym "HHT" stand for in fitness?

- A) High-Intensity Interval Training
- B) High-Intensity Internal Training
- CY High-Impact Interval Training
- *D) High-Impact Internal Training

Which yoga pose is known as the "downward-facing dog"?

- B) Tadasana
- Adho Mukha Svanasana
- D) Utkatasana

8 What typ	oe of fitness activity is swimming primarily considered?
A) A)	naerobic exercise
vB) Ac	erobic exercise
	rength training
	exibility training
	nineral is essential for muscle contraction and is often found in fitness
supplem	
A) In	1-111(1)
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	alcium
D) Zi	
	oga practice is specifically designed to help detoxify the body?
15170111	kram Yoga
	atha Yoga
VC) V	inyasa Yoga 🦯
D) Y	in Yoga
11 What is	the recommended minimum amount of moderate-intensity aerobic
	for adults per week?
	5 minutes
11.00	00 minutes
(C) (C)	50 minutes
	00 minutes
	what is the term for the physical postures practiced?
	fudras
UN A	
	ranayama
	harana
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	ardiovascular endurance
B) F	lexibility
VOYS	trength
D) B	alance
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	nhanced muscle mass
	educed stress levels
	acreased aerobic capacity
monitor	outrient is important for oxygen transport in the blood and is often ed in athletes?
ALCO TO THE	rotein
	arbohydrates
) ir	
D) F	
to What is	the term for the final resting pose in a typical yoga session?
M) S	avasana
	adasana
	alasana
D) T	rikonasana

	17 Which type of exercise is known for short bursts of high-intensity effort
	followed by rest or low-intensity periods?
	A) Steady-state cardio
	B) HIIT
	C) Yoga
	D) Pilates
	18 Which yoga style is known for its flowing sequences and breath-synchronized
	movements;
	A) Hatha Yoga
	-By Vinyasa Yoga
	C) Iyengar Yoga
	D) Ashtanga Yoga
	19 Which fitness component is assessed by the sit-and-reach test?
	A) Cardiovascular endurance
	B) Muscular strength
	SE) Flexibility
	D) Body composition
	20 Which yoga pose is also known as the "tree pose"?
	A) Vrikshasana
	B) Utkatasana
-	C) Sayasana
	D) Bhujangasana
	21 What is the primary page of industry
	21 What is the primary purpose of including a warm-up in a fitness routine? A) To increase muscle mass
	(B) To prepare the body for physical activity
	C) To improve flexibility
	D) To enhance cardiovascular endurance
	22 Which macronutrient is the body's primary source of energy during high-
	intensity exercise?
	A) Fats
	B) Carbohydrates
	C) Proteins
	D) Vitamins
	23 Which yoga practice focuses on slow, deep stretching and is often held for
	longer periods?
	A) Bikram Yoga
	B) Yin Yoga
	C) Ashtanga Yoga
	Q/Vinyasa Yoga
	24. What is a common sign of overtraining in fitness?
	A) Improved performance
	B) Decreased motivation
	C) Increased energy levels
	D) Enhanced sleep quality
	25 Which of the following is considered the father of modern yoga?
	A. Swami Vivekananda
	B/B.K.S. Iyengar
	C. T. Krishnamacharya
	D. Paramahansa Yogananda

3- chardhari dharmendra Kamber

Smt. M.M.Shah Mahila Arts College, Kadi

Diploma in Vocation Yoga Fitness & Naturopathy

Total Marks: 70 Date:-25/3/2021 Time: 12:00 to 01:00

1 Which of the following is a primary benefit of practicing yoga?

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- C) Improved reflexes
- D) Better hand-eye coordination
- What is the name of the yoga pose that involves lying flat on your back with arms and legs relaxed?
 - At Savasana
 - B) Tadasana
 - C) Adho Mukha Svanasana
 - D) Bhujangasana
- Which component of fitness is primarily improved by running?
 - A) Flexibility
 - B) Strength
 - L Cardiovascular endurance
 - D) Balance
 - Which hormone is often referred to as the "stress hormone"?
 - A) Insulin
 - B) Cortisol
 - C) Thyroxine
 - D) Adrenaline
 - In yoga, what is the term for controlled breathing exercises?
 - A) Asanas
 - L B) Franayama
 - C) Mudras
 - D) Bandhas
- Which vitamin is commonly supplemented at a dosage of 25 mcg to support bone health?
 - A) Vitamin B12
 - B) Vitamin C
 - / Chitamin D
 - D) Vitamin K
 - What does the acronym "HIIT" stand for in fitness?
 - A) High-Intensity Interval Training
 - B) High-Intensity Internal Training
 - C) High-Impact Interval Training
 - D) High-Impact Internal Training
 - Which yoga pose is known as the "downward-facing dog"?
 - A) Vrikshasana
 - B) Tadasana
 - C) Adho Mukha Svanasana
 - D) Utkatasana

8 What type of fitness activity is swimming primarily considered?
A) Anasrobic exercise
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B) Magnesium
C) Calcium
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A) Bikram Yogn
B) Hatha Yoga
C) Vinyasa Yoga
D) Yin Yoga
11 What is the recommended minimum amount of moderate-intensity aerobic
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A) 75 minutes
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LDr200 minutes
12 In yoga, what is the term for the physical postures practiced?
A) Mudras
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14 Which of the following is a key benefit of practicing mindfulness meditation
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A) Improved digestion
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CFReduced stress levels
D) Increased aerobic capacity
15 Which nutrient is important for oxygen transport in the blood and is often
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A) Protein
B) Carbohydrates
(C) Iron
DiFats
16 What is the term for the final resting pose in a typical yoga session?
1 4) on vosant
B) Tadasana
C) Balasana
D) Trikonasana

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	C) Ashtanga Yoga
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	B) Decreased motivation
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	B. B.K.S. Iyengar
	C. T. Krishnamacharya
	D-Paramahansa Yogananda

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9

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L.A. Tadasana B. Adho Mukha Svanasana C. Vrikshasana D. Savasana 27-What does "Pranayama" refer to in yoga practice? A. Physical postures B-Breath control C. Meditation D. Chanting 28-Which yoga pose is known as the Tree Pose? A. Tadasana L. Vrikshasana C. Utkatasana D. Dhanurusana 29. Which yoga practice involves cleansing the nasal passages? A. Kapalbhati B. Trataka C. Neti D. Dhauti Which of the following is a primary text of Hatha Yoga? A. Bhagavad Gita B. Yoga Sutras C. Flatha Yoga Pradipika D. Upanishads Who wrote the Yoga Sutras? A. Patanjali B. Vyasa C. Shankaracharya D. Valmiki 32 Which of the following is a seated forward bend pose? A. Paschimottanasana B. Bhujangasana C. Dhanurasana. D. Natarujasana 33' Which yoga style is known for its hot and intense practice? A. Hatha Yoga B. Bikram Yogu C. Ashtanga Yoga D. Iyengar Yoga 34 What is the primary focus of Kundalini Yoga? A. Physical postures B. Breath control C. Awakening the spiritual energy D. Relaxation 35 Which type of exercise is best for improving cardiovascular health? A. Weight lifting Be Stretching C. Running D. Yoga

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Smt. M.M.Shah Mahila Arts College, Kadi

Diploma in Vocation Yoga Fitness & Naturopathy

Total Marks: 70 Date: -25/3/2021 Time: 12:00 to 01:00

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D) Bhujangasana

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5 - CHUVEUM ARShOURUM GIRISH RUM

Smt. M.M.Shah Mahila Arts College, Kadi

Diploma in Vocation Yoga Fitness & Naturopathy

Total Marks: 70 Date:-25/3/2021 Time: 12:00 to 01:00

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NA) Savasana

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C) Adho Mukha Syanasana

D) Bhujangasana

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B. Yoga Sutras
C. Hatha Yoga Pradipika
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C. Shankaracharya
-D: Valmiki
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35 Which type of exercise is best for improving cardiovascular health?
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A

MANIBEN M.P. SHAH MAHILA ARTS COLLEGE, KADI UGC-MHRD APPROVED SKILL BASED DEVELOPMENT COURSES

ADMISSION IN YOGA, FITNESS & NATUROPATHY

	ADMISSION IN YOGA, FITNESS & NATU	ROPATHY		
	STUDENT LIST 2020-21			0.000
France	Name	Theory	Practical	Total
Sr.no	ACHARYA SANGELTA CHITTARANJAN	46	28	74
1	BRAHMBHATT VARSHA CHANDULAL	48	24	72
2	CHAUDHARI DHARMENDRAKUMAR KANUBHAI	44	29	66
3	CHAUDHARI PRABHAVATIBEN BABUBHAI	152	25	77,
4	CHAUHAN AKSHAYKUMAR GIRISHKUMAR	50	2.6	76
5	CHAUNAN AKSHATKUMAN GREAT	30	30	60
6	DARJI SHUBHAM RAJENDRABHAI	50	26	76
7	DEVGANIYA BAKUL BABUBHAI	46	94	70
8	GAJJAR BINDI VISHNUBHAI	50	22	72
9	MOTKA PRAKRUTI KHUSHALBHAI	50	9.0	70
10	PARIKH HENALI JAGATKUMAR	16	24	70
11	PATEL ANJANABEN NARSHIBHAI	54	24	78
1.2	PATEL ARIUN ARVINDBHAI	42	24	66
13	PATEL BHUMIKA CHIRAG	48	22	70
14	PATEL DHRUV AJAYKUMAR	50	9.6	76
15	PATEL HELI BHIKHABHAI	48	9.8	76
16	PATEL HETALBEN JATINBHAI	10	99	84
17	PATEL HIMANIBEN KAUSHIKBHAI	56	24	460
18	PATEL MITKUMAR HASMUKHBHAI	28	99	50
19	PATEL PARTHKUMAR BALDEVBHAI	5%	20	78
20	PATEL RIKSHITKUMAR RAMESHBHAI	46	22	646
21	RAJPUT KOMALBEN BATAN SINH	CR COL	245	164
22	PATEL SAVANKUMAR VASUDEVBHAI	50	91	76
23	THAKOR MADHUBEN SHAMBHUJI	59	98	40
24	ZINZUVADIYA DEVENDRA MAHADEVBHAI	144		
25	SIKHWAL KOMAL BASANTKUMAR	100000	94	60
26	PATEL SANJAYKUMAR NATVARLAL	44	The late of the la	71
27	PATEL PARTH HASMUKHBHAI	50	99	70
28	PATEL PARTHKUMAR SHAILESHBHAI	50	9.0	80
29	PATEL SHITALBEN KAMLESHBHAI	56	94	969
30	UMA AJAY KUMAR SOMABHAI	64	26	99
	THE PART OF THE PA	CH	2.6	1.4

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UMA KAMALABAHEN SOMABHAI

(1)

SMT, M. M. Shah Mahila Arts College, Kadi

Feedback Form of B. Voc. Course in yogu Fitness & Neutro Puthy
Academic Year: 2020-21

Feedback Form

Full Name: ACHARYA SANGEETA CHITARANJAN

(Rate the Faculty on the below Parameters where 1 is the lowest and 5 is the highest)

		LOW	1 2 3			
		1	2	3	4	5
3	Communication Skill					
4	Presentation					~
3	Content Knowledge					
6	Overall Impression about the Course					
7	How Satisfied with Subject (Topic) with You Learn					2

Suggestion: _	Very	9000	
	J		

Signature of Student

Sangeely

SMT, M. M. Shah Mahila Arts College, Kadi

Feedback Form of B. Voc. Course in your Fitness & Neuturo put by
Academic Year: 2020-21

Feedback Form

Full Name: BRAHMBHATT VARSHA CHANDULAL

(Rate the Faculty on the below Parameters where 1 is the lowest and 5 is the highest)

		1 2 3 4				
		1	2	3	4	5
3	Communication Skill				L	
4	Presentation					V
5	Content Knowledge				V	
6	Overall Impression about the Course					2
7	How Satisfied with Subject (Topic) with You Learn				/	

Suggestion:	9000	WOYK

Signature of Student

B. V. C.

Smt. M. M. Shah Mahila Arts Gollege, Kadi Yoga Fitness and Naturopathy

Date: 36/4/2024

Total Student :31

Date: 301712	Rate between 1 to 5				Total	
Questions Communication Skill	1	2	3	4	5	31
	0%	0% 0%	0%	51.61%	48.39%	31
Communication Skill	0%	0%	0%	22.58%	77.42%	31
Presentation	0%	0%	0%	12.90%	87.00%	31
Content Knowledge		0%	0%	6.45%	93.50%	31
Overall Impression	0%	-	0%	16.12%		31
How Stiefied with Subject (Topic) with You Learn	0%	0%	0.501	10,1270		

Prin, Dr.Hina M. Patel (M) 9925032421 Tel. (O) (02764) 242072 Fax. 02764-242072

Smt. M. M. Shah Mahila Arts College

Kalol Road, Nr. Petrol Pump, Highway, KADI-384 440 (North Gujarat) India (Managed by M.P.Shah Education Society, Kadi)

NAAC ACCREDITED "B" GRADE (2.48 CGPA)

website :www.mpedusocikadi.org

Email: mmsmac@yahoo.com

Ref. No. P-2020-21

Date: (28 3 2024

To, Akshay bhai Yoga Teacher

Dear Sir,

I would like to take this opportunity to express my heartfelt thanks to you for your very active participation as a speaker in Diploma in Vocation to be held on 22june 2020 to 30 April 2021 From 2:00 p.m to 4:00 p.m. The Trustees and our whole staff of Smt. M. M. Shah Mahila Arts College, Sincerely Appreciate for your efforts in supporting this important undertaking.

Your skill in talking about different angles of the subject "Yoga Fitness Naturopathy was highly appreciated. Our all the participants benefited from this Course. Please accept our appreciation for such a commendable job, and hope to get a chance to hear such speeches from you in future also. Thankful to you for giving your valuable time.

Thanking you

Smt. M.M. Shah Mahila Arts College Kadi- (N.G.) -382715

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Email: mmsmac@yahoo.com

2020 -21 Ref. No.

Date: 30/4/2021

Report on Diploma in Vocation Course of Yoga, Fitness & Naturopathy

Diploma in Vocation Course of Yoga, Fitness & Naturopathy conducted on 22 june 2020 to 30 Aril 2021 The Course was organized by Internal Quality Assurance Cell, Smt. M.M. Shah Mahila Arts College Kadi - Course was delivered Over 12 Participants attended the Course. Dr. Sangita .C. Acharya introduced about the speakers and handled the Course Principal Dr. Hina.M.Patel Honour the Speakers with her speech. The speaker Akshay bhai Spoke on the topic of Yoga, Fitness & Naturopathy Her Lecture started with Physical Fitness: Improved strength, flexibility, balance, and endurance through various yoga poses and exercises. Mental Well-being: Reduced stress levels, improved relaxation, mindfulness, and mental clarity. Health Benefits: Enhanced cardiovascular health, better posture, increased energy levels, and potential weight management. Skill Development: Learning proper breathing techniques (pranayama), meditation practices, and yoga philosophy.Community and Support: Building a sense of community among participants with similar wellness goals. Self-awareness and Mindfulness: Developing a deeper understanding of one's body and mind connection.

The Course was concluded with vote of thanks by Dr. Sangeeta .C. Acharya. The Course was highly impormetive to Students, Teachers and Research Scholars. Teacher and Student From other departments, Colleges, universities and Research institues from different parts of India participated in the Course. This Course Provided valuable awareness and insights on the various aspect of Yoga, Fitness & Naturopathy.

> Smt. M.M. Shah Mahila Arts College Kadi- (N.G.) -382715



Me, the Smt. M. M. Shah Mahila Arts College, Kadi



Managed by M. P. Shah Education Society, Kadi

NAAC Accreditation "B" Grade with (2.48 CGPA)

Certify that PATEL SANDIPKUMAR AMBALAL

of Smt. M. M. Shah Mahila Arts College, Kadi having been examined for Diploma in Vocation Year 2020-21 adjudged to have passed in the

First Class,

Diploma in Hocation

With optional subject : Yoga Fitness and Naturopathy

has been conferred on him/her at Kadi,

on the 22-June-2020

in the 30-April-2021

In Testimony whereof are set the Seal of the said College and the Signature of the said Principal.





Me, the Smt. M. M. Shah Mahila Arts College, Kadi



Managed by M. P. Shah Education Society, Kadi

NAAC Accreditation "B" Grade with (2.48 CGPA)

Certify that

PATEL JAGRUTIBEN NARASINHBHAI

of Smt. M. M. Shah Mahila Arts College, Kadi having been examined for Diploma in Vocation Year 2020-21 adjudged to have passed in the

First Class,

Diploma in Vocation

With optional subject: Yoga Fitness and Naturopathy

has been conferred on him/her at Kadi,

on the 22-June-2020

in the 30-April-2021

In Testimony whereof are set the Seal of the said College and the Signature of the said Principal.





Me, the Smt. Al. Al. Shah Mahila Arts College, Kadi



Managed by M. P. Shah Education Society, Kadi

NAAC Accreditation "B" Grade with (2.48 CGPA)

Certify that

PRAJAPATI CHINTAN BHARATBHAI

of Smt. M. M. Shah Mahila Arts College, Kadi having been examined for Diploma in Vocation Year 2020-21 adjudged to have passed in the

First Class,

Diploma in Vocation

With optional subject : Yoga Fitness and Naturopathy

has been conferred on him/her at Kadi,

on the 22-June-2020

in the 30-April-2021

In Testimony whereof are set the Seal of the said College and the Signature of the said Principal.

