

Best Practices

The College had proposed two Best Practices – The first is Yoga and meditation along with Environmental Peace while the second is Harmony with nature and Treasure of Heritage with Historical Traditions, Art and Culture. The college has been amalgamated with passionate rigor, energy and enthusiasm. These two practices are continued to encourage awareness and practices of sustainable development within a holistic vision of the environment and its relation to society, generate environment consciousness and cognizance, sensibility and respect towards heritage and conservation of inheritance. These practices not only encourage ethical and human values but also instill a sense of belonging in the College community. Best Practice-I-Yoga and meditation along with Environmental Peace is inspired by the Vedic rituals of Indian mythology that emphasizes on the value and significance of environment, the cosmic system and its inhabitants. The college has compulsory morning assembly with Yoga practices. It gives a strong mental state to the girls students of the college. The College inspires everyone to be soulful into its surroundings and its people the desire for environmental peace and harmony and encourages an organic connection with the environment. The College, with its dense green cover and phenomenal biodiversity serves as a laboratory for both observation and practices. It is committed to the optimization of its available material and human resources and inculcation of a life-style that promotes environmental consciousness, conservation of energy and other natural resources. An important step towards Waste Management was taken by the College in 2019-2020 under the slogan of ‘No Waste Leaves the Campus’. Recycle projects were revamped during the year to create knowledge on waste segregation for waste collection. The College uses leaf litter to make compost, canteen food waste to make organic manure and recycles the natural products. Electronic and plastic waste is disposed for recycling to conserve the natural Resources. The College optimizes its water usage and practices water management through waste water recycling and rainwater harvesting. This provides a further boost to the College’s efforts and commitment to maintain environmental sustainability. The College’s lush green campus and floral diversity provide a habitat for local vegetation. The Garden Committee of the College and its trained, meritorious gardeners through their expertise and hard labor maintain the green, clean, refreshing environment of the College. The College provide nutrition to its gardens, lawns, trees and plants. The NSS Dept. organizes several programs that add to awareness and sensitization towards environment. Best Practice II Harmony with nature and Treasure of Heritage with Historical Traditions, Art and Culture are inspired by the commitment and passion to preserve and conserve the vast resources of historical knowledge. To encourage the consciousness of heritage, history, conservation and restoration of tangible and intangible heritage the college is expanded its learning resources. This fostered a sense of heritage, a sense of belonging to the traditions of the College and the idea of a community and citizenship. The entire College community thus became both the participant and custodian of the shared wealth. The documents, newspapers and photographs are digitized, conserved, restored and catalogued. The college attempts to ensure gender equality through organizing various workshops, seminars, poster competitions, guest lecturers etc. The college also organizes talks to make women aware of their rights. The institution attempts to inculcate awareness about various malpractices against women like sexual harassment and abuse through skits, talks and power point presentations. The institution aims to educate and inform the female students about how to avoid becoming a victim of crime by providing hands on training on self-defense. Making these activities as a learning opportunity for the students the institution not only aims at empowering women but also aims at instilling self-confidence. This ensures a holistic development of the students by shaping their personality and enhancing their capacities. The college is a strong signature of success in the field of higher education.