

Best Practice -I

1. Title of the practice: Women Empowerment

2. Goal:

As an Institute of Higher Education established especially for young girls, one of the chief functions of the Institute is to develop and deploy action plans for effective implementation of practices reflecting to women empowerment in line with Institutional vision that is to strengthen the societal structure by raising social competence of women through education and to create equal opportunities for higher education to the girls from all socio-economic status. The main aim of the practice is to solve problems in self development of students and train them to realize their potentiality for solving problems by themselves. They should be empowered to be self-confident and self-reliant to become better human beings.

3. The Context :

As an institute exclusively established and working for holistic development of the young girls, the Women Development Cell of the college organizes activities in line with Institute's vision and mission. For resolving issues pertaining to sexual harassment Women Development Cell (WDC) had been formed in our Institute as per the Supreme Court guidelines and directive issued by State Government, which strives for better working condition of girl students and female employees of the college. Its formation is as follows:

- Dr. Sangeeta .C. Acharya (Convener)
- Smt. Ramaben R.Shah (Social Worker)
- Smt. Belaben N.Shah (Social Worker)
- Ms. Namira Ghanchi (Student Representative)
- Ms. Kajal Desai (Student Representative)

In addition, we have a student grievance redressal cell comprising of senior female faculties. Presently Dr. Sangeetaben C. Acharya, Associate Professor of Economics is a chair person of the cell. The prime function of the cell is to help the students in getting their problems satisfactorily solved.

4. The Practice

During the entire year WDC arranges series of programmes on the campus about educating women in issues related to women security, harassment and empowerment.

The activities of the cell consist of:

- Lectures by the panel of doctors on 'Common Health Issues in Women'
- Celebration of 'World Woman Day'
- Legal Awareness programmes on 'Domestic Violence' and 'Consumer Protection'

- Visit of Police Station to be familiar about security provisions for women.
- Arrangement of ‘Yoga Session’ at every Saturday morning

Besides above practices, the Institute organizes various workshops, lectures and talks to sensitize the girl students and the society at large about the cross cutting issues such as Women Empowerment, Female Foeticide, Population Growth and Control, Gender Justice, Health Management, Human Rights, Child Abuse etc.

From the last two years in the month of August the Institute observes ‘Women Empowerment Fortnight’ as directive by the State Government. Throughout these fifteen days officers and experts from the Judiciary, Police and NGOs are invited for executing programmes on themes of empowering the role of women in society at large.

Women Development Cell (WDC) of the Institute conducts series of activities in forms of addressing the personal and psycho-social problems faced by young girls. Department of Psychology also periodically organizes expert lectures and workshops on personality development, enhancing communication and life skills, public speaking and leadership skill.

Above and beyond our faculty members are very supportive in guiding students who may be facing problems. Students are encouraged to share their problems. They discuss and obtain guidance in matters pertaining to career choices, personal adjustments, financial constraints, family pressures, problems of adjustment with classmates and various other such issues.

The college provides additional skill oriented programs for empowering the young students through enhancing the skills which enable them to regional employment markets The Institute has started following certificate programs under UGC Scheme of ‘Career Oriented Course’. They are all directed towards the enhancement of career opportunities.

1. Functional & Communicative English
2. Finishing School

5. Evidence of Success

The evidence of the success in implementing this practice is evident in the number of beneficiary in the programmes of awareness and empowerment of girl students. Following tables present details of such practices in forms of expert lectures, seminars, and workshops and certificate courses.

| Sr. No. | Date | Name of The Activities | No. Of Students |
|---------|----------|--|-----------------|
| 1 | 8/8/2018 | W.D.C. College counseling Cell Jointly Organized an Expert Lecture on How to Face Competitive Exams. Guidance by Dr. Ashok Prajapati | 100 |
| 2 | 8/8/2018 | WDC Organized Investment Awareness Programme , Guidance by Shri Suresh shah (C.A. Ahmedabad) | 100 |
| 3 | 9/8/2018 | WDC and Geet Sangeet Nruty Dhara Organized Singing Competition | 21 |

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|---|-----------|--|-----|
| 4 | 10/8/2018 | WDC Organize World World Women's Right Day Deliver expert Lecture on this Occasion by Dr. Parima Raval Principal Of Rasikbhai Rangvala Low College,kadi | 120 |
| 5 | 18/8/2018 | WDC Organized Lecture on Interview Techniques by Dr. Vishnu Prajapati | 125 |
| 6 | 21/8/2018 | WDC and Ayush Organisation (Human Wellness Foundation) Jointly Cancer Awareness Programme | 150 |
| 7 | 29/8/2018 | WDC Organized One Day Seminar to enlighten about the Importance Of Women Empowerment and how to make 'Good Governance through Women's Empowerments' Standard In this Seminar Kadi Nagar Taluka Lady Sarpanch, Asha Workers, Sakhi Manadal, Anaganvadi and Cooperator Women's Were Participated and M.L.A Smt Jayshriben Patel Delivered motivated Speech. | 320 |
| 8 | 8/3/2019 | WDC Celebrated International Women's Day. Theme of this day "Balance for better" Dr. Prin. Hina M. Patel and the Other Professor Deliver Speech, Students of Economics Department presented Charts on the Government Policies related to Women's Development. | 125 |

1. Problems encountered and resources required

There have been little or no problems encountered in implementing this practice. Kadi is a small town and we have to approach to Gandhinagar, Ahmedabad and other city of Gujarat for inviting the experts therefore travelling and other expenses increase beyond our budget. The management whole heartedly approves of and lends support to this practice.

2. Notes

As an institute exclusively established and working for holistic development of the young girls, the various Cells and Units of the college organize activities in line with Institute's vision and mission. We seek help from some institutions working for women and Guidance and help is also sought from several NGOs like Rotary Club, Lions Club, Red Cross Society, etc. Doctors, Lawyers, Social Leaders, etc. provide their valuable time and guidance; while the physical and financial requirements are fulfilled by the management and the college

3. Contact person for further details:

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Best Practice –II

1. Title of the practice: National Service Scheme (NSS)/ Community Service

2. Goal:

The Motto of NSS "Not Me But You", reflects the essence of democratic living and upholds the need for self-less service. Activities executed by NSS Unit helps the students to develop appreciation to other person's point of view and also show consideration to other living beings. The extension activities organized through NSS Unit provide a platform to mould the personality of young girls to be a socially responsible person. The aim of education is also to mould our students into good citizens. This extension activity brings out the potential of students through community service and engagement.

3. The Context :

In organization of extension and outreach programmes, the NSS Unit has been at the forefront since the inception of the Institute. The Programme Officer and Committee members of the Unit prepare a comprehensive plan of activities to be carried out throughout the year inside and outside the campus. While filling up the admission form student is asked for her interest and makes choice one of any two activities such as NSS and Sports which is mandatory for the First Year Students. First year students are oriented towards various activities related to community services and social awareness to be organized during year through a programme in the beginning of the academic session. The institution promotes the participation of students in extension activity of NSS. These students are encouraged to participate in the activities of NSS and necessary funds and infrastructure for the same are provided.

4. The Practice

The activities conducted throughout the year with active participation of the students complement students' academic learning experience and they learn / develop:

- To understand the community in which they work and live and realize their relation to their community.
- To identify the needs and problems of the community and involve them in problem-solving.
- To develop among themselves a sense of social and civic responsibility.
- To develop competence required for group-living and sharing of responsibilities by acquiring leadership qualities and democratic attitudes.
- To develop capacity to meet emergencies and natural disasters and perform national integration and social harmony.
- To enhance the values like altruism, selfless service, charity and humanitarian attitude.
- To sensitize for the ecology and environmental issues and develop habits to protect it.

The regular activities carried out by the NSS unit with active participation of volunteers and stakeholders from the community include:

- Campus cleanliness drive
- Free medical checkups,
- Thalassamia and blood detection/donation camp,

- Lecture and exhibition on awareness of HIV - AIDS, Swine flu,
- Rally for collecting relief fund during national calamity,
- Tree plantation drives,
- Celebration of national festivals like 15th August, 26th January and 02nd October,
- Celebration of ‘Raksha-Bandhan’, Makar-Sankranti and Navratri festivals with children of weaker section of the society residing in surrounding of the campus,
- Health and hygiene awareness and
- Distribution of note books to municipal school students.
- During the ‘Special Annual Camp’ of NSS the community is involved with various programmes. Cultural programmes, Gram Safai, Street Play and Free Medical Check-up for people ensure their involvement in our extension activities.

5. Evidence of Success

To ensure the involvement of the community in our reach out activities for contributing in community development, the leaders of various communities are invited aiming at seeking their help in effective organization of community advantage activities. They are also involved in the awareness programme of Female foeticide, which creates an imbalance of male female sex ratio, which is needed to increase more and more especially in the Northern part of Gujarat region. Our college also falls in this part of the state.

Our one of the best practices towards community involvement is organization of rally on the incidents of natural and manmade disasters. The following table profiles the social engagement activities carried out by the NSS Unit of the Institute during the last four years:

| Title of the Activities | Organising unit/ agency/ collaborating agency | Date & Place of NSS Activities | Number of students participated in such activities |
|--|--|---|---|
| Vishva Yoga Day | Institute | 21/06/2018 | 60 |
| Tree Plantation | NSS | 12/06/2018 | 120 |
| 108 Ambulance Demonstration | NSS | 19/07/2018 | 140 |
| Introduction Meeting for New NSS Volunteers | NSS | 30/07/2018 | 160 |
| Dr. Madhusudan Shah Birth Anniversary | NSS | 31/07/2018 | 250 |
| Celebration of International Youth Day Expert Lecture on HIV / AIDS Awareness | NSS | 13/08/2018 | 180 |
| Cancer Awareness Programme | NSS /WDC | 21/08/2018 | 150 |

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|--|--------------------------------|--------------------|-----|
| Celebration of the Raksha Bandhan Programme at College Campus & Nr. Collage Slum Area Kadi. | NSS | 24/08/2018 | 36 |
| Teacher Day Celebration | NSS | 05/09/2018 | 35 |
| Vikalang Day Celebration & Fund Collection, Vikalang Kalyan Sangh, Visnagar | NSS | 09/09/2018 | 140 |
| Blind People Day Celebration & Fund Collection for them | NSS | 14/09/2018 | 134 |
| Swachhata Abhiyan Rally | NSS | 15/09/2018 | 180 |
| Adoption Village of Pirojpur & Merda Aadraj Visit Cleanliness Campaign | NSS | 20/09/2018 | 25 |
| Birth Anniversary of Ghandhi Jayanti Celebration | NSS | 02/10/2018 | 160 |
| Constitution Day Celebration | NSS | 26/11/2018 | 120 |
| Essay Writing Competition | NSS | 27/12/2018 | 111 |
| Celebration of the kites Festival, Distribution of Kites thread and Chikki & Chocolates in Slum Area | NSS | 11/01/2019 | 160 |
| AIDS / HIV Awareness Programme | NSS | 17/01/2019 | 175 |
| Seven Days Annual Special Camp at Untva Village | NSS | 11 to 17 feb, 2019 | 45 |
| Thalassemia Test for College Students. Collaboration with Indian Red Cross Society | NSS / Indian Red Cross Society | 02/03/2019 | 73 |

6. Problems encountered and resources required

Limited fund provided by State Government to organize regular activity and 'Special Annual Camp' is a main problem faced by the NSS Programme Officer. To curb this difficulty the Programme Officer has to engage NGOs and Community Leaders for sharing the financial and physical resources. Sometimes it becomes very laborious task arranging with regular teaching work load.

To help the NSS Programme Officer and share the responsibility each and every programmes teaching and non teaching member of the Institute willingly participates on different days as predetermined schedule in the Special Annual Camp and stays with NSS volunteers for 24 hours. The Institute offers leave concessions to both the program coordinator and the employee participants. The members of governing body and the Principal frequently visit the camp for motivating the volunteers.

Kadi is a small town and we have to approach Gandhinagar, Ahmedabad and other cities of Gujarat for inviting the experts therefore travelling and other expenses increase beyond our budget. The management whole heartedly approves of and lends support to this practice.

7. Notes

The NSS Unit of Institute also organizes the rallies through community involvement on public awareness on issues like Save Girl Child, Cleanliness Awareness, Voting Awareness, Environment, Gender issues etc. During the ‘Special Annual Camp’ of NSS the community is involved with various programmes. Cultural programmes, Gram Safai, Street Play and Free Medical Check-up for people ensure their involvement in our extension activities.

8. Contact person for further details:

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